

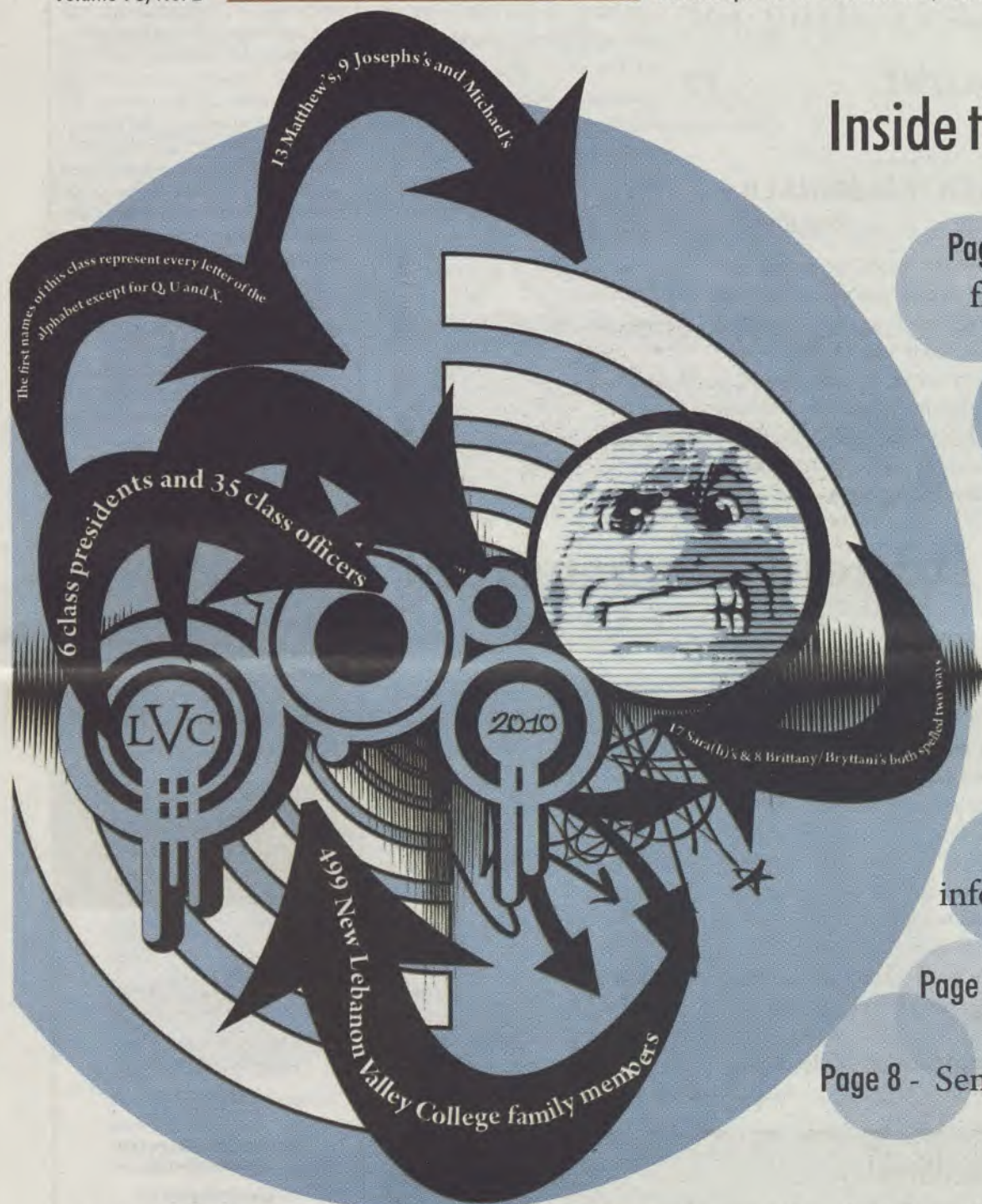
LA VIE COLLEGIENNE

LEBANON VALLEY COLLEGE'S STUDENT NEWSPAPER

Volume 78, No. 1

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Inside this special issue you will find:

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Welcome to your new home and family, Class of 2014! It is with great pleasure that we, the editorial staff of the college newspaper, *La Vie Collegienne* (also known as "La Vie"), provide this special issue just for you!

Who are you?

According to Vice President of Enrollment William Brown, the Class of 2014 has 499 new students. There are 233 males, making up 47 percent of the new class. Statistics show that LVC

offered admission to 67 percent of applicants, this being the lowest acceptance rate in the last 26 years. This class represents 12 different states, in addition to one student who has been living in Japan for the past 11 years.

Why is this on your desk?

Over the years, Lebanon Valley College has used a standard "Welcome to College" newsletter created by non-LVC students or not created at all. The newsletter was often helpful for your general college concerns but not

personal to the Lebanon Valley College community. LVC will become your second family, if it is not already. Therefore, the editorial staff took it upon themselves to compile this special issue over the summer in order to provide you with Lebanon Valley College information, not just general college news and information.

Please take advantage of the small community you live in here at the Valley and gain knowledge from your experiences. At LVC, you are not a number, you a per-

son, and therefore you deserve a personalized experience, not a standard every-day college newsletter.

Look for *La Vie* each Wednesday evening at dinner starting Sept. 17. While this issue is unique and specific just for the class of 2014, the issues to come will be your source of news about LVC.

Want to share your first year experiences, concerns, or challenges with *La Vie*? Write to us at lavie@lvc.edu.

Also, check out age 2 for a feedback cut out and a chance to win a free cheese pizza and soda on us!

We can't wait to hear your feedback. After all, "We gotta feeling" this is going to be a great class!

Best wishes,

Alyssa Bender '11
Katie Zwiebel '12
Co-Editors of *La Vie*

ORIENTATION 2010

President MacDonald welcome letter

Welcome Class of 2014! I am very pleased to welcome the members of the Lebanon Valley College class of 2014 to the Valley. We are glad you are here. You represent one of the largest classes to come to the College in recent years, and we are all delighted to greet you and to bring you into the company of the student body of this good place.

You have just been through the process of deciding where you wanted to go to college this year, so I hardly have to tell you how complicated and difficult that decision process can be. More than 2,800 students applied to Lebanon Valley College this year, and we had to sort through and assess and evaluate those 2,800 applications to determine which of those applicants would make a good fit with LVC.

In the end, the “class of 2014 consists of 499 students; of those original 2,800 applicants, in other words, less than 1 in 5 came to the Valley. The process of distillation that has brought you here has produced a very special group of people.

By coming to the College and by choosing to enroll as full-time students here, you are taking on a full-time job. You are now fully employed. Being a student is hard work. It requires thinking; concentrating; applying your intelligence to the solution of problems; the readiness to do a lot of reading; the will-

“Being a college student is, in fact, the most exciting job in the world.”

STEPHEN MACDONALD
President

ingness to write, re-write, and revise what you've re-written; talking, listening, and responding to what you've heard others say; trying to make sense of new ideas, new people, and new ways of understanding the world around you. This is interesting and demanding work.

Being a college student is, in fact, the most exciting job in the world. It is a job you will have only once, although you will talk about it for the rest of your lives. You'll be doing that job here, in this place, where you will spend, I predict, some of the most engaged, adventuresome, expansive and rewarding years of your life. So, welcome to your new home and welcome to your new job. I believe you will learn to do it well.

Stephen MacDonald

President

Lebanon Valley College

A special welcome from student government

Class of 2014, it is my pleasure as Student Government President to welcome you to the Lebanon Valley College community! As you sit in your dorm room attempting to organize and unpack your many possessions into a space that may seem smaller than you remember from your tour, I am sure that you are feeling a variety of emotions. Embrace these emotions because this is the start of your college experience. The next four (or six) years will most likely be some of the fondest years of your life, so start enjoying them this minute.

In the past few months, you answered countless questions on how you chose or even how you heard about LVC. Most likely, you gave generic answers like, “It has a really great program” or, “The small campus is beautiful.” I am proud to congratulate you because you made the right choice. It's true that the academics here are top grade and the campus is breath taking, but my love of LVC goes so much deeper than these generic facts. First, LVC's small campus size makes it more like a family than a formal institution. Your professors

will know you by your first name, college administration will eat side by side with students in the dining hall and you will get to know many of the 499 members of the Class of 2014. Most of all, appreciate the unique opportunities that LVC will provide. I, like you, thought I was coming to go to class and get ready for the real world, but I did so much more than that. Four years later, I have participated in countless clubs, served on committees, participated in a varsity sport and expanded my leadership capabilities.

As the president of Student Government, I encourage all of you who wish to expand yourself as a leader to pick up a nomination form for Student Government at the Welcome Back Social on Monday, Aug. 30. I hope that each of you have a unique college experience here at the Valley. Welcome to the family.

Ashten O'Brien

Student Government President

Class of 2011

We want your feedback!

Fill this form out and you will be entered to win a large cheese pizza and liter of soda from J&S.

1. Have you found this issue of La Vie helpful?

1 2 3 4 5 6 7 8 9 10 (Please use 1 as least helpful & 10 as most helpful.)

Which section/article was most helpful?

2. Are you interested in working for La Vie? If so, please list your interest and experience.
Yes No Maybe

3. Please list any story suggestions or ideas.

Name _____ E-mail _____

Place this slip into the box located at the College Center Desk in Mund for your chance to win!

Letters to the Editor

La Vie Collegienne requires all submissions to contain the author's name, telephone number, address and/or e-mail address. No letters can be considered for publication unless the above criteria are met.

Telephone numbers and addresses will not be printed. Submissions will be strongly considered for publication if they contain the author's rank, major, or professional capacity.

Letters should be no longer than 200 words. All submissions to “Perspectives” become property of *La Vie Collegienne*. *La Vie* reserves the right to edit submissions for space or for content that is vague, repetitive, libelous, or profane. It is not *La Vie*'s responsibility to check for factual inaccuracies within submissions. The editor will have the final determination concerning such matters.

Letters, columns, and opinion-based articles are not necessarily representative of *La Vie*'s opinion or Lebanon Valley College.

Submissions may be e-mailed to lavie@lvc.edu, hand-delivered to our Mund office, or mailed to the address below.

Advertise with

La Vie

Recruit for your student organization. Sell your old junk... or that ugly sweater from your grandmother. Say hi to your lover. (maybe not that last part.)

laviebusiness@lvc.edu

La Vie Collegienne

101 N. College Ave | Annville, PA 17003
Campus Extension 6169 or lavie@lvc.edu

Established 1924

CO-EDITORS

Katie Zwiebel '12
Alyssa Bender '11

FEATURES EDITOR

Caitlin Murphy '12

A&E EDITOR

Tony Gorick '11

PERSPECTIVES EDITOR

Sarah Barkman '12

SPORTS EDITOR

Lauren Scott '12

SENIOR COPYEDITOR

Alyssa Sweigart '12

SENIOR PHOTOGRAPHER

ONLINE MANAGER
Cody Shepp '12

BUSINESS MANAGER

Matthew Garber '11

ADVISER

Robert E. Vucic

La Vie Collegienne is published every Wednesday of the academic year. Meetings are held Mondays at 6 p.m. in our Mund office, activities room #3. We're always looking for new writers!

ORIENTATION 2010

About the *La Vie* staff

ALYSSA SWEIGART '12
SENIOR COPY EDITOR

This special orientation issue of the Lebanon Valley College student newspaper is brought to you by the staff of *La Vie Collegienne*. *La Vie* is staffed entirely by students, and we are always looking for new staff members.

La Vie is a respected two-time award-winning newspaper that was founded in 1924. It is one of the three media related organizations on campus and is available in both print and online editions. The newspaper strives to provide fair and balanced news coverage of events concerning both LVC and the Annville community.

The newspaper allows for student staff members to gain experience in journalistic work, which makes *La Vie* look good on a resume. *La Vie* is a great organization for all English majors to join, no matter the concentration. But in particular, English majors with a concentration in communications are required to write articles for *La Vie* for the course ENG 099:

Internship Portfolio.

La Vie is not just for English majors or those who have had prior experience working on a newspaper staff. The staff is composed of various majors from elementary education and digital communications to business. Positions such as business/ads circulation, reporting, photography, copy editing, advertising, editing, layout and technical and non-technical positions for the online edition allow for students with varied interests and majors to take part in the production of the newspaper.

The newspaper has different types of articles allowing for staff members to write anything from reviews and advice columns to traditional news stories. Topics also span beyond news to sports, entertainment, culture and fashion—just to name a few—allowing staff to write about what interests them.

La Vie staff members also experience benefits outside of creating a newspaper, having your work published and working with a friendly and dedicated staff. As a member of *La Vie*, you will be more informed

about what is going on around campus, which includes learning more about the clubs and organizations on campus. You will also get to talk to various different people on campus including administration, faculty and students.

If you like what you have read in this issue of *La Vie*, you can pick up a new issue every Wednesday afternoon around campus and the Annville community, or you can check out *La Vie* online at <http://lavieonline.lvc.edu>. Our first official issue comes out September 15.



SILLY STAFF The *La Vie* staff worked overtime this summer to provide this special orientation issue for you! Join us for our first staff meeting of the year, Monday, Sept. 6 in the basement of Mund College Center

If you are interested in becoming a member of *La Vie*, we meet every Monday night at 5:15 p.m. in the *La Vie* office, which is located on the lower level of the Mund College Center. Our first meeting is Monday,

Sept. 6. Also, make sure to find our table at the activities fair on Wednesday, Sept. 8 at 4:30 p.m. in the Social Quad outside of Mund.

A. SWEIGART aes005@lvc.edu

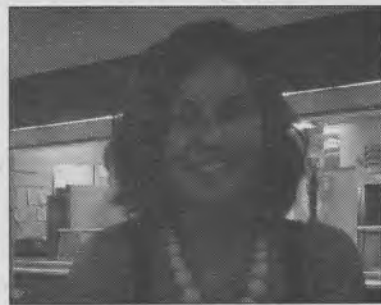
Valley's Voices

LVC's upper classmen offer words of wisdom



Adam Abruzzo '12
Health Science

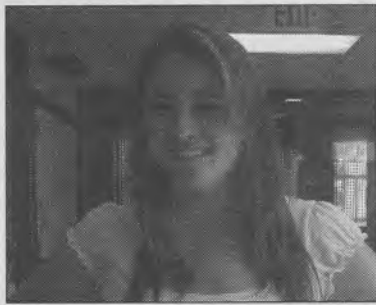
"Be open to new things and leave all your assumptions about people at home. You can learn a lot from the people you'll be living with this year. Keep your door open, and have a good time!"



Samantha Pabon '13
Art & Art History/
Business Administration

"The best advice I was given was to get involved on campus right away, whether it's something you've always loved or something new because it will help you make new friends and meet a diverse group of people."

Compiled by
Emily Gertenbach '11
elg001@lvc.edu



Lisa Train '11
Biology

"From an academic standpoint, I would probably tell incoming students to seek help if they are struggling, whether it is from the professor or another student."



Andrew Worley '11
Music Education/ Music

"Everything that happens here—the people you meet, the classes you take, the organizations you get involved in, the experiences you will have—all of this helps shape the person you are and the person you will become. When you succeed, strive for more. When you make a mistake (and you will make them all the time), learn from it and move on. College (and life itself) is too short to dwell on things. Never forget you are a work in progress."



Britt Janke '12
Health Science

"D.I.F.T.S. – Do It For The Story, and study abroad!"

Orientation 2010

Interview with the Dutchman

JAKE KING '11
STAFF WRITER

Q: What's your favorite part of the LVC campus and why?

My totally favorite part is the Arnold Sports Center complex. I mean, with a facility like that it makes roamin' around and cheerin' for my favorite LVC sports even better! I love hangin' out and checkin' out all of LVC's crazy sports teams.

Q: You always seem to be grinning. Do you ever frown?

Not very much. With all the success we've had here at LVC over the course of the last few years, it's all smiles from here on out!

Q: If President MacDonald suddenly resigned and placed you in con-

trol of the college, what would be your first order of business?

Well, crazy blonde hair would have to be a must for almost every student. That and some sweet winged Dutchman shoes; who wouldn't want a college full of fairly attractive and super-cool Dutchman clones?!

Q: Who is your favorite Pokémon?

Machop all the way! He's ferocious, cool, has a flashy smile and a sweet competitive vibe totally resembling myself. The only problem is getting him past Psychic Pokémon...



Q: If you could take on any other mascot from any other team in a cage match, who would it be?

I'd take on the Elizabethtown

Blue Jay any second. I mean, honestly... a Blue Jay? A Blue Jay?! Watch out for my SHOES Blue Jay; I might accidentally step on you. Now, for a real fight, I'd challenge the Albright Lion to a cage duel. That would be intense.

Q: If you could be called in as an emergency sub in any LVC sport, which would it be and why?

Well, I'd take on everyone in an LVC football game. With my sweet quarterback play and amazing speed, I could play anywhere. Besides, who wouldn't be intimidated by a massive Dutchman

Q: comin' towards them? What's the best part of being the Dutchman?

I get to support all the LVC sports and cheer on the awesome games I watch! I also like to represent the college at various festivals and functions. I even have my own day—Dutchmen Day—and everyone at LVC looks forward to that. Being the Dutchman is hands down the coolest job at the Valley.

Q: What advice do you have for incoming freshmen?

Get out, get involved and check out all LVC has to offer. College goes by quickly so take it all in while you can! And be sure to get to some great LVC sports events—and maybe I'll see you there!

J. KING

jsk001@lvc.edu

The top 10 things you probably forgot to pack

JAKE KING '11
STAFF WRITER

1. Power Strip: Considering the fact that most dorm rooms only have a few outlets to power your TV, computers, refrigerator, microwave and the countless other energy-eating appliances you and your roommate will bring, one or two good power strips are a must. Just be mindful of fire safety codes.

2. Shower Flip-Flops: While the maintenance staff at LVC keeps the shower stalls in good shape, let's face it: This isn't your bathroom at home. Having a good pair of flip-flops will ensure that you keep your feet away from everyone else's.

3. Easy Mac: Your personal pantry should never be without this staple of the American college student's diet. Add water, microwave, stir in the cheese sauce and boom: instant food. It's not glamorous, it's not just how mom makes it, but it IS cheap and somewhat edible.

4. Paper Towels: The stomach of the American teenager is a bottomless pit, and so food is usually an obvious member of the packing list. Having something on hand to clean up the mess when it occurs is just as important.

5. Duct Tape: Because stuff happens, and stuff needs to be fixed.

6. White Board: You will soon find that college students tend to communicate with one another through white boards placed outside the doors. Messages, drawings and various other runes and glyphs will find their way onto these primitive yet effective communication tools. For when the parents visit, you might consider also purchasing an eraser...

7. Stamps and envelopes: In the elder days when the world was young, before the dawn of e-mail and texting, ancient civilizations used to communicate using letters written on paper and sent through the mail to one another. You may find yourself in need of postage now that things such as credit card

bills and other mail will be coming directly to you...and that aside, a hand-written letter carries more weight than an e-mail if you need something from your folks like say, money, for instance.

8. USB Drive: LVC gives free printer access to its students, so make sure you take advantage of this fact. And if you don't want to clog up your inbox by sending attachments to yourself, get a USB Drive to move all your files from one computer to the next. If you are a night owl, you may also want to invest in some printer paper; the New Student Center has the only printer still open after midnight and it isn't consistently stocked with paper.

9. Floor Mat: Between class, sleeping, hang-

ing out with friends, homework and sleeping, who has time to clean their room? Get a floor mat to place your shoes on and avoid tracking dirt into your dorm. You can usually pick one up for under \$5.00, and if you're feeling especially unmotivated when it comes to cleaning, pick a darker color like green or brown to hide dirt even better!

10. Toolkit: Going along with the same logic as duct tape, it's college, and sometimes strange and spontaneous things can happen which require, say, a pair of pliers, a screw driver, or some AA batteries. And when said things do occur, you, my friend, will be prepared. A basic toolkit with some very basic tools is a simple investment that can come in handy in a pinch.

J. KING

jsk001@lvc.edu

Orientation 2010

The LVC faces you should know

One of the most exciting and scary aspects of beginning college is meeting new people. As you settle into life at LVC, it may be overwhelming being surrounded by many unfamiliar faces. In order to ease your transition, here is a guide to help you identify some of the important people on campus and to advise you on who you should get to know.



Dr. Stephen MacDonald
President of
Lebanon Valley College



Greg Krikorian
Vice President of
Student Affairs



Rosemary Yuhas
Dean of
Student Affairs



Ashten O'Brien
President of
Student Government



Jason Kuntz
Director of
Residential Life



Chaplain "Chaps" Fullmer
The Chaplain and
Director of Services



Rick Beard
Director of
Athletics

compiled by Alyssa Sweigart '12

Some professor advice

Here at LVC there is a strong community of students, faculty and professors that help encourage an atmosphere of unity and pride. There will be many opportunities for students to have personable relationships with many individuals on campus, but here are four professors who took their time to offer some insight into the college experience for us at La Vie.



Dr. Grieve-Carlson teaches a variety of English courses, First-Year Seminar courses, American Studies and DSP classes

"They [incoming students] should take advantage of the many people on campus who are ready to help them in any way they need. The first semester is often the toughest, so they should know that if they hit a rough spot, they aren't the only one, and there are many people on campus ready to work with them. My favorite aspect of LVC is its size: it really feels like a community, people get along well and it's a great place to get an excellent education."

"This [college] is an opportunity for incoming students to pursue their interests in and out of the classroom. Students should take advantage of every opportunity offered at LVC. In addition to taking courses within and beyond their majors, new students should think about eventual participation in Study Abroad, seeking out internships, experiencing our Colloquium series and active civic engagement in the college community. Incoming students should think of themselves as global citizens."



Dr. Summers
teaches courses
in Elementary
and Early Child

"Trust in yourself and your own unique talents, your past educational experiences and lessons taught to you by your families. Come to class with an open mind and a willingness to learn and make a difference. I love teaching at LVC because it has a small family feel, but a lot of big-time opportunities are offered here."



Dr. Dolan teaches International Studies, Research Methods and American politics classes such as American Foreign policy, The Presidency and more.

Two notable offices

SHERAE JONES '11
LA VIE STAFF WRITER

The Office of Disability Services here at Lebanon Valley College accommodates all students with disabilities. Those disabilities range from learning disabilities, psychiatric disorders, ADHD and other health impairments.

There are several services offered by the Office of Disability Services to those who need them. Some include peer tutors and writing tutors, counseling on disability-related issues, course-specific accommodations, testing rooms without distractions, textbooks on tapes, tape recorders that tape lectures and special housing accommodations for those students who are physically impaired.

If you are a student who has some sort of disability and has not notified the college about needing special services, you can do so by going to the Disability Services homepage on the LVC website. Along the left margin there are links to forms for different disorders. Those forms must be completed by a physician and then taken to the Office of Disability Services located in the basement of the Humanities Building.

Any questions or concerns regarding the Office of Disability Services can be directed to Dr. Yvonne Foster, Director of Disability Services. She can be contacted at 717-867-6028 or at foster@lvc.edu.

Also, the Office of Public Safety provides safety and security for all students, faculty, administration, staff and visitors at all times. There are overnight officers as well as daytime officers to ensure that at all times there is a safe, secure, and reachable individual on duty.

The Office of Public Safety also provides students with the opportunity to enroll in the "Emergency Alert System." It is a mass notification system from e2campus which notifies those enrolled of immediate emergency situations via e-mail or text message. Those who are enrolled are able to provide the system with a total of four sources (two phone numbers and two e-mail addresses), including parents and family members. To enroll in this system, you can register on the Public Safety page of the LVC website. Any other questions you may have can be directed to the staff via phone at (717) 867-6111 or through e-mail at public-safety@lvc.edu.

S. JONES

slj002@lvc.edu

LVC Parents' Council

www.lvc.edu/parents

Interested in joining?
Contact: Todd Snovel
snovel@lvc.edu
OR Michelle Krall
mkrall@lvc.edu

Are you interested in your student's experience here at LVC? Are you looking for an easy way to get involved and volunteer? Join the Parents' Council!

The Parents' Council works with the LVC administration to involve parents in the life of the college. Members volunteer their time to attend events throughout the year and speak with new and prospective parents of LVC students.

Find us on Facebook

Lebanon Valley College Parents Page

Parent's Council Members Volunteer at: Opening Weekend LVC Live New Student Advising Days Octoberfest Open Houses



compiled by Tony Gorick '11

Street where coffeehouse shows take place, next to the Allen, The Allen – the movie theater on Main Street next to MJ's, The Bat – the Batdorf Restaurant on Main Street,

ORIENTATION 2010

ROOMMATE 9-1-1!

SARAH BARKMAN '12
PERSPECTIVES EDITOR

As freshmen, the majority of you probably did not know your current roommate prior to move-in day. Living with a stranger is usually interesting, not always fun, oftentimes frustrating and sometimes one of the best experiences of your life. Let's face it though, not everyone is so lucky as to get a roommate with whom they instantly become best friends. Even if you did decide to room with one of your friends from high school, you may encounter many problems that never affected your friendship before. Many issues arise only when two people start living together, and if those issues are not dealt with immediately, they can lead to difficulty and frustration throughout the year.

The most effective way to avoid problems is to establish guidelines and boundaries in the beginning of the year. Tell each other what your schedule will be and what you are

comfortable with. The key to being happy roommates is the willingness to communicate and compromise. Also, remember that this is college, and you are not a parent; do not try to boss your roommate around. The truth is that everything will not go as planned, and sometimes you must be content with a "happy medium." Many freshman roommates encounter problems that tend to stem from preconceived ideas they have about "college life," such as the way dorm life is "supposed" to be or who they thought their roommate was based on Facebook. It is important to go into the year with an open mind, to be understanding and to be flexible with small issues.

Little things like not being a slob, asking your roommate if he/she minds if visitors come over, turning the TV down when your roommate is trying to go to sleep, etc., can make a big difference in how well the two of you get along. If your roommate is annoying you, for example, by talking on Skype every night when you are trying to

concentrate or hitting the snooze button ten thousand times in the morning when you are trying to sleep, the best solution is to tell him/her. Let your roommate know what bothers you so he/she has a chance to fix the problem—complaining about it to your friends won't solve anything. Understand that some people are not accustomed to living with a roommate and may not adjust as easily as others or be as considerate as he/she should be.

However, there are occasions where roommates face issues which they cannot resolve alone. Serious issues such as stealing (yes, "borrowing" without permission is stealing), abuse of drugs/alcohol, depression/anxiety and serious homesickness sometimes require the assistance of your RA or counseling services. If you are facing serious roommate difficulty and cannot live with him/her anymore, it is possible to switch roommates.

As stated in LVC's handbook, "Room assignment changes can

only be made with approval and authorization from the Residential Life staff. Failure of the student to obtain such authorization will constitute a violation of the housing agreement and disciplinary action and/or a fine may be imposed. Room changes may not be made during the first 14 days of any semester."

The bottom line is that you should consider rooming together as a partnership. Be respectful and considerate of each other and you will avoid many major issues. Sometimes you may just live together and sometimes you might become best friends—everyone's situation is different. If you are having issues and wish to work through them, first talk to your RA, who can recommend you to counseling services. If you have any questions for which you would like peer advice, please write to *La Vie's* advice column *Drama Mamas*.

S. BARKMAN seb005@lvc.edu

IT Services to the rescue

ALYSSA BENDER '11
CO-EDITOR

Have a computer problem? Have no fear: LVC offers many services for its students, and one to be taken advantage of is IT Services. Bob Riley, vice president for administration and information technology, Dave Shapiro, director of technical services, and their staff of over 50 full-time and student employees are here to help with your computer problems.

IT Services offers several support options, such as a walk-in help desk located in the basement of Lynch, an online solutions center, as well as e-mail and phone support. Technicians are available in the help desk Monday through Friday, 8 a.m. to 4 p.m., for a wide range of problems.

"As a courtesy, we will examine a student's computer and attempt to fix software problems as time permits," explains Shapiro. Not all problems will be able to be fixed, however. "If we suspect a hardware problem, we will advise the student on what we believe to be the best course of action [for him or her to take]."

The technicians can assist students with devices other than computers as well, such as problems connecting XBOXs or iPhones to the network.

Shapiro stresses that if students are having any problems at all with network services, web-pages or even wireless problems, IT Services wants to know about it and can often solve the problem very quickly. "Students are often so polite they do not want to bother us by calling or e-mailing, but we really hope they do!" says Shapiro.

One service many students do not realize is available to them is discounts on software and hardware through IT Services. You can visit their webpage www.lvc.edu/it-services for more information on this subject.

The staff and student workers in IT Services are happy to help students with their computer and related technology problems. Visit them in the basement of Lynch, e-mail them at help_desk@lvc.edu or call them at (717) 867-6072 for assistance.

A. BENDER aab003@lvc.edu

The style of studying

ALYSSA BENDER '11
CO-EDITOR

Let's be honest. While college can be about having fun, making great friends and experiencing new things, students can't forget what it's really about: learning. No matter how well you did in high school, college classes and assignments are a whole different matter.

In order to succeed in college, you'll need to figure out your ideal way, or style, of studying. *La Vie* is here to help.

Sound Environment. One step to figuring out how you study best is to experiment with different sound settings. Some people need

complete silence to study, while others can't focus unless they have music playing. Experiment to see which works best for you. If you find that you were able to accomplish a steady amount of work at a time, the sound environment is probably right for you. If you found yourself getting distracted easily, however, it may be a sign to switch it up.

Location. There are a multitude of different places where you can study on campus; you just need to find the one that fits you. Options include: your dorm room, dorm lounge, New Student Center, library, a friend's room, etc. Take into account the number of people that you could possibly come in contact

with in your study location; if you notice your attention straying away from your assignment and more towards the conversation your friends are having beside you, you may do best studying alone.

Time of Day. Your routine is going to be vastly different than it was in high school, leaving you with more options of times that you can study. Try studying in different times of the day—whether over lunch, after dinner, or maybe before you go to bed. Find which one works best for you and be sure that time of the day is free before a big test.

Some more studying tips:

Utilize your resources. Study with friends who are in your class, or if something has really got you stuck, visit your professor during their office hours and ask if they can explain a little more.

Beware of the Internet. The number of hours wasted by students procrastinating on the Internet rather than studying must be astronomical. If you see it is distracting you, temporarily disable your wireless and get rid of the temptation.



Visit the Writing Center. Located in the basement of the library, these students offer free support to students having trouble writing essays. The workers won't write your essay for you, but they will improve your writing skills. Go to www.lvc.edu/writing-center for more information.

Get a tutor. Academic Services offers free student tutors for every course, accounting to Spanish. Simply fill out a request form on their website, and they will set you up with a peer tutor to help you improve your academic performance. Visit www.lvc.edu/peer-tutoring for more information.

Good luck and happy studying!

A. BENDER aab003@lvc.edu



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ORIENTATION 2010

Top 10 LVC events

There are many opportunities to experience LVC life

10. UG Dances

8. The Student Activities Fair on September 8

3. Dutchmen Day 2011

2. ValleyFest in April (it's the 40th anniversary!)

4. The Social Justice Institute (SJI) in January

1. Second City Comedy Tour on December 9!

5. The plays and musicals by Wig & Buckle

6. Christmas at the Valley

7. Red Book Trips (sign up on MyLVC)

9. Coffeehouse Series performances at MJ's. Get your free coffee mug from Student Programming Board this fall!

Provided by Brooke Donovan, Associate Director of Student Activities and Engagement

New Semester,



Metz & Associates is excited to be part of the LVC community. This new semester, we're bringing exciting dining options to campus, including:

Mund Dining Hall:

- NEW self-serve Pizza Express & Fusion
- Fresh Dough Pizza
- Fresh in-house bakery selections
- HEALTHchecks
- Enhanced grill selections
- Local sustainable products
- Updated web page
- Promotions (Ultimate Campus Chef, Oktoberfest)
- Feedback: active food committee, resident hall meetings, online surveys

The Underground:

- New Hours
- More convenient meal exchange

- Value-based promotions (frequency card program, value meals)

Lynch Hall:

- New Hours
- NEW Green Mountain Coffee Tastings & Samplings
- Fresh bakery selections
- Enhanced Up for Grabs selections
- Fresh fruit smoothies

Campus-wide:

- TOGO Taxi, our on-campus delivery program (based on campus fund raising)
- Enhanced student catering guide
- NEW soon-to-be named C-store with deli hoagies, smoothies and much more!

Metz
& Associates Ltd.



Study Abroad: a key opportunity

The Study Abroad Office currently offers off-campus study programs in 13 countries: Argentina, Australia, England, France, Germany, Greece, Italy, Netherlands, New Zealand, Northern Ireland, Spain, Sweden and the United States. During the 2009-2010 year, 74 LVC students studied off campus on either



a semester or short-term summer program. Our programs are affiliated with well-regarded universities and study centers and offer students a broad range of course offerings and cultural integration. Most of our programs are open to students of any major. However, a few programs are designed specifically to accommodate the needs of a particular course of study: Northern Ireland is restricted to music recording technology majors; Cambridge, England is restricted to music majors; and Sweden offers a student-teaching experience for all students obtaining a degree in education.

Students studying off campus for a semester complete 15-16 transferable credits of coursework at the host institution that will fulfill major, minor and general education course requirements at LVC. Participants of our off-campus summer programs earn three to six credits of coursework

over an average of four weeks. The Philadelphia and Washington, D.C., programs offer eight- to 12-credit internship opportunities in an urban, yet protected, environment for students wishing to venture off campus without the overseas experience.

LVC's study abroad programs are open to all students of sophomore, junior or senior status. Varying GPA requirements and pre-requisites exist for each opportunity. LVC charges semester tuition, room and/or board for semester-long study off-campus participation. With a few exceptions, students retain their institutional aid for the study abroad semester in addition to loans, grants and other scholarships. Gather program information and talk with past student participants during our Study Abroad Fair Week: Sept. 20-23, from 11 a.m. to 1 p.m. in the Mund College Center lobby.

For more information, you can visit the Study Abroad Office in Humanites 201, e-mail Jill at rusSELL@lvc.edu or call her at (717) 867-6076.

Provided by Jill Russell, Director of Study Abroad



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discount on
all purchases.

- 1- Coffeehouse: Lonewolf Project 9:30 p.m., MJs
- 3- Comedian Lee Camp 9 p.m., Leedy
- 4- Red Book Trip-Amusement Park
- 7- Colloquium Movie: *Sicko* 6 p.m., MJs
- 8- Activities Fair, 4:30 p.m. Social Quad & SPB Gameshow 9:30 p.m., Leedy
- 10- "Psychic Madman"- 9 p.m., Leedy
- 11- Red Book Trip-Beach
- 15- Community Service Volunteer Fair, 4:30 p.m., Mund
- 16- Commuter Lunch, 11:15 p.m. & ValleyFest Battle of the Bands, 9:30 p.m., Leedy
- 17- Comedian Retta, 9 p.m., Leedy
- 18- Red Book Trip- Phillies Game
- Week of 20-24- Student Programming Board "Guess that Photo" Contest, 11-12:30 p.m., Mund
- 25- Habitat Build & Red Book Trip to College Day on the Philly Parkway

September

- 1- Comedian Daniel Keno, 9 p.m., Leedy
- 2- Red Book Trip to PA Renaissance Faire
- 3- Latino Multicultural Dining Out
- 5- Coffeehouse, 9:30 p.m., MJs
- 13- BINGO!, 9:30 p.m., West Dining Room
- 15-16 Homecoming/Family Weekend
- 19- Colloquium Movie Food, Inc., 6 p.m., MJs
- 21- Commuter Lunch, 11:15 a.m., FDR
- 22- Play: Ten Little Indians, 8 p.m., Leedy & Casino Night 8 p.m., UG
- 23- Play: Ten Little Indians, 8 p.m., Leedy & Blue Man Group Red Book trip, Hershey Theater
- 24- Play: Ten Little Indians, 2 p.m., Leedy
- 29- Play: Ten Little Indians, 8 p.m., Leedy
- 30- Play: Ten Little Indians, 8 p.m., Leedy & Habitat Build
- 31- Play: Ten Little Indians 2 p.m., Leedy

October

2010 Fall Semester Calendar

"Don't forget to check out athletics, too!"
godutchmen.com

- 2- Colloquium Movie *The Snake Pit*, 6 p.m., Allen Theatre
- 3- Coffeehouse Performance: *The Cardineles*, 9:30 p.m., MJs
- 5- Comedian Lauren Bishop, 9 p.m., Leedy
- 6- Red Book trip to Eastern State Penitentiary
- 10- Roommate Battle Gameshow, 9:30 p.m., Leedy
- 12- Magician "The Hammer," 9 p.m., Leedy
- 13- Habitat Build
- 16- Colloquium Movie *One Flew Over the Cuckoo's Nest*, 6 p.m., Allen Theatre
- 18- Commuter Lunch, 11:15 a.m., FDR & ValleyFest Battle of the Bands, 9:30 p.m., Leedy
- 19- Comedian Eric Nieves, 9 p.m., Leedy
- 20- Red Book Trip to New York City

November

- 1- Coffeehouse Holiday Performer Mark Rust, 9:30 p.m., MJs
- 2- Student Government Winter Formal
- 4- Red Book trip to Hershey Park Candylane
- 9- End of the year BASH!! *The Second City Comedy Tour: Fair & Unbalanced*, 9 p.m., Sports Center

December

Viral Video of the Week

See Arts & Entertainment on page 5

LEBANON VALLEY COLLEGE'S STUDENT NEWSPAPER

La Vie Collegienne

Volume 78, No. 2

An Independent Publication | Founded 1924

September 15, 2010

THIS WEEK IN LA VIE

SPORTS



Great start of the season for field hockey

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PERSPECTIVES

Valley's Voices questions freshmen on what they think of LVC thus far

Page 6

FEATURES

Livin' on the

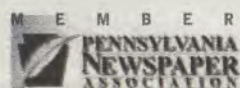
EDGE

EDGE Workshops: What they are and how to get involved

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LVC honors 9/11 victims

ANDREW TEXTER '12
LA VIE STAFF WRITER

On the morning of September 11, 2010, 2,977 miniature American flags fluttered in the wind on the academic quad of Lebanon Valley College. Each flag, erected as part of the 9/11 Never Forget Memorial Ceremony, represented one death that resulted from the terrorist attacks nine years ago, including 2,753 deaths in New York, 184 at the Pentagon and 40 in Shanksville, PA.

Katie Costolnick '12 was proud of both the display and the way it brought the campus together. Costolnick, president of College Conservatives, the group who brought the event to the

campus, worked with the Young America's Foundation to bring her dream of honoring those who died during the attacks into reality.

"It was something we wanted to do for the whole campus," said Costolnick.

While the ceremony was officially a project of the College Conservatives, many other students were involved in pulling it together.

Costolnick was amazed by the student response. "We had people who weren't even in the club stopping and asking how they could help."

The memorial also included



Photo by Andrew Texter '12

Vie Online later this week.

time to pray, reflect and share memories of 9/11. A video of the ceremony will be available on La

A. TEXTER amt001@lvc.edu

Enrollment up; LVC reacts to class size

ROSEMARY BUCHER '14
LA VIE STAFF WRITER

They may only come from 12 different states, but the incoming class of Lebanon Valley College students also brings a 12 percent increase in the number of full-time students, rising from 447 to 501 students.

According to a statement released on LVC's website on Aug. 30, the number of newly enrolled full-time undergraduate students jumped from 1,582 to 1,622, a 2.5 percent increase.

At the 15th Annual Opening Breakfast, William J. Brown Jr. '79, vice president of enrollment, shared that this number is "the result of many outstanding initiatives in marketing, recruitment and retention that are all directed toward

improving the entire collegiate experience for our students."

Eighty-two percent of the incoming class, which includes 460 freshmen and 41 transfer students, earned scholarships, and 75 percent graduated in the top 30 percent of their high school class.

Students chose LVC for a variety of reasons, many citing scholarships, academics and activities as supporting factors in their decision.

Erin Free '11 was attracted to LVC's small student body. "I like that there is more individualized attention. I wasn't going to be one out of one hundred. I have a name. It's more one on one."

The numbers may look inspiring, but some students are hesitant about the growing statistics, specifically how it will affect individual

class sizes and tuition costs.

Steph Mannon '11 explained that while she was initially concerned that the increased numbers would make her tuition go up, she thinks that "[they've] done a really good job about keeping classes small."

Free agrees, believing that the growing student body is a good thing. "I think that it might make the class sizes bigger than what they were, but it will give us the opportunity to meet more people. I think some people might think that the school is smaller than it is, but the numbers haven't increased enough for me to think about it a lot. It won't change anything for the bad, [and] it'll be good for resources."

R. BUCHER rlb005@lvc.edu

New Student Center to open in October

NICK THRAILKILL '14
LA VIE STAFF WRITER

This October, LVC will be unveiling its latest addition in the New Student Center: a combined dining hall and college store that will introduce an efficient late-night dining option and convenience store.

This new concession was first developed by Greg Krikorian, vice president for student affairs, after he had taken a tour of college campuses last year to review their food services.

Once he had recognized the appeal of this type of store to students of the colleges he had visited, he set to work with Bill Allman, general manager of Metz Dining Services, See **COLLEGE STORE** | Page 2

WE WANT YOUR FEEDBACK

lavie@lvc.edu

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x6169

FREE | TAKE ONE

NEWS

COLLEGE STORE: Student store to offer late night snacks

Continued from Page 1

to design a new store that acknowledged that "students' lives don't end at 9 p.m.; in fact, that's when they start flaring up."

Allman stated that he was working with Cormark to look at top-200 lists of items students at other colleges tend to buy in order to discover the top 100 convenience items LVC students seek so that the store may stock them. But the convenience of the new store does not end there: The store's location was chosen so that all students can take a short walk from any location on campus.

The dining area of the new store will serve as another dining option for students, and they may spend their additional flex dollars to purchase hoagies, smoothies, Paninis, wraps, salads and other side items. In essence, this area of the store is a sandwich shop like Subway or Quiznos. The planned hours for the dining hall are from 8:00 p.m. to 1:00 a.m. Monday to Friday and 7:00 p.m. to 12:00 a.m. Saturday and Sunday, but new hours may be added if students want them.

The new store is unnamed as of now, but Allman has set up a "Name



Photo by Cody Shepp '12

UNDER CONSTRUCTION Work has begun on the New Student Center to turn it into a store/dining center by October.

the College Store" contest to allow students to send in creative names for the new store, which will then be narrowed down to 10 options and presented as a survey on the school website. Students may then vote for the name they believe is the best, and the winner of the contest will receive an i-Pad. In addition, Allman has many other ideas to get students engaged in the new store, including "LVC Heroes Week" at the Bravo station, where famous students will be honored with new sandwich ideas.

All in all, both Krikorian and Allman are anticipating positive student reactions when the store opens its doors in October. The introduction of this store will ensure that LVC is "on the cutting edge" of the trend towards late night dining options.

N. THRAILKILL

nat001@lvc.edu

Photo of the Week



Photo by Cody Shepp '12

AWESOME ACTIVITIES FAIR Students sang along with the entertainment at the Student Activities Fair held on Sept. 8 in the social quad. Groups on campus set up tables to lure in potential freshmen to join. Students browsed while enjoying a meal outside, listening to the music and playing games. Free hats, morraccas and leis were given out to encourage a good time.

CAMPUS
CRIMEWATCH

All information courtesy of the LVC Department of Public Safety

9-5-10 | Vickroy hallway, second floor
Narcotics

A small bag of Marijuana was obtained.

9-5-10 | Mund building/U.G.
Incident Services

Students asked to leave the U.G.

9-8-10 | PA 943 & Church st.
Traffic Accident

A bike was struck with a vehicle.

9-8-10 | Arnold Sports Center East lot
Traffic Accident

A commuter student hit a staffer's car.

9-11-10 | Arnold Sports Center equipment room
Theft

A football team jersey was stolen.

9-12-10 | Mund Center Lower & Upper Levels
Alcohol Violation

Two underage intoxicated students were cited.

Please report any suspicious activity to Public Safety at x6111.

"Bike Cop" hit while on duty

SARAH BARKMAN '12
LA VIE PERSPECTIVES EDITOR

Officer Sean Frawley, more commonly referred to as "bike cop" among LVC students, was broad-sided by a Ford Minivan along Route 934 around 10:00 a.m. Wednesday, Sept. 8, while he was holding traffic by the intersection of Church Street and Route 934. Officer Frawley was assisting Annville with oversized loads when a man driving a Ford minivan came to a rolling stop, looked around and proceeded forward, thereby broad-siding Frawley on his bike. The minivan was travelling at approximately 5 to 10 mph. Officer Frawley, who has been a public safety officer at Lebanon Valley for two years, was taken to the hospital as a precaution, though he sustained only minor muscular injuries and bruising. He is currently back on the job and reiterates the impor-

tance that vehicles always come to a complete stop at stop signs.

According to Frawley, "There needs to be more education for both bike riders and motorists on bike safety."

He firmly believes that the Police Mountain Bike Association Training saved him from serious injury.

S. BARKMAN

seb005@lvc.edu

Corrections
& Clarifications

It is our continuing goal to provide readers with complete and accurate information. To that end, we welcome and encourage notification of any mistakes. Readers who wish to submit corrections should send an email to lavie@lvc.edu, subject line: *Corrections*.

NEWS

Chilean earthquake banquet at LVC

EMILY GERTENBACH '11
LA VIE STAFF WRITER

Students, staff and community are invited to take an evening to immerse themselves in Chilean culture and food. With proceeds benefiting victims of the Chilean earthquake, a banquet will be held the day after "El Diez y Ocho de Septiembre" (The 18th of September), Chile's independence day.

Due to the charity-benefit nature of the program, an admission fee will be charged, but all proceeds will go to help earthquake victims. While students may use their meal exchange, any other tickets will cost \$12 for single admission and \$30 for a family with children.

"We have an attendance goal of 80 to 100 students," says Jimmy Kroll '11, who has worked to put together the banquet. "Our main purpose is to raise awareness about the event, so we aren't looking for a specific monetary goal. Anything we make is just an added bonus."

The Disaster Relief Coalition, the office of community service, the Spanish section of the Department of Languages and the Chilean community in the area all played a

joint role in bringing the banquet together.

"Initially, a member of the Disaster Relief Coalition asked if we wanted to get involved because she knew of some local individuals who had ties to Chile. We set up a meeting and then the idea for holding a cultural banquet was formed," Kroll said, adding that the idea to hold a banquet stemmed from the cultural dinners often organized by Chaplain Fullmer's office.

The earthquake, registering an 8.8 magnitude, hit Chile in February 2010. In the following months, members of the Lebanon Valley College community worked with Lebanon's Messiah Ministry in order to help rebuild affected homes. The banquet will feature a presentation about their work along with live music, Chilean dishes and traditional Cueca dancing, the national dance of Chile.

Dinner will be comprised of Chilean foods such as empanada de pino, casuela, porotos verdes and drinks. Traditional deserts such as selva negra (black forest cake) and flan will be available as well.

The banquet is one of a series of events in the heritage celebra-

tion, a new event on campus this year.

"I can say that Hispanic Heritage is celebrated in many other colleges and universities in America," says Dr. Ivette Guzman-Zavala, assistant professor of Spanish, who worked to bring the celebration to fruition. "I would like to help make LVC a place that is more attractive to a diverse group of students, and hosting events like this will, hopefully, further help to create that atmosphere. It is also my desire to take my students of Spanish out into the Hispanic community, so inviting the Hispanic community to come here and doing something together also works toward [creating a diverse atmosphere]."

The heritage celebration will include many other upcoming events, including an art exhibition in Lynch starting on Sept. 15, a movie series, a visiting speaker, a visit from students involved in the migrant education program in Lebanon and more activities and events sponsored by Latinos Unidos, a new student organization on campus.

E. GERTENBACH elg001@lvc.edu

Student Government Update 9.13.10

SG tackles issues of the UG and C-Store

ABBY TOMLINSON '12
KEVIN GARRITY '13
LA VIE STAFF WRITERS

Student Government (SG) Sept. 13 and tackled the issue of the Underground and the C-Store.

There are at least three remaining weeks until the C-Store is officially opened. However, because of sports practices, night classes and homework, students say they are unable to buy food because the Underground closes at 9 p.m. SG indicated the matter will be discussed with Student Affairs Vice President Gregory H. Krikorian.

SG members also discussed construction projects that will be taking place at the Bishop Library over the next several weeks. Among other things, the library will be re-

placing its roof. SG says the projects will undoubtedly create some noise and advises students they may need to adjust their studying habits.

Homecoming is quickly approaching! Tables will be set up in Mund College Center outside the cafeteria with sign-ups for Powder-Puff football, ticket purchases, Homecoming king and queen nominations and this year's homecoming t-shirt order forms. Keep your eyes open!

A. TOMLINSON art002@lvc.edu
K. GARRITY kjg002@lvc.edu

La Vie Online

CODY SHEPP '12
SENIOR PHOTOGRAPHER

Do you, loyal reader, ever browse through a copy of La Vie and think to yourself, "If only I had the time and patience to sit down and read all of these wonderful articles?"

Do you long for the ease and simplicity of staring at your computer screen while information is transferred to your brain through a video?

Do you check your Facebook more than eight times a day?

Luckily for you, there's La Vie Online.

La Vie Online offers the same great news stories you read in La Vie, along with additional video content and instant updates—all of which can be delivered straight

to your Facebook page or Twitter feed.

This year, La Vie Online is undergoing a major transformation which will allow you, loyal reader, to have better access to the host of videos and online-exclusives that can be found on the site.

La Vie Online features videos that cover campus events, college band performances, Student Government meetings, interviews with students and staff, investigative stories and much more.

In addition to videos, La Vie Online is also home to numerous student blogs, with topics ranging from food and politics to longboarding—and coming soon—our very own cooking show. Yes, that's right: a cooking show that caters to the needs of college students.

Friend La Vie Online on Facebook or visit lavieonline.lvc.edu to bookmark the site and check back often for new content and updates.

And if you'd like to help out, send an email to lavieonline@lvc.edu.

C. SHEPP cas002@lvc.edu

Alumnus to speak at Career Services event

Workshop to also reflect how Career Services serves LVC student body

JAKE KING '11
LA VIE CIRCULATION MANAGER

Dr. Robert S. Frey '77 has done quite a bit since he graduated from LVC. He has authored five editions of the book *Successful Proposal Strategies for Small Business*. He owns Successful Proposal Strategies, LLC, a consultancy for both small and large businesses. He has also taught proposal development at UCLA and George Washington University, in addition to reviewing thousands of résumés and training business owners and professionals in effective proposal techniques. And on Sept. 16, Frey will be coming to his alma mater to help students better prepare for the job

market as part of Career Services' "Creating Compelling Résumés" event.

"Creating Compelling Résumés" will give students the know-how to get noticed and stand out to employers by creating a solid résumé. But it will also give students the chance to learn what can make or break this vital document from an employer's perspective, something Sharon Givler, director of Career Services, says is essential to making a solid first impression.

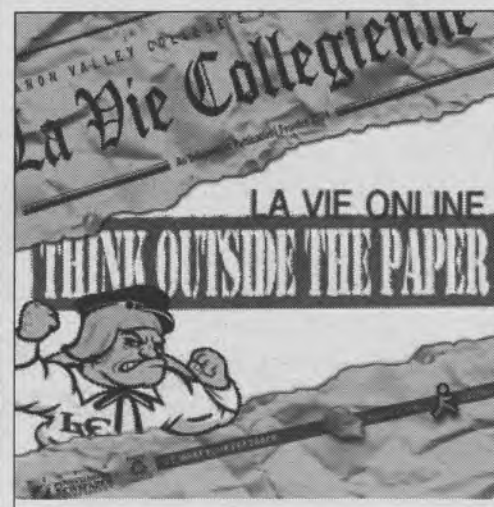
"He has, over his years as a professional, seen a lot of résumés; what works, and what doesn't work," Givler says.

Givler also noted that this workshop reflects a change in the way

Career Services serves the student body, giving a greater focus on bringing business professionals with real world knowledge to the college and making more workshop materials available online for constant accessibility.

Those who wish to attend "Creating Compelling Résumés" may choose between two sessions at 11 a.m. or 5 p.m. Thursday in Neidig Garber 203. Early registration through Career Services is recommended, but not required.

J. KING jsk001@lvc.edu



Features

Orientation service project

Freshmen class participates in three-hour long service project

CAITLIN MURPHY '12

LA VIE STAFF WRITER

Over 400 incoming students participated in a three-hour long service project held in the auxiliary gymnasium at the Arnold Sports Complex on Aug. 23. This event housed fifteen different stations that made items to be donated to local charities in and around Lebanon County. Stations included the following service opportunities: cutting and tying plastic bags into yarn for purse weaving, tying fabric into friendship bracelets, crafting holiday cards, writing letters to the military and veterans, constructing and painting birdhouses, cutting and tying fabric to make kitty blankets, folding and twisting tissue paper into paper flowers, painting and designing Christmas ornaments, wrapping shoe boxes and more!

These selfless efforts helped touch Habitat for Humanity in Lebanon, the Lebanon SPCA, Lupus Foundation of America, national Cool Kids Campaign, Operation Christmas Child, Lebanon City School District, Lebanon County Special Olympics, local retirement communities, Hope Lodge in Hershey, Easter Seals programs and other local charities.

The service project was a great way for the freshmen class of 2014 to gather together and experience a hands-on example of Lebanon Valley College's commitment to service. The mission statement of the college hopes to "prepare students for a life of service to others," and so it was important for the newcomers to get a little taste of what makes LVC so unique. Participating students were even rewarded with an incentive program that logs their service hours and titles their involvement through a Bronze, Silver or Gold Community Service Award. Students who receive these awards are recognized at banquets and commencement programs.

Upcoming service options include builds for Habitat for Humanity (information available

on Redbook), Clean Up day at Coleman Park, Lebanon County's Day of Caring and MLK Day of Service. All interested students can find more information in Miller Chapel or by contacting Chaplain Fullmer at fullmer@lvc.edu. For more information, call LVC's Office of Community Service and Volunteerism at (717) 867-6135.



Photo Courtesy of Brooke Donovan

LVC LIVE EVENT

This Friday September 17, 2010
9:00 p.m. in Leedy Theatre

RETTA

Featured in NBC's Parks and Recreation
For more info visit:
www.joeyedmonds.com/retta

C. MURPHY

crm003@lvc.edu

EDGE LEADERSHIP

EMILY GERTENBACH '11

LA VIE STAFF WRITER

The EDGE leadership workshop series resumed this month, once again allowing students and organizations to work on improving their leadership skills in a fun, relaxed, student-and-faculty led environment. Spanning a range of topics from time management to social justice, personal finance and conflict mediation, the sessions fall into a variety of different categories.

Participants may choose to work toward a bronze, silver or gold certificate, as well as a specialized certification in one of several areas such as community service, athletics, diversity and social justice. Each certificate requires a certain number of hours of participation, the guidelines for which can be viewed online at <http://www.lvc.edu/leadership/the-edge.aspx>.

E. GERTENBACH

elg001@lvc.edu

Upcoming Workshops

September 16: History of Leadership; 5 p.m., Chapel 116, led by Brooke Donovan

September 21: Civic Leadership; 7 p.m., Mund (lower level meeting room), led by Todd Snovel

September 22: Conflict mediation; 5 p.m., Mund, led by Jason Kuntz
September 23: Listening skills; 7 p.m., Mund, led by Ashley Conzelmann '11

September 27: Creative Publicity; 7 p.m., Mund, led by Chase Ferrario '12

September 28: Motivating Others/Team Building; 5 p.m., Mund, led by Ferrario

September 30: President's Council; 11 a.m. to noon, Faust lounge, led by Donovan

September 30: Effective Communication Skills; 7 p.m. Mund, led by Conzelmann



Mauree Gingrich, PA state representative in the 101st Legislative District, and Dave Argall, running for the 17th District Congress seat, served ice cream at An-nville's local ice cream shop, Kettering's Corner, on Tuesday September 14, 2010



Photo by Cody Shepp '12

Special Scoopers

Arts & Entertainment

Need a break from homework?

Grab a snack and check out some videos that have taken over the web

>>Video 1

"Star Wars According to a 3 Year Old"

<http://www.youtube.com/watch?v=EBM854BTGL0>

...or search the video title on YouTube

This video is of a 3-year-old girl describing, in her own words, the adventures of *Star Wars*. This video was viewed over 16 million times throughout the country and other parts of the world. It first surfaced in July 2009 and has grown rapidly in popularity among YouTube viewers.



compiled by
Justin Roth '14

>>Video 2

"T-Pain Obama Auto Tune on Jimmy Kimmel Live"

<http://www.youtube.com/watch?v=Tk4AEoARazg>
...or search the video title on YouTube

This video was first shown on *Jimmy Kimmel Live* in October 2009 and then was made available on YouTube. The video is a mock interview with President Barack Obama and T-Pain. The video promotes the T-Pain Auto Tune App available on iPhones and using this app, T-Pain, throughout the interview, auto-tunes Barack Obama's voice and turns it into a song.



Comedy at Leedy:

Hit TV show "*Parks and Recreation*" comedian visits LVC

McKENNA SNYDER '14
LA VIE STAFF WRITER

Many students enter college aware of the fact that they may change their majors during their time in school. Sometimes these changes are minor, but in the case of Retta Sirleaf, star of the hit show "*Parks and Recreation*," the change in majors was just that, major! Sirleaf is a graduate of Duke University. She began her career in the Pharmaceutical Research field shortly thereafter. In the mid-1990s, while most of LVC's students were preparing for another year of elementary school, Sirleaf was making a dramatic shift from pharmacy to comedy. Sirleaf used stand-up comedy as her base and grew her act into a first-class show.

Since then, her comedy act, composed of aggrandized stories about her friends and family, has led her to countless shows like *It's Always Sunny in Philadelphia* and movies like *Slacker* and *First Sunday*.

Most recently, her gift of laughter has led her to the new hit comedy *Parks and Recreation*, where she plays Donna Meagle, an employee of the Parks and Recreation Department.

On Sept. 17 at 9 p.m. in Leedy Theater, Sirleaf will share her stories and jokes with LVC students. As admission to this event is free, all students are invited to attend this hilarious act.

Colloquium series takes "healthy" angle

LVC's annual series begins with a film and continues throughout the year

SARAH BARKMAN '12
LA VIE PERSPECTIVES EDITOR

Lebanon Valley College's Fall 2010 Colloquium series on Health will kick off Wednesday, Sept. 15, as Meghan O'Hara, producer of Michael Moore's award-winning 2007 documentary *Sicko*, discusses the public debate over recent health care reform in the United States. O'Hara's presentation, free and open to the public, will take place on Wednesday, Sept. 15 at 7 p.m. in the Zimmerman Recital Hall at the Suzanne H. Arnold Gallery.

On Tuesday, Sept. 7, Michael Moore's film *Sicko* played at the Allen Theater in Annville as an introduction to LVC's Colloquium series and provided a backdrop for



Meghan O'Hara's presentation on health care reform. This controversial film reveals how America's revamped health care system may not be all that people think, stating that the primary goal of the new system is not necessarily to save the lives of the American people. Through-

out the film, Moore examines the history of health maintenance organizations and shows the corruption of the U.S. political system by comparing America's health care to other countries' systems.

Considered an expert on the American health care system, O'Hara will discuss the public debate over health care policy reform and the major role that media plays in determining the public's opinion. As producer of *Sicko*, Academy Award nominee and winner of the Motion Picture of the Year Award, O'Hara will use the film to generate many interesting points. Her discussion will be an excellent way to open LVC's Fall Colloquium series on Health.

S. BARKMAN se005@lvc.edu

M. SNYDER ms010@lvc.edu

PERSPECTIVES

Valley's Voices

Freshman Edition:

What do you like most about LVC so far?

Letters to the Editor

La Vie Collegienne requires all submissions to contain the author's name, telephone number, address and/or e-mail address. No letters can be considered for publication unless the above criteria are met.

Telephone numbers and addresses will not be printed. Submissions will be strongly considered for publication if they contain the author's rank, major, or professional capacity.

Letters should be no longer than 200 words. All submissions to "Perspectives" become property of *La Vie Collegienne*. *La Vie* reserves the right to edit submissions for space or for content that is vague, repetitive, libelous, or profane. It is not *La Vie's* responsibility to check for factual inaccuracies within submissions. The editor will have the final determination concerning such matters.

Letters, columns, and opinion-based articles are not necessarily representative of *La Vie's* opinion or Lebanon Valley College.

Submissions may be e-mailed to lavie@lvc.edu, hand-delivered to our Mund office, or mailed to the address below.

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Recruit for your student organization. Sell your old junk... or that ugly sweater from your grandmother. Say hi to your lover. (maybe not that last part.)

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La Vie Collegienne

101 N. College Ave | Annville, PA 17003
Campus Extension 6169 or lavie@lvc.edu
Established 1924

CO-EDITORS
Katie Zwiebel '12
Alyssa Bender '11

FEATURES EDITOR
Caitlin Murphy '12

A&E EDITOR
Tony Gorick '11

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SENIOR PHOTOGRAPHER
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BUSINESS MANAGER
Matthew Garber '11

ADVISER
Robert E. Vucic

La Vie Collegienne is published every Wednesday of the academic year. Meetings are held Mondays at 5:15 p.m. in our Mund office, activities room #3. We're always looking for new writers!



Ashley Nicastro '14
Early Childhood Education & Special Education

"Just about everything. [I] love my professors, love the people, and my classes aren't so bad too!"



Deryk Gingrich '14
Psychology

"So far, I like that LVC changed the way I view my academics. I take [academics] way more serious [so] that I [will] be able to compete for track."



Hanan Khalil '14
Biology/Pre-Medicine

"I really like my classes, professors and everyone I met. I love it here, especially that I'm with my sister."



Ben Titman '14
Music Education

"I knew the first time I visited this campus that LVC is where I want to be. Now that I've started attending classes, I realize I made the right decision."

Compiled by Ashley Artz '14
aa007@lvc.edu

THE DRAMA MAMAS:

Dear Drama Mamas,

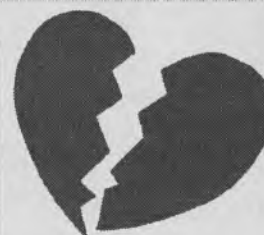
My girlfriend and I have been dating for two and a half years through high school. We are both freshmen now and go to different colleges. I don't want to be a jerk, but I really don't think that the relationship is going to work out, so I just kind of want to get the break up out of the way now. I like to party and have fun and all she wants to do is sit around and Skype. I do really care about her, but I keep meeting new people at LVC and a part of me wants to know what it would be like to be with another girl. Should I break up with her now or try to work things out?

Sincerely,
HEARTBREAKER



Want Answers?

Need a problem solved? Do you have trouble with certain issues in your life? E-mail the Drama Mamas and see what they have to say! Email questions to seb005@lvc.edu and read *La Vie* to see your answer!



Dear Heartbreaker,

First of all, it's better to break up with her now than to cheat on her, which seems to be where you're headed. If you really think that it isn't going to work out, then why bother trying? Prolonging the break-up will only hurt her more. People change from high school to college, so it is natural for relationships to drift apart during that period. If I were you, I would let her down easy—it's obvious she cares about you and maybe is having trouble adjusting to college life. Tell her that you still care about her, but a relationship just isn't going to work right now because you both need time to transition into the world of college. Just do not go on some type of "break." It's stupid. You're either together or you're not. A "break" will only give her false hope that you're going to change your mind, which probably won't happen.

Much love,
Drama Mamas

S. BARKMAN
L. SCOTT

seb005@lvc.edu
lrs002@lvc.edu

SPORTS

SCOREBOARD

Men's Cross Country
LVC Invitational, 9/11
1st out of 12

Football
vs. Grove City College, 9/11
L 14-17

Men's Soccer
vs. DeSales University, 9/7 : L 0-4
vs. Dickinson College, 9/11 : L 0-2

Men's Tennis
vs. Misericordia Univ. 9/10 : W 6-3

Women's Cross Country
LVC Invitational, 9/11
1st out of 10

Field Hockey
vs. Johns Hopkins, 9/9 : W 5-0
vs. Mary Washington, 9/11 : W 7-3

Women's Soccer
vs. Scranton, 9/11 : W 1-0
vs. Immaculata 9/13 : W 1-0

Women's Volleyball
@ Dickinson, 9/10 : W 3-0
vs. York College of PA, 9/10 : L 1-3
vs. Saint Vincent, 9/11 : W 3-1
vs. Salisbury, 9/11 : L 0-3

Women's soccer back-to-back wins

SHERAE JONES
LA VIE STAFF WRITER

Five games in and the women's soccer team is off to a good start. The team has an overall record of 3-2 and one tie. The two losses, both 1-2, came from Ursinus College (Sept. 3), and Misericordia University (Sept. 8).

LVC saw its first tie on Sept. 1

against Moravian College in two overtimes. LVC's three wins were against Swarthmore College, University of Scranton and Immaculata University.

Against Scranton, LVC was involved in a very competitive contest, scoring only one goal to defeat the Royals 1-0. Sophomore Nikki Snyder delivered the

goal, her first of the season. Sami Young '12 added four saves as a goalkeeper for LVC.

The win also marked history for LVC, as it was the first time the team ever defeated Scranton during their series. Prior to the win, the Dutchmen have been defeated by the Royals 3-1-1.

Lebanon Valley overpowered Immaculata University in the first half with 12 shots, while the Mighty Macs only had one. However, that did not stop the Mighty Macs from putting up a fight. It was not until just under 10 minutes to go in the game when LVC's Snyder scored the only goal of the game to give LVC a 1-0 lead. Defensive stops from LVC prevented the Mighty Macs from scoring. Freshman Becca Sykes made three saves on her collegiate debut for LVC.

The Dutchmen will host Wilkes College on Thursday, Sept. 16 at 4 p.m. Come support the team.



Photo courtesy of GoDutchmen.com

SOCCER SUCCESS Sophomore Nicole Snyder scores the sole goal versus Scranton in Saturday's 1-0 win

S. JONES

slj002@lvc.edu

Schedule

Wednesday, 9/14

Men's Soccer vs. Eastern Mennonite Univ., 4 p.m.
Volleyball @ Arcadia, 7 p.m.

Thursday, 9/15

Field Hockey vs. DeSales, 4 p.m.
Women's Soccer vs. Wilkes, 4 p.m.
Golf @ Moravian, 12:30 p.m.

Saturday, 9/18

Field Hockey @ Stevenson, 6 p.m.
JV Field Hockey @ Stevenson, 8 p.m.
Football vs. Moravian, 1 p.m.
Men's Soccer @ Moravian, 12:30 p.m.
Women's Soccer @ Susquehanna, 1 p.m.
Women's Tennis @ Cabrini, 12 p.m.
Men's Cross Country @ Dickinson, 11:15 a.m.
Women's Cross Country @ Dickinson, 11:45 a.m.

ATHLETES OF THE WEEK

JOCELYN NOVAK FIELD HOCKEY

Junior Jocelyn Novak was named this week's Commonwealth Conference player of the week for field hockey for the third time in her career. Novak scored her 11th career hat trick in a 7-3 Dutchmen victory over Mary Washington.



BRITTANY RYAN FOOTBALL

Senior kicker Brittany Ryan tied the NCAA record for career points by a female kicker on Saturday, knocking in her 87th point of her career, tying Tonya Butler of West Alabama.



DAN CALLAHAN
LA VIE STAFF WRITER

The Lebanon Valley College Dutchmen kicked off the 2010 season with their home opener against the Gettysburg Bullets. Unfortunately, LVC didn't open the way they expected to. Gettysburg jumped out to a quick 21-0 lead by the end of the 1st quarter, but it was all knotted up at 21 in the 3rd quarter. The Bullets responded with 14 unanswered points and never looked back, going on to win 42-28. Head Coach Jim Monos was interviewed by GoDutchmen.com after the game and said, "We lost that game as a football team... Turnovers, mistakes and missed opportunities cost us." Hopefully Lebanon Valley can put this one behind them, fix some mistakes and go on to have a successful season.

Coming off the tough loss to Gettysburg, Lebanon Valley College looked to move in the right direction when they squared off against the Grove City Wolverines for the first time since 1959.

The Wolverines won the opening coin toss, but didn't have the

ball for much at all. Just about 2 minutes into the game, Grove City fumbled near midfield and the Dutchmen recovered the loose ball. This resulted in a march down the field for LVC, ending in an 18-yard rushing touchdown by junior tailback Ben Guiles. And just like that, Lebanon Valley is up early, 7-0. However, Grove City responded back quick with a 34-yard field goal on the ensuing possession, making it 7-3.

With the ball back in their hands, LVC starts up the rushing attack once again, with Guiles leading the way. Unfortunately, the drive comes to a halt due to a holding penalty. The first quarter ends with a score of 7-3, in favor of the Dutchmen.

Control of the ball went back and forth throughout the 2nd quarter, and both teams had missed chances at scoring. Senior defensive lineman Zach Bleiler blocked the Wolverines' 38-yard field goal attempt with five seconds left and was recovered by Nick Bowne '12 to end the half. A couple penalties for both sides and only three first downs for LVC kept the score at 7-3 at the end of



Photo courtesy of GoDutchmen.com

the 2nd quarter.

The Dutchmen received the ball to begin the 3rd quarter and gained momentum with a fourth-down conversion by QB Caleb Fick '11. The very next play, Fick's pass was completed but then fumbled, which led to a seven-play 51-yard drive ending in a touchdown by Grove City. Lebanon Valley got the ball back and went to work. An all-out rushing assault began with big runs by junior tailback Blair Ransom and was finished with Guiles punching in another rushing TD. LVC took back the lead, 14-10, with just under six minutes left in the 3rd.

Lebanon Valley College took their lead late into the 4th quarter but couldn't add on any insurance points due to another lost fum-

ble. The Dutchman defense held strong through most of the game, but Grove City scored the eventual winning touchdown on the following drive.

On a better note, LVC kicker Brittany Ryan '11 tied West Alabama's Tonya Butler for the NCAA record for career points by a female kicker with 87 career points. Guiles led the Dutchman offense with 216 all-purpose yards and two TDs, while Alex Gilchrist '12 held down the defense with eight tackles, four being for losses.

The Lebanon Valley College Dutchmen will pursue their first win of the season when they host Moravian College on September 18th at 1 p.m.

D. CALLAHAN

dpc001@lvc.edu

Dutchmen football falls late



SPORTS

LVC field hockey, back at it again

ALYSSA WARGO '11

TABITHA BROBST '11

LA VIE STAFF WRITERS

LVC's Field Hockey team remains strong this week after rolling over Johns Hopkins 5-0 last Thursday.

The team looked strong as LVC held Johns Hopkins to only three shots on goal and a total of only six shots for the whole game. Whereas LVC had 22 shots on goal and 31 shots altogether.

LVC's first goal came in the 16th minute of play when senior Allison Bicher (captain) rebounded senior Shelly Lobach's (captain) wide shot. This was Bicher's third goal of the season. The second and third goals, scored by junior Jocelyn Novak, were only a minute apart. Novak was assisted by sophomore Caitlin Vasey. These goals were Novak's first two goals of the season. Vasey also assisted Lobach's goal during the 49th minute of play. This was Lobach's first



Photo courtesy of GoDutchmen.com

goal of the season as well. Finally, during the 52nd minute of play, sophomore Kirsten Martzall, assisted by Lobach, scored her first goal of the season, making the final

score 5-0.

When asked how the team prepared for the game against Johns Hopkins, Bicher responded, "We work hard during practice be-

cause we know that intensity will carry over into the game. We take it game by game and focus on the goals for that game so we can im-

prove each day."

The Dutchmen, 3-0 on the season, moved from a sixth to fifth place ranking this week in the Kookaburra/NFHCA Division III National Coaches Poll. It's the Dutchmen's 37th consecutive top ten ranking, and their 60th national poll appearance.

The shift can be attributed to LVC's 5.3 goals per game average and their three victories, two of which occurred against nationally ranked teams.

Coming up this week for LVC Field Hockey is a home game against DeSales Sept. 16th and an away game at Stevenson Sept. 18th.

Please come out and support the field hockey team as they try to make their sixth consecutive NCAA appearance and their all time fifth Final Four appearance.

A. WARGO
T. BROBST

amw006@lvc.edu
tlb003@lvc.edu

Men's soccer team struggles at home

Dutchmen shut out two games in a row

LAUREN SCOTT '12

SPORTS EDITOR

After defeating Greensboro College and Goucher College 4-1 and 4-2 respectively in the Goucher tournament in Towson, Md., the men's soccer team struggled at home while facing DeSales University on Tuesday, Sept. 7 and Dickinson College on Saturday, Sept. 11.

The Bulldogs scored early, knocking in a goal into the top corner less than six minutes into the game. The Dutchmen attempted 11 shots in the first, but DeSales goalie Adam Franczak made six saves. However, the Dutchmen were unable to score. The Bulldogs added another goal at 44:22, giving DeSales the 2-0 lead at the half.

Even though the Dutchmen had eight shots in the second

half, they were unable to score, and the Bulldogs knocked two more in during the game, setting the final score at 4-0.

The notable players of the game

included James Clements '13, who recorded a season-high five saves, and Chris Hall '12, who marked a team-high two shots on goal.

In the team's game at Herbert



Photos courtesy of GoDutchmen.com

Field, the Dutchmen and the Red Devils held even through the half until Dickson knocked in two goals three minutes apart at 47:17 and 50:43, securing the 2-0 vic-

tory. Sophomore James Clements made a season-high six saves and replacement Josh Lineaweaver '14 made two saves in his late debut in the second half.

Lebanon Valley was held to only eight shots in the game while the Red Devils placed 20 towards the goal.

Chris Hall '12 and classmate Eric Woods '12 led the Valley with three shots a piece.

The Dutchmen will host Eastern Mennonite University on Wednesday at 4 p.m. as they attempt to reach their first home victory of the season. On Saturday the team will travel to Moravian College in Bethlehem for a 12:30 p.m. game.

L. SCOTT

lrs002@lvc.edu

La Vie Collegienne

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THIS WEEK IN LA VIE

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Football wins their first game of the season to Moravian

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FEATURES



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A&E



Staff writer Suzy Bieber reviews *Get Low*, playing now at the Allen

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THEN AND NOW Photos of Wig and Buckle's first production of *The Importance of Being Earnest* in 1940 (above) and the same scene performed by Emily Gertenbach '11 and Erin Brubaker '11 in Wig and Buckle's most recent production of Oscar Wilde's play in 2007 (right)



Photos provided by Wig and Buckle

Wig and Buckle celebrates 75th anniversary

EMILY GERTENBACH '11

LA VIE STAFF WRITER

SEAN DEFFLEY '11

LA VIE GUEST WRITER

The Wig and Buckle Theater Company has not always been known as such. Now celebrating its 75th anniversary, the group has gone through several name changes. Known through the years as Wig and Buckle, The Wig and Buckle Society and The Wig and Buckle Dramatic Society, the company has spent a good deal of the last four years working on branding itself as a unified theatrical institution at the college. A recent look back into the theater company's archives shows decades of theatrical productions leading up to the anniversary sea-

son.

The first recorded Wig and Buckle production, *The Man in the Bowler Hat*, took place in 1934, though the club's status was still pending. In 1935, the charter was passed and Wig and Buckle was officially a Lebanon Valley organization. *The Late Christopher Bean* debuted in 1935 as the first play performed under the group's new official status.

While Wig and Buckle has been an official theater company since the mid thirties, there were many years where several other groups on campus also staged shows. From Wig and Buckle's early days until about 1970, records show both Wig and Buckle and Alpha Psi Omega, a co-ed theatrical fraternity, were produc-

ing plays on campus.

Musical theater arrived in the 1960s with the production of the first Wig and Buckle musical, *Love Rides the Rails*, as well as the formation of two music fraternities. Phi Mu Alpha Sinfonia, the men's music fraternity, was formed on May 15, 1960, and campus women quickly following with the formation of Sigma Alpha Iota on May 20, 1961. Soon, Phi Mu Alpha, Sigma Alpha Iota, Wig and Buckle and Alpha Psi Omega were all staging various productions of musicals and plays on the Lebanon Valley stage.

Gradually, the theatrical endeavors began to meld together. Sinfonia and Sigma Alpha Iota began working with Wig and Buckle. See **WIG AND BUCKLE** | Page 2

AA meetings starting on campus

EMILY GERTENBACH '11

LA VIE STAFF WRITER

This fall, a new resource is starting on campus. Alcoholics Anonymous (AA) meetings are now in their second week at LVC.

AA meetings can be held in two formats: open and closed. A closed meeting is specifically for members of AA who are dealing with recovering from their alcoholism or who think they may be alcoholic. Members of the general public, media and even family are usually not welcome at closed meetings. The campus meetings are "open," meaning that anyone may attend, whether they are alcoholic, concerned about alcoholism, seeking knowledge because of an alcoholic family member or friend, students interested in learning more, relatives and any other interested parties.

See **ALCOHOL** | Page 2

La Vie writer sits in on AA meeting

TONY GORICK '11

A&E EDITOR

Inspirational.

Usually, the definition of this term is reserved for the elite figures in society—public leaders, presidents, governors, principles. The higher levels of authority in our society usually are the positions that garner the most praise. After visiting the first-ever Alcoholics Anonymous (AA) meeting at LVC this past Monday, I beg to differ.

I agreed to observe the meeting thinking it was a basic informational meeting regarding how the AA meetings on campus would work. Yet, what I discovered was something different.

See **AA** | Page 6

NEWS

WIG AND BUCKLE: Gearing up for a special 75th season

Continued from Page 1

to stage musicals, and for many years, the now-defunct Alpha Psi Omega fraternity worked in conjunction with Wig and Buckle on theatrical productions. In the mid 1990s, the advisor-less theater group got some guidance. In 1994, Dr. Kevin Pry '76, associate professor of English, was appointed as advisor by then-college President John Synodinos, L.H.D. '96.

In celebration of their 75th anniversary as an established campus organization, Wig and Buckle is planning a series of four productions in addition to other events throughout the year. Four of the three shows have been performed before at the Valley, bringing the group's history full circle. *And Then There Were None*, directed by Jamie Latshaw '11, was originally performed in 1985 as *Ten Little Indians*, the play's alternate title. *You Can't Take It With You*, directed by Lisa Roberts '11, originally debuted in 1965, while the Cole Porter musical *Anything Goes* took to the stage in 1986, now to be led by the stage and music directorial team of Katy Raines '11, Chelsea Acaley '11 and Alyson Reitmeyer '12. Wig and Buckle will also be performing *An Adult Evening With*



Photos courtesy of Wig and Buckle

EARLY DAYS OF WIG AND BUCKLE The theater company in its early days (top), a playbill from the first recorded production, *The Man in the Bowler Hat* (bottom left) and the playbill from the company's first musical, *Love Rides the Rails* (bottom right)

Shel Silverstein for the first time at LVC, directed by Brian Stefaniak '11.

For more information on Wig and Buckle and the shows they are putting on this year, visit www.wigandbuckle.com.

Historical information courtesy of the Wig and Buckle Theater Company archives.

E. GERTENBACH elg001@lvc.edu
S. DEFFLEY scd002@lvc.edu

LVC ranked by Washington Monthly

ROSEMARY BUCHER '14
LA VIE STAFF WRITER

Lebanon Valley College is ranked in the top 14 percent of the baccalaureate institutions ranked by Washington Monthly, coming in at 43 out of 309.

In an explanation on their website, Washington Monthly ranks and rates schools based on "Social Mobility (recruiting and graduating low-income students), Research (producing cutting-edge scholarship and Ph.D.s), and Service (encouraging students to give something back to their country)."

Their goal is to rank master's and baccalaureate institutions side-by-side with better-known national universities and liberal arts colleges instead of separating them into different categories. This makes it possible for researchers and other interested people to view the statistics based on their quality, not just big names and campuses.

LVC ranked 13 in the number of bachelor's degree students that obtain a doctorate, 39 in Peace Corps, 23 in research expenditures and 57 in graduation rate. Other statistics included the percentage of students receiving Pell grants, ROTC rank, federal work-study funds spent on service rank and service staff, courses, and financial aid support rank. LVC received an overall score of 51.

Washington Monthly uses this information to "tell citizens and policy makers which colleges [are] spending their tax dollars wisely."

Hillary Feldman '14 believes that the statistics are inspiring. "I think it's awesome. I think it's great that even though Lebanon Valley is such a small school, we have such a big amount of Ph.D. graduates. It shows that students from a smaller school can succeed even if they don't go to a bigger, well-known school," she says.

"It's cool," agreed Kristen Zlogar

'14. "It's an accomplishment. It makes me feel awesome for going here."

In a statement on LVC's website, Dr. Michael Green, vice president for academic affairs and dean of the faculty, stated he is "particularly pleased that our student/faculty research programs that exist across the curriculum have received positive attention."

The numbers and statistics pleasantly surprised Dillon Streifeneder '14, who thinks "it's peculiar but cool that a small school in PA that no one knows about can reach such an achievement."

"We are proud of LVC's combination of a liberal arts education with professional preparation yet it is always complimentary to have impartial observers validate the work of our faculty and students," said Green.

R. BUCHER rlb005@lvc.edu

ALCOHOL: Meetings open to all

Continued from Page 1

"Hosting self-help programs on a campus is relatively normal. At my last (place of employment) I had Narcotics Anonymous," says Greg Krikorian, vice president for student affairs. "Over the summer, I was approached by [someone] who wondered if there were facilities to host an AA meeting—it was a no-brainer."

Regardless of whether or not meetings are open or closed, privacy is crucial to the AA program. The AA website says, "Alcoholics Anonymous is a fellowship of men and women who share their experiences, strength and hope with each other that they may solve their common problem and help others to recover from Alcoholism." There is no cost to AA meetings.

"We had to find a location that was private—remaining anonymous is key. We'll have it. We even see new students coming in going through the first stages of recovery," Krikorian says.

According to another involved party, the campus AA meetings started because recovering members in the area wished to help support students working to recover from their own alcoholism and drinking problems. People in recovery from the surrounding area

will be allowed to attend as well, and the campus meetings will be listed in the AA meeting directory.

Students interested or who feel they may be in need of help are invited to attend meetings each Tuesday at 5:15pm in Fellowship Lounge, inside Miller Chapel. The meetings are a completely safe and anonymous place—no student needs to worry about being penalized by the school due to violating the alcohol policy in some way.

"It wouldn't matter, this is all about support and recovery," Krikorian says.

Any student who wishes to obtain more information about the AA program is welcome to contact Krikorian by calling Student Affairs at (717) 867-6233. No judicial action will be taken—for instance, an underage student who would essentially have to admit to drinking in order to get help will be safe to speak to Krikorian, other members of the administration or the AA group and will receive the support they need.

E. GERTENBACH elg001@lvc.edu

CAMPUS
CRIMEWATCH

All information courtesy of the LVC Department of Public Safety

The Office of Public Safety did not provide
a list of incidents for this week's issue.

Please report any suspicious activity to Public Safety at x6111.

NEWS

New school year, new faculty at LVC

LAUREN SCOTT '11
LA VIE STAFF WRITER

Along with an incoming class of 501, Lebanon Valley College welcomed six new professors for the 2010-2011 school year.

Michelle Bonczek was added to the English Department. Bonczek attended SUNY Brockport for her B.S. in journalism and her M.A. in literature, Eastern Washington University for her MFA in creative writing and Western Michigan University for a Ph.D. in creative writing, focusing in poetry.

Here on campus, Bonczek noticed, "Everyone is really nice! I am also delighted and inspired by my students' enthusiasm when it comes to their writing." In her spare time, she enjoys writing, cooking, hiking, camping, traveling, reading, playing

music, practicing photography, golfing, fishing, running and sleeping in.

Bonczek also has a food blog of homemade food as well as food and drinks from restaurants she visits. The blog can be found at <http://two-totaste.blogspot.com>.

The Biology Department welcomed Robert Carey, who previously worked as a biology professor at Western Wyoming Community College in Rock Springs, WY. Carey attended Hiram College as an undergraduate and Penn State University for graduate school.

In his spare time, Carey mentions he enjoys hiking, camping, home-brewing and spending time with his wife and children.

So far at LVC, Carey noticed, "The students seem enthusiastic, and I love the smaller class sizes."

Treva Clark was added to the De-

partment of Business Administration with a specialization in international business and communications. She is currently completing her Ph. D. at the University of Pittsburgh and has received an M.B.A from Loyola University and her B.S. from York College of Pennsylvania. Previously, she worked as an international consultant with the World Trade Center and a global business development specialist with Compaq Computer Corporation.

When asked what she likes about LVC thus far, she commented, "[it has a] great atmosphere [and a] beautiful campus, interesting and engaged students, and the focus on study abroad opportunities."

In her spare time, Clark enjoys hiking, biking, gardening, among other outdoor activities and she likes traveling. Her best advice to

share is, "READ!"

The Digital Communications department welcomed Mat Samuel to their faculty. Samuel attended Maryland Institute and College of Art and has previously worked at Kutztown University and Pennsylvania College of Art.

At LVC, Samuel likes "the family feel and how helpful everyone has been." In his rarely available spare time due to his three kids under five years old, Samuel enjoys doing artwork and creating products such as t-shirts.

Barry Smith was added to the mathematics department and Carmen Garcia Armero was added to the Spanish department. Both were unavailable for comment.

L. SCOTT

lrs002@lvc.edu

Student Government Update 9.20.10

SG tackles issues of the UG and C-Store

ABBY TOMLINSON '12
KEVIN GARRITY '13
LA VIE STAFF WRITERS

Concerns about the Underground Café topped the list at this week's SG meeting. Mary Kent '11, vice president, has been in contact with Student Affairs Vice President Gregory H. Krikorian concerning the issue regarding athletes and late returnees receiving a lack of food.

According to Kent, Krikorian said, "We should optimize current programs; call-in, bag meals, etc. Once the new C-Store is open we can see if concerns are alleviated by the offerings provided at that venue." Be on the lookout for more information regarding the options currently available.

SG is encouraging all female students to sign up for Powder-Puff Football this Homecoming season! Tables will be stationed in Mund College Center with sign-up sheets. Also, Homecoming t-shirt sales end on Friday, September 24, 2010! Get them while you can!

Brad Snyder '11, representative, talked with Bill Allman, general manager of Metz Dining Services, about a new way to handle feedback - Hospitality Rewards Program. This program evaluates the workers themselves and asks critics to leave their name and phone number for follow up information in an effort to perfect the dining hall experience.

There will be no SG meeting on Sept. 27 due to an organizational retreat this upcoming weekend. More SG updates the following week!

E. GERTENBACH

elg001@lvc.edu

A. TOMLINSON
K. GARRITY

art002@lvc.edu
kjc002@lvc.edu

Meghan O'Hara, award winning producer of Sicko, visits campus for colloquium

EMILY GERTENBACH '11
LA VIE STAFF WRITER

Meghan O'Hara, an award-winning documentary filmmaker/producer, came to LVC as part of this year's Health Colloquium. O'Hara, a longtime friend of Dr. Robert Valgenti, assistant profes-

sor of philosophy, has been a part of many documentary films and programs including the Michael Moore-directed health care exposé *Sicko*, which was shown at the Allen on Sept. 7. "Sicko," released in 2007, tracks the plight of many insured Americans, who, despite having health insurance, were repeatedly denied the treatment and care they desperately needed. The film also visits numerous other countries, including Cuba, to show what other healthcare systems are like. As producer, O'Hara was nominated for an Academy Award and received the Motion Picture of the Year award for her work.

Prior to O'Hara's session with Dr. Valgenti and an audience in the Zimmerman Recital Hall, several students were invited to a dinner with O'Hara in order to discuss the film and their feelings about healthcare in the States. O'Hara pointed out that she and the other filmmakers wanted to focus on the youth and the insured to help illustrate to people, like college students, that this was an important matter that did affect them.

In making the film, O'Hara and the rest of the team put out a call for Americans' health care stories—and got about 30,000 re-

sponses detailing denied coverage and other medical horror stories resulting in bankruptcy, problems and even death. The film followed some of these patients and even took a few to Cuba, a process that required O'Hara to negotiate with both the American and Cuban governments.

In speaking about her experiences in Cuba and other countries documented, O'Hara pointed out that many critics of the film took issue with the fact that the other countries appeared to have better healthcare. This, O'Hara said in her presentation, was not skewed or manipulated.

"There is the 'Michael Moore factor,'" O'Hara said. "Some people—all of Canada, it seems—love him, but there is a sector that is very against him. We combat this by being as journalistically sound as we can. [We] have a team of fact checkers that go over everything, because being a Michael Moore film, it will come under fire."

Unfortunately, shortly after filming, O'Hara discovered she had stage 4 breast cancer and found herself facing the possibility of a similar situation to that which she had filmed, an experience she discussed with the audi-

ence. O'Hara noted the fear she felt when her insurance company told her they did not want to cover her thousands of dollars worth of necessary post-chemotherapy shots and had to deal with the realization of how such an expense would affect her treatment. Luckily, O'Hara's insurance did cover the procedure, and she is now healthy.

O'Hara and Dr. Valgenti closed the program with an open question-and-answer session with the audience.

A full listing of further Health Colloquium events is available on the LVC website at www.lvc.edu/live-calendar and clicking the "Health Colloquium" link.

Corrections & Clarifications

In regards to the EDGE story in the Sept. 15, 2010 issue, we'd like to clarify that the sessions listed in Mund are located in the Mund Lower Level Meeting Room. Also, while some of the certificates require a certain number of hours, not all do; rather, they all do require a certain number of workshops. Lastly, the correct website is www.lvc.edu/leadership.

It is our continuing goal to provide readers with complete and accurate information. To that end, we welcome and encourage notification of any mistakes. Readers who wish to submit corrections should send an email to lavie@lvc.edu, subject line: Corrections.

LVC LIVE EVENT 9:00 PM Leedy Theater

Comedian
Jamie Lissow

For more info visit:
<http://www.jamielissow.com/>

Features

Banned books week

A week of recognizing outlawed books

NICK THRAILKILL '14
LA VIE STAFF WRITER

The history of censorship has been a long and sad tale. Every year, thousands of books are formally challenged for their content and banned from school and public libraries. As a result, the information presented in these works becomes less available and is withheld from students and other readers.

If censorship has such a negative effect on the garnering of knowledge, why would someone want to ban a book? No simple answer exists. Some of the most common reasons for removing a book from a school reading list or a library are the use of offensive language, sexual themes, promotion of bad behavior and imposition of certain religious values.

How can a reader fight back against such pervasive attempts to stifle free speech? The American Library Association has answered this question through its promotion of "Banned Books Week," an annual event held the last week of September that promotes intellectual freedom and the availability of all viewpoints for those who wish to read them.

Here at LVC, "Banned Books Week" is celebrated with a display of some of the most frequently challenged books in public schools and libraries, placed in the front reading area of Bishop Library. For Maureen Anderson, access services librarian, and



Photo by Sarah Frank '14

Frank Mohls, director of the library, this display is a visible representation of the librarians' duty to give students all the information contained within the library.

Anderson and Mohls have both said that they are strongly opposed to censorship in any form. To An-

derson, censorship "discourages critical thinking" and states that "my personal opinion is not the only one out there."

"We [librarians] needed to present both sides of the argument," Mohls says. He also believes that the librarian has the responsibility to give each student information and that the student has to decide what is acceptable or not. Cen-

sorship tends to hinder this responsibility by shifting the moral decisions away from the reader and towards the holders of the information.

To give a sense of why certain books are banned, let's take a look at a book challenged or banned from the past year: *To Kill a Mock-*

ingbird. This 1960 novel has had a long history of censorship, and according to the ALA's list of banned books from 2009-2010, it is still being challenged in schools today. According to the list, "[*To Kill a Mockingbird*] was removed from the St. Edmund Campion Secondary School Classrooms in Ontario, Canada, because a parent objected to language used in the novel, including the n-word."

Thankfully, LVC does not receive challenges against books and does not ban any book, but students can still support intellectual freedom in all libraries by reading one of these books that has caused so much furor over the years.

N. THRAILKILL

nat001@lvc.edu

Latinos Unidos celebrates Hispanic heritage

EMILY GERTENBACH '11
LA VIE STAFF WRITER

Lebanon Valley's Hispanic heritage celebration is in its inaugural year, but Latinos Unidos is ready for their second round.

Started by club president Ronny Acosta '11, a criminal justice major, the club initially came at the suggestion of James Felton, the former director of multicultural affairs. Latinos Unidos came into being in the fall 2009 semester, and the

group has tried to focus on cultural activities and fun, laid back talks about pop culture in various Hispanic communities.

"We are hoping to do the Fiesta Latina," says Acosta, referring to a dance event held both in the fall 2009 and spring 2010 semesters. "You don't need to be Hispanic. It is open to the community; it is a party."

Acosta said that last year's Fiestas brought in community members from Lancaster, York and

Lebanon, drawing a crowd of about 150 people.

"In the central Pennsylvania area, there aren't a lot of Hispanic clubs, so when there is one, people go," says Acosta. Latinos Unidos went to a similar event at Penn State Harrisburg last year, helping continue mutual support between the two groups.

Acosta says that the club is hoping to sponsor other events along the lines of what they did in previous semesters. Trips and activities

included a visit to a Dominican restaurant in Manhattan, the Fiestas and a workshop to talk about different countries' culture.

"Classes teach you culture in a more professional way," Acosta says. "We want to focus on a more informal discussion, focusing more on pop culture."

For more information about meetings, contact Acosta at rda002@lvc.edu. All students are invited and do not need to be of Hispanic heritage.

Acosta says the group plans to hold their first event, the third Fiesta Latina, towards the end of October. More information on the time will be forthcoming.

All students are welcome to attend meetings and also events, for which they do not need to be a member of the club.

E. GERTENBACH

elg001@lvc.edu



ANDREW VEIRTZ '12
KARA RIEGLE '12
LA VIE STAFF WRITERS

Imagine going to class and the topic of discussion for the day would be ghosts or aliens or faith healing. For the students in Dr. Lou Manza's class "Paranormal Phenomena," this is every Monday, Wednesday and Friday.

Many would question how an academic class like this can exist at a college like LVC, and in fact they have. A recent article was published on this class and others

like it in Pennsylvania on Pennlive.com (originally in the Patriot News, see our opinion piece on the article in Perspectives). Because of this, a small controversy has developed over the validity of the class. In the comment section of the story, many users said that the class was "a waste of money," "nonsense," and "fodder for an extra-curricular activity." Manza caught wind of these posters bashing his class and so decided to fire back a few responses himself. This resulted in over six pages of comments on the story.

Of course, Manza disagreed with these posters. In fact, they helped to further prove his points. He says that the purpose of this class is to "teach students critical thinking skills." This involves separating bad science from good science. "I know people come out of this course as better thinkers," says Manza. "I have the evidence; I do before and after tests." Clearly this course does have validity, but how exactly can discussions on these pseudo-scientific topics help students? The answer lies in pushing students out of their comfort zones.

"My job, as a teacher, is to make [students] think about these things. Teachers should make [students] question things, otherwise they aren't doing their jobs," says Manza. The reason why these topics are studied is because they have no clear right or wrong answer, as do so many other scientific disciplines. As a result, students are forced to consider viewpoints that they normally would not, and that is Manza's goal in teaching "Paranormal Phenomena."

As for the class itself, it is quite a rigorous course. There are exams

and projects to be done, and all of them require quite a bit of work. "Some people get A's, and some people get F's. It's not an easy course," states Manza. The class is very discussion based and requires much input from students.

For any student who still needs to complete their Disciplinary Perspective requirement, "Paranormal Phenomena" is sure to be an interesting and thought-provoking choice.

K. RIEGLE
A. VEIRTZ

kk001@lvc.edu
aov001@lvc.edu

Arts & Entertainment

"Get Low" leaves audiences feeling high on life

The film starring Robert Duvall and Bill Murray is now playing at the Allen

SUZY BIEVER '12
LA VIE STAFF WRITER

Most people have had the unfortunate occasion of attending some loved friend or family member's funeral, of going to the viewing, the church service and the reception afterwards with a solemn and somber mind, contemplating the existence or nonexistence of some form of an after-life.

However, not many people have gone to see off the deceased while they were...well...not deceased. It is this unheard of scenario which becomes reality in the recently released movie *Get Low*.

Directed by Aaron Schneider, *Get Low* presents the audience with Felix Bush, played by Robert Duvall, the proverbial town recluse who has been living as a hermit for the past 40 years with no company other than his beloved mule, Gracie. Bush serves as a type of town legend. All of the inhabitants of the small town in Tennessee circulate stories about their mysterious neighbor in the woods, detailing how many people he's killed, how he killed them, etc. Children vandalize his property in a game of who's braver than whom, breaking windows and trying their luck not to get caught by the burly, scary woodsman.

As Bush's older "friends" begin to pass away, he starts to contemplate his own death. He feels himself getting older, nearing the end. In one humorous scene, Bush, believing that he won't last one more evening, feeds his mule one last time, opens the stall door to free his beloved animal and

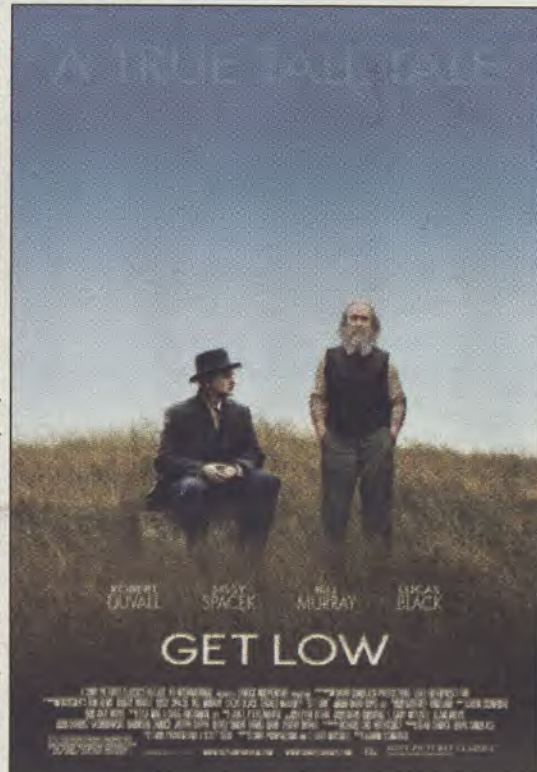
falls asleep on the hay. Waking up the next morning and realizing that he in fact didn't die during the night, he finds the mule sitting (yes, sitting) in front of his house. Smiling to himself, Bush admonishes Gracie, "Well don't look so disappointed."

This quirky tone is set throughout the rest of the film as Bush decides to "get low," to get down to business (hence the title). Bush desires to throw a funeral party for himself and enlists the help of the local funeral parlor who is low on business because "people just won't die."

Enter Bill Murray. Murray plays Frank Quinn, the operator of Quinn Funeral Parlor and a suave and slick money-hungry business man always ready with a quick and witty comment whenever the situation warrants it. Whenever Murray's around, there's never a dull moment. His frankness and eccentricity is nicely balanced by his pure-hearted and moral assistant Buddy, played by the charming Lucas Black.

As Quinn, Buddy and Bush plan the "party," sending out the invitations, picking out the casket and the "funeral clothes," the viewer is left with a strange co-mingling of emotions. Bush's whole situation is full of humor, comedic even, given the situ-

ation. Mid laugh, however, the viewer hesitates, realizing the morbidity of what exactly they're laughing at. How in the world could a man's imminent



death be even deemed slightly humorous? Yet, somehow, Aaron Schneider and his troupe of actors make it work exceptionally well.

The only condition which Bush has for his party guests is that they can only attend his celebration if they have a story to tell about him, which, given his reputation, isn't a difficult stipulation. As the plot progresses, the audience begins to learn the true reason Bush has behind throwing his funeral party. It is because he himself has a story to tell. What starts off as an odd and peculiar journey of a man towards

death turns into a backwards travel into the past, into memory and regret. The desire Bush has to confess his past transgressions (involving slighted Mattie Darrow, portrayed by actress Sissy Spacek) stems from his earnest yearning for forgiveness.

Bush's story, which initially began as one about death, transitions throughout the film into one about life. The incongruities with the plot of life within death and death within life and the dichotomies of the two states are enthralling and captivating. Robert Duvall gives a stellar performance as Bush, subtly retaining the center of the spotlight with his emphatic and heartfelt emotional expressions capable of evoking tears from even the most hard-hearted of viewers. The ending especially, though not far from predictable, will nonetheless twist hearts and stomachs alike into knots as the faces of viewers strain to keep from letting a tear or two trickle.

At one point in the film, Bush turns to Buddy with something to the effect of this wise wish: "There's life, and there's death, and then there's everything in between. And I hope that you never get stuck on everything in the middle." By the conclusion of the movie, Bush's story leaves the audience with inspiration: inspiration to forget past transgressions and mistakes. Inspiration to seek forgiveness and move on with life. Inspiration to live without regret and take every moment of being and existence for all that it can offer. And, above all, inspiration to "get low" and get high on life.

S. BIEVER

seb007@lvc.edu

The "Dueling" continues

JUSTIN ROTH '14
LA VIE STAFF WRITER

It may seem as if there is nothing to do here in Annville—which may be true—however the Dueling Dutchmen program is back once again to provide some well needed fun. For the freshmen that have not yet attended a Dueling Dutchmen event, it is a competition between all of the residence halls.

"The Dueling Dutchmen events are a great way to interact and compete with people from your own dorm and other dorms," says Gabbie Groff '14. "I encourage everyone to go."

The year started off with "The Minute To Win It" game show. The game show, based on NBC's popular TV show, *Minute To Win It*, took place in Leedy Theater on Wednesday, Sept. 8. The game show consisted of several challenges, one being "Tipsy," where all players had to balance three soda cans on their edge by drinking the soda until there is a small amount remaining in the can. The night ended with the game "How's it hangin'," with only two halls remaining in the competition: Funkhouser and Silver. The competitors had to guide two oranges into hula hoops using only a banana hanging from their waists by a string. This game provided some humor for the audience. In the end, Funkhouser won, receiving 50 points in the first round of the Dueling Dutchmen program.

The current standings for this year are as follows: Funkhouser in first place with 50 points, Silver in second with 40 points, Keister in third with 30 points, then Mary Green with 25, Hammond with 20, Vickroy with 15, Stanson with 10 and the other non-traditional housing (Dellinger, Marquette, Derickson and the houses) with five points.

This year's events include a Sand Volleyball Tournament, which takes place on Sunday, Oct. 2. Each following month there will be an event such as a photo scavenger hunt, Quizzo Trivia and a Bake-Off. Make sure to attend and support your team; it's the only way your hall can win.

J. ROTH

jlr007@lvc.edu

Battle of the Bands competition begins to heat up

TIM DAVIS '12
SARAH BARKMAN '12
LA VIE STAFF WRITERS

Every year, the students of LVC look forward to the Battle of the Bands, a competition of student bands for the opportunity to perform main stage at Valleyfest in the spring.

This year's Battle of the Bands will follow a new process of elimination, giving more LVC bands the opportunity to compete for Valleyfest's main stage performance. There will be two rounds, with eight bands playing in each round. The names of all 16 bands will be

placed in a hat and randomly selected to determine which bands will play in each round. The top bands from each round will be put into a final round.

The winners of the final round will play on the main stage, opening for the bands hired to play Friday and Saturday nights the weekend of Valleyfest. All 16 bands in the competition, however, will be guaranteed a spot on stage during the day. The winners of each round in Battle of the Bands are determined by LVC student votes, so be sure to show support!

The students performing in Battle of the Bands are excited and

ready to rock their way to a main stage performance. Many of the bands registered performed last year as well and are ready to once again put on a great show.

Mark Vincent '12, lead singer of Dark Before Dawn, states, "My band and I are stoked for this year's battle, pushing for another slot on this year's Valleyfest main stage. Last year's event was a blast, especially the after party with Red Jumpsuit Apparatus in Silver room 315! Come to this year's Battle of the Bands to show some support for your favorite artists."

There are currently only 10 bands registered for Battle of the

Bands. Registration will be reopened. Dates are to be announced, pending the next Valleyfest meeting, on Wednesday, Sept. 22. In order to register, each band must have at least one member who is an LVC student. Registration is \$30.

As Ryan Frantz '11, bassist of Shoeless Grooves, proclaims, "Get ready for the dankest foot stench that will ever be created from Shoeless jamming!"

S. BARKMAN
T. DAVIS

seb005@lvc.edu
tdd002@lvc.edu

PERSPECTIVES

Letters to the Editor

La Vie Collegienne requires all submissions to contain the author's name, telephone number, address and/or e-mail address. No letters can be considered for publication unless the above criteria are met.

Telephone numbers and addresses will not be printed. Submissions will be strongly considered for publication if they contain the author's rank, major, or professional capacity.

Letters should be no longer than 200 words. All submissions to "Perspectives" become property of *La Vie Collegienne*. *La Vie* reserves the right to edit submissions for space or for content that is vague, repetitive, libelous, or profane. It is not *La Vie*'s responsibility to check for factual inaccuracies within submissions. The editor will have the final determination concerning such matters.

Letters, columns, and opinion-based articles are not necessarily representative of *La Vie*'s opinion or Lebanon Valley College.

Submissions may be e-mailed to lavie@lvc.edu, hand-delivered to our Mund office, or mailed to the address below.

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Campus Extension 6169 or lavie@lvc.edu
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La Vie Collegienne is published every Wednesday of the academic year. Meetings are held Mondays at 6 p.m. in our Mund office, activities room #3. We're always looking for new writers!

AA: Student offers insight into meetings

Continued from Page 1

I can sit here and write about the "ins" and "outs" of my experience, how the meeting began with a few readings or how they close the hour-long segment, but that wouldn't do it justice.

As I sat in the fellowship lounge in the basement of the chapel, I wasn't just a student writing for *La Vie*, I was part of a genuine community of people. The individuals that sat on couches and chairs around the room were there for the same reason: to build each other up and offer encouragement.

I always shake my head when I hear people try and explain what a "safe place" looks like or what a real "support system" resembles. It's like an ideal I feel can never be grasped. Yet, I couldn't help but let myself feel comfortable within the meeting and maybe see a glimpse of what I thought is usually impossible.

Right away, people began to talk, converse and explain situations that were—for lack of a better word—heart wrenching. I had the opportunity to watch as each

meeting, my initial reaction wasn't the highest of positives. I don't know what it was about that situation, but when I started to think about the vulnerability of the event

hol. He leaned to me at one point and explained a keystone in what makes AA worthwhile: "We share experience, strength and hope," he said.

I instantly felt threatened. It was like I thought people were going to pry into lives all while taking notes on how to "fix" people.

I couldn't have been more wrong.

It was an AA meeting, but it was also some-

thing more. It was people coming together because that's what they need—that's what we all need. I sat next to an individual who had been through a lot in his life, and he possessed a great amount of knowledge regarding struggles with alco-

After the meeting, I felt refreshed. It's funny how something so unexpected changed my perspective on AA instantly. There is a unity there I couldn't deny.

Each open meeting is Tuesday from 5:15 p.m. to 6:15 p.m. in the Fellowship Lounge in the chapel basement, and I was told to encourage anyone to walk through the door. Whether someone is deeply struggling with alcohol or seeking help with issues involving alcohol, this place truly accepts and encourages. As I sat among numerous strangers that evening, I learned that there is always hope, even in the midst of immense struggle. It made me refine my definition of what is innately inspirational and realize these people are prime examples of that very term.

T. GORICK

apg001@lvc.edu

THE DRAMA MAMAS:

Dear Drama Mamas,

I have liked this guy since freshman year and we became best friends during those two years. Towards the end of last semester, he broke up with his girlfriend and started to hook up with this other girl. At the start of this semester, we found out that we liked each other. However, this other girl that he has hooked up with doesn't understand that we like each other. She still tries to get with him and now I'm hearing all sorts of things like they are together and he is playing me. He denies this but I don't know which way to turn. Should I believe what friends are telling me about him playing me and give up on him? Or should I believe that this guy really does want only me and that this girl will get the hint sooner or later?

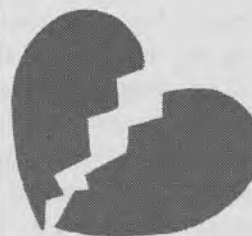
Sincerely,

Lost in the Drama



Want Answers?

Need a problem solved? Do you have trouble with certain issues in your life? E-mail the Drama Mamas and see what they have to say! Email questions to seb005@lvc.edu and read *La Vie* to see your answer!



Dear Lost,

First of all, if you have any suspicion that you are 'being played' then that guy is probably not worth your time. If he is, or was at one point, your best friend then you should be able to confront him about his relationship with the other girl. If you feel like he's lying then he probably is; trust your instincts. Keep in mind that transitioning from friendship into a relationship is oftentimes complicated, especially when you know all the details of his relationships with other girls-- so make sure that jealousy isn't clouding your judgment. Bottom line, if he wants to be with you, then he will be, regardless of what the other girl thinks. If you really want to see how he feels, ask him what he wants – a relationship or friendship like you've always had. Don't rush things too much but don't wait around forever. Remember that there are plenty of fish in the sea, which is why no girl should put up with any crap from a boy. You've already put yourself out there by expressing your emotions, so now the ball is in his court.

S. BARKMAN

seb005@lvc.edu

L. SCOTT

lrs002@lvc.edu

SPORTS

SCOREBOARD

Men's Cross Country
Dickinson Invitational, 9/18
14th out of 26

Football
@ Moravian, 9/18 : W 21-6

JV Football
@ King's, 9/19 : W 37-9

Men's Soccer
vs. Eastern Mennonite, 9/15 :
W 4-0
@ Moravian, 9/18 : L 1-3

Women's Cross Country
Dickinson Invitational, 9/18
2nd out of 26

Field Hockey
vs. DeSales, 9/16 : W 8-0
@ Stevenson, 9/18 : W 9-0

Women's Soccer
@ Susquehanna, 9/18 : L 1-2, 20T

Women's Volleyball
@ Arcadia, 9/15 : W 3-0

Women's Tennis, 9/18 : L 1-8

Men's soccer earns win at home

ALYSSA WARGO '11
TABITHA BROBST '11
LA VIE STAFF WRITERS

LVC men's soccer broke its two-game losing streak with a 4-0 win over Eastern Mennonite University Wednesday, Sept. 15 at Herbert Field.

Junior Chris Hall recorded his second career hat trick in the win

over the Royals. Hall scored his first goal of the game at 20:30 off a pass by sophomore Andrew Cooper. Both defenses played strong in the first half with only four shots taken by LVC and three by Eastern Mennonite.

The second half was dominated by Lebanon Valley. Hall's second goal came at 46:04 after a pass to the middle by senior Justin

Hutchinson. Cooper is credited with the third goal (his second of the season) just over five minutes later off a shot taken by senior George Andriko, which deflected off the goal. Hall's fourth goal of the season also gave LVC its fourth goal of the game off a pass from Hutchinson.

"We finally played a full 90 minutes of solid soccer. We prepared well Monday and Tuesday and it showed during the game. Our defense was well organized and every player on the field gave maximum effort. Chris Hall had a great performance and deserved his hat trick, but he couldn't have done it alone. Everybody stepped up to the challenge and we came away with an impressive win," Captain Justin Hutchinson said.

The team will travel to Susquehanna University on Thursday at 7 p.m. and Wilkes University on Saturday for a game at 3 p.m.

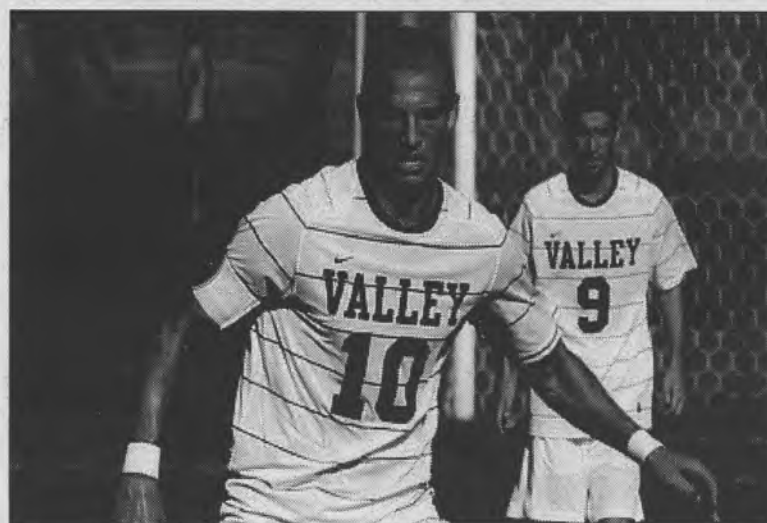


Photo courtesy of GoDutchmen.com

SOCCER SUCCESS Junior Chris Hall's hat trick leads the Dutchmen soccer to success over Eastern Mennonite

A. WARGO amw006@lvc.edu
T. BROBST tlb003@lvc.edu

Schedule

Thursday, 9/23

Women's Tennis vs. Goucher,
3:30 p.m.

Men's Soccer @ Susquehanna,
7 p.m.

Friday, 9/24

Volleyball at F&M, 7 p.m.

Saturday, 9/25

Volleyball vs. Susquehanna,
11 a.m.

Golf @ Susquehanna
Tournament, 12 p.m.

Men's Tennis vs.
Susquehanna, 12 p.m.

Women's Tennis vs.
Susquehanna, 12 p.m.

Women's Soccer @ Eastern,
12 p.m.

Volleyball vs. Marymount, 1:30
p.m.

Men's Soccer at Wilkes,
3 p.m.

ATHLETES OF THE WEEK

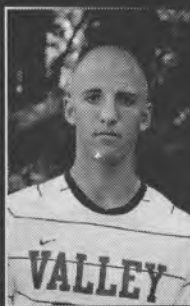
CAITLIN VASEY FIELD HOCKEY

Sophomore Caitlin Vasey scored her second career hat trick and accumulated eight points during the Dutchmen victory against Stevenson on Saturday. The team won 9-0 and improved their record to 6-0 on the season.



CHRIS HALL SOCCER

Junior captain Chris Hall's hat trick helped lead the struggling soccer team to their first victory on Wednesday as the Dutchmen defeated Eastern Mennonite University.



Dutchmen field hockey on fire

LVC field hockey unbeaten in six

LAUREN SCOTT '12
SPORTS EDITOR

The LVC field hockey team defeated Dickinson 5-0 on Tuesday, Sept. 14 in Carlisle. The team held a 25-7 shot advantage against the Devils and junior Christine Poletti (4-0) picked up the shutout by making two saves in the game.

Allison Bicher '11 struck first for the Dutchmen, knocking in off of sophomore Caitlin Vasey's assist only 11:31 into the game. Bicher returned the favor five minutes later when Vasey sent another ball past Dickinson's Katy Schlectweg, making the score 2-0. Later in the half, senior Marisa Maxwell passed to Jocelyn Novak '12 for Novak's first goal of the game, securing the halftime lead at 3-0.

Four minutes into the half, Novak was at it again after a pass from senior Cait Eckenrode. Vasey knocked in her second goal, this time unassisted, just before the horn sounded for the end of the game.



Photo courtesy of GoDutchmen.com

VIVACIOUS VASEY Sophomore Caitlin Vasey marked an eight-point game, including her second career hat trick to lead the Dutchmen to 9-0 win versus Stevenson on Saturday

On Thursday, Sept. 16 the fifth-ranked Dutchmen hosted DeSales and improved their record to 5-0. Two pairs of hat tricks by Shelly Lobach '11 and Novak and a goal a piece by Maxwell and Megan Harris '14 brought the Dutchmen

to an 8-0 lead at the half.

Lobach first scored at 5:29 from a rebounded shot from Vasey off a corner. Novak knocked the second goal of the game in at 10:56 after a hit from Samantha Sober '11. Lobach and

Novak scored two more, marking their second and twelfth hat trick game, respectively. Harris scored her first career goal at 23:23.

Christine Poletti '12 made one save in the first half to earn the win and Chloe Baro '14 made two stops in the second half for the Dutchmen.

On Saturday, Sept. 18 the Dutchmen extended their winning streak to six games in a row and kept their undefeated record in tact. Vasey marked her second career hat trick, while Bicher and Lobach scored two a piece. Novak recorded her eleventh goal of the season while sophomore Cate Cusack scored her first.

Poletti had two saves to earn the shut out.

The team will travel to Gettysburg College on Wednesday, Sept. 22 for a 4:30 p.m. game and will face Albright College on Tuesday, Sept. 28 for a home game at 4 p.m.

L. SCOTT lrs002@lvc.edu

SPORTS

Football gets first win at Moravian

DAN CALLAHAN '14
LA VIE STAFF WRITER

The Dutchmen came away with their first win of the season on Saturday in Annville, downing the Moravian Greyhounds 21-6.

LVC looked to start off the game on a good note, but an early interception ended their drive early. Luckily, LVC's defense took a stand and Moravian couldn't capitalize off the Dutchmen turnover. Corey Homer '12 sent a message to the Greyhounds offense on their first offensive possession, having three tackles including a sack. A blocked punt by senior Chadd Comp gave Lebanon Valley great position near midfield to begin their next drive.

A passing gain of 17 yards from Caleb Fick '11 to senior wide receiver Ed Tobin led to a 23-yard rushing touchdown from Ben Guiles '13. As for the extra point attempt, the kick was good by senior kicker Brittany



Photo courtesy of GoDutchmen.com

OFFENSE AWAKENS Junior Ben Guiles leads Dutchmen with 74 yards on the ground and one TD

Ryan, breaking the record for most points by a female kicker in all of college football history. GoDutchmen.com quoted her after the game on her thoughts of breaking the record: "Mostly I've been thinking about coming

away with a win... It was just like any other point. Obviously I was nervous, I'm nervous about every kick, but I was just glad it went through." Ryan broke Tonya Butler of West Alabama's record of 87 career points.

Although LVC put up good offensive numbers against the Greyhounds with 301 total offensive yards and only two turnovers, the story of the day was how dominant the defense was. Only letting up 176 yards of total

offense and destroying the backfield with nine sacks, the defense coming alive was one of the keys to winning this game.

Big defensive games from seniors Zach Bleiler, Jason Gigous and Alex Gilchrist and junior Corey Homer set the tone for the game, totaling 19 tackles and seven sacks between the group of four. On the offensive side of the ball, Guiles and sophomore tailback Pete Panichi each had rushing TDs, and junior Blair Ransom added with 60 rushing yards. Fick went 12-22 for 159 yards and a touchdown. Eight different receivers caught the ball on Saturday, but Brendan Riley '11 caught the only passing touchdown.

LVC goes into their bye week on a good note and will enter MAC play on Oct. 2 at Delaware Valley College at 1 p.m.

D. CALLAHAN

dpc001@lvc.edu

Women's soccer loses two

Thursday Wilkes hat trick and Saturday double overtime goal cause Dutchmen losses

LAUREN SCOTT '12
SPORTS EDITOR

On Thursday Sept. 16 the LVC women's soccer team faced Wilkes in a rainy match at Herbert Field. Sophomore Brittany Flood scored the only goal for the Dutchmen.

Wilkes marked the scoreboard at 22:55 after a scramble in front led to a goal by Taryn Hallowell, the only goal of the half. LVC led Wilkes in the half in shots 7-1, but were unable to connect.

Hallowell went on to score two more, at 50:57 and 64:41, securing a 3-0 lead for the Colonels.

At 81:02 freshman Katie Deardoff assisted Flood's 25 yard shot, preventing the shut out.

Junior Sami Young and freshman Becca Sykes split goal time, each playing a half, respectively.

The Dutchmen had a total of 17



Photo courtesy of GoDutchmen.com

shots in the game, but were unable to overcome the Colonels, leaving the score 3-1.

On Saturday Sept. 18 the women's soccer team faced Susquehanna University in Selingsgrove in a game resulting in an unfortu-

nate double overtime loss, which brought their record to 3-4-1.

Sophomore Brittany Flood scored the only for the Dutchmen, her second of the year. Lauren King '11 assisted the goal at 35:43 of the first half. In the second half,

Susquehanna tied the game off a strong kick from mid field which passed over the head of freshman goalie Becca Sykes.

With less than a minute left in the second overtime, the Crusaders knocked one in to win the

game.

Flood and sophomore Nicole Snyder led the team with three shots a piece. The Dutchmen and the Crusaders each ended the game with 14 shots.

Goalie Sami Young '12 was injured half way through the first and taken out of the game, but made two saves during her time in. Sykes also had two saves, even though she suffered the loss.

The Dutchmen have two away games in a row, Haverford College at 4 p.m. on Wednesday Sept. 22 and Eastern University at 12 p.m. on Saturday Sept. 25 before returning home for returning home on Tuesday for a 4 o'clock game versus De Sales University.

L. SCOTT

lrs002@lvc.edu

Does Katy Perry's new album dazzle?

Read our review in Arts & Entertainment, page 5



LEBANON VALLEY COLLEGE'S STUDENT NEWSPAPER

La Vie Collegienne

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THIS WEEK IN LA VIE

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LVC's women's basketball team unites during the off season to fight cancer

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Worried about the future after LVC? Staff writer Jake King interviews a few recent alumni to see how their job hunt is going

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LVC seeks Middle States accreditation

JAKE KING '11
LA VIE STAFF WRITER

Any student who has been in academia knows that being able to work in a group and produce an effective product is crucial to being a marketable employee, whether it is doing research or making a public relations plan. This challenge grows even larger as the scope widens, and fitting every piece together becomes difficult.

Since the winter of 2009, LVC faculty and administration have been working on a report which pulls resources and manpower from nearly every dimension of the college. This self-study report for the Middle States Accreditation Process will have a tremendous impact on LVC's future. Middle

States is a nongovernmental agency which conducts evaluations of colleges in this region of the nation every 10 years, essentially to determine whether the college is meeting the standards Middle States deems necessary to a worthwhile education.

If a college is approved for accreditation, it gains eligibility for federally backed financial aid, a figure which ran between \$7 million and \$8 million for LVC last year. If a student attends an accredited school, this status also allows any class credits he/she accumulates to be transferred to another institution.

LVC, which has been an accredited college since 1922, will be up for re-accreditation in 2012.

The first part of this process will be the completion of the self-study

report, which must focus on Middle States' 14 key standards and how the college fulfills each one. In doing so, the report will also attempt to answer the question, "What is the value of receiving a liberal arts education at LVC?"

Each of the 14 standards is bundled into one of six chapters within the report, and the information for each chapter is being compiled by Working Groups made up of faculty, administration and students.

A report of this magnitude, of course, requires some guidance, which is where Dr. Cheryl George, professor of education, and Jennifer Liedtka, director of institutional research, come in. George and Liedtka serve as co-chairs of the Steering Committee, which is a sort of "project management group" overseeing the six Working

Groups.

"We make sure that the Work Groups have what they need, make sure that the process is moving along and that we're staying true to our timelines," George says.

Dr. Michael Green, vice president for academic affairs and dean of the faculty, also plays a vital role in the process, serving as a main conduit of information and communication between Middle States and LVC.

"I'm assisting to make sure that the Steering Committee and the Working Groups are getting the information that they need in order to write this. And I would say that that would be true for all the general officers and all the vice presidents; all of us are responsible for assisting the Steering Committee in See **MIDDLE STATES** | Page 2

LVC partners with NCTC

SARAH BARKMAN '14
PERSPECTIVES EDITOR

As of this fall 2010, Lebanon Valley has entered into a two-year partnership with the Pennsylvania National Guard's Northeast Counterdrug Training Center (NCTC). Through this partnership, NCTC students will be eligible to receive undergraduate credit from LVC for select courses, and LVC students in the criminal justice program will have the opportunity to intern with NCTC.

NCTC was founded in 1999 and strives to protect society from the devastating effects of substance abuse. It is based at Fort Indiantown Gap and provides local, state and federal law enforcement officials and community

prevention specialists with free counterdrug and counterterrorism training. A federally funded organization, NCTC is the only military-operated public safety training academy in the nation accredited by the Commission on Accreditation for Law Enforcement Agencies.

"We are pleased to welcome NCTC students to our campus and that NCTC has agreed to accept LVC student interns," says Michael Green, vice president for academic affairs and dean of faculty. "LVC has a history of supporting students with military and law enforcement backgrounds, and we are proud to continue that tradition."

LVC criminal justice majors may apply for an internship with NCTC, which will provide a real-

life, hands-on experience prior to their graduation. There are currently 47 students at LVC enrolled as criminal justice majors. In this major, students study a combination of classes from sociology and political science, ensuring a well-rounded education of the social, psychological, political and legal issues relevant to the problem of crime.

As Carolyn Hanes, professor of criminal justice and internship director, states, "This is going to be a unique and exciting high-impact learning experience for our students."

S. BARKMAN

seb005@lvc.edu

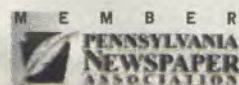
MISA to hold fundraiser for Greenwalts

TIMOTHY DAVIS '12
LA VIE STAFF WRITER
SARAH BARKMAN '12
PERSPECTIVES EDITOR

A benefit show for Fred and Susan Greenawalt will take place Saturday, Oct. 2, at 7:30 p.m., in Lutz Hall, located in the Blair Music Center.

The concert is being held by the Lebanon Valley College Music Industry Student Association (MISA). The concert will benefit the Greenawalt family as they battle medical costs from a surgery and related complications. Susan Greenawalt has been the assistant for graduate studies and continued

See **MISA** | Page 2



WE WANT YOUR FEEDBACK

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NEWS

MISA: Donations benefit Greenwalts' medical expenses

Continued from Page 1

education for 21 years.

Bands Thomas and the Skank Engines, Trunks & Tales, Shoeless Grooves and When East Meets West will play at the concert. There will be \$2 donation at the door.

Thomas and the Skank Engines consists of LVC students Tom Fitzpatrick '12, Rachel Lightner '12, Keith Novak '11, Blake Harrison-Lane '12, Jamie Haraschak '12, Scott Holman '12, Anna Susan Reber '12 and Andrew Veirtz '12. The band plays ska with a mixture of rhythm guitars and basses and a horn section.

Trunks & Tales is a band based in Harrisburg led by Daniel Anderson. They perform acoustic and post-hardcore music and have created EPs and played in nearly 200

shows.

The members of Shoeless Grooves are Ryan Frantz '11, Matt Houston '11, Stephen Hackett '11, and Aaron Trasatt '11, all LVC students. They play a combination of jazz, funk and jam fusion. They have been together and playing on the campus for three years.

When East Meets West consists of Brandon Bicking, Ben Diana, Carl Wolfe, KT Laiso, and Ryan Laiso. They perform folk, punk and acoustic music and hail from Hazleton.

All donations will help to cover the medical expenses of the Greenawalt family, particularly for Fred. During a surgery Fred had on April 7 for a brain tumor, he suffered three strokes. After spending

four-and-a-half months going from Hershey Medical Center, Hershey Rehabilitation Hospital and a Myerstown nursing home, Fred is now back at home.

As Phillip Freeman '11, president of MISA, explains, "MISA is an organization that is first and foremost dedicated to the power of music. Holding the Greenawalt Fundraiser Concert is proof of how music can bring about positive change and growth for all kinds of people in challenging circumstances. We are honored and proud to support the Greenawalt family. Holding a concert to raise funds for medical payments and family expenses is the very least we can do."

S. BARKMAN
T. DAVIS

seb005@lvc.edu
tdd002@lvc.edu

MIDDLE STATES: College preparing for evaluation

Continued from Page 1

that way," Green explains.

Dr. Ann Damiano, associate dean for academic affairs, will be compiling the report. If the 14 standards and underlying questions aren't enough to keep everyone on their toes, there's just one more catch: The self-study must be 100 pages long or under (not including appendices). Fortunately, Damiano, in her first year at LVC, has plenty of experience with Middle States self-studies from working at Mount Saint Mary College, where she edited the college's self-study twice: in 1997 and again in 2007. She also wrote the college's Periodic Review Report in 2002, which is an assessment midway through the ten-year accreditation cycle demonstrating how an institution is making progress on the recommendations from its last self study.

At the moment, the college is still in the process of collecting the content to be covered in each of the chapters, but once each section is prepared, the work of assembling the self study will begin with the goal of, as Damiano describes, "bringing it into one voice and making sure there's consistency."

But before anything is sent to Middle States, the self-study will go through a thorough revision process to ensure that all points are covered. As versions of the report are drafted, those involved will have a chance to go over it and identify any problem areas.

"Once these drafts are ready, we are going to be offering campus-wide opportunities for staff, administration and faculty to come and give input to the chapters one by one. So even before we have this whole report put together, we're going to be depending on input from everybody to fill in any of the questions we might have or things we might have overlooked," George says.

The final stage of the process will be a visit by a Middle States external committee in the spring of 2012. This committee, made up largely of faculty from other higher education institutions, will spend two days on campus interviewing LVC faculty, administration and students to compile their own report, which will then be sent with the self study for final approval from Middle States.

With all the work and resources that go into creating a project like this, most of those involved believe that the process is beneficial to the overall well being of the college.

"We can now take a microscope to all our programs, take a close look and ask ourselves if we're doing what we say we're doing. And so I think it's a growth opportunity for the college in all areas," Green says.

Damiano agrees.

"It's always good to stop what you're doing every so often, to reflect on what you're doing, and to reflect with an eye for what you're doing well and where you might need some improvement," she says.

There is also consensus among those involved that the effort put forth has been and will continue to be crucial to the report's final quality, and that so far the college is "right on target" to meet its goals.

"Everyone has been so diligent in how they've approached their work, and that's just been tremendous," Liedtka says.

J. KING

jsk001@lvc.edu

CAMPUS
CRIMEWATCH

All information courtesy of the LVC Department of Public Safety

9-13-10 | Campus**Harassment**

A female student received explicit photos.

9-14-10 | Campus**Disturbance**

Unauthorized use of a motor vehicle.

9-15-10 | Campus**Criminal Mischief**

An alleged automobile tire cut was reported.

9-18-10 | Campus**Criminal Mischief**

A tree was pulled.

9-18-10 | Campus**Non-Lethal Weapons**

Airsoft pellet and potato guns were confiscated.

9-19-10 | Campus**Alcohol Violation**

An intoxicated student was cited.

9-19-10 | Campus**Alcohol Violation**

An underage, intoxicated guest was cited.

Please report any suspicious activity to Public Safety at x6111.

Hearts for Haiti yard sale

JON LEER '12

LA VIE STAFF WRITER

The "Hearts for Haiti" special interest house raised \$100 through a yard sale on Sept. 12—marking the first event in a year-long campaign to raise money and awareness for those in need in Haiti.

Not even the rainy weather could dampen the spirits of those involved. The group gathered at Chaplain Paul Fulmer's house in Annville around noon. The money was raised through the sale of clothing, shoes, jewelry, baskets, books and other assorted items. "With the weather conditions, not as much money was raised as expected," house president Kayla Fulfer '12 says, "but the little bit we did raise will help with the start of our bigger projects."

All of the proceeds raised this year will go to Practical Compas-

sion based out of Lebanon. Practical Compassion guarantees 100 percent of the money donated will go to Haiti. Practical Compassion has been helping Haitians long before the 7.0 magnitude earthquake further devastated the third-poorest nation in the world.

The 2010 earthquake is estimated to have killed 230,000 people and left more than one million Haitians homeless. The earthquake ravaged the vital infrastructure: Many hospitals, ports and communications lines collapsed and were destroyed.

Hearts for Haiti is planning several other events throughout this school year. The group consists of Fulfer, Caitlin Murphy '12, Elizabeth Borgia '13, Katie Seigendall '12, Rachel Armor '13 and Rachel Hoffman '13.

J. LEER

jrl004@lvc.edu

Check out La Vie Online for video exclusives
and the photo of the week!
<http://lavieonline.lvc.edu>

NEWS

LVC welcomes Venus Ricks

AMY NORDALL '12
ANDREW TEXTER '12
LA VIE STAFF WRITERS

"Be the exception, not the rule." Flashing a brilliant smile, it's easy to see LVC can expect nothing less from the new Director of Multicultural Affairs, Venus Ricks.

Ricks, 30, brings years of experience to LVC. Originally from Brooklyn, N.Y., Ricks and her family moved to Sunbury, Pa. when she was a young girl. Ricks earned her degree at Susquehanna University in 2001, where she majored in sociology and minored in Spanish. She was an assistant residential director at the University of Massachusetts Amherst, where she earned her Master of Education and Higher Education Administration in 2009. Ricks' most recent employment was at Smith College, Northampton, Mass., where she worked as the director of multicultural affairs.

For Ricks, being the director of

multicultural affairs is a 24-hour job. Outside of her office, Ricks is aware that when she walks into the room people instantly recognize her as a woman of color, especially in a community that is largely white. Though she hasn't always embraced this responsibility, Ricks now views her visibility as an opportunity to live out her multicultural ideals.

"It's my life," says Ricks.

But Ricks is more than just a résumé.

In her free time, she leaves behind the academic world and indulges in a bit of reality television. Her favorite show is "Keeping up with the Kardashians." She enjoys the show because it allows the viewer to see into the complex life of an American family.

Family is a huge influence for Ricks. Being the first person in her family to go to college has made Ricks especially aware of what an opportunity it is to receive an education. Ricks' role model is her

grandmother, Pearlie Mae Williams. Growing up in the South, Williams filled the role of housewife and babysitter since higher education was not an option. Because of that, Ricks says some would suggest her grandmother was not sufficiently educated. Not so: Ricks views her grandmother as one of the most intelligent people she has ever known, and because of her, she has truly valued her educational opportunities since she knows not all intelligent people have the opportunity to be educated.

Her life at LVC so far has consisted of meeting the wonderful new people, but soon, Ricks plans to bring about a sense of community to the campus. Ricks stresses that she wants her office to be a place for all students.

A. NORDALL
A. TEXTER

asn001@lvc.edu
amt001@lvc.edu

Sierra Leone dessert at LVC

McKENNA SNYDER '14
LA VIE STAFF WRITER

Get your forks ready for this sweet presentation. On Oct. 2 at 7 p.m. in the West Dining Hall, Osman Kamara, a native of Sierra Leone currently residing in Harrisburg, Pa., will converse with attendees about the Sierra Leone Initiative of the United Methodist Church and the relief efforts they wish to pursue in this war torn country.

Among the presenters, two delegates from Sierra Leone will also present the latest growths and developments in the West African country. Accompanying the presenters, Vic Fortna, a singer from Sierra Leone, will sing gospel music

throughout the evening.

Director of Community Service and Chaplain of Lebanon Valley College Rev. Paul Fullmer is happy to be part of the occasion.

"We're overjoyed to be able to host this informative event for local congregations and community members," Fullmer says.

Attendees will have the opportunity to try sweet snacks from the country and fellowship. All are invited. The reservation deadline is Sept. 29. General admission is \$3 per person or \$8 per family. Admission for LVC students is free. Reserve your spot on Redbook or call (717) 867-6135.

M. SNYDER

ms010@lvc.edu

Habitat builds in Lebanon

Students help Lebanon family in need

CAITLIN MURPHY '12
FEATURES EDITOR

This past Saturday, Habitat for Humanity organized a build in Lebanon to help finish a house that has been in the works for over a year. This house, which had suffered from massive fire damage, has been completely transformed into a new, clean and stylish living space for a special citizen of Lebanon. The future owner of the house is required to put in "Sweat-Equity" hours to help donate time and energy into fixing the place up. With the help of some LVC students, this house received storage space for every closet with the installations of shelving units. On the outside of the house, LVC volunteers helped bend metal and later applied this metal to the side of the house. The build began in the early morning and lasted until mid-afternoon, and in this time span, students worked with drills, levels, stud finders, pliers, tape measures and more!

LVC's chapter of Habitat for Humanity works with Lebanon County to help build homes every year for those who cannot afford a down payment on a loan to put towards getting a house.

These individuals are hardworking people with low incomes, so Habitat in Lebanon offers them payment without interest. The monthly payments are considerably affordable and help put deserving families in need into a new home.

Habitat for Humanity meets bi-weekly on Monday nights at 9 p.m. in the fellowship lounge in the Chapel. To sign up for a future build, log onto Redbook and express your interest. For more information contact the president of Habitat, Caleb Brown '11 at cjb003@lvc.edu.

C. MURPHY

crm003@lvc.edu

Stay healthy: Get a flu shot

Health center has new flu shot and new hours

ALI MCFADDEN '12
LAURA WALDRON '11
LA VIE STAFF WRITERS

Allergies, colds and vaccinations. The fall season is upon us, and physical, mental and nutritional health needs are growing.

Flu vaccinations "are not mandatory but highly suggested," says Val Angeli, director of health services on campus.

This shot will protect most people for the entire flu season, but as with everything, it is not guaranteed. Students will receive an e-mail within the following months with more details pertaining to the vaccination and the dates and times they will be offered. The H1N1 vaccination is now incorporated into this vaccine, which means only one shot for flu season!

The common cold is a college student's most frequent sickness but not one that should go untreated. Upper respiratory infections are also a leading cause of illness during the fall months. Shroyer Health Center treats for allergies such as hay fever, using

medical personnel are available to assist students with their health care needs. Nurses are on duty Monday through Friday from 8 a.m. to 5 p.m. A practitioner will be at the Shroyer Health Center Monday through Thursday from 1 p.m. to 5 p.m. and Fridays 1 p.m. to 4 p.m.

Due to an overwhelming response of surveys, there is now more diversity within the physician staff—not just male doctors anymore. Now students may choose to be seen by a male or female doctor, depending on their comfort level. Preparedness is key during this fall season, and students should regularly check their e-mail for news and

Health Center.

Loratadine, as well.

"Good hand washing, eating a nutritious diet and getting enough rest are ways of preventing colds and infections," says Angeli.

The Shroyer Health Center is open Monday through Friday and

A. MCFADDEN
L. WALDRON

alm006@lvc.edu
allw001@lvc.edu



Photo by Justin Roth '14 / LA VIE updates from the Shroyer

Corrections & Clarifications

It is our continuing goal to provide readers with complete and accurate information. To that end, we welcome and encourage notification of any mistakes. Readers who wish to submit corrections should send an email to lavie@lvc.edu, subject line: *Corrections*.

Features

WHY DON'T (OR CAN'T) YOU GET A JOB?

JAKE KING '11

LA VIE STAFF WRITER

2010 hasn't been a happy year for America. And after spending several years in the worst recession in recent memory, watching the national debt reach astronomical levels and adding "Obama-care" to the list of topics that may very well end in somebody losing a limb at the Thanksgiving table, who can blame the American public for being angry at Washington?

Whether or not President Obama's hotly debated stimulus plan was effective in getting the economy moving again has polarized the nation. But, whether you're for or against the president's policy, one thing has people on both sides of the political spectrum concerned: the job market. The American economy, at first showing signs of promising improvement after the initiation of the stimulus fund, has slowed its momentum and has left the nation with a mountain of debt, an uncertain economic future over the next few years and long term and even fears of a double-dip recession.

For the many college students graduating this spring and entering the job market, but especially for those already graduated and are still looking for work, that's not welcome news.

Patricia Matter '10, an English/secondary education major, has found that the economic climate and recent issues with educational funding in the state make finding an open teaching position all the more difficult.

"Throughout the spring/summer, I sent out roughly 50 applications to school districts, resulting in nine interviews and five rejection letters or suggestions to get on the school's day-to-day substitute list," Matter says.

For those like Alexis Wilson '10 who want to remain local, the job search has been even more difficult. As a fashion buying/marketing major, Wilson has received several offers in places like Philadelphia and New York but few leads in this area.

"My job search has been so stressful. I've searched countless websites for career openings, posted my resume, delivered it in person and applied at places that have nothing to do with my major. I have had a few job offers but turned them down for different reasons," Wilson says. "I am

thankful for the offers that I got, but at the same time, I feel that if I wait, the perfect job will come along but not without a lot of looking to find it."

However, all is not bleak in terms of the local job market. Huyen Huynh '10 graduated from LVC with a degree in accounting and business administration. A desire to remain in the state made the job search more difficult for Huynh, but she was able to find a position in her field working for APR Supply Company in Lebanon, a company known for hiring qualified LVC graduates.

"The job search was not easy for me. Perhaps part of it has to do with the economic downturn and rising unemployment rate. I had a difficult time finding an entry-level position because most employers want people with at least a few years of experience, especially when there are more job seekers than the jobs available," Huynh says.

When it comes to finding work, however, it seems not all majors are created equal, at least not in the current economic climate. LVC Career Services sends a survey to the most recent graduating class six months after graduation and compiles the results of that survey in a report the following spring. The data for the class of 2010, for example, will not be available until spring 2011. The survey results for the class of 2009 seem to indicate promising results for those who did respond to the survey, at least in terms of finding work. Whether or not the position is related to the graduate's major is less clear, however. Only one respondent was listed as "unemployed," although it is worth noting that the survey itself yielded a 54.3 percent response rate for the entire class, and individual response rates for each major varied greatly. In addition, some respondents chose not to disclose their employment details, which may mean the unemployment rate for this class was actually higher at the time this data was collected. The 2009 survey results and the full report for the class of 2008 are posted online at

<http://lavieonline.lvc.edu> along with this article and features additional data including salary ranges for each major, but a simplified reproduction of the data in the 2009 results is listed with this article for your reference.

Despite the mixed results in finding work, one thing that LVC graduates across the board seem to agree on is that it isn't easy out there. And for current seniors soon to enter the job market, that reality is fast approaching. Katie DeMarco '11, a German major (secondary education) and a New Jersey native, is especially worried about finding a teaching position in her home state after graduating

"I'm nervous about the availability of jobs. You almost have to start by getting your foot in the door somewhere as a long-term substitute or something," Tranbaugh says.

Sharon Givler, director of career services, stresses the importance of taking the time to prepare for the job hunt now, whatever the outlook of finding an opening may be.

"When the economic climate is bleak and students hear 'there's just nothing out there,' there's sometimes a tendency to be unmotivated, and this is a time to really be even more motivated," Givler says. "It will take more work. It will take more passion.

The ability to market yourself to an employer is going to be primary. But you've got to stand out."

Givler also noted that for the freshmen on the other side of the job-hunting spectrum, now is "a great time to observe" and gain valuable knowledge in terms of what company representatives are looking for and how to interact with them. Going to workshops and networking opportunities will give exposure, even if it doesn't lead to an internship or job.

There's also something to be said for getting involved in extracurricular activities on campus. Matt Howell-Clarke '10, a music business major, moved to Nashville, Tenn. due to the regional nature of job availability in his field. According to Howell-Clarke, the things he did outside of class have been key interest points in job interviews.

"Every job interview I've been on has asked me about my leadership experience relating to Valley-Fest, Sinfonia, etc. Everyone they're interviewing has a college degree, so they're not as concerned with that. Again, this is in my field and it may differ from field to field. But seeing that I was president of multiple organizations has really made me stand out more than anything else on my resume," Howell-Clarke says.

And if things are looking bad in your field, there is always the option to go straight to graduate school in the hopes that by the time you complete higher education, the economy will have improved and you will be

able to have a higher starting salary. And while some fields obviously require further education beyond a bachelor's degree, if the prospect of graduate school is too daunting (and expensive), there are other options that don't require charging full steam ahead into your field. Cassy Kane '09 spent her time in college gaining a great deal of experience in writing and journalism. But rather than searching for a job in her field right after graduation, Kane opted instead to take a year to serve with AmeriCorps, working with underprivileged children and promoting literacy. Kane filled out the application while studying abroad in Greece and was accepted for a position with Leaps in Literacy in Boston.

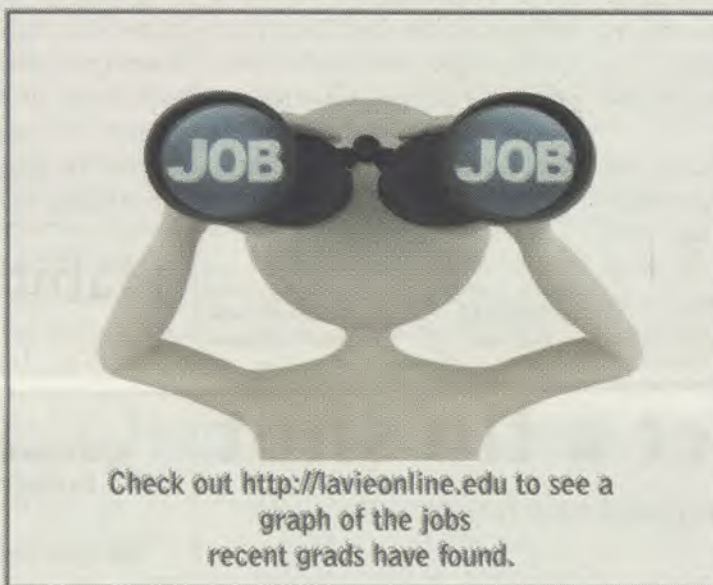
"It was definitely a great feeling going abroad knowing there was a job waiting for me when I returned, and moreover, I would be working for a service program with a mission I'm very passionate about. Also, a great benefit of serving with AmeriCorps is that in addition to a monthly stipend, after your year of service, you receive an education award of around \$5,000 which you can use to pay off student loans or pay graduate school expenses," Kane says.

But whether you are a graduating senior, a freshman or even an alumnus of the college still looking for work, LVC has resources available to help make the job search at least a little bit easier.

"Think about connections you already have and let people know you're looking for work. Try to find out more about the organizations that you're networking with," Givler says. "Do your homework on the organizations you are interested in. Eventually, you will get an interview. You may have to do that interview within 48 hours of the time of the invitation, and you might not have time then to look in depth into the company or find questions to ask, so now is the time to do that as well."

It is difficult to say what changes half a year will bring to the economy, for better or worse. But making the best of opportunities and keeping hope in the face of rejections will be keys to success.

"Regardless of your major, I think it's going to be hard for everyone," DeMarco says.



www.cbc.ca

this spring.

"I'm concerned. It's not easy to find a German position because you basically have to wait until someone retires or moves out of the district," DeMarco says. DeMarco went on to say that her brother, who is also a German teacher, has been keeping an eye out for openings, but as of now, there is only a single definite opening within her desired employment range. DeMarco said that the fact that she will be a new graduate may work to her advantage, however, as sometimes schools will opt for a new teacher that is qualified but could work for less than someone with more experience.

"That's all I've really got going for me right now," DeMarco jokes. "I'd be a cheap hire."

Elementary education and music education/music represented the highest number of graduates in 2009. Of the 30 graduates who responded to the Career Services survey, 27 had found jobs. Nevertheless, Emily Tranbaugh '11, an elementary education major, still has fears about the job market when she graduates.

J. KING

jsk001@lvc.edu

Arts & Entertainment

Perry's "Dream" a musical nightmare?

Despite hype, Katy Perry's new album fails to deliver on most accounts

RYAN CAGNO '11
LA VIE STAFF WRITER

Well, I just listened through Katy Perry's album "Teenage Dream" in its entirety, and I'm not sure how to respond. I feel like I just simultaneously watched "Glee" and "Jersey Shore," while playing Candy Land and riding the Tilt-a-Whirl. And, as expected, I sort of want to throw up.

Before proceeding any further, I would first like to say that I think Katy Perry is a talented singer. Her voice boasts a unique quality and a remarkable amount of power.

Too bad "Teenage Dream" fails miserably at showcasing her actual talent, instead erring on the side of unsophisticated shock-satire, paper-thin metaphor and generally awful music.

The super-ultra-platinum-summer-blockbuster-mega-hit "California Gurls" was inescapable this summer. Reportedly, Katy wrote it as a response to the Alicia Keys and Jay-Z collaboration "Empire State of Mind," feeling that the West Coast needed an anthem of their own. Apparently, Perry hasn't listened to too many Beach Boys tunes. That or she didn't think the pre-existing "California Girls" was up to snuff. (In her defense, I always thought that song could have benefited from a Snoo Dogg

cameo).

But wait, "California Gurls!"

Don't count your chips just yet. On the heels of Perry's infectiously brain-dead summer anthem came her second single, "Teenage Dream," a song which boasts slightly more heart and a strangely similar monotone melody line. Katy's airy and heart-felt crooning nearly helps us overlook lines about getting drunk on the beach and fooling around.

This "no regrets, just love" Perry establishes

in the opening title track carries through the album fairly steadfastly. Across the board, the songs boast the lyrical depth of a leaky kiddie pool—Miss Perry consistently splashing us in the face with her middle school attempts at being suggestive. (Okay, we get it, Katy. You party hard.)

What really seals the deal as far as this album's hopelessness is the

track "Peacock," which might be the worst song I've ever heard in

After thoroughly trampling her own dignity to death, Katy Perry

goes on to take a few stabs at "serious" music. The angst-ridden "Circle the Drain" does its best to channel Alanis Morissette but fails miserably due to lack of heart. "The One That Got Away" comes very close to succeeding lyrically, but at the end of the day, it's one of the weaker tracks on the album

musically and

musically and

musically and

musically and

musically and



Courtesy of Google Images

my life. This train wreck of a song mixes the overly-obvious sexual innuendo of Lady Gaga with the embarrassing lyrical "ability" of the Black Eyed Peas, all set over a musical rehashing of Gwen Stefani's "Hollaback Girl." Do yourself a favor, and never listen to this song. And if you're wondering if the innuendo is as obvious as the title suggests...it is.

left me feeling like Kelly Clarkson had already done it better. Then, in the Rihanna rip-off "E.T.," the listener is bombarded with enough senseless futuristic metaphors to forget the tiny dose of emotion experienced on the preceding track.

Next comes the out-of-place soul-searching of "Who Am I Living For?," which ultimately does little to answer the question or en-

R. CAGNO rbc001@lvc.edu

What's happening around central PA

Activities, events and more, there is a lot to check out in the area while studying at LVC

"First Friday" in Lancaster

- Enjoy a FREE night out on Friday, Oct. 1 from 5 to 9 p.m. at Lancaster city's "First Friday." These outings are held on the first Friday of each month throughout the year in downtown Lancaster's Gallery Row.
- On First Friday, over 70 galleries throughout the city will be open under extended hours, and many feature special art exhibits.
- These evenings provide a great opportunity to explore the art and culture of Lancaster, dine in some of the city's trendy new restaurants or enjoy live music or theatrical performances in the company of friends and community members.

>>>>For more information on the "First Friday" taking place on Oct. 1 or to explore Lancaster's First Friday schedule, please visit www.lancasterarts.com/firstfridays



Hockey in Hershey

After opening the season with an away game on Friday, Oct. 1 against the Wilkes-Barre Scranton Penguins, the Bears will welcome the Penguins to the Giant Center on Saturday, Oct. 2 at 7 p.m. The cost for general admission is \$14.

In the 2009-2010 season, the Bears finished the regular season with a record of 60-17 and went on to win their second consecutive championship, their third in the last five seasons.

>>>>For a full schedule or ticket information, visit www.hersheybears.com.

Compiled by Stephanie Mannon '11 & Lauren Scott '12

PERSPECTIVES

Is Jesus God?

An inquiry into the nature of Jesus' divinity

Letters to the Editor

La Vie Collegienne requires all submissions to contain the author's name, telephone number, address and/or e-mail address. No letters can be considered for publication unless the above criteria are met.

Telephone numbers and addresses will not be printed. Submissions will be strongly considered for publication if they contain the author's rank, major, or professional capacity.

Letters should be no longer than 200 words. All submissions to "Perspectives" become property of *La Vie Collegienne*. *La Vie* reserves the right to edit submissions for space or for content that is vague, repetitive, libelous, or profane. It is not *La Vie's* responsibility to check for factual inaccuracies within submissions. The editor will have the final determination concerning such matters.

Letters, columns, and opinion-based articles are not necessarily representative of *La Vie's* opinion or Lebanon Valley College.

Submissions may be e-mailed to lavie@lvc.edu, hand-delivered to our Mund office, or mailed to the address below.

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Recruit for your student organization. Sell your old

junk... or that ugly sweater from your grandmother. Say hi to your lover. (Maybe not that last part.)

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La Vie Collegienne

101 N. College Ave | Annville, PA 17003
Campus Extension 6169 or lavie@lvc.edu

Established 1924

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La Vie Collegienne is published every Wednesday of the academic year. Meetings are held Mondays at 6 p.m. in our Mund office, activities room #3. We're always looking for new writers!

NICHOLAS THRAILKILL '14
LA VIE STAFF WRITER

On Monday, Sept. 20, at 7:00 p.m., Chaplain Fullmer, five panelists and a group of students and faculty gathered in the basement of Miller Chapel for a lively discussion of a religious matter that has been debated since the beginning of Christianity: Is Jesus God? By any measure, the question of Jesus' divinity is not a new topic in the realm of debate. Perhaps the most famous example from history was the Council of Nicaea in A.D. 325, when Arius proposed that Jesus was not of the same matter as God and thus was not God; 300 members of the Council eventually voted that Jesus was equal and coeternal to God the Father, easily outnumbering the three members that had supported Arian beliefs.

The five students that constituted the panel were far from sharing the same opinions about Jesus' divinity. One possible reason for the variety of opinion was that each panelist represented a different religious view-

point: two panelists were Evangelical Christians, one was a Deist, one was an Evangelical Lutheran, and one was Jewish. Despite their religious differences, each panelist was given an equal chance to express his or her views.

The forum was set up in the following manner: Chaplain Fullmer asked two questions about the New Testament's and history's views of Jesus Christ. For each question, panelists were given four minutes to explain their opinions based on their knowledge of the New Testament and historical records of Jesus' life and actions.

The discussion began when Chaplain Fullmer asked the panelists, "Does the New Testament teach that Jesus is God?" The panelists who agreed that the New Testament taught that Jesus is God stated that the Gospel of John best supported their opinions, as John the Evangelist equates Jesus to the Word of God and Jesus often refers to himself as "I am," a statement usually applied to Yahweh, the Jewish name for God. In supporting this view, pan-

elist Kayla Baldwin '12 said, "The New Testament writers realized that if Jesus wasn't God, then there couldn't be Christianity." The panelists who said that the New Testament did not teach Jesus as God supported their opinion by stating that Jesus never directly refers to himself to God in the New Testament and that the Bible is man's interpretation of God because God is absolute. However, one panelist said he felt that people should still worship Jesus because Jesus worshipped God.

Next, Chaplain Fullmer asked the panelists, "Does history present Jesus as God?" One panelist stated that Jesus believed himself to be a part of God. However, the panelist stated that he was not sure if Jesus was right to assert this view of himself, but he still believed that Jesus is God because he converted so many people with his resurrection. Another panelist said that history does not teach that Jesus is God, because historical sources tend to depict Jesus as a moral teacher only. Chris Klimovitz '11 said that he believed that the many historical in-

consistencies in Jesus' life seemed to imply that Jesus is not God.

After the panelists answered those two questions, members of the audience were then allowed to ask the panelists questions. These questions ranged from inquisition on the way panelists viewed Jesus' nature to the possibility of finding an absolute truth about God. But perhaps the most interesting question presented by an audience member was, "How do you relate to people with different religious views than yours?" Although the panelists had varying opinions on previous questions, all five panelists agreed that it's important to tolerate the views of others, no matter how different those views may be from yours.

Overall, the forum served to bring to the forefront the diversity of opinion surrounding the divinity of Jesus. Though views were often contrasting, the discussion remained civil and tolerant. The panelists could not have been more pleased with those conditions.

N. THRAILKILL nat001@lvc.edu

Quirky Classes – Worth it or Not?

SARAH BARKMAN '12
PERSPECTIVES EDITOR

On Sunday, Sept. 5, *The Patriot News* published an article entitled, "Messiah College, Lebanon Valley College, HACC offering quirky courses" written by Mary Klaus. The article itself is well-written, interesting and respectful. It mentions several "quirky" classes, for example "Monsters" at Messiah College, "Elementary Sanskrit" and "They're Coming to Get You: Zombies, Mass Culture and Art" at our own Lebanon Valley, and "Unidentified Flying Objects and Near-Death Experiences" (Sociology 282) at Harrisburg Area Community College. Klaus discusses how these classes draw students to liberal arts colleges and provide a welcome relief from a standard English or math class, offering students critical thinking skills and

ways to "think outside the box."

What is truly shocking about this article is not the article itself but rather the ignorant and abusive comments which follow it. Many of the comments are not only rude but disrespectful as they make claims that classes such as these are dumb, worthless and a waste of money. Some posts even go so far as to claim that these classes are only at these schools to help student-athletes graduate. There are over six pages of comments on the article, and as the pages increase, so does the level of ridiculousness of the comments. Some posts even alluded to these classes, and colleges which offer these classes, being the reason why America is "in such trouble." Many of the people who wrote the abusive comments believe that college is a waste of time and not worth the money. They insult not only the colleges

listed but also the students who attend them.

Not to mention, there are many well-written and properly articulated posts written by professors and students taking said "dumb courses," which counter such comments with the argument that these classes, though they have odd names, are in fact challenging, writing/reading intensive classes through which students learn critical thinking and analytical skills.

As a student at LVC, especially one who has taken the "Sex and the City" first-year seminar class, I was not only shocked but astounded at the level of ignorance the people commenting on this article displayed. Lebanon Valley offers a variety of rigorous and challenging courses, including many first year seminar classes, for example "Zombies, Mass Culture and Art." There are stringent requirements for all classes offered at Lebanon Valley, and for people to say that we are wasting our money by attending a college which would offer such courses is ridiculous. Also, "Elementary Sanskrit" is one of the "quirky" classes listed; what is so easy about Sanskrit?

I learned a lot in my first year seminar class, first of all, because I enjoyed it. The class had very interesting sub-

ject material, such as studying feminism and women's changing roles in society. Yes, we used the TV series *Sex and the City* as one way to study women's roles in society, but that made the class even more interesting and unique. It was a reading- and writing- intensive class with excellent discussion in which the class actually participated. Yes, it was a "quirky" class, but who says you can't learn just as much in a "quirky class" as you can in a standard class? The beauty of education is that to truly be educated, you must be well rounded; you must have the capability of looking at the world with open eyes. The colleges listed in Klaus' article obviously recognize the importance of ensuring that education does not mean simply reading a book but rather gaining experience and knowledge in various ways, which their students will use to be successful, open-minded, articulate and productive members of society—perhaps the type of education that the people commenting negatively on the article did not have. Maybe America is in "such trouble" not because of "quirky classes" offered at colleges but because ignorant people continually pass judgment on topics, which they most obviously know nothing about.

S. BARKMAN seb005@lvc.edu

LVC LIVE EVENT

9:00 PM Leedy Theater

Comedian

Daniel Keno

For more info visit:

www.auburnmoonagency.com/comedy/danielkeno

SPORTS

SCOREBOARD

Golf

@ Susquehanna Tournament,
9/25:
14th out of 14

Men's Soccer

@ Susquehanna, 9/23 :
W 2-1
@ Wilkes, 9/25 : L 0-2

Men's Tennis

vs. Susquehanna, 9/25 : L 1-8

Field Hockey

@ Gettysburg, 9/22 : halted due
to lightning, LVC led 2-0

Women's Soccer

@ Haverford, 9/22 : W 1-0
@ Eastern, 9/25 : W 3-0

Women's Tennis

vs. Goucher, 9/23 : W 7-2
vs. Susquehanna, 9/25 : L 4-5
vs. Neumann, 9/27 : Postponed

Women's Volleyball

@ F&M, 9/24 : L 0-3
vs. Susquehanna, 9/25 : L 0-3
vs. Marymount, 9/25 : W 3-0

Men's soccer remains split

SHERAE JONES '11
LA VIE STAFF WRITER

The LVC Men's Soccer Team is having a solid 2010 season so far. The Dutchmen are now 4-4 overall. They have recorded two wins and two losses in their last

four games. They were defeated by Moravian 1-3 on Sept. 18 and by Wilkes 0-2 on Sept. 25. However, they defeated Susquehanna 2-1 on Sept. 23 and Eastern Mennonite University 4-0.

Against Susquehanna, Juniors Brendan Steele and Chris

Hall were responsible for the two goals. Steele scored the first goal, and Hall scored the second goal that secured the win with two minutes to go in regulation. Susquehanna dominated the Dutchmen in shots, 5-2, and then again in corner kicks, 3-1, all in the first half. Sophomore James Clements had six saves for LVC.

The Dutchmen were shutout 2-0 against Wilkes. Both of Wilkes goals were scored by Michael Turner. During the first half, LVC had nine shots and three corner kicks, while Wilkes had two shots and four corner kicks. In the second half, LVC had nine shots and three corner kicks, while Wilkes had six shots and one corner kick.

The team will host Misericordia University on Sept. 29 at 4 p.m. Come out and support the team.



Photo courtesy of GoDutchmen.com

SUCCESS VS. SUSQUEHANNA Junior Brendan Steele scores one goal in Dutchmen 2-1 victory over Susquehanna on Thursday

S. JONES

slj002@lvc.edu

Schedule

Wednesday, 9/29

Men's Soccer vs. Misericordia,
4 p.m.

Volleyball vs. Albright, 7 p.m.

Thursday 9/30

Field hockey vs. Susquehanna,
4 p.m.

Volleyball @ Haverford, 7 p.m.

Golf @ Messiah Tournament,
TBA

Friday, 10/1

Women's Cross Country @
Paul Short Run, 1 p.m.

Men's Cross Country @ Paul
Short Run, 1:45 p.m.

Saturday, 10/2

Volleyball vs. DeSales,
10:30 a.m.

Women's Soccer vs. Messiah,
3 p.m.

Football @ Delaware Valley,
1 p.m.

Men's Tennis vs. Cabrini, 1 p.m.

Volleyball vs. Eastern, 1:30
p.m.

Field hockey @ Eastern Men-
nonite, 2 p.m.

Men's Soccer vs. Messiah,
3 p.m.

ATHLETES OF THE WEEK

ELY KIRKOFF WOMEN'S SOCCER

Senior Ely Kirkoff scored the only goal against Haverford College on Tuesday, Sept. 22 as the Dutchmen pulled out the 1-0 victory. Kirkoff scored unassisted with only 35 seconds remaining in the game, breaking the team's two game losing streak.



JOELLE SNYDER VOLLEYBALL

Senior Joelle Snyder was named this week's Commonwealth Conference's Volleyball player of the week for the eighth time in her career after recording 49 kills, 11 total blocks, and a .441 hitting average in the team's four matches last week.



SHERAE JONES '11
LA VIE STAFF WRITER

The LVC Women's Soccer Team is continuing to perform in a decent manner this season. The Dutchmen are now at an overall record of 5-4, including one tie.

The team has won two of their last four games. They suffered a very tough loss on Sept. 18 against Susquehanna University, 1-2 in double overtime. The loss stemmed just two days after losing to Wilkes 1-3 on Sept. 16. However, the Dutchmen managed to pull off two consecutive victories after the two losses.

Against Haverford College on Sept. 22, the Dutchmen played a close, competitive match against the Fords. With only 35 seconds remaining in regulation, Senior Ely Kirkhoff scored the sole goal of the game to give the Dutchmen a 1-0 win. Freshman

Women's soccer wins two

After two tough losses, women's soccer triumphs



Photo courtesy of GoDutchmen.com

LAST SECOND SCORE Senior Ely Kirkoff scores with 35 seconds remaining, granting Dutchmen 1-0 victory over Haverford

Becca Sykes had five saves in the contest. Although LVC walked away with the victory, the Fords dominated the field in shots and corner kicks. Haverford had 11

shots, while LVC only had eight, three of which were by sophomore Nikki Snyder. Haverford had six corner kicks, while LVC had two.

On Saturday, Sept. 25, the Dutchmen made women's soccer program history at LVC when they defeated nationally ranked #24 Eastern University. The Dutchmen walked away with a 3-0 win. Team effort and an all around good performance enabled the Dutchmen to win. Junior Sami Young had her fourth shutout of the season. Sykes, Snyder and Lauren King '11 were responsible for each of the three goals.

The team will host Messiah College in Commonwealth Conference contest on Saturday, Oct. 2 at 12 p.m. before hosting King's College on Tuesday, Oct. 5 at 4 p.m. Come out and support the team.

S. JONES

slj002@lvc.edu



SPORTS

Women's basketball supporting off the court

Home family and LVC family unite to fight cancer

KAYLA FULFER '12
LA VIE STAFF WRITER

For Liz Borgia '13, women's basketball player and biology major, leaving her home in Scranton to come to school at Lebanon Valley College is a bit harder for her than it is for most. At home are Borgia's family and her mother, Theresa, who has been battling cancer for 10 years.

The fight for the Borgia family began in 1997 when her mother was diagnosed with breast cancer. This past Sept. 11, the Borgia family was joined in their fight when Borgia brought her LVC family, the women's basketball team, to Scranton for the 20th Annual Susan G. Komen NEPA Race for the Cure.

Theresa, the honorary member of the event, did not expect to see her daughter at the race that day, since Borgia was overwhelmed with schoolwork back at LVC.



Photo courtesy of Liz Borgia '13

THINK PINK Sophomore Liz Borgia and teammates attend Susan G. Komen NEPA Race for the Cure to help fight cancer in the off-season

However, moments before the "Team Theresa" group photo was taken, Borgia, with her teammates, appeared around the corner, surprising her mom.

"It was very emotional; Liz's mom was so happy to see her there. It was great to support her on a day that had so much meaning, and what made it even better

was doing it together as a team while representing LVC," said teammate Gia Russo '13.

The whirlwind of emotion did not end with the surprise from

Theresa's daughter. In front of a crowd of 10,000 people prior to the 3-mile run/walk, Theresa and Borgia stood on stage while Borgia shared their story of courage and gave an inspiring message to all in attendance.

The LVC women's basketball team, already supportive of breast cancer issues with their annual Pink Game, was happy to be a part of the race.

When Borgia first mentioned the event to her teammates she said, "Their support was overwhelming and they immediately accepted the invitation and started working on T-shirts and posters. It really meant a lot to me."

Involvement in the race reached the highest in the history of the Susan G. Komen NEPA Race for the Cure and raised around \$300,000 for breast cancer research and awareness.

K. FULFER

kmf005@lvc.edu

Women's volleyball clenches second conference victory

ALYSSA WARGO '11
TABITHA BROBST '11
LA VIE STAFF WRITERS

LVC Volleyball is back at it again with its second overall conference win against Widener University Tuesday night, making its record 2-0.

Leading the team were seniors Emily Hopkins and Joelle Snyder, who added a total of 23 kills in the match. In addition, Jamie Hawk '12 had a .556 hitting percentage, a team high for the season, and Emily Perkins '11 had 34 assists, making her career total 375.

In the first match, the Dutchmen had a 20-13 lead, but Widener followed, scoring seven straight points to tie the score. An error by Widener set up a match point and Hawk won the match for LVC with a service ace. In the second match, both teams were neck and neck until Megan Schoch '14 came through with a



Photo courtesy of GoDutchmen.com

kill for the Dutchmen, winning the second match. Finally, in the third match, Widener started off with a six point lead, but LVC came right back and won the match 25-19.

"As a team, we were really focused and ready to play. Since we lost to them last year during the season, we didn't want to see the same outcome again. Our front row did a great job with block-

ing, which is always a big help for the defense trying to pick up hits off of a bigger team. But I think our back row did a good job as well picking them up when necessary," says Captain Angela

Kuperavage '12.

In other match-ups for the Dutchmen, the team traveled to the Franklin and Marshall Tournament. On Friday, the Dutchmen fell to Franklin and Marshall, 0-3. Key players were Snyder who had 11 kills and Kuperavage who had 19 digs during the game. On Saturday, the Dutchmen were shut out again, this time by Susquehanna University, 0-3. Snyder added 13 more kills to her career and teammate Perkins added 39 assists. In their final match up the Dutchmen rolled over Marymount, 3-0.

Coming up this week for LVC Volleyball is a home match against Albright on Sept. 29, an away match at Haverford on Sept. 30 and the home MAC Crossover Tournament on Oct. 2.

A. WARGO
T. BROBST

amw006@lvc.edu
tlb003@lvc.edu

Have a safe and fun fall break!

LEBANON VALLEY COLLEGE'S STUDENT NEWSPAPER

La Vie Collegienne

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THIS WEEK IN LA VIE

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"OK, so this so-called solution to the UG problem solves nothing!"

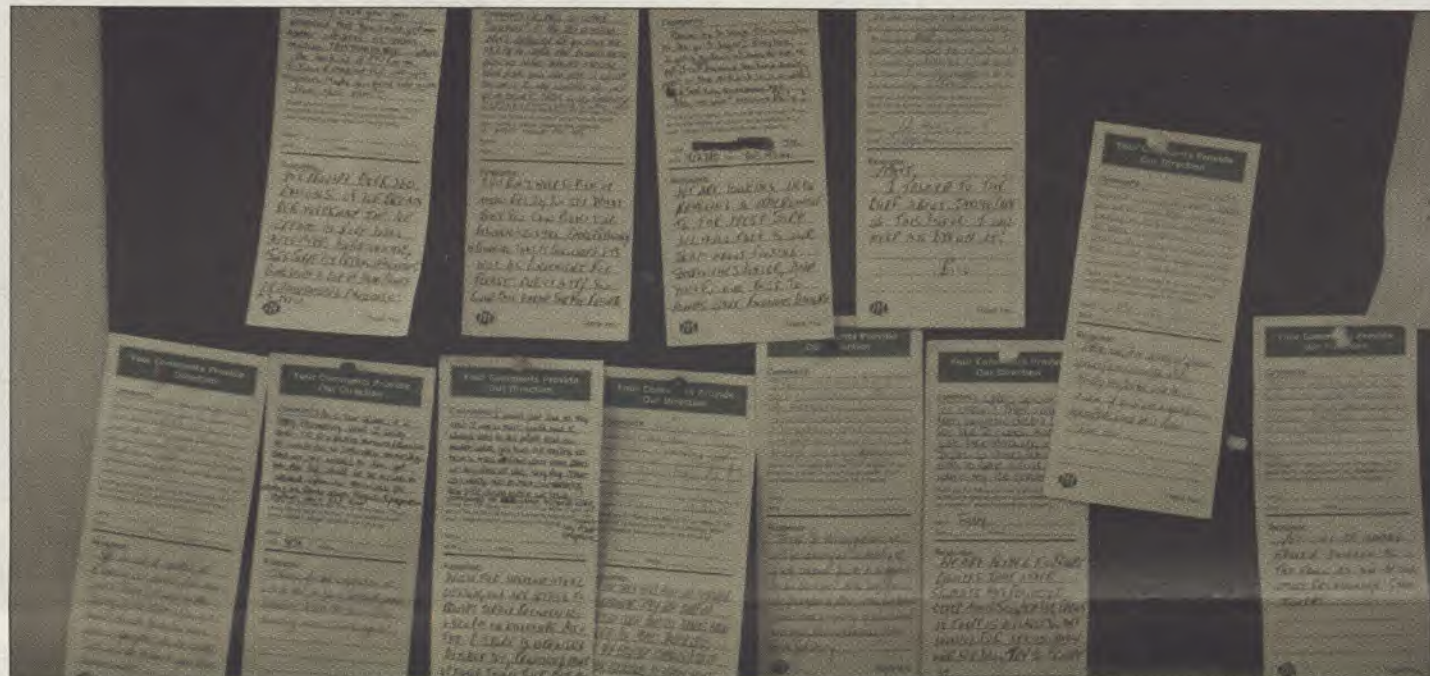


Photo by Cody Shepp '12 / LA VIE

Lunch Lunacy: What is wrong with our food service?

NATOSHA KREAMER '13
LA VIE STAFF WRITER

Like most other college students, I too am guilty of waking up at noon on weekends. From the time I physically get out of bed until the time I am prepared to leave my dorm, a

full hour may have passed. So by the time I've actually dragged myself to the cafe, I find it has already

Opinion

closed for the day. Then after venturing down to the UG, I arrive only to be extremely disappointed.

If you have not taken notice to this absurdity al-

ready, you are in for a big surprise one weekend as your stomach growls around 2:00 p.m. Because the UG is no longer open for the weekends, many students find themselves in a predicament. Not only are we going hungry, but we have remaining meals, which are

See LUNACY | Page 2

Grand opening of the C-Store

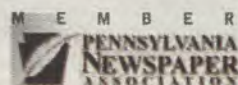
DAN CALLAHAN '14
LA VIE STAFF WRITER

Friday, Oct. 1 marked the grand opening of LVC's C-Store. It is located inside of the New Student Center, on the west side of campus. The C-Store gives students access to a variety of foods, snacks, drinks and other necessities for relatively cheap prices during the evening hours. The more anticipated items, heroes and smoothies, will be available starting Oct. 13. Students can use flex dollars or cash there. The C-Store is open Monday through Friday, 8 p.m. to 1 a.m., and Saturday through Sunday, 7 p.m. to midnight.

D. CALLAHAN dpc001@lvc.edu



Photo by Cody Shepp '12 / LA VIE



WE WANT YOUR FEEDBACK

lavie@lvc.edu

LaVieLVC

x6169

FREE | TAKE ONE

NEWS

LUNACY: Student reacts to UG closing on weekends

Continued from Page 1

already paid for but cannot be used.

But being closed on the weekends is just the start of the inconvenience that Metz, the food-service provider, has put forth to LVC students.

The variety of food choice at LVC on weekends, quite frankly, stinks. To begin with, we only have two places to eat on campus which allow for a meal exchange option: the café or the UG. On the weekends, half of the café is closed; already there is a limited choice. You want a grilled sandwich? Sorry, we do not offer that luxury here on Saturdays. And now that the UG is closed, say goodbye to your food choices from there.

While most people like brunch, many of us prefer more of a food choice than scrambled eggs. Personally, I hate brunch. The pure existence of brunch and the fact that the UG closes on the weekends combined led me to choose the lowest possible meal plan option. I want to make it known to Metz that they are losing money from many students this way.

And because half of the cafeteria is closed on the weekends, there is no space. A limited space shows an awful image for our visitors. I've heard visitors, shoving their way through the crowd of LVC students to eat, ask a student, "Is it always like this here?" And, as much as I

love LVC and want to promote our school, I cannot lie to a perspective student by answering "No." Does Metz not realize how appalling of an image they are promoting?

Also, last year, as many recall, the UG was open until 10:00 p.m., so students who were active participants in sports, night classes or long nights of studious activity were still able to get the meals they deserved. Now these students must suffer without food or they work around the limited meal times. I am one of these people.

Personally, my Monday nights are busy. My last class ends at three and at that time I trudge back to Mary Green to finish my homework, as I know I have a busy night ahead of me. Around 5:10 p.m., I make my long journey over to Mund for our La Vie meeting. Straight from there, I work on campus from 6:00 p.m. to 9:00 p.m. I'm too busy to eat before my meeting (and not only that, but who wants to eat dinner before 5:00 p.m. when they ate lunch a short 4 hours ago?) and when I'm starving after work, I can no longer head to Mund to have a hot meal.

Now, I will be the first to admit that I love the idea of flex dollars: it's great when we want to go to InterMetzo to enjoy a coffee, and with the C-Store opened, it is truly a convenient option. But, if we're

going to offer this magnificent option of the C-Store, why are we being restricted to flex-use only? At other schools, such as Susquehanna University, they can use their meal exchange option at the convenience store. If the C-Store, the UG and cafeteria were all available for meal exchange use, I can guarantee that I would be much more willing to "up" my meal plan.

In my opinion, we should have somewhere to eat on this campus virtually 24/7. We are paying for these meals and we should be able to eat them. Adding an additional meal time, such as a "late night" option after dinner, could solve this problem, which would allow those students with busy schedules to eat when they had time. The point to being a college student is for the experience and education, after all.

As you can judge from the continuously overflowing comment board, students are unhappy, and what I advise Metz to do is listen to the students. Offer more of what we want before all of us cut our meal plans down to virtually nothing. We understand we are a small school and cannot have 10 places on campus to eat, but when we have two, at least make them both available to us on the weekends so we can eat what we paid for.

N. KREAMER

nlk003@lvc.edu

Coffeehouse series underway at MJ's

EMILY GERTENBACH '11
LA VIE STAFF WRITER

School is several weeks in session, the leaves are changing, the temperature is dropping—and, like every fall, the annual Lebanon Valley College Coffeehouse Series is once again well underway, bringing free music to campus and community alike. Fitting for such a musical school, the series features a different performance on selected Wednesday nights at 9:30 p.m. at MJ's Coffeehouse in Annville. Three of the four scheduled performances listed in the Live Calendar (www.lvc.edu/live-calendar) are student musicians. September's performance featured The Lonewolf Project, also known as Phil Freeman '11, a

digital communications and music business major.

Tonight's musical event is a campus duo comprised of Brad Snyder '11, a music recording technology major, and Brianna McGoff '13, also majoring in music recording technology and music business. The pair will be covering several genres of music during their performance.

Future Coffeehouse Series performers are scheduled for the rest of the semester. They include The Cardinells on Nov. 3 and Mark Rust on Dec. 1. The Cardinells are another student duo of roommates Judi Garcia '12 and Rachel Beazley '12, both music education majors. Rust, however, breaks the string of student performers with his seasonal show that has been

featured at LVC Coffeehouses in previous years. The Cardinells are also repeat performers in the coffeehouse series, having been a part of the programming in the Spring 2010 semester.

Sponsored by the Student Programming Board, the series is always free to anyone who wishes to attend. The Coffeehouse series are yearlong events, and spring semester performers will be announced at a later date.

MJ's Coffeehouse is located across from campus on Route 422, attached to the Allen Theatre. For more information about MJ's and the Allen, please visit www.allen-theatre.com.

E. GERTENBACH

elg001@lvc.edu

**CAMPUS
CRIMEWATCH**

All information courtesy of the LVC Department of Public Safety

10-2-10 | Campus**Alcohol Violation**

Public safety received a call for an intoxicated student.

10-3-10 | 24 W. Sheridan**Vandalism**

A window was broken.

Please report any suspicious activity to Public Safety at x6111.

Family of state trooper speaks

NOELLE BARRETT '11

CO-EDITOR OF LA VIE ONLINE

On Tuesday, Oct. 5, students gathered in Miller Chapel to hear a presentation by the family of the late Pennsylvania State Trooper Kenton E. Iwaniec. The entire campus was encouraged to attend the event held in hopes to raise awareness about driving under the influence.

On March 27, 2008, tragedy struck the family of Kenton Iwaniec. On his way home from his shift at Avondale Barracks in Chester County, a Chevy Tahoe crossed the center line of Rt. 41, hitting Iwaniec's vehicle head-on moments after hitting the driver's side of a pick-up truck. Iwaniec passed away two hours later.

The woman who hit Iwaniec had a blood-alcohol concentration more than four times the legal limit and was under the influence of Oxycodone.

Iwaniec's family holds these speaking events to keep his memory alive and prevent these tragedies.

Aimee Paine, PA State Trooper and adjunct professor of Sociology who organized the presentation, said, "We all know people continue to drink and drive and

countless innocent victims are killed each year in PA due to the irresponsible choices of those who do so. However, this family refuses to give up, and if they can change just one person, get one person to think and make the right choice, then they succeeded in their goal." Iwaniec's family's efforts go beyond speaking engagements. The Trooper Kenton Iwaniec Memorial Fund has been established in which contributions are used to support DUI prevention programs.

On March 27, the First Annual TakeOff Race/Walk was held in honor of Iwaniec and other DUI victims. Almost 700 runners and walkers participated. The proceeds went to the purchase of 60 breathalyzers for local and state law enforcement agencies, bringing their total to 75.

The Second Annual Trooper Iwaniec Memorial Race is scheduled for April 2, 2011.

For more information on Iwaniec and his family's story and future speaking engagements and events, visit www.trooperiwaniec.org and to see more from the family's presentation in Miller Chapel, visit <http://lavieonline.lvc.edu>.

N. BARRETT

nb002@lvc.edu

Coffeehouse Series

9:30 PM October 6 @MJ's Coffeehouse

Brad Snyder

&

Brianna McGoff

Come and support two LVC musicians as they rock the stage!

NEWS

HALT holds food drive

Student group donates to Ronald McDonald House, Caring Cupboard

JON LEER '12

LA VIE STAFF WRITER

Hunger Awareness Leaders of Tomorrow (HALT) collected canned goods and other non-perishable food items to donate to local charities. This food drive took place from Sept. 27 to Sept. 30 and was held as part of Hunger Action Month.

HALT held a similar food drive last September. All of the food collected will be split between local organizations, namely the Ronald McDonald House in Hershey and the Caring Cupboard in Palmyra.

The Ronald McDonald House provides housing for the families of children being treated at the Hershey Medical Center. Many of the

children have to travel long distances in order to receive treatment. The Ronald McDonald House is a location very close to the hospital that provides a home away from home.

The Palmyra Caring Cupboard provides food and other services to approximately 130 families per week.

HALT is a student-run community service group on LVC's campus. HALT's goal is to raise awareness about global poverty and hunger issues. The group also raises money for the international group "Action Against Hunger."

Action Against Hunger is currently involved in 40 nations around the world and benefits nearly five million people a year. One of Action Against Hunger's

main missions is to combat malnutrition. Another focus is providing safe drinking water and improving the sanitation of under-privileged towns and communities around the world. The third area of focus is the ability to provide safe food and food supplies.

HALT is planning two upcoming events for the fall semester. In October, HALT is planning to celebrate World Food Day with a fundraiser. In November, HALT will hold a hunger banquet to raise funding for Action Against Hunger.

For more information on how you can help HALT, contact Jimmy Kroll '11 (jkr003@lvc.edu).

J. LEER

jrl004@lvc.edu

Settle your student account to register for classes

McKENNA SNYDER '14

LA VIE STAFF WRITER

Attention all LVC students: If you hadn't settled your student account by Monday, Oct. 4, you will now have a \$75 late fee. A check list has been provided by the Financial Aid Office to help students better understand what is expected of them.

Freshmen who wanted to be considered for need-based aid were required to submit the Free Application for Federal Student Aid 2010-11 (FAFSA) and LVC Institutional Data Form 2010-11. From there, incoming students should have received a financial aid package. Freshman are then to have sent back a signed award letter to the financial aid office to accept any money that was awarded to them by Lebanon Valley College.

If freshmen wish to borrow

their Direct Stafford loans, they must complete entrance counseling and complete a Master Promissory Note with the federal Department of Education through the Direct Lending Program.

Returning students must follow the same steps. Because of a recent change in federal law, returning students must also complete a new Master Promissory Note. This has been overlooked by many students, but it is impossible to borrow your eligible loans without having completed this vital step.

Students who are also applying for a private Student Alternative Loan should be aware that it will take a minimum of 17 days from the time of application until funds are approved and credited to their account. Most students will need to have a creditworthy co-borrower in order to be approved for an alternative loan.

Please note: Students who have not settled their account by Nov. 1 will not be allowed to register for spring classes; spring registration begins on Nov. 5.

Your account may be accessed online at MyLVC under the Access tab. In this link, you are able to see your current balance, any bill activity for the past 60 days, financial aid by term and financial aid by year. Aid can either show as accepted, pending or estimated. Students should pay careful attention to these statuses to ensure payment on the correct dates.

If students have any questions regarding their account, they can call the Business Office at ext. 6300. If students have questions regarding their financial aid, they can call the Financial Aid Office at ext. 6126.

M. SNYDER

ms010@lvc.edu

SG retreats to Delaware

ABBY TOMLINSON '12

KEVIN GARRITY '13

LA VIE STAFF WRITERS

Every year, the LVC Student Government (SG) takes a trip. But this is no ordinary school field trip; this is a retreat.

For as long as they can remember, each year the members of SG have looked forward to the annual SG trip, which this year landed the students in Bethany Beach, Del. You may wonder, a beach trip at the end of September? But, this was far more than a trip to the beach. It became a bonding experience for everyone in student government.

From Sept. 24 to 26, the students, along with their faculty advisor, Jen Evans, stayed in a house together like one big, happy family. Although they were broken up into rooms for sleeping purposes, during the day and between activities, they worked as one central group, getting to know each other inside and out through ice breakers and bonding games. Games included the beloved "Name Game," a personality quiz and even one involving a beach ball! These games were all based on getting to know each member individually, both through small group and

team exercises.

"If we didn't have the retreat, I don't know how else we would get a chance to bond and get to know each other," said Lindsay Griendling '12, representative. "Our meetings are always jam packed on Monday nights and most of us want to just get it done and get out of there."

Because the schedules of the SG members are hectic, regular meetings are about the only group activity where everyone can attend. This retreat gives them a great opportunity to get to know their new members and even become closer to those they've known for years.

"Before the trip, I didn't have a relationship with too many peers in SG, but afterward, I learned things about some of my peers and grew an appreciation for the things that each person brings to the table," Griendling said.

But, the weekend was not all fun and games. SG had two meetings over their three day stay: one to discuss the goals they hope to accomplish this year for themselves and their fellow classmates and another to catch up on what they missed during the last week.

A. TOMLINSON
K. GARRITY

art002@lvc.edu
kjg002@lvc.edu

Student Government Update: 10.4.10

Dance team official, Verizon tower discussed

ABBY TOMLINSON '12

KEVIN GARRITY '13

LA VIE STAFF WRITERS

This week, SG discussed the issues of updates on women's sports teams and a few renovations going on around campus.

The LVC dance team has officially been formed. With captains Chynna Walker '12 and Claire Deibler '12, the dance team has seen an increase of five girls this year. Look for them to be performing throughout the year with their new uniforms. Also, the women's rugby team will be receiving new uprights, (field goals) courtesy of SG.

SG has also been discussing the renovations of Mund, beginning in late October/early

November, consisting of renovations to the outside of the building to build a new kitchen. The 90 Mund parking spots will not be available during this time, but will be replaced by the space from the recently knocked down pizza shop across the street from Derickson B.

A few changes have been made concerning the Verizon tower coming to Annville. The tower will no longer be put on top of Blair, but will be placed out by the LVC practice fields. SG is still waiting on zooming approval, but expect more information soon.

A. TOMLINSON
K. GARRITY

art002@lvc.edu
kjg002@lvc.edu

Corrections & Clarifications

It is our continuing goal to provide readers with complete and accurate information. To that end, we welcome and encourage notification of any mistakes. Readers who wish to submit corrections should send an email to lavie@lvc.edu, subject line: *Corrections*.



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Features

Interview with a feminist

ANDREW TEXTER '12

AMY NORDALL '12

LA VIE STAFF WRITERS

Theodora Hermes '12 is proud to be president of LVC's feminist club, F-Word. With its "F" for "feminism," the club can be controversial, from its ambiguous name to its counter-culture principles, but Hermes reveals a human face.

Hermes notes that feminists, including the members of F-Word, are often depicted as uncompromising, overweight, aggressive women who can't get boyfriends.

Lauren Scott '12 notes that "feminism sometimes works against gender equality because it merely makes women hate men rather than actually solving the problem."

For Hermes, the members of F-Word couldn't be further from that

portrayal.

Since its founding in 2003 by a group of feminist LVC students and professors, including Dr. Catherine Romagnolo, F-Word has never once met to create a space where women can complain about men. Instead, F-Word meets once a week to discuss how to make LVC and the world a better place through gender equality.

The members of F-Word are diverse. Both men and women attend F-Word meetings, and members come from a variety of background and beliefs. The one thing many do agree on is that the goal of feminism isn't female superiority but gender equality, since both men and women are hurt by gender roles.

Describing F-Word's type of feminism, Hermes says that "feminism is a part of making a better world for men and women and a society where

men and women are more free to be who they want to be."

F-Word hosts activities on campus including The Vagina Monologues, the "Love Your Body" Cam-



paign and the Red Flag Campaign. These events raise awareness about sexual violence and encourage women to love and respect their bodies.

As president of F-Word, Hermes is responsible for creating that discourse to raise awareness of gender

issues on campus and coordinating these events.

For Hermes though, feminism isn't just something that she does at LVC; it's something that has been important for her entire life.

Hermes comes from a long line of feminists.

One of Hermes' greatest feminist influences is her mother, Aphrodite Hermes. When Hermes was 10 years old, her family left a local church in Myerstown because the male clergy would not allow women to pray out loud or lead prayer. Though Aphrodite Hermes had only recently become a Christian, she felt it was wrong that women's voices could not be heard during the services. Theodora's mother worked with church leaders to see if this tradition could be revised, but when church leaders still would not allow women to

speak, she made a tough decision and left the church her family loved. For Theodora, this moment is one of many that defined her as a feminist. It exposed her to the injustice of gender inequality, and it planted in her the voice that fights oppression. Hermes attributes her feminist attitude to her mother because of this and many other times Aphrodite has stood against oppression.

In her free time, Hermes enjoys drinking coffee and spending time with the poetry of Audre Lorde. She also teaches an "American Girl Literature" class at Myerstown Enrichment Center for homeschooled girls. After LVC, Hermes plans to go to graduate school to major in either literature and/or gender studies.

A. TEXTER amt001@lvc.edu
A. NORDALL asn001@lvc.edu

OCTOBER EDGE workshops

- October 4: True Colors; 8 p.m., Mund (lower level meeting room), led by Jen Evans
- October 6: Personal Leadership Development; 5 p.m., Mund (lower level meeting room), led by Brooke Donovan and Chase Ferrario '12
- October 14: Introduction to Social Justice; 5 p.m., Mund (lower level meeting room), led by Ashley Conzelmann '11
- October 19: Managing Personal Finances; 7 p.m., Mund (lower level meeting room), led by Ferrario
- October 21: Sports Psychology; 7 p.m., Mund (lower level meeting room), led by Dr. Linda Dench
- October 26: Running Effective Meetings; 7 p.m., Mund (lower level meeting room), led by Ferrario
- October 28: What is Leadership?; 5 p.m., Mund (lower level meeting room), led by Conzelmann

Catching up with the grads

JAKE KING '11

LA VIE STAFF WRITER

David Warner '02 and Kristine Warner '03 are busy people; after graduating from Lebanon Valley College, David went to law school at Widener University and has spent the last three years as an attorney in Lebanon. Kristine has worked "just about every political or advocacy job you can think of," including a position on the Palmyra Borough Council, and is currently running for the District Judge seat in the area.

On top of all of this, the Warners were married and in 2008 started a family, giving birth to their son, Micah. But for these LVC grads, keeping on their toes is nothing new. During his time at LVC, David was a part of Student Government, worked in the College Store and was a member of both APO and College Republicans.

Kristine was a member of both the swimming and basketball teams for a time and in her senior year was actively involved in the Fisher for Governor Campaign of 2002 through her internship. According to Kristine, it is a strong work ethic that has gotten them both so far in such a short amount of time.

"I think the key to us getting to this point is that we both work hard...

all the time. Even in our entry level jobs straight out of college, we worked harder and longer hours than our colleagues. That helped us earn reputations that in turn lead to new opportunities," Kristine says. "[But] while we enjoy our careers, the part of the day we look forward to the most is coming home to just hang out as a family with our neighbors and friends."

As for advice for current students, both David and Kristine stress the importance of internships in making oneself a marketable employee. Kristine's work on the Fisher campaign, for example, led to another internship which in turn led to her first job out of college.

"In this economy, it's so difficult to find a job. It's even harder when you come out of college with no real world experience. Everyone you meet at college can be a future resource to lead to another opportunity in life. I'd encourage you to meet everyone you can and broaden your horizons," David says.

At the same time, there is a certain balance of work and play. The Warners are both very happy with their current life, but there are still a few things they miss about LVC, such as having all their friends on one campus, "afternoon naps and going to class in sweatpants and a hooded sweatshirt."

J.KING aov001@lvc.edu

Arts & Entertainment

Take a walk on the town at Lebanon's "First Friday" artwalk

SUZY BIEVER '12
LA VIE STAFF WRITER

Have you ever sat in your dorm or apartment on a Friday night not knowing what to do? You could stay on campus and go to some of the school sponsored activities, but you did that last weekend. You could take a walk through Annville, but there's nothing new there. So what is something new, exciting and attention-grabbing that you could try? Well, try Lebanon. Sure, Lebanon is a small city, but hidden deep within are a few cozy little places just waiting to welcome you inside.

All of these little niches are a part of the First Friday Art Walks which take place the first Friday of every month. These walks, hosted and organized by the Lebanon Valley Council on the Arts (LCVA), are composed of a handful of venues—fourteen total—which stay open later on the these Friday evenings and host showcases of local artists and musicians. LVCA offers a link on their website, www.leba-

nonartscouncil.org, connecting to a map of the various locations participating in the art walks. The map also shows various free parking locations. Anyone desiring to attend the First Friday Art Walks does not have to pay a thing. Parking is free, observing the various artist showcases is free, listening to the various musicians is free and walking is, well, free. So what isn't there to like about a free evening full of Lebanon's hidden gems?

The various venues range anywhere from the Salem Lutheran Old Salem Church, which hosted

watercolors by Mary Kopalo and David Evans as well as photography by Brenda Steffan and Tim Frye

their services. For example, Niko's Restaurant offers 10 percent off with the presentation of the First

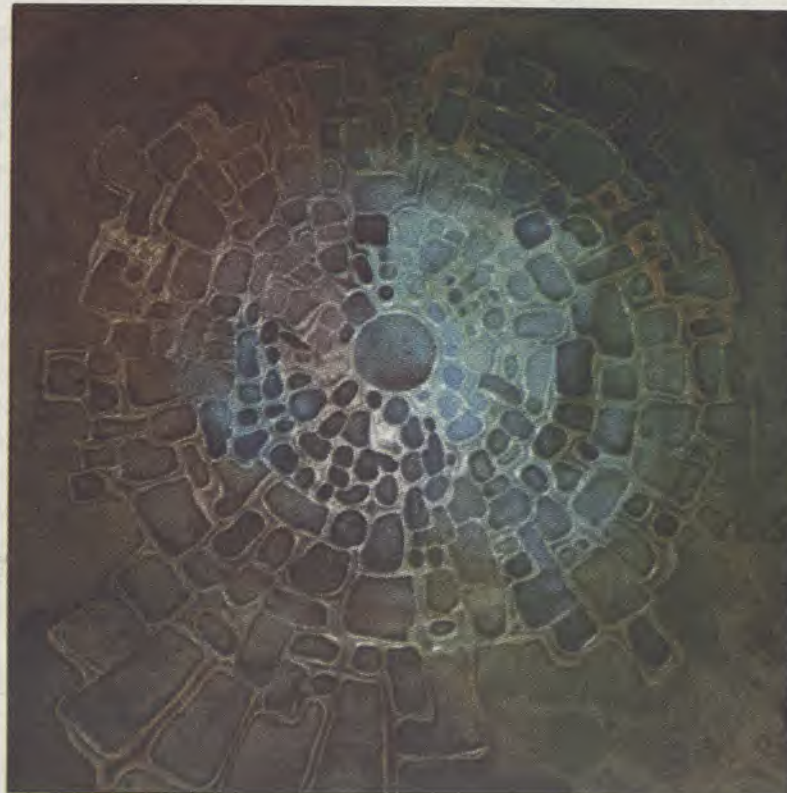


Image courtesy of Google Images

this past Friday, to the more upscale Niko's Restaurant, which presented music by Scott Galbraith. Some locations offer discounts on

Friday Art Walk coupon located on the flip side of the map available at all participating locations. While the various artists and musicians sharing their work with the public may change every month, a majority of them stay the same. They may not be big names or famous people, but sometimes it is the undiscovered artists which are the best kind.

Pamela Brightbill, co-owner of the Timeless Café, says that the art walks are "reminiscent of yester year when everyone stayed out late on Tues-

day and Friday nights just hanging out." This old school feel pervades as "art walkers" walk down the streets of Lebanon, passing men sitting out front of shops strumming guitars and traversing before the revamped Lebanon Farmer's Market, lit up with visitors checking out the various arts and crafts housed inside.

Tess Wathen, also involved in the Art Walk, says, "It's great to see the community come together...to see all of the various musicians and artists come out." While some locations of the Art Walk may seem sparse in some spots, representatives say that the turnout is increasing each time. Anyone interested in having their own artwork exhibited at the First Friday Art Walk should contact the LVCA. And the next time you are struggling to find something to do on the first Friday of the month, give Lebanon a chance and take a stroll down its streets brimming with art and music prepared to entertain, all with an old-school spin.

S. BIEVER

scb007@lvc.edu

"The Social Network" successfully connects

The new film about Facebook offers a refreshing movie-going experience

SEAN DEFFLEY '11
LA VIE GUEST WRITER

Let's face it, logging into Facebook has become a rather mundane and routine part of our lives. It could be called ironic that something that seems so familiar and professional could be born from one of the most dramatic, emotional stories of this generation.

At its heart, *The Social Network*, directed by David Fincher, chronicles the events leading to the creation of the online behemoth Facebook. In reality, the website itself ends up becoming a sort of MacGuffin—that is, a continuous plot element which exists simply to further the story of the characters. The characters are truly the driving force of this film. It would be, perhaps, impossible to view this movie without finding yourself becoming emotionally attached to the char-

acters. For the most part, the cast consists of relatable college-aged 20-somethings each with their own set of emotional problems and obstacles. The movie opens in a bar in 2003 with a shot of Mark Zuckerberg (Jesse Eisenberg) rambling about a need to be more popular in the elitist social community of Harvard University. This desperate need for attention causes his girlfriend, Erica (Rooney Mara), to dump him, leaving him even more hellbent on gaining popularity and winning back his now ex-girlfriend. This scene sets the tone for the movie as well as the backbone for a chain of events that result in the creation of Facebook.

Throughout the film, Eisenberg establishes Zuckerberg as not only a relatable college kid, but also a budding genius. His repetitive one-line comments and revelations

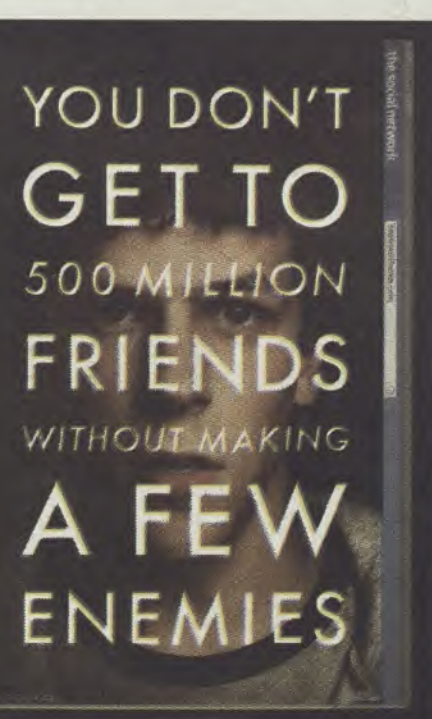


Image courtesy of Google Images

throughout the movie are, fittingly, fodder for intellectual thought-provoking Facebook statuses. Eisenberg's portrayal of Zuckerberg is

not the only breakout performance of the movie, however. Justin Timberlake deserves a sincere tip of the hat as well for his portrayal of Sean Parker, the founder of Napster and more relevantly, Zuckerberg's informal business advisor for Facebook. Timberlake's performance is remarkable as he sets up his character as a boisterous, greedy, megalomaniac bent on tearing down corporate America one leg at a time. Timberlake's take on Sean Parker is almost akin to Neil Patrick Harris' character on the hit television show *How I Met Your Mother*, but still unique enough to merit praise.

So, in a movie filled with wildly entertaining corporate frenzy and college melodrama, how much truth is there to the story? According to a Facebook founder,

Dustin Moskovitz, the movie is a "dramatization of history," claiming the story as a whole to be true, but the subtle character nuances and dramatic events to be somewhat exaggerated. But truth and accuracy aside, the movie is a refreshing piece of cinema that moviegoers have needed for quite some time. In a blockbuster film industry filled with eye candy-filled movies like *Avatar*, *Inception* and interpretations of every comic book franchise ever written, *The Social Network* takes that which is most important to a movie—the story—and reinforces it with great performances and realism, providing for one very enjoyable night at the movies.

S. DEFFLEY

scd002@lvc.edu

PERSPECTIVES

Healthy Living

Is your "diet" failing? Here are some tips for eating healthy.

Letters to the Editor

La Vie Collegienne requires all submissions to contain the author's name, telephone number, address and/or e-mail address. No letters can be considered for publication unless the above criteria are met.

Telephone numbers and addresses will not be printed. Submissions will be strongly considered for publication if they contain the author's rank, major, or professional capacity.

Letters should be no longer than 200 words. All submissions to "Perspectives" become property of *La Vie Collegienne*. *La Vie* reserves the right to edit submissions for space or for content that is vague, repetitive, libelous, or profane. It is not *La Vie's* responsibility to check for factual inaccuracies within submissions. The editor will have the final determination concerning such matters.

Letters, columns, and opinion-based articles are not necessarily representative of *La Vie's* opinion or Lebanon Valley College.

Submissions may be e-mailed to lavie@lvc.edu, hand-delivered to our Mund office, or mailed to the address below.

SARAH KALTREIDER '11

LA VIE GUEST WRITER

With the semester approaching mid-terms, it is easy to fall off the healthy-eating plan that you aimed to stay on at the beginning of the semester. Whether you are a freshman dreading the "freshman fifteen" or a senior who's had too many excursions to the bar, weight gain in college can sneak up quickly. So, do not blame the dryers for why your jeans suddenly feel tighter. Take away some of these healthy eating tips to stay slim and improve your eating habits.

Eat when you're hungry, and stop when you're full. It seems like a simple concept, but often we mind-

lessly rush through meals or eat out of boredom. Twenty minutes is the time for the body to recognize it is full, so wait a little before getting a second helping.

Never skip meals, and this includes breakfast. Skipping meals causes a drop in metabolism and the likelihood of over eating at the next meal. If there is

no time for a meal, pack something to hold you over. Yogurt, almonds, fruit or a high-fiber granola bar are good choices. Breakfast gives your metabolism a boost to burn

more calories throughout the day, so even if you're not hungry in the morning have something light to start the day.



It's no surprise the dining hall has options that are not the best for the waistline. With fries, pizza and desserts around, it can be tempting to avoid. As difficult as it may be, try to train your body to eat healthier foods. Create a salad

with grilled chicken, or substitute a sandwich on whole-wheat bread instead of white bread. Adding more vegetables, fruits, whole grains and lean proteins will be more satisfy-

ing than eating processed foods. Make sure what condiments and toppings you add to food aren't making it unhealthy either. The salad with chicken is initially a good option. But adding cheese, croutons, bacon and creamy dressing to it makes it about as healthy as a bacon cheeseburger.

"Diets" do not work but following a healthy life-style does. So therefore, have your Chicken Finger Thursday. Everyone needs to cheat once in a while to avoid deprivation—but just make sure to stick with the one serving of chicken fingers and mac and cheese.

S. KALTREIDER

sek004@lvc.edu

THE DRAMA MAMAS:

Dear Drama Mamas,

I have been seeing this guy since the summer, and all those summer nights together were wonderful. There are not even words to describe how well we go together. We met at the beach, and since my family and his are down there quite a bit I got to see him all the time. It also turns out that we were going to the same school! Problem is, when we got back to school he turned out to be a bit of a jerk. I tried to figure out what was going on so we went on a date. We were alone at a drive in movie and had a really good talk about it. So, despite all the jerking around he's still the one that I want. I have kinda come to the conclusion that there are worse things I could do than date a guy who is a jerk sometimes. I've also started smoking and dressing the way he likes; it seems to have helped things a lot. What do you think about all this? And is it okay to change who I am for him?

Sincerely,

A Sticky Situation



Want Answers?

Need a problem solved? Do you have trouble with certain issues in your life?

E-mail the Drama Mamas and see what they have to say! Email questions to seb005@lvc.edu and read LaVie to see your answer!

Dear Sticky Situation,

One word: NO. It is absolutely not ok to change who you are for someone with whom you are in a relationship. If you are in a relationship, you should love each other for who you are. No one should be forced to change. There is no reason to pick up smoking and dress the way that he wants you to dress. Come on ladies, this is the 21st century – independence anyone? Do not let your boyfriend or anyone else tell you what to do, what to like/dislike, how to dress, etc. Of course, in every relationship people will change. But people change all the time. If you start dressing differently because you have been inspired by Lady Gaga for example, that's different, – he is not 'making' you dress that way. Also, changes such as improving your communication skills and learning to compromise -- good changes -- are fine.

Relationships will only succeed if you know how to communicate and compromise. That said, if you cannot talk to your boyfriend about how you are feeling, then your relationship is not as strong as you believe it is.

And in response to the other question, yes - boys can be jerks sometimes (and to be fair so can girls). However that is not an excuse for him mistreating you in any way. He should talk to you with respect. Not only that, but you must demand respect for yourself. Do not be afraid to put him in his place; meaning that you must let him know when he is in the wrong. Stand up for yourself, and if you are afraid to talk about it, then maybe it isn't a healthy relationship.

Bottom line, you need to first figure out who you are, and be loyal to yourself above all others. Follow your instincts and do what you believe is right – but be strong, demand respect, and be confident in who you are. Once you do these things, you will attract someone who is right for you and loves you for who you truly are.

Much Love,

Drama Mamas



S. BARKMAN
L. SCOTT

seb005@lvc.edu
lrs002@lvc.edu

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CO-EDITORS

Katie Zwiebel '12
Alyssa Bender '11

FEATURES EDITOR

Caitlin Murphy '12

A&E EDITOR

Tony Gorick '11

PERSPECTIVES EDITOR

Sarah Barkman '12

SPORTS EDITOR

Lauren Scott '12

SENIOR COPY EDITOR

Alyssa Sweigart '12

CIRCULATION MANAGER

Jake King '11

SENIOR PHOTOGRAPHER

ONLINE MANAGER

Cody Shepp '12

BUSINESS MANAGER

Matthew Garber '11

ADVISER

Robert E. Vucic

La Vie Collegienne is published every Wednesday of the academic year. Meetings are held Mondays at 6 p.m. in our Mund office, activities room #3. We're always looking for new writers!

SPORTS

SCOREBOARD

Men's Cross Country
@ Paul Short Run, 10/1: 12 of 32

Men's Soccer
vs. Misericordia, 9/29:
W 2-1, OT

Football
@ Delaware Valley, 10/2: L 6-38

Men's Tennis
vs. Cabrini, 10/2: W 9-0
vs. Juniata, 10/3: L 4-5

Women's Cross Country
@ Paul Short Run, 10/1: 29 of 41

Field Hockey
@ Gettysburg, 9/22: halted due to lightning, LVC led 2-0

Women's Tennis
vs. Juniata, 10/3: W 7-2

Field Hockey
vs. Susquehanna, 9/30: W 7-2
@ Eastern Mennonite, 10/2: W 4-1

Women's Volleyball
@ Haverford, 9/29: L 1-3
vs. DeSales, 10/2: W 3-2
vs. Eastern, 10/2: L 2-3

ATHLETES OF THE WEEK

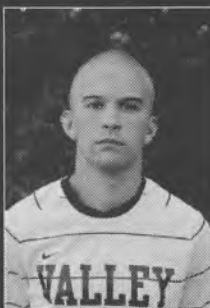
MARISA MAXWELL FIELD HOCKEY

Senior Marisa Maxwell scored her first career hat trick in the Dutchmen's 7-2 victory over Susquehanna University on Thursday, Sept. 30. Maxwell scored her three in only 7:55. Maxwell also scored the first goal in the team's 4-1 victory over Eastern Mennonite.



ANDY SUPROCK SOCCER

Sophomore Andy Suprock scored a goal in the 98th minute of play against Misericordia on Wednesday, Sept. 29, securing the 2-1 overtime victory. The goal was Suprock's fourth of the season.



Field hockey remains flawless

SHERAE JONES '11
LA VIE STAFF WRITER

The Women's Field Hockey team is off to a perfect start. They now stand at a flawless 9-0. However, the team's success is a result of collaborative teamwork.

While hosting Susquehanna

University last Thursday (9/30), senior Marisa Maxwell had her first career hat trick. Sophomore Cait Vasey also saw herself in the spotlight as she contributed three assists, which marks her the fifth person in the LVC program to reach 25 assists. The sophomore did it in just 31 games. Shelly

Lobach '11 made her 40th career assist against the Crusaders. Scoring was not an issue for the Dutchman. Jocelyn Novak '12 and Allison Bicher '11 both contributed to the scoring.

LVC dominated the entire game, outshooting Susquehanna 37-9 and in corners 12-3. Junior Christine Poletti had three saves.

On Saturday, the Dutchmen traveled to Eastern Mennonite University. The team defeated the Royals 4-1. The Dutchmen outshot the Royals 32-10. Lobach, Bicher and Maxwell all contributed to scoring. Sophomore Cait Vasey also scored. Poletti had one save.

LVC will continue to defend its ranking at fourth in the nation on Wednesday, Oct. 6 the team will host 20th-ranked Franklin & Marshall College at 4 p.m. at the In the Net complex in Palmyra. Fans are encouraged to wear red, as the game will be for AIDS awareness. Come support the team!



Photo courtesy of GoDutchmen.com

DUTCHMEN DOMINATION Sophomore Caitlin Vasey scored one in the 4-1 Dutchmen victory over Eastern Mennonite

S. JONES

slj002@lvc.edu

Schedule

Thursday, 10/7

Golf @ Alvernia Tournament, 12:30 p.m.

Friday 10/8

Field Hockey @ Gettysburg, 4:30 p.m.

Volleyball vs. Neumann, 5:30 p.m.

Ice Hockey @ Muhlenberg, 7 p.m.

Saturday, 10/9

Volleyball vs. Bridgewater, 10:30 a.m.

Men's Cross Country @ De Sales, 10:30 a.m.

Women's Cross Country @ DeSales, 11:15 a.m.

Football vs. Wilkes, 1 p.m.

Field Hockey @ Shenandoah, 1 p.m.

Women's Soccer @ Alvernia, 1:30 p.m.

Volleyball vs. Frostburg State, 1:30 p.m.

Men's Tennis vs. Ursinus, 2:30 p.m.

Men's Soccer @ Alvernia, 4 p.m.

Women's Tennis @ Commonwealth Conf. Individuals, all day

Football falls to No. 13 Delaware Valley

Offensive struggle and injury influence in 38-6 loss

DAN CALLAHAN '14
LA VIE STAFF WRITER

Lebanon Valley rolled into Doylestown, Pa., coming off their first win of the season, to go head-to-head with the 13th-ranked Delaware Valley (DVC) Aggies. The Aggies' high-powered offense and defense put up big numbers, giving the Dutchmen an 0-1 start in MAC play by losing 38-6.

Starting quarterback Caleb Fick '11 sat out with injury concerns, so that turned the ball over to junior Colt Zarilla for the first starting performance of his career. He surely felt the pressure, being sacked six times before leaving the game with an injury. Overall, he went 8-17, with a passing touchdown and two interceptions. The rushing game couldn't seem to get anywhere either, with leading rusher Ben Guiles '12, who entered the game



Photo courtesy of GoDutchmen.com

STRUGGLE MOVING CHAINS Junior Blair Ransom led the Dutchmen with 25 yards rushing after sacks. The team was held to 45 total rushing yards after sacks

as the 15th-leading rusher in the nation, was held to only 15 rushing yards.

For the opposition, the Delaware Valley offense tied a school

record by recording five passing touchdowns in the game. Defensively, DVC allowed Lebanon Valley College to acquire only 140 total yards of offense.

In an interview with GoDutchmen.com, Head Coach Jim Monos stated how playing such a good football team led to both offensive and defensive struggles all day long. "Run or pass, they had their way with us. With us struggling offensively, it kept the defense on the field way too much." Monos went on to say, "I gotta believe that we can learn from this... we can look over the tape, and see that we didn't perform like we're capable of.... They are a very good football team."

The Dutchmen are now 1-3 on the season, but will look to bounce back next week at Arnold Field in Annville against the Wilkes University Colonels at 1 p.m. before facing Fairleigh Dickinson University-Florham Devils on Saturday, Oct. 16 at 1 p.m. for Oktoberfest weekend.

D. CALLAHAN

dpc001@lvc.edu

SPORTS

Cross country running towards success

ALYSSA WARGO '11
TABITHA BROBST '11
LA VIE STAFF WRITERS

The LVC Men's and Women's Cross Country teams started the season out on a strong foot. Beginning on Sept. 4, the team ran in the Delaware Valley College Invitational. The women placed third out of 18 teams thanks to top 10 finishes by seniors Jenn Cronin and Megan Long. The men also had a strong showing, with an eighth place finish.

On Sept. 11, both the men and women topped regionally-ranked Gettysburg at the 38th Annual LVC Invitational at Memorial Lake State Park. Cronin led the pack for the women with a time of 18:47. Other top finishers were Cynthia Adams '14, Long, and Kristin Shoop '13, who placed fifth, sixth and tenth respectively. The men's team placed four runners in the top six. John Wallace '13 placed second followed by Brad Sweigart '11, who came in third, Nick D'Angelo '12, who came in fourth and Matt Nesmith '13, who finished sixth. Strong finishes by Cronin and Wallace led them to be named the Middle Atlantic Conference Cross Country runners of the week on Sept. 13.

The men's and women's teams continued success on Sept. 18 at the Dickenson College Long - Short Invitational. Cronin placed fourth overall but was first among Division



Photo courtesy of GoDutchmen.com

III. Adams and Shoop also had strong runs for LVC finishing 13th and 22nd. Wallace was LVC's top male finisher in 42nd place.

Currently, the women's team is ranked seventh in the Mideast Regional ranking by the U.S. Track and Field and Cross Country Coaches Association.

This year, the outstanding runners for the Dutchmen are Cronin, Adams, Long, Wallace and Sweigart. Cronin has dominated these past three years, and this year is no exception. Already, the team has had three meets this season, and Cronin has placed first, for Division III schools, in every meet. Although Cronin was an outstanding soccer player and track star in high school, it was her track coach that wanted her to par-

ticipate in cross country instead of soccer. That decision paid off last year when Cronin became the first female at LVC to qualify for nationals. This year, Cronin would like the team to get its first conference title, and she personally would like to qualify for nationals again and receive the conference title.

Long started her cross country career when she transferred to LVC in her junior year. So far this year, Long has run well, coming in second and third in two meets. Long's expectations are to improve her times, and she would like the team to qualify for nationals.

Adams came to LVC from Southern Columbia School District, where she was a state medalist in the 800 and the 4x8. Although Adams never

ran cross country before, she has consistently come in second behind Cronin at every meet. Adams' expectations these next four years are to run better and lower her times.

Sweigart started his cross country career in middle school. During high school, he also participated in indoor/outdoor track and field. So far at LVC, Sweigart finished in third at the LVC Invitational and has been named to the second team all Middle Atlantic Conference (MAC) twice. His expectations are to qualify for nationals, be in the top ten in MAC and he would like the team to come in second in the conference.

Wallace started his cross country career this year for the Dutchmen. However, he has been running for the past eight years. This year, Wal-

lace came in second at the LVC Invitational. His expectations these next three years are to contribute as one of the top runners and be in the top ten in MAC.

On Friday, the LVC Cross Country teams went to the Paul Short Invitational at Lehigh University. The invitational is the largest collegiate meet on the east coast this fall. The women competed in the Brown Race, which is a stronger race, and the men competed in the White Race.

To prepare for the invitational, Cronin said, "I scope out times of runners, so I know what is expected of me."

On the other hand, Sweigart said, "I prepare by visualizing myself doing well at the meet, it helps to calm my nerves."

The women finished 29th out of 41 teams. Individually, Cronin finished 16th overall, 4th in Division III, with a time of 22:23. Shoop was LVC's second scorer finishing 96th overall with a time of 23:36. For the men, the team finished 12th overall. Individually, Wallace was the first scorer for LVC, finishing 34th overall with a time of 27:18. D'Angelo was LVC's second scorer, finishing 42nd overall with a time of 27:30.

Coming up for the Dutchmen is the Desales Invitational on Oct. 9 and the Haverford Invitational on Oct. 22.

A. WARGO
T. BROBST

amw006@lvc.edu
tlb003@lvc.edu

Women's soccer to support breast cancer awareness

LAUREN SCOTT '12
SPORTS EDITOR

In the month of October, the women's soccer team will begin an initiative, Pink on the Pitch, by wearing pink jerseys during home games in honor of Breast Cancer Awareness month.

The Dutchmen will be auctioning off the jerseys at the end of the month. Bidding begins Oct. 1. Bidding can be done at home games or online by e-mailing head coach Lauren Frankford at frankfor@lvc.edu. Bidding up-

dates will occur daily and can be found under Women's Soccer on godutchmen.com

On Oct. 30, LVC's Colleges Against Cancer will attend the last home game of the month and will be selling t-shirts for \$10 to help raise money for the cause. Donations will be accepted at home games throughout the month. All proceeds from LVC's First Annual Pink on the Pitch initiative will be given to the Lebanon Chapter of the American Cancer Society.

L.SCOTT

lrs002@lvc.edu



Photo courtesy of GoDutchmen.com

Next Week: Special Report
Has Social Networking
Gone Too Far?



Happy Halloween!



LEBANON VALLEY COLLEGE'S STUDENT NEWSPAPER

La Vie Collegienne

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October 27, 2010

THIS WEEK IN LA VIE

SPORTS



Ice Hockey starts the year with a perfect season

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LVC fans of Katy Perry respond to our review of her latest album in a Letter to the Editors

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A&E



Murders and mysteries are abound in Wig and Buckle's latest production, *And Then There Were None*

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Dining Services responds to student concerns

BILL ALLMAN
LA VIE GUEST WRITER

It's hard to believe that we are all ready nine weeks into the fall semester. My name is Bill Allman, and I am the general manager for the LVC Dining Services Team and Metz and Associates, Ltd. I wanted to take this opportunity to share with you who we are as a department and highlight some of the great work our team has been providing for you.

First, I want to start with introducing our Dining Leadership Team: Our Executive Chef, Richard Watson; Conference and Catering Services Manager, Stacy Stroup; Service Manager, Rachel Burns; Sous Chef, John Hopewell; AM Supervisor, Deb Finkbiner; AM Service Supervisor, Jolene Wilson; PM Service Supervisor, Amy Hartman, administrative assistant for

Dining Services and Kym Lebo, administrative assistant for Catering and Conference Services. I am extremely grateful for the effort and energy these fine folks put into their jobs each day to assure the 3,000 plus meals a day we serve meet our high standards of quality in food and service.

Our Dining Services Team is comprised of 106 team members; 26 of them being LVC Students! That is almost 25% of our team! To build a strong team, you have to have a strong foundation, and we have worked hard at training to make our foundation strong. To explain who we are as a "Team," we need to begin with our team motto: "Play Like a Champion Today." When you walk around our kitchen and work areas you will see our motto in strategic places. Being the diehard Penn State fan that I am, you might say

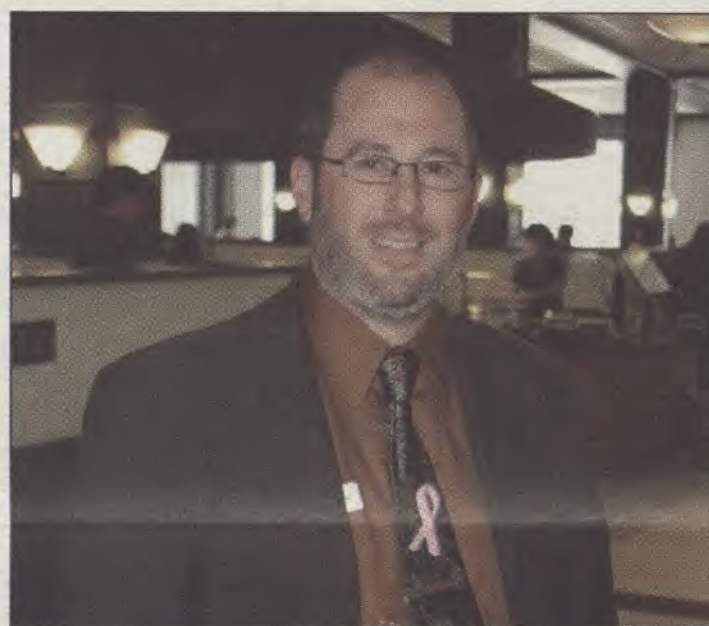


Photo by Cody Shepp '12 / LA VIE

this is sacrilegious, but the motto makes such a powerful statement to me. "Play Like a Champion Today" to our team means:

Believe in yourself, as half of doing is the belief that you can.

Do your best, as giving it all you See **UPDATES** | Page 2

Spooky sightings: Is Humanities haunted?

JAKE KING '11
CIRCULATION MANAGER

As far as we can tell, nobody has ever died in the Humanities Building.

There have been several unfortunate and very tragic events which have claimed the lives of people on and around LVC campus over the years, but so far, the unmistakable yellow-bricked centerpiece of the Academic Quad has gone without any incidents of untimely death.

And while that may be a reassuring thought, it does not dispel a string of strange events observed by people inside the building, centering around theories of a "ghost" that lives in Humanities.

The most peculiar of the more recent happenings involved Wendy



Photo by Cody Shepp '12 / LA VIE

Carfagno, assistant to the president, and Mary Fisher, assistant to the vice president for academic affairs and dean of the faculty. Carfagno and Fisher both work in the President's Office and recently witnessed a box

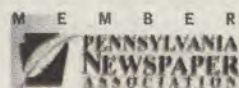
move unassisted from the center of the coffee table situated between their desks, falling off the edge and onto the floor.

"Wendy was at her desk, I was at my desk, and we just looked over

and this box was being pushed and went right down on the floor," Fisher said, laughing as she re-created the incident with hand gestures. "And we looked at each other and just sort of went 'Did you see what just happened?'"

However, strange happenings in Humanities are nothing new. Fisher recounted two separate occasions when she worked in the Administration Office (which at the time was connected to the payroll office). In the first, Fisher claimed to have heard a file drawer open in the vacant office next door and, upon investigating, found everything to be completely untouched. The second incident, also in the vacant payroll office, was the sound of someone unwrapping

See **GHOST** | Page 3



WE WANT YOUR FEEDBACK



lavie@lvc.edu



LaVieLVC



x6169

FREE | TAKE ONE

NEWS

UPDATES: General Manager reports on LVC dining updates

Continued from Page 1

have makes it all worthwhile and you will have no excuses in the end.

Learn something, as the most important part of making a mistake is how they make you better in the end.

Have fun, as if you don't have passion and enjoy what you are doing at work then your personal life will suffer as well.

In my eyes, our dining team has certainly bought into our team motto.

Being a part of any team, there has to be a "scoreboard," and one of them for us is the comment cards. Of course, good constructive criticism is appreciated as it helps us improve our services to you. Those who read them can see that our team has faced many challenges together this semester. A "winning score" for us is having fewer comments on the board. All of our dining team members read the comment cards and we take your comments very seriously. We try to address all comments that are done tactfully. Areas that your comments have helped us improve are keeping the beverage lines filled with product, improved boxed lunch accuracy and increased menu choices from all of the great recommendations we have received from you.

One area that has been a big issue has been the change in hours at The Underground. Now that the "Dutchmen Den" has opened

in the evenings, this has helped the Underground concerns for Monday to Friday. To address the weekend issue, we will now open Mund Dining Room until 2:30 p.m. on Saturday and Sunday. In addition, you can still call a meal in to the kitchen between 2:30 p.m. and 4:00 p.m. if the hours don't meet your schedule. Also, don't forget that the Dutchmen Den is open from 7:00 p.m. to midnight on Saturday and Sunday. If you haven't been there yet, we offer the top 200 college c-store items, fresh baked sub rolls for our "heros" and 10 different freshly prepared healthy smoothies!

A common theme from many of the comment cards—which is erroneous—is the misunderstanding that the food we prepare for you is all processed. This couldn't be farther from the truth. In matter of fact, there are very few processed menu items that we serve. Ironically, chicken patties and chicken tenders are among two processed items that we do serve. The rest of our food is prepared from scratch ingredients by our talented group of chefs and cooks. We even pat our own hamburgers for you from fresh ground beef and then charbroil them to perfection.

In addition, most of our vegetables are fresh and are bought local when available. All of our soups are prepared from scratch and our pizza is as well, as we even make our own dough and spin it to make the per-

fect pizza for you! but going above and beyond is so often taken for granted. We are here to serve you of course, but by helping to let us know these special moments, we can give credit to our deserving team members. Please

take a couple minutes to let them know that you appreciate that little something extra. By having the courage to do so, it will result in a reward for you as well.

We work closely with our school food service committee. The students representing your food service needs are Sarah Fritz, Erik Romeo, Logan Kurtek, Charlie Johnson and from student government, Mike Mellon and Food Committee Chairman, Brad Snyder. The food committee's goal is

to meet student concerns whenever possible. We meet every two weeks as a group. Mike Mellon, Brad Snyder and I meet weekly to stay on top of concerns. We address all areas that are brought to our attention and come up with solutions together. Some of the solutions we have come up with together are: two ketchup dispensers in the East Dining Room, 12-ounce coffee cups and flavored coffee creamers at the coffee station, salad greens other than iceberg on the salad bar, grilled

chicken more frequently, line separators in the Underground, more simple plain hot vegetables and less mixed blends, accurately displaying Vegetarian, Vegan and Gluten-free symbols on our menu items and a microwave in the West Dining Room. Currently, we are working on healthy food choices for future menus. Bring suggestions to members of the food service committee.

We have had a lot of fun this semester, with the "Name the C-Store" contest and the Oktoberfest food show, among others. In November, we will be holding "The Ultimate Chef" Competition where students have the opportunity to be the LVC Ultimate Chef.

Finally, there are two more "Scoreboards" that we will be looking to in the near future. A "mystery shopper" program will be started this month with students, faculty, administration and an outside agency scoring us in different service areas. Then in mid-November, look for the student food service survey. The results from these surveys will be used to help develop training areas for our team to focus on improvement. Please feel free to share your concerns with us at our dining offices in between the beverage areas in the East Dining Room. We are here to make your dining experience enjoyable and our dining team members will continue to "Play Like a Champion" in doing so!

"A common theme...is the misunderstanding that the food we prepare for you is all processed. This couldn't be farther from the truth."

BILL ALLMAN

General Manager of METZ

R.A.D. training offers college women defense for a lifetime

KATIE ZWIEBEL '12

Co-EDITOR

According to the Rape Abuse & Incest National Network, the nation's largest anti-sexual violence organization, "1 in 6 women and 1 in 33 men will be a victim of sexual assault in their lifetime. College age women are 4 times more likely to be sexually assaulted."

These statistics are shocking, yet only eight female students from the Lebanon Valley Campus are taking the time to learn strategies and skills in this free four-week course.

The Rape Aggression Defense program, also known as R.A.D., is a system of defense for women. The program has recently been revitalized on the campus after 12 years. According Al Yingst, director of Public Safety, the R.A.D. program

was very popular and successful in the past, gaining press coverage on local television stations and in local newspapers.

While the program was lost in the past from a lack of instructors, Public Safety Officers Brian Boyer and Laura Latchford hope to bring the program to life on campus once again. This past spring and early summer, Boyer and Latchford attended training sessions to become qualified to teach the R.A.D. course here at Lebanon Valley College.

Boyer and Latchford are currently teaching the program on Tuesday evenings from 6 p.m. to 9 p.m. The 11-hour total program has been designed to teach female students basic self-defense and techniques through a hands-on approach. Officer Boyer describes the program as "the best self-defense

program for women. The entire course is designed for women, which includes everything from the stance to the striking motions (e.g. regardless of height, a woman's center of gravity is lower than a man's, which plays an important role in the delivery and force of each technique)."

During the first course, Officer Boyer stressed the importance of safety to college students from a unique perspective. Currently, Boyer works for the state of Pennsylvania serving arrest warrants. When he arrives at LVC, vivid thoughts from his encounters earlier that day are still fresh in his mind. During a brief interview, Boyer expressed his interest in the program through his personal experiences. "As I walk the campus and talk with the students, I cannot help but want to

educate them in an effort to keep them from becoming a victim. Whether it's during the summer or 10 years after graduation, I feel that the RAD program could help a student defend herself and not become a victim," said Officer Boyer.

The R.A.D. system, a nationally known self-defense program for women, is designed for those who are willing to consider self defense as a viable option in time of crisis. The program was founded in 1989 and changed approximately eight times over the years. The R.A.D. program is the only self-defense program ever endorsed by the International Association of Campus Law Enforcement.

While the program is currently closed for admission, the Public Safety office hopes to see the program return in the spring with

more participants.

Please see the Perspectives Page during the next few weeks as Katie Zwiebel '12 and Emily Gertenbach '11 report on their experiences.

K. ZWIEBEL

klz002@lvc.edu

Corrections & Clarifications

It is our continuing goal to provide readers with complete and accurate information. To that end, we welcome and encourage notification of any mistakes. Readers who wish to submit corrections should send an email to lavie@lvc.edu, subject line: Corrections.

NEWS



CAMPUS

CRIMEWATCH

All information courtesy of the LVC Department of Public Safety

10-5-10 | Campus

Theft

There was a theft of Physic Lab equipment.

10-14-10 | Campus

Theft

There was a theft of 1/2 a roll of stamps.

10-17-10 | Campus

Disturbance

There was a verbal fight among parents.

10-17-10 | Campus

Emergency Assistance

Public Safety was called to assist with an intoxicated student.

10-18-10 | Campus

Emergency Assistance

Public Safety was called to assist a student with a broken wrist.

Please report any suspicious activity to Public Safety at x6111.

Student Government

Update: 10.25.10

New clubs announced, football seating discussed

ABBY TOMLINSON '12

KEVIN GARRITY '13

LA VIE STAFF WRITERS

This week's Student Government meeting was dedicated to the numerous applicants for full-club status. Full-club status, besides making each club official on campus, gives the organization the opportunity to be funded and become an integral part of the LVC campus community.

Ryan Humphries '11, Student Government club liaison, is in charge of facilitating each club's acceptance into the student body. The meeting covered HALT, Active Minds, LVC MiniThon, Tom's Shoes and Community Dutchmen. Each club was awarded full-club status by a unanimous vote. Next week, Dance Team and LVC ASD will state their claims. Updates next week.

The lack of seating during LVC football games was also discussed.

Over homecoming weekend, there were numerous complaints that the field crew and LVC itself did not provide adequate seating for the amount of attendees. Ashten O'Brien '11, president, will be meeting with Lebanon Valley College President, Dr. Stephen C. MacDonald, later this week.

Winter Formal is in full swing. Mike Mellon '13, president of class, stated that the committee is ahead of schedule in all aspects. Invitations will be in mailboxes in two weeks and tables will be ready for sign-ups in less than a month.

Construction of the Mund College Center will be pushed back until Monday, Nov. 1. The parking behind the College Center will be available until that Monday so utilize it while you can. Upon that date, alternative parking will be spread around campus.

A. TOMLINSON
K. GARRITY

art002@lvc.edu
kjg002@lvc.edu

GHOST: Time to call in the Ghostbusters

Continued from Page 1

a piece of candy from the bowl of sweets kept there and again, everything was left untouched.

And Carfagno and Fisher aren't the only ones who have reported unexplainable events. Other assorted incidents include doors opening and closing without any apparent assistance and sounds of children playing in the stairwell while the building was otherwise empty and students were on break.

However, as to whether these strange happenings are the work of the paranormal or simply the quirks of an old building, who can say? Dr. Kevin Pry, associate professor of English, has spent a great deal of time gathering the ghost lore of LVC and conducts the annual "ghost walk" highlighting the places, people, and events that have inspired the college's paranormal legends.

According to Pry, the story which most closely aligns with the events described by Carfagno and Fisher is often called the "long-haired girl."

"The long-haired girl is something that until recently has pretty much been witnessed only by the cleaning ladies. It's usually right in the morning when they're coming on duty, which is about 6 a.m. They describe it as a sort of 'corner of the eye' effect where they see a girl walk by [in the peripheral vision]," Pry said. "The reason they call it the long haired girl comes from the second level of how they see it. First of all, they see the 'corner of the eye' event. The second part is that they'll feel like somebody is in the room, they look around, and there's nobody there. But then they look into windows, the glass in pictures, or mirrors in the restrooms and there's a girl's face right next to them. And when they turn, there's

nobody there."

The facilities staff has, as Pry suggests, seen many of the phenomena described, and also has seen objects moved inexplicably on several occasions, similar to the scenario described by Fisher and Carfagno. Dr. Pry originally collected the "long-haired girl" story from Dart Yordy of Facilities Services, who has seen multiple strange incidents while cleaning Humanities early in the morning.

Yordy recounted one incident, which resembles the "corner of the eye" phenomenon described by Pry.

"I was on the third floor cleaning desk tops when I saw a silhouette in the hallway. I thought it was Dr. Scott since he comes in early, but when I looked, there was nobody there," Yordy said.

However, in another instance several years ago while taking out the trash in the benefits and payroll office, Yordy looked up into a picture frame and claims she saw the "long-haired girl" in the reflection behind her. When she turned, however, the room was empty. And in another instance, a bowl of Hershey's Kisses was inexplicably moved from a desk to sit in front of the doorway of the office she was working in.

In the spirit of journalism and to attempt to sight the "long-haired girl," a *La Vie* staff writer was sent into the Humanities building for an evening in an attempt to locate the "ghost," but all attempts to reach him/her/it failed.

And ultimately, whether or not there is really a ghost in Humanities falls to personal beliefs. Pry himself says that he is "not really a believer," preferring instead to collect the stories and to tell them as part of the rich

history of the college. LVC has many ghost legends, and the Humanities building alone is host to two stories, the "long-haired girl" and the sound of the so-called "phantom basketball game" which is occasionally reported coming from the mailroom at 2 a.m. on foggy mornings (the mailroom was once the sight of an old gymnasium, before the building that Humanities eventually replaced was destroyed in a fire).

According to Pry, many of these stories, while they do seem to carry a certain degree of consistency in terms of how the phenomena are experienced, lack a direct link to a particular tragic event (the "inciting incident") or are somehow disconnected and transposed from the circumstances surrounding an actual event (i.e. the location of an actual death and the sighting of the "ghost" linked with that incident can be in two completely different locations).

But whether or not one of Casper's cousins is roaming the halls of such a historic landmark, one thing remains certain: It makes for a conversation piece that will last as long as there are people to tell it.

"There are multiple ways to tell a ghost story," explained Dr. Pry. "The first is to dress up in costumes and make faces. The other is a technique I learned in England, to just tell the story. Don't embellish it, don't make it scary, and don't do funny voices. Even tell the story skeptically; just go, 'This is what happened, this is what people say they see, this is what people say it may have been, and this is what else it might have been. We just can't explain why it happens.'"

J.KING

jsk001@lvc.edu

Class hosts Lebanon zombie walk

JAKE KING '11

LA VIE STAFF WRITER

Dr. Laura Eldred's ENG 390-01 "Zombies" class, in conjunction with the Lebanon Council for the Arts, will be hosting "A Walk to Dismember," a zombie walk through Lebanon, on Friday Nov. 5. Participants will dress up as zombies and lurch, crawl, lope, etc. from the Lebanon Farmer's Market beginning at 7:30 p.m. along a planned route to the Lebanon YMCA, where the walk will end at approximately 8:00 p.m. The public is welcome to at-

tend, but registration is required. Two registration booths will be available at the Farmer's Market and the Art Council buildings beginning at 5:00 p.m. A minimum donation of \$2.00 or a canned good will cover the registration fee (donations benefit Lebanon County Christian Ministries), and another \$2.00 will buy some basic zombie makeup, also available at the registration booths. Any participants under 15 years of age must be accompanied by an adult. The walk also runs in conjunction with the First Friday Lebanon Arts Walk, so participating

zombies are free to explore arts walk venues around the area before the event starts.

After the walk ends, participants are invited to stop by the Zombie Ball, held at the Lebanon YMCA from 8:00 p.m. to 10:00 p.m. Entry charge is \$5 and will feature live music by local band Letters for Lovers and the crowning of the Zombie King and Queen for best costumes. Please contact Dr. Laura Eldred (eldred@lvc.edu) with any questions.

J.KING

jsk001@lvc.edu

Features

Creative costumes

Last-minute ideas for Halloween



You will need:

Tye-dye shirt

Rolled up, holey jeans

No shoes

Aviators

Bandana

Peace sign

Laid-back attitude

HIPPY

BARBIE

You will need:

Pink Dress

High heel shoes

Large purse

Pink lipstick

Sun glasses

Large hoop earring

Pink blush

Blonde wig



Photo by Tony Gorick '11 / LA VIE

COSTUME CONTEST AT THE UG



Psi Chi will be holding a costume contest this weekend during the UG dance. Come in your best costume to sign up to have your picture taken and enter for a chance to win a variety of prizes! Participants can enter one of four contests: Funniest, Most Original, Scariest, or the chance to be First, Second or Third. Voting will take place during lunch and dinner the following week (November 1st - 5th). The students who receive the most money in their buckets for the various contests will win! Prizes are as follows: Funniest - "Get Him to the Greek" DVD and \$15 iTunes gift card; Most Original - \$25 gift certificate to Chili's; Scariest - Killers DVD and \$10 Burger King gift card; First place - \$50 Walmart, Second place - \$20 Walmart, Third place - \$10 Walmart gift cards. Don't forget to bring your spare change to lunch and dinner the week of November 1st!



Stylish boots ward off the rain

A trend has been flooding college campuses in the past few years. As the rain pours, students find themselves favoring high, rubber rain boots to sport in wet conditions. The pictures below are a sample of some of the stylish designs LVC students have been wearing.



Photo by Stephanie Mannon '11

Arts & Entertainment

The mystery unfolds at Leedy

TONY GORICK '11
A&E EDITOR

Murder, lies, deceit—all in a living room of a house on Soldier Island, off the coast of Devon, England.

Cue the suffocating excitement and mysterious intensity throughout Wig and Buckle's fall play *And Then There Were None*. As an audience member, I was at the edge of my seat, participating in this wonderfully crafted take on Agatha Christie's murder mystery and kept guessing about the conclusion until the very end.

The play begins with a married couple—Rogers (Brian Stefaniak '11) and Mrs. Rogers (Rosemary Bucher '14)—preparing to welcome guests to an island mansion. Yet the reason for the festivities are somewhat vague and very little is known about the anticipated gathering. Fred Naracott (Joseph Chubb '14) captains the boat that is responsible for transporting people to the secluded island, bringing with him the likes of Vera Claythorne (Alyssa Bender '11), Philip Lombard (Sean Deffley '11), Anthony Marston (Adam Abruzzo '12), William Blore (Matt Smith '12), General

MacKenzie (Corey Greene '13), Emily Brent (Charelle Bryant '14), Sir Lawrence Wargrave (Eric Mansilla '12), and Dr. Armstrong

the wall that has a strange correlation to events happening around them, a certain fear is discovered and continues to fester until the re-

believable, way. The genuine fabric of the story was successfully channeled through all on stage—a trait that grabbed the audience until the final curtain.

In addition, the pace continually grew and captured my attention with each new character revelation, mysterious murder or crucial turning point. There wasn't ever a moment where I felt like the story stalled or when I didn't feel like I was also sitting in that same living room deciphering the oddities of the characters on stage.

And Then There Were None bodes a menacing end for the ten people marooned at Soldier Island, but it sure provides those watching a stunning

opportunity to delve into the intricacies of deceit, wonderment, and—ultimately—a murder mystery that keeps you guessing until the end.

And Then There Were None concludes this coming weekend with shows on Friday and Saturday at 8 p.m. and a show on Sunday at 2 p.m. and also with an extra show on Saturday, Nov. 6 at 2:30 p.m. LVC student tickets are free and you can reserve them at www.wigandbuckle.com or call the box office at (717)-867-6162.

T. GORICK apg001@lvc.edu



Photos courtesy of Wig and Buckle

MURDEROUS MYSTERY Clockwise from left, Sir Lawrence Wargrave (Eric Mansilla '12), William Blore (Matt Smith '12), and General MacKenzie (Corey Greene '13) try to discover answers as Emily Brent (Charelle Bryant '14) and Vera Claythorne (Alyssa Bender '11) continue to become suspicious of those around them



(Nathan Campbell '11). The shiftiness of each character is brilliantly portrayed, making it harder to decipher the motives when trying to answer all the questions that were racing through my mind.

After all the individuals became situated in the house and acquainted, the seemingly normal gathering took a radical turn as a voice rips into the living room, complete with murderous accusations aimed at all those present. Then, after one of the guests suddenly dies, nobody feels safe in the daunting house populated by strangers. As the group notices a nursery rhyme on

sounding climax.

That's the beginning of a captivating ride through doubt, deception, trust and a smart adventure swirling with suspicious undertones.

And without giving up the end, I will admit it was well worth the ride.

The cast chemistry is spectacular; because the dialogue and stage direction are so woven and fast paced it would be impossible to pull something off of this magnitude without a solid group of dedicated individuals. Each character was developed instantly and back stories, attitudes and motives were all conveyed in a realistic, and quite

Interview with the director:
Jamie Latshaw '11

Q What was the most exciting aspects while putting on this production?

A "The most exciting thing about this production is the murder-mystery element to the story. There's so much room for creativity in misguiding the audience into believing that the murderer is someone who it's not. That type of suspense is fun and exciting and to be able to instill that in the audience members was a wonderful opportunity I had while directing this show."

Q Now that opening night is over, how do you feel about the finished product?

A "I am ecstatic to finally be able to share this show with other people. Opening Weekend was a great success with a huge turnout. We're hoping that the word of mouth will continue to spread and more people will come out this weekend. I am entirely proud of the cast and the crew who brought this show to life and hearing all the great reviews from people makes me even prouder."

Health colloquium discussion focuses on tough issue

ALYSSA SWEIGART '12
SENIOR COPY EDITOR

As part of the ongoing LVC Health Colloquium and the first Hispanic Heritage Month at LVC, on Thursday, Oct. 21 at 11:00 a.m. in the Zimmerman Recital Hall, guest speaker Dr. Iris Lopez, author of *Matters of Choice: Puerto Rican Women's Struggle for Reproductive Freedom*, discussed her studies and her model of reproductive freedom that considers reproductive rights within a feminist, anthropological context. The discussion was co-sponsored by LVC's

multicultural affairs division and was led by Lopez and Dr. Ivette Guzman-Zavala, assistant professor of Spanish at LVC.

Lopez is a sociology professor and the co-director of the program in Latin America and Latino studies at the City College of New York in New York City. She completed her bachelor's degree in literature at New York University in 1975 and earned her master's and Ph.D. in anthropology at Columbia University in 1980 and 1985. She is an expert in Latino gender and educational issues, prenatal care and sterilization abuse. Her research focuses on Puerto Ricans in the

U.S., gender issues and the education of Latino youth.

Most of the discussion focused on sterilization in Puerto Rico, specifically tubal ligation, which is when a woman's fallopian tubes are surgically tied or cut as a form of birth control. Lopez argues that Puerto Rican women are not exercising full reproductive freedom because of their lack of knowledge.

Lopez became interested in women's struggle for reproductive freedom when she was a graduate student at Columbia. She went to Puerto Rico to study the careers of women and found that many

of the women she talked to had been sterilized. Some wanted to get sterilized; some were forced into it. Lopez took what she found and further investigated sterilization in her own neighborhood in New York City.

Lopez conducted her study from 1981 to 2005. During this time, Lopez interviewed 120 women in Brooklyn, N. Y. and found that many of them had been sterilized for various reasons from poverty to already having too many children. In the United States, Hispanic women have the highest rates of sterilization, and Lopez found that 47 percent of

Puerto Rican women aged 21 and older were sterilized.

The discussion opened the eyes of Eileen Beazley '11. "It was really enlightening. The statistics that she gave—I had no idea sterilization was such an issue or so widespread. I knew that they sterilized mentally ill people in the U.S. and Europe, but I didn't realize it extended to Puerto Rico or the extent to which it spread. It was basically the only option for women searching for birth control."

A. SWEIGART aes005@lvc.edu

PERSPECTIVES

Valley's Voices

What is your impression of the Dutchmen Den?

Letters to the Editor

La Vie Collegienne requires all submissions to contain the author's name, telephone number, address and/or e-mail address. No letters can be considered for publication unless the above criteria are met.

Telephone numbers and addresses will not be printed. Submissions will be strongly considered for publication if they contain the author's rank, major, or professional capacity.

Letters should be no longer than 200 words. All submissions to "Perspectives" become property of *La Vie Collegienne*. *La Vie* reserves the right to edit submissions for space or for content that is vague, repetitive, libelous, or profane. It is not *La Vie*'s responsibility to check for factual inaccuracies within submissions. The editor will have the final determination concerning such matters.

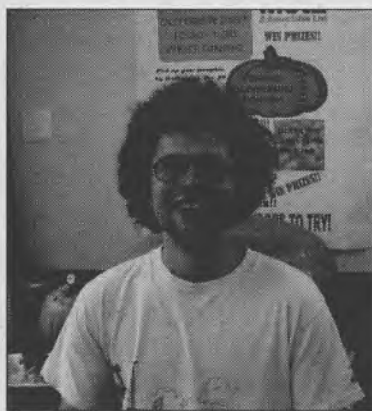
Letters, columns, and opinion-based articles are not necessarily representative of *La Vie*'s opinion or Lebanon Valley College.

Submissions may be e-mailed to lavie@lvc.edu, hand-delivered to our Mund office, or mailed to the address below.



Sherea Jones '11
Digital Communications Major

"It's ok right now, but it's not as convenient as it could be because of the hours. Also, they should have hot food options."



Mike Schmidt '11
ACS Chemistry Major

"They have a pretty good selection, and the prices are reasonable for some things. I like the hours, they are convenient. It's a little bit of a walk for me but it's worth it."



Stephanie Hulme '12
Psychology Major

"I like the products but I don't think it's very convenient with the hours it's open."



Kevin Garrity '12
Digital Communications Major

"It's good now, but it will only get better in time. Also, I think they need more milk."

Compiled by Sarah Barkman '12
seb005@lvc.edu

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La Vie Collegienne

101 N. College Ave | Annville, PA 17003
Campus Extension 6169 or lavie@lvc.edu

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CO-EDITORS
Katie Zwiebel '12
Alyssa Bender '11

FEATURES EDITOR
Caitlin Murphy '12

A&E EDITOR
Tony Gorick '11

PERSPECTIVES EDITOR
Sarah Barkman '12

SPORTS EDITOR
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La Vie Collegienne is published every Wednesday of the academic year. Meetings are held Mondays at 6 p.m. in our Mund office, activities room #3. We're always looking for new writers!

Letter to the Editors

On behalf of ten-year-old girls everywhere, we wish to express our disappointment with Ryan Cagno's review of Katy Perry's "Teenage Dream" in the Sept. 29 issue of *La Vie Collegienne*.

Mr. Cagno's snide, pompous article was out of place in your fine periodical. True, Perry's music is not particularly sophisticated – musically, emotionally or in any other sense. But depth and sophistication have never really been the hallmarks of pop/rock. Unsubtle sexual innuendo, however, has historically been one of the thrusts of pop music. If Mr. Cagno is scandalized by the innuendo in some of Perry's songs, we can only hope that he never has the opportunity to see a performance by Elvis Presley or Madonna or to hear the Who's "Squeezebox," Led Zeppelin's "Whole Lotta Love" or Whitesnake's "Slide It In." Bubblegum pop like Perry's is about being a teenager and everything that entails – yes, even drinking and "fooling around." To dismiss that as "brain dead" is to deny that there's still a teenage dreamer in all of us.

Sincerely,

LVC Fans of Katy Perry

Rape aggression defense training
A student's perspective

Emily Gertenbach '11
La Vie Staff Writer

In my high school, I had a short self-defense course... which I forgot over the years.

Then I thought maybe I'd take a self-defense class before going to study abroad in London... eh, I never got around to it.

Yet a recent flyer in a stairwell attracted my attention—LVC, through Public Safety, was offering a Rape Aggression Defense (RAD) class. Comprised of only a few weekly meetings, it seemed like it would be a good way for me to learn how to kick some butt, should the need arise. I had some doubts about my ability due to my rather small stature, but decided to sign up anyway.

A few minutes into the first class, Officers Bryan Boyer and Laura Latchford put my qualms about my size to rest, explaining that size and gender had no bearing on how well a person is able

to put off a possible attacker and defend themselves or escape.

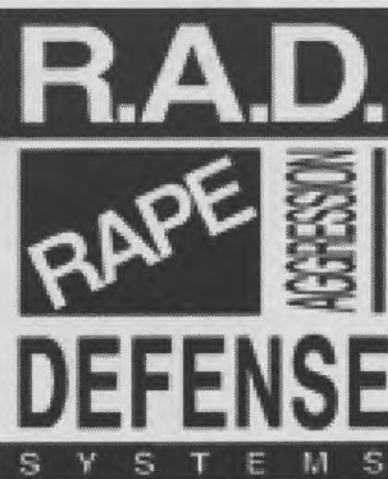
The RAD program is not so much a way to "kick some attacker butt" but rather a way to protect yourself preemptively,

film doing so.

The officers also went over Pennsylvania laws regarding sexual harassment, assault, rape and self-defense, which provided a good basis for us to be able to decide when it would be appropriate in life to use the techniques from the RAD course.

The officers had stressed the feasibility of the tactics for any person of any size, and that it was perfectly acceptable to feel the need to defend one's self when in any uncomfortable situation, pending that one acts appropriately to the level of interaction.

Though there was no physical interaction or practice during the first class, I left feeling like I already had a heightened sense of security in my surroundings just by knowing that with the right knowledge, I am able to defend myself despite my size.



and, if needed, actively. Officers Boyer and Latchford outlined the next few weeks' worth of lessons and showed some YouTube clip examples of women explaining how they defended themselves or were actively caught on

E. GERTENBACH elg001@lvc.edu

SPORTS

Success on ice

LAUREN SCOTT '12
SPORTS EDITOR

The Dutchmen Ice Hockey team stepped back on the ice on October 8 as the team faced Muhlenberg College in its first game of the season. The Dutchmen scored three early in the game, thanks to Colin Thompson '11 and Kyle Stewardson '12, who added two and one respectively.

In the second period, the Mules not only tied the game, but lead 4-3, but a trio of goals in the third period by Matt Kisiday '12, Nick Schultz '14 and Matt Conroy '12 put the Dutchmen ahead and gave them a 6-4 win.

Corey Conte '12 marked three assists in the game while Tyler Skroski '14, Shaun Stamm '12, and Timothy Bodenheimer '12 each marked one.

Rich Drazin '11 recorded 27 saves in the win.

On October 16, the team hosted SUNY Cortland at the Hersheypark Arena. Cortland scored early, knocking one in 34 seconds into the game, but LVC came back to score seven unanswered in the first two periods.

Schultz and Shane Golden '14 led LVC in scoring as the freshman duo each recorded hat tricks. Schultz also recorded four assists in the game.

Brad Surdam scored in the first period before LVC extended their lead with goals by Stamm and another by Schultz and two more by Golden, securing his hat trick. Conroy added a goal in the third while Schultz completed his hat trick.

Drazin recorded 24 saves.

On October 22, LVC improved to 3-0 as the team held off Towson in a 6-4 home victory.

Leaders of the game included Surdam, with on goal and three assists; Schultz, with two goals; Golden, with a goal and an assist; and Stamm, with one goal. Kisiday also scored on an empty net with 56 seconds remaining.

Drazin picked up the win, making 31 saves in the game.

On Sunday, the Dutchmen defended their undefeated record as they traveled to Penn State Berks.

LVC led 3-0 at the end of the first, but Berks knocked in two before Conroy converted on a penalty shot.

Nick Averona '11 scored his first of the season while Surdam, Stewardson, Tyler Skroski '14, and Stamm recorded assists.

Drazin recorded 26 saves in the fourth win of the season.

The Dutchmen will step back on the ice against Kutztown on Friday, Oct. 29 at 7 p.m. in Hershey.

L. SCOTT

lrs002@lvc.edu

Field hockey bounces in ranking

ALYSSA WARGO '11
TABITHA BROBST '11
LA VIE STAFF WRITERS

For the first time in a decade, the LVC Field Hockey Team reached number one in the nation. The decision came on Tuesday, Oct. 19 when the National Field Hockey Coaches Association for Division III placed the Dutchmen at No. 1, after earning 847 votes and 22 first-place nods.

"It feels awesome being No. 1 in the nation. We worked so hard to achieve this accomplishment," declared Captain Rachel Pantalone '11.

This ranking would not have been possible without having the nation's top-ranked offense this season, including the national leader in goals, Jocelyn Novak '12, and the national leader in assists, Caitlin Vasey '13. Vasey has a total of 35 assists in two seasons. Standout Novak became the sixth player in D-III history to reach 100 goals on Saturday, marking her career points at 212.

"I am very excited that I reached the goals that I did this year. I could never have done it without the team helping me all the way through. I didn't even know that I was as close as I was to breaking those records, and when I did, I was finally proud

of myself for accomplishing something like that. My goals for next year are to just do my best and try to keep climbing the ladder that I have been," said Novak.

In addition to LVC's improved ranking, Messiah College also moved up to the No. 2 spot, creating a highly anticipated No. 1 versus No. 2 match up on Wednesday.

At the start of the first half, LVC controlled the field, having two shots on goal in the first five minutes and the first goal at 12:21 by Novak. As the half continued, LVC regrettably gave Messiah eight penalty corners, allowing Messiah to acquire five shots on goal in the first. By the end of the first half, LVC only gained one more shot on goal.

In the second half Messiah tied the game in fifteen minutes. But LVC remained focused and Cait Eckenrode '11 scored her third goal of the season at 54:42 to give LVC the lead once again. However, the excitement would be interrupted when Messiah's Brooke Sands scored a goal to tie the game a minute after Eckenrode's goal. By the end of the second half, LVC had eight total shots, three of which were shots on goal.

With a score of 2-2 at the end of the second half, the game went into

sudden death overtime, allowing only seven players to work hard to try to get the winning goal. However, in only seven minutes, Messiah devastated LVC's week at No. 1 when Kourtney Ehly scored the winning goal.

"With Messiah, it is always a hard-fought game. We need to keep playing and stay focused on the goals we have set as a team. We can't dwell on one lost but instead continue to get better day by day. We will continue to work on all aspects of our game, so we are able to achieve our highest goals," said Pantalone.

Although the game was a heart-breaker, the team is focusing on conference play and nationals, where they will meet Messiah again. Next time, they will be more determined than ever to beat the Falcons.

LVC Field Hockey has only one more regular season game left against Widener this Friday. Following regular season play, LVC will enter Commonwealth Conference Finals and then will be off to nationals. Highlights of the game against Messiah can be seen on <http://lavieonline.lvc.edu>.

A. WARGO
T. BROBST

amw006@lvc.edu
tlb003@lvc.edu

Schedule

Wednesday 10/27

Men's Soccer vs. Messiah, 3 p.m.

Volleyball @ Elizabethtown, 7 p.m.

Friday 10/29

Field Hockey @ Widener, 4 p.m.

Ice Hockey vs. Kutztown, 7 p.m.

Saturday, 10/9

Women's Soccer vs. Widener, 12 p.m.

Men's Swimming @ Arcadia, 1 p.m.

Women's Swimming @ Arcadia, 1 p.m.

Football vs. Widener, 1 p.m.

Men's Soccer vs. Widener, 3 p.m. - Senior Day

Field Hockey @ Shenandoah, 1 p.m.

Men's Cross Country @ MAC Championships, TBA

Women's Cross Country @ MAC Championships, TBA

Football passes Monarchs

DAN CALLAHAN '14
LA VIE STAFF WRITER

The Dutchmen of Lebanon Valley College improved their record to 3-4 (2-2 in MAC play) this past Saturday in Wilkes-Barre, holding off the winless Monarchs of King's College, 21-19.

King's started the game with a 26-yard field goal on the Monarch's first possession. Both squads gained a considerable amount of yardage, but only LVC could capitalize with a first-half TD. Ben Guilles '12 punched in a 1-yard rushing touchdown after a 39-yard drive led by big gains by sophomore tailback Pete Panichi. The extra point was blocked, so LVC led by only three. King's then responded after an LVC turnover with another field goal, knotting it up at six.

At the start of the second quarter, King's College posted a 14-play, 50-yard drive down inside the red zone. LVC's defense stood strong yet again, limiting them to a field goal. With the clock winding down in the half, the Dutchmen's rushing attack consist-



Photo courtesy of GoDutchmen.com

TOUCHDOWN TANTRUM Junior Ben Guilles scored all three touchdowns in the Dutchmen's 21-19 victory over King's College

ing of Panichi and Guilles sprang into action, bringing LVC down to the Monarch's 9-yard line. Unfortunately, Lebanon Valley's Caleb Fick '11 was picked off in the end zone to end the half. King's led at the half, 9-6.

The third quarter consisted of field goals for each team and strong defense on both sides; Brittany Ryan '11 hit the team's field goal from 24 yards out. The score would remain 12-9 in favor of the Monarchs until

the fourth quarter.

King's offense relied heavily on the passing game and just couldn't find it in the fourth, completing only two out of eight passes. However, LVC found themselves on the opposition's 14-yard line after a bad punt, and Guilles scored his second rushing TD of the game on the first play of the possession. Lebanon Valley College retook the lead, 15-12.

Huge sacks by seniors Zach Ble-

iler and Alex Gilchrist stopped King's College next control of the ball after just five plays. Guilles then took matters into his own hands, scoring his third touchdown of the game, giving Lebanon Valley College a late two-possession lead, 21-12. The Monarchs showed some sign of life by returning the ensuing kickoff back for a touchdown, but it just wasn't enough. LVC took home the conference win in a tight, back and forth game, 21-19.

Senior linebackers Gilchrist and Jason Gigous powered the defense with a total of 24 tackles. Fick ended the game with six completions on 18 attempts, 72 yards and one interception. The game was won as a team, but Guilles will still be the big man on campus this week, rushing for 269 yards and three TDs, moving him to third on the all-time rushing list.

The Dutchmen will look to win their third straight game next week at Arnold Field in Annville against MAC opponent Widener University at 1 p.m.

D. CALLAHAN

dpc001@lvc.edu



SPORTS

Oktoberfest Weekend



LVC celebrated its Homecoming on October 16 at Arnold Field as the football team faced FDU-Florham, winning 33-21. The halftime show included the announcement of this year's Homecoming King and Queen, Patrick Barry '11 and Sherae Jones '11.

Photos courtesy of Emily Gertenbach '11 and Sherae Jones '11



October 16, 2010

A Special Report

LEBANON VALLEY COLLEGE'S STUDENT NEWSPAPER

La Vie Collegienne

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Internet community reacts to the recent death of Tyler Clementi

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Has social networking gone too far?

When bullying leads to death

Every year millions of teens are bullied online. Below is a partial list of teenagers who took their own lives because of the intensity of cyberbullying inflicted upon them by their peers:

Megan Meier, 13

Dardenne Prairie, Missouri
Died October 2006

Pheobe Prince, 15

South Hadley, Massachusetts
Died January 2010

Alexis Pilkington, 17

West Islip, New York
Died March 2010

Ryan Halligan, 13

Essex Junction, Vermont
Died October 2003

Rachael Neblett, 17

Mount Washington, Kentucky
Died October 2006

Sam Leeson, 13

Tredworth,
Gloucestershire (England)

Sarah Butler, 12

Williford, Arkansas
Died on September 26, 2009

Abraham K. Biggs, 19

Broward County, Florida
Died November 2008

To view more stories about those who have been affected by cyberbullying, visit www.jaredstory.com/bully.html.

Compiled by:

Abigail Tomlinson '12 &
Kevin Garrity '12



Photo from Facebook

Q&A with Tim Davis

SHEA MATTHEWS '11

BRITTANY SODA '13

LA VIE STAFF WRITERS

Remember when you were in sixth grade and just started to realize that those light-up sneakers you loved so much weren't going to fly in middle school? Or when you would ride the bus home, put on Rocket Power and vegetate in front of the TV for hours? Do you remember the freedom? The lack of responsibility?

Can you imagine, sitting on that bus home and asking yourself: Am I gay?

Tim Davis, a junior digital communications major here at LVC, asked that question to himself.

Tim is one of the openly gay students on campus. As vice president of Freedom Rings, LVC's permutation of the Gay/Straight Alliance, he is an active member in supporting and advancing the gay community



Photo submitted by Sam Shoemaker '12 within the school. He is also a member of concert choir, chamber choir and has had parts in two of the plays produced by the Wig and Buckle Theater Company.

After the recent tragedy of the Tyler Clementi suicide, which involved a Rutgers University freshman taking his own life after his roommate streamed a video of his sexual encounter with another man over Twitter, the gay community at LVC has even more to say than usual.

Tim was interviewed to get some insight into what being a gay student

See Q&A | Page 4

Feature stories for this issue can be found on pages 1, 4, 5, 6 & lavieonline.lvc.edu

A press of a button, a leap over a bridge

ANDREW TEXTER '12

AMY NORDALL '12

LA VIE STAFF WRITERS

"It's inconceivable now what you can do now with a simple press of a button," says Stephen C. MacDonald, president of Lebanon Valley College

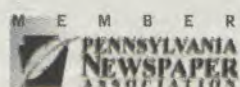
For 18-year-old Rutgers University student Tyler Clementi, one simple press of a button led him to suicide. The tragedy began on Sept. 19 when Clementi's roommate, Dharun Ravi, 18, used iChat and the social networking site Twitter to broadcast Clementi having a sexual encounter with another man without Clementi's knowledge. After Clementi discovered the invasion, he posted one last Facebook status, "Jumping off the gw bridge sorry," before committing suicide by leaping off the George Washington Bridge at Fort Lee, NJ the next day.

Tim Davis '12, one openly gay student at LVC, was astounded by what happened to Clementi.

"I was shocked that anyone could be that kind of a scumbag. It's just terrible. I'm not sure if the roommate who filmed everything knew that he was going that far, but he had to know that this was going to do some serious damage to Tyler. Obviously, you're going to utterly devastate this kid, and why would you do that?" Davis asks.

Clementi's suicide, as well as several other suicides and other episodes of violence against the GLBT community, have caused LVC students and staff to reexamine the college's own policies regarding the protection of students against harassment.

See NETWORK | Page 4



WE WANT YOUR FEEDBACK



lavie@lvc.edu



LaVieLVC



x6169

FREE | TAKE ONE

NEWS

Annual music industry conference draws near

SARAH BARKMAN '12

PERSPECTIVES EDITOR

TIM DAVIS '12

LA VIE STAFF WRITER

Lebanon Valley's sixth annual Music Industry Conference (MIC) is fast approaching. LVC-MIC is an independent, student-run event which will take place in Blair Music Hall on Nov. 20 from 8:00 a.m. to 3:00 p.m. This year's MIC theme is (R)evolution, symbolizing how the old model of the music industry is disappearing and transforming into an industry where people are more independent and do not have to rely on huge corporations to succeed.

A unique experience, this conference provides students from many various majors with the chance to network and make connections leading to intern-

ships and job opportunities. Panelists, consisting of highly respected professionals, come to LVC from all over the country to run workshops at MIC.

LVC-MIC is primarily organized, designed and run by the Music Industry Colloquium Class, MISA (Music Industry Students Association) and AES (Audio Engineering Society). LVC faculty plays a very minor role in the organization of the conference because they feel it is important that it be a student-run event.

Every year, LVC-MIC has grown in size and recognition, bringing in different and more exciting panelists and workshops every year. This event is open and useful to all majors because of the variety of topics on which the panelists present workshops.

This year's panelists include: Steve Smith, Jeremy Hummel,

Paula Savastano, Sherri Mullen, Robert Case, Doug Gould, Bernie Resnick, Booker Rayner, Terry Selders, John Harris, Michael Windish, Chris Cabott, Sue Buzard, Erica Young '07, Jen Payne '09, Priscilla Mattinson Esq., Fred Hermanson and Alex Eaves.

As there is not enough funding from LVC to support the entire conference, there is a fee to enter. The fee to register is \$15 online or \$25 at the door the day of the conference.

For more information about the conference go to www.lvcmic.com and look out for our special MIC issue next week.

S. BARKMAN
T. DAVIS

seb005@lvc.edu
tdd002@lvc.edu

Lebanon Valley College Presents
(R)EVOLUTION
Music Industry Conference



SATURDAY NOV 20 2010

visit
LVCMIC.COM
for more info

Courtesy of LVC MIC

Photo of the Month



Photo by Cody Shepp '12 / LA VIE

PIE IN THE FACE As October is now behind us, we thought we'd share our favorite picture from the month. This gem is from the Pie Eating Contest held on October 21

Lebanon Health Services, Shroyer offer free STI testing

LAURA WALDRON '11

ALI MCFADDEN '12

LA VIE STAFF WRITERS

"One in four individuals will contract an STI (sexually transmitted infection) by the time they reach 25 years of age," says Lebanon Family Health Services online.

Students may not always experience symptoms of an STI, but it is important to be tested regardless. Lebanon Family Health Services offers emergency contraception, annual exams, birth control, pregnancy tests and free STI testing (including HIV) and free condoms.

The center runs a walk-in clinic every Friday from 8:30 a.m. to 3:00 p.m. Only 10 to 15 minutes

away, the center is located on 615 Cumberland Street in Lebanon, Pa. The staff has a strict confidentiality policy and the staff is all female. The cost of their procedures is based on a sliding-fee scale determined by household size and income. Female students may benefit from the Select Plan, a medical benefit program that provides reproductive health care free!

However, if you don't want to travel to Lebanon, STI testing is available once a month at Shroyer Health Center here on campus. These services have been offered for the past year and a half. Although students were hesitant at first, students are more willing to take advantage of these free services.

"When it started last year, only a few students showed up, but now students have gotten more used to the concept," says Valerie Angeli, director of Shroyer Health Center. Students are notified of the results of their test. If a test is positive, students will receive medication at Lebanon Family Health Services' office as soon as possible. For more information, visit either Shroyer Health Center or www.lebanonfamilyhealth.org. Lebanon Valley Health services also has a Facebook and Myspace page.

L. WALDRON
A. MCFADDEN

llw001@lvc.edu
alm006@lvc.edu

Coffee House Series

9:30 PM November 3rd at MJ's Coffehouse

The Cardinelles

For more information visit
www.lvc.edu/live-calendar/November.aspx

LVC Live Event

9:00 PM November 5th at Leedy Theater

Lauren Bishop

For more information visit
www.joeyedmonds.com/artist_detail.php?artist_ID=84

Corrections
& Clarifications

It is our continuing goal to provide readers with complete and accurate information. To that end, we welcome and encourage notification of any mistakes. Readers who wish to submit corrections should send an email to lavie@lvc.edu, subject line: *Corrections*.

NEWS



CAMPUS CRIMEWATCH

All information courtesy of the LVC Department of Public Safety

10-28-10 | Campus

Traffic Accident

There was a hit and run in the East lot.

10-30-10 | Campus

Suspicious Person

Two suspicious individuals in a car were called in.

10-30-10 | Campus

Emergency Assistance

Two intoxicated students passed out.

10-30-10 | Campus

Alcohol Violation

There was an alcohol violation.

10-31-10 | Campus

Traffic Accident

A motor vehicle accident occurred.

Please report any suspicious activity to Public Safety at x6111.

Student Government Update: 11.1.10

Hershey interested in supplying ice cream

ABBY TOMLINSON '12

KEVIN GARRITY '13

LA VIE STAFF WRITERS

At this week's Student Government meeting the club applications continued with the dance team's proposal. Prior to tonight, the team applied numerous times but failed to accommodate club rules concerning girls who did not initially make the team. As a club, Dance Team is not allowed to make cuts and must invite all whom interested to dance. As a result, they were denied the status. Rules concerning tryouts were altered and decisions were made to grant them full-club status. LVC ADS was not prepared for tonight's meeting. Updates on their status next week.

The stadium seating which was discussed in last week's meeting was brought to the attention of President Stephen MacDonald by Ashton O'Brien '11, President. Unfortunately this project will have to wait for another

year due to the construction of Mund College Center which monopolizes the majority of LVC's budget.

Metz Food Service was approached by Hershey Foods concerning the ice cream supplier for the cafeteria. Hershey is interested in replacing Turkey Hill as the current supplier. Student Government is planning to have a Taste Test Table outside of the cafeteria in the upcoming weeks in order to cast the vote of the student body. Keep your eyes open and place your vote! As Mike Mellon '13 would say, it'll be "The American Idol for ice cream!" Also, from the food service, the annual Thanksgiving Meal will be served on November 18, 2010, the Thursday before Thanksgiving break. The tradition continues!

Winter Formal invites will be mailed this week! Keep your eyes open and return your RSVP slips as soon as possible!

A. TOMLINSON
K. GARRITY

art002@lvc.edu
kjg002@lvc.edu

Seminary student shadowing Chaps

ALI MCFADDEN '12
LA VIE STAFF WRITER

Lebanon Valley College hosts a variety of interns each year. This year, Shayna Watson, a student from the Lancaster Theological Seminary (LTS), is doing her internship in the spiritual life sector of LVC.

Watson graduated from Pittsburgh University in 2002 and says she would like to "teach theology from the context of a worldview" or even teach a world religions class. "As an intern at LVC, I have three primary learning goals: gain a better understanding of chaplaincy in the context of an institution/college, engage the academic life and lastly engage the students," says Watson.

Her goal of "engaging in academic life" will come true when she gives a class presentation during the semester.

According to Watson, the majority of student volunteering projects that occur at LVC are presented by the director of service and volunteerism, Chaplain Fullmer. "Chaps is one of the most awesome individuals that anyone could ever meet!" says Watson. As an intern, she has an opportunity to see how Chaps works as the department head and as chaplain.

A large challenge is finding time to participate in student organization meetings on LVC campus. This is difficult because these meetings largely take place during her LTS classes. She hopes to have fewer conflicts with these meetings next semester.

From Lancaster, Pa, Watson grew up Pentecostal attending the Church of God in Christ. She took residence in Pittsburgh during her undergraduate studies and moved to Maryland a couple years later. She currently lives in Lancaster, Pa in an on-campus apartment at LTS.

When asked about her family life, Watson says she is currently in a relationship and would like to start a family in the future. "We're both full-time students, I'm not working and he has a sustainable income, but not enough for three or four or more," laughs Watson.

When asked who her biggest role model in life is, she says her mother, Cynthia. Watson was raised

by her mother and father until she was 13 years old. After her father's death, her mother took responsibility for Watson as well as her three older siblings. Her mother also reached out to other children who needed homes.

"My mom has this crazy energy, which causes her to never stop moving. I mean to say that she is constantly helping a family or a child in need. She never concerned herself with race, sexual orientation, age, disability, etc. She helps anyone in need. I can only pray to be half as compassionate as my mom," says Watson.

If you would have asked Watson as a child what she wanted to be when she grew up, she would have

(MAR). The main difference between the programs being that the MAR program involves taking fewer courses. Watson chose the Master of Divinity program, which starts each year with a week long program. "The first year we are exposed to denominational diversity by going to various churches. The second year, we experience an intensive [workshop] in pastoral leadership and self-awareness," states Watson. Students are also exposed to many different forms of theology.

"There's so much, and it is ever changing, because the students, faculty and staff shape the learning atmosphere, so that its diverse offerings change from year to year," explains Watson.

LVC was not Watson's first choice when it came to doing an internship; she was even unaware that an internship at LVC was available. It was not until she spoke with Andrea Ferguson who spoke highly of her internship experience at LVC that Watson decided to do her internship here.

"I fell in love with the campus and the energy that the students exemplified. I never met a group of individuals that was so eager to reach out to communities. LVC has a nurturing environment and seems to provide a

lot of opportunities for growth and advancement for students," Watson comments.

One favorite free-time activity of Watson's is to go to the movies. "I especially love suspense, horror, thriller, fantasy and whatever genre 'Inception' would be under," says Watson. Painting used to be a hobby of hers, and she would love to start painting again, but the only drawback of painting is the expensive materials.

"I truly love every aspect of seminary; all of it is enjoyable, yet challenging. I love learning new things. I especially enjoy taking the tools that I have been equipped with from prior courses and applying them to the current course of study. It's almost like being enlightened and refreshed every day," says Watson with a smile.

"I fell in love with the campus and the energy that the students exemplified. I never met a group of individuals that was so eager to reach out to communities."

SHAYNA WATSON

Seminary student from Lancaster Theological Seminary

said a lawyer. This was due to the imprisonment of people of color because of "systematic and institutionalized racism," says Watson. Her goal was to become a hero in the black community. "I felt that the only way of understanding the judicial system was to become a part of it—learn the language," states Watson.

The career plan she had chosen changed when theology took her down a different course. Describing her career choice, she uses the age old saying "I did not choose the career, the career chose me." This career has shown her that there are other ways that liberation can occur for all people.

When asked what seminary training involved, she responds with, "What doesn't seminary involve?" LTS has two professional degree programs: Master of Divinity and Master of Arts and Religion

A. MCFADDEN

alm006lvc.edu

Has social networking gone too far?

NETWORK: Facebook post leads to suicide

Continued from Page 1

MacDonald believes that social media has given unprecedented power to manipulate the lives of others.

"[Clementi's death] brings home how powerful a tool it is. It's so powerful it kills people. That's how powerful it is. You can kill your roommate with it. It destroys people's lives," MacDonald said.

Dr. Jeff Ritchie, an associate professor of digital communications at LVC, points out that there has been a lag between expanding technologies and legal precedent.

"The unfortunate thing about digital media is the reach is virtually infinite. The law is struggling about figuring out what to do. Our laws are based on media technology from 400 years ago. We've had time to figure out that the laws back then are just a bad fit now. I think the punishments should reflect the needs of everyday people rather than the concerns and needs of an industry," said Ritchie.

MacDonald urges students to be aware of the power of social networking and reminds them to take charge of the responsibility that

comes with that power.

MacDonald also notes that had Clementi sought help after his roommate's attack, he may be alive today since Rutgers, like many other universities including LVC, has resources to help students in times of need.

Students with harassment concerns can contact Public Safety, the faculty, the residential assistants, and members of the residential life staff including the area coordinators.

Another resource is Student Affairs. Vice President of Student Affairs Greg Krikorian says that there have been instances of harassment using technology at LVC. "Somebody taped someone involved in an intimate act and made that public. The person who did that faced both criminal and institutional action and was separated from the institution," said Krikorian.

The LVC Student handbook, provided to all students at the beginning of the fall semester, clearly shows what happened to Clementi would have been against guidelines here at LVC.

The handbook states that "Participat[ing] in any unauthorized use of electronic or other devices to make an audio or video recording of any person while on college premises without his/her prior knowledge, or without his/her effective consent when such a recording is likely to cause

injury or distress. This includes but is not limited to surreptitiously taking pictures of another person."

Another resource on campus is the Bias Response Team, which consists of two faculty members, three members of the faculty, and three students.

Theodora Hermes '12, a student member of the Bias Response Team, describes the group as a "forum for students and others to seek advice and guidance regarding perceived instances of harassment and acts of violence based on race, national or ethnic origin, gender, age, sexual orientation, religion and disability. We refer to our Team as a 'hot line' to which people can turn for immediate counsel and assistance in assessing the character and gravity of situations that they encounter."

A third resource on campus is Freedom Rings. In response to Clementi's suicide, LVC's GLBT advocacy group plans to host several events to raise awareness about the struggles in the lives of gays and lesbians. The group also plans to sell shirts that read "Gay? Fine by me" in an effort to allow LVC students a chance to broadcast their support of gays and lesbians.

Christa Levko '12, president of



Photo from Facebook

Freedom Rings, is proud of what the group does to promote acceptance. "We practice what we preach. We are an accepting club, and we hope others follow our example."

At its core, what happened to Tyler Clementi isn't an issue of suicide. It isn't even a question of whether or not social networking is strangling us as it gives us just one more avenue to hurt and harass each other.

It's really an issue of America's hatred of anyone not like 'us,' including its GLBT community.

We shouldn't merely have seen these tragedies coming. Unless we as a country make a decisive effort to

change the climate for our queer citizens, we should expect more deaths to come. The only question is how many more bodies will we need to realize something has to change?

LVC's English 213 Journalism class is exploring how social networking and homophobia mixed to create this tragedy. In this special issue of La Vie and La Vie Online, there are several articles exploring LVC's reactions to events that have been reported worldwide.

Visit lavieonline.lvc.edu for the complete version of this story.

A. TEXTER amt001@lvc.edu
A. NORDALL asn001@lvc.edu

Q&A: LVC student shares his story

Continued from Page 1

at LVC is like, to learn more about the coming-out process and to elicit some feedback about the Clementi suicide and the role that social media played in it.

Q: So Tim, when did you first realize and accept that you were gay?

A: When I was in 6th grade, I had this weird crush on my music teacher, and for the first two weeks of that going on, I didn't think anything was strange. Then I remember one day coming home on the school bus; I sort of said to myself, "I'm gay, aren't I?" and I just kind of accepted it.

Q: Who was the first person you told?

A: I told my friend Andy in 7th grade because I knew he wouldn't betray my trust. It was probably the most awkward conversation I've ever had in my life, and it took me about an hour to actually say it.

Q: When did you start to come out to your friends and family?

A: Around my junior year of high school.

Q: Why wait such a long time to tell everyone else?

A: I was reluctant to tell my other friends because I didn't want that kind of gossip to get around, and then eventually I got to point where I said, "I should start telling people," and I think part of that was because it was getting incredibly awkward as I tried to relate to some of my peers. They were interested in girls, and I was like what am I supposed to say? I'd much rather just tell the truth.

Q: What's your family like?

A: I have seven siblings, and I am the youngest.

Q: How did your family react?

A: I came out to all seven of them [siblings], and they're all supportive, very positive, but I haven't come out to my parents yet because they are very conservative, very Christian, and you never know how they'll react. So, my plan now is to wait until I graduate and get out on my own, wait 'til I'm stable and then come out, and if they want nothing to do with me, then they have to live with that.

Q: How did your religious upbringing affect your decision to accept your sexual orientation?

A: I've never been very religious, so I've never had some of the hang-

ups and the barriers that some gay Christians do. It kind of all happened at once, when I stopped believing in God and realized that I was gay. But I certainly think that more and more people are able to reconcile it now because they accept the part of the Bible that is much more loving.

Q: What was it like when you came to LVC? Did you feel accepted?

A: It was very nice and very surprising when I actually started coming here to see that we have a chaplain who is incredibly supportive. We have support groups on campus. We have things like Freedom Rings. We have the Office of Multicultural Affairs. We have the bias response team, so we have support networks in place if I were to feel uncomfortable.

Q: Do you feel uncomfortable?

A: No.

Q: What does "Gay Pride" mean to you?

A: I think gay pride is much more than being proud of being gay. It's being proud of who you are and being proud of being gay without fear. Gay pride is just being able to be yourself, and it's great.

Q: How did you feel when you heard

about the Tyler Clementi suicide?

A: I was shocked that anyone could be that kind of a scumbag. It's just terrible. I'm not sure if the roommate who filmed everything knew that he was going that far, but he had to know that this was going to do some serious damage to Tyler. Obviously, you're going to utterly devastate this kid, and why would you do that?

Q: How would you feel if you were in that situation?

A: I would feel violated and embarrassed, but I wouldn't kill myself. I think that maybe something that's being overlooked, when so much of the attention in this is focused on social media and bullying, is intolerance. You know, you're a freshman in college, it's a fresh start and you think you're in this great social position, and then all of a sudden, bam. People need to know the consequences of their actions.

Q: How do you feel about social media?

A: In my opinion, social media is a neutral tool. It's not inherently good or bad. It is how we choose to use [it] that's what's important. Something

like this [Clementi] isn't so much a commentary on this technology but how our society uses it.

Q: Do you think that social media sites should filter what content can be posted?

A: No, because where would you draw the line? Simply blocking these things won't make them go away in real life.

Q: Finally, with a tragedy like this, do you think that social media has gone too far?

A: No, because it's not that social media has gone too far; it's not the technology that we should be indicting here. It's the people; it's the society.

Tim realizes that people are entitled to their opinions but urges others to think about what they say and the ramifications that hateful speech and prejudice have on our society as a whole.

If you or someone you know is struggling with their sexuality, think of what Tim said about the "support networks" the school offers to all of its students and remember how accepting LVC truly is.

S. MATTHEWS spm004@lvc.edu
B. SODA bas008@lvc.edu

Has social networking gone too far?

Does it get better?

TIM DAVIS '12
LA VIE STAFF WRITER
SARAH BARKMAN '12
PERSPECTIVES EDITOR

On Sept. 22, 2010, 18-year-old Tyler Clementi made the decision to jump off the George Washington Bridge. Tyler was a freshman at Rutgers University—an accomplished violinist. The question is: Why? Why would a young man with his entire life in front of him take his own life?

While the full answer to this question is not understood, the facts remain that on Sept. 19, Clementi's roommate, Dharun Ravi, 18, of Plainsboro N.J., and his friend Molly Wei, 18, of Princeton, N.J., streamed an intimate encounter involving Tyler live on the Internet. Ravi posted on his Twitter account, "Anyone with I-Chat, I dare you to video chat me between the hours of 9:30 and 12. Yes, it's happening again." This was the second time that Ravi streamed an intimate encounter of Clementi's on the Internet, though he claimed that the first was accidental.

Dan Savage, author of the relationship and sex advice column *Savage Love* for the Seattle newspaper *The Stranger* soon discovered the case of Tyler Clementi. Savage not only writes an advice column but also started an organization called the It Gets

Profile Pictures

By In Honor of Tyler Clementi • View Photos



Updated
about 2 weeks ago

258 people like this.

View all 288 comments

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Post Album to Profile

Deb LadyTiger Exter I am actually at a loss for words and that doesn't happen often how 2 individuals think they have the right to put ANYONES person exploits online in any way makes me sick "coming out of the closet" so to speak should be left to the person w... See More
October 9 at 9:01am • 1 person • Flag

image courtesy of Facebook

Better Project.

The project is designed to show gay/lesbian/bi/transsexual individuals that it *does* get better. Just because you are bullied in high school for being gay does not mean it will last forever. In response to Clementi's and other gay individuals' deaths, Savage states, "When a gay teenager commits suicide, it's because he can't picture a life for himself that's filled with joy and family and pleasure and is worth sticking around for. So I felt it was really important that, as gay adults, we show them that our lives are good and happy and healthy and that there's a life worth sticking around for after high school."

The It Gets Better Project not only

reaches the students being bullied, but it also sends a message to those students who are the bullies. Hopefully, students everywhere will learn a lesson from Clementi's death and Savage's It Gets Better Project.

Another online project, Make Beats Not Beat Downs (MBNBD), vows to give bullying victims a voice by "presenting alternative help to bullies & the bullied youth through all aspects of music." MBNBD has partnered with popular bands Underoath, Saosin and Cartel to "bring to light the atrocities that are happening to children and teenagers across the nation."

Using resources from MBNBD, schools can start anti-bullying organizations. MBNBD provides rewards

and incentives for schools that meet the goals on their website, www.makebeatsnotbeatdowns.org.

Through both MBNBD and the It Gets Better Project, people can use their voice to end bullying and the suffering it causes. People from all over the country have been posting their opinions and their stories on the Internet in correlation to the It Gets Better Project. Schools all over the country have started raising awareness and giving a voice to bullying victims with MBNBD. These two projects are examples of how the Internet can be used to reach out to young, isolated individuals and give them hope.

T. DAVIS tdd002@lvc.edu
S. BARKMAN seb005@lvc.edu

VP Krikorian offers opinion on bullying

ALI MCFADDEN '12
LAURA WALDRON '11
LA VIE STAFF WRITERS

Technology is constantly changing, through facebook, blogs and other social networking sites.

While making our lives convenient, technology, particularly social networking sites, can also cause harm. Gays and lesbians have been a principal target of cyber bullies, in high schools and colleges and universities.

Recent instances of cyber bullying have resulted in suicides. Rutgers University student Tyler Clementi is but the latest example.

Vice President of Student Affairs Greg Krikorian says the Rutgers suicide is one of the saddest stories he has ever heard. Krikorian says he can recall only one case of cyber bullying on the LVC campus.

The case was similar to the cyber

bullying that occurred at Rutgers. "Somebody taped someone involved in an intimate act and made that public. The person who did that faced both criminal and institutional action, and was separated from the institution," says Krikorian.

LVC's student handbook addresses cyber bullying in terms of harassing, intimidating or stalking a student and abusing the responsibility of computer rights and privileges. The handbook also states that "Participat[ing] in any unauthorized use of electronic or other devices to make an audio or video recording of any person while on college premises without his/her prior knowledge, or without his/her effective consent when such a recording is likely to cause injury or distress. This includes but is not limited to surreptitiously taking pictures of another person."

A judicial process exists for students who violate college policies re-

garding cyber bullying. Students usually bring accusations to Public Safety, Resident Advisors, area coordinators, dean of students, or the vice president of student affairs. They can also talk to any member of the LVC faculty or coaches. Action is taken depending on the severity of the offense.

Krikorian is quick to point out that existing policies are not a guarantee that cyber bullying can be prevented. He says educational programs or training should be implemented in schools to educate students and faculty about cyber bullying. Chaplin Paul Fullmer, Director of Multicultural Affairs Venus Ricks as well as other staff members are working on a training program for students and faculty on "safe space." If students have concerns about cyber bullying, the Lebanon Valley College Bias Response Team is an available resource for students.

"Here, at the college, people should

respect each other regardless of sexual orientation or ethnicity or anything like that. You come to college to get an education, to grow as a person, so I think it's our responsibility to never let anything like [cyber bullying] occur," Krikorian explains.

Immaturity, ignorance and naivety can be a leading cause of cyber bullying. Krikorian hopes that everyone will be aware of students around them who may be victims of cyber bullying. A concerned student or victim who comes forward may help future victims. These incidents can happen anywhere, from locker rooms, facebook walls, or even chat rooms.

"Knock on wood, we live in a relatively respectful place. I think LVC is its own little cocoon, in a lot of ways, we don't have a ton of stuff that goes on," he says.

A. MCFADDEN alm006@lvc.edu
L. WALDRON llw001@lvc.edu

Internet community reacts to media-related death

KAYLA FULFER '12
JON LEER '12
LA VIE STAFF WRITERS

It started with social media: a stream of video and a tweet. It ended with social media: a facebook goodbye. So how is social media reacting to it?

The death of Tyler Clementi, a freshman college student who jumped off a bridge after an intimate encounter with another man was broadcast online, caught the attention of the entire nation.

Shortly after his death a nationwide outcry regarding gay rights as well as cyber privacy issues rose. People began taking action in every way they could, including on Facebook.

Only two days after Clementi's death, Facebook already had over 70 pages, groups, discussions and events dedicated to Clementi. In honor of, In memory of, Tyler Clementi memorial, are just a few of the names for the groups and pages on Facebook.

Most of these pages are filled with heartfelt comments mourning his death, or angry comments determined to stop the deaths caused by cyberbullying and homosexual abuse. Additionally, pictures of Clementi fill the pages, some even photoshopped to depict Clementi as an angel with a halo above his head.

However, caution should be taken when joining the pages and groups, as some are not what they seem. For example, one page called "In memory of Tyler Clementi" seems harmless from a first glance. However describing the page as harmless is far from the truth after viewing photos, comments, and what the Administrators, who happen to be using a fake profile, are saying.

These pages are actually filled with hateful comments about Clementi and homosexuals in general, as well as inappropriate, irrelevant and disturbing pictures. The misleading name and first glance profile is hoax to get members to join, thus keeping them from getting reported and removed from Facebook.

PERSPECTIVES

Letters to the Editor

La Vie Collegienne requires all submissions to contain the author's name, telephone number, address and/or e-mail address. No letters can be considered for publication unless the above criteria are met.

Telephone numbers and addresses will not be printed. Submissions will be strongly considered for publication if they contain the author's rank, major, or professional capacity.

Letters should be no longer than 200 words. All submissions to "Perspectives" become property of *La Vie Collegienne*. *La Vie* reserves the right to edit submissions for space or for content that is vague, repetitive, libelous, or profane. It is not *La Vie*'s responsibility to check for factual inaccuracies within submissions. The editor will have the final determination concerning such matters.

Letters, columns, and opinion-based articles are not necessarily representative of *La Vie*'s opinion or Lebanon Valley College.

Submissions may be e-mailed to lavie@lvc.edu or hand-delivered to our Mund office.

REACTION: Media sends conflicting messages

Continued from Page 5

These fake groups and pages are not however, left unnoticed by all. Many other positive Clementi groups have been reporting these hurtful pages, and have been rallying others to do so as well. Their names for those ruining the Clementi sites; Trolls.

This internet term is used to describe someone who defaces an internet tribute site with the

aim of getting an emotional reaction from others or causing grief to families. With Clementi's death as a result of cyberbullying it is no wonder that 'trolls' are jumping on every opportunity they can to cause angry reactions from all who mourn the death of Clementi.

Digging deeper, there are even pages dedicated to Rharun Ravi and Molly Wei, the two accused of invasion of privacy. The

majority of these pages support Tyler, protesting their actions, and pushing for charges to be pressed. However are some that want all charges dropped against both, Ravi and Wei. This page, labeled by many as a 'Troll' page, actually has a lot of controversy and support for those who truly think they should not be charged.

Their arguments range from 'it was just a practical joke by some college kids' to 'it was his own

fault for being a coward' to 'if he had been stealing and you taped him, it wouldn't have been an invasion of privacy, so why now?'

Even after the tragic death of Clementi, a result of cyberbullying gone to far, the bullying seems to continue whether aimed at homosexuals or not.

K. FULFER
J. LEER

kmf002@lvc.edu
jrl004@lvc.edu

RAD Training: Useful even in seemingly quiet Annville

Katie Zwiebel '12
Co-Editor

This editorial is a part of a series written by Emily Gertenbach '11 and Katie Zwiebel '12 recounting their experiences in RAD training.

Some ask me why I carry mace. Oftentimes it leads to a laugh, but this evening was an exception.

Walking across the quiet quad one evening, everything seemed to be in place. As I walked, I thought about the amounts of work I had to do that evening; however, something just did not

feel right. I continued to cross the street when two males, who at first appeared to be high school aged students, suddenly approached me.

This was it. My instinct was right.

They attempted to say hello and asked if they could talk to me for a few minutes, but I insisted that I was too busy to talk and proceeded to my door.

While they continued their attempts to approach and talk with me, I had one thing in my mind: RAD Training.

The "what-if" factor had set in

as soon as I had crossed the street. No longer did the two from afar look like people I knew.

After slamming the door shut and locking it, I stood in the hallway and debated what to do. Should I call public safety? Or was that just a fluke? Maybe they actually were LVC students.

After a brief moment, I took out my phone and dialed Public Safety. Even after dialing, they rang the doorbell again and remained outside my door. I expressed to the officer my concerns and that something just did not feel right. He proceeded

to pursue the call and found the males walking towards another area of campus. The two were taken to the Public Safety office for investigation.

Sure, we live in little Annville, but bad things can happen if you are not careful. Are you prepared—just in case?

K. ZWIEBEL

klz002@lvc.edu

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La Vie Collegienne

101 N. College Ave | Annville, PA 17003
Campus Extension 6169 or lavie@lvc.edu
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CO-EDITORS

Katie Zwiebel '12
Alyssa Bender '11

FEATURES EDITOR

Caitlin Murphy '12

A&E EDITOR

Tony Gorick '11

PERSPECTIVES EDITOR

Sarah Barkman '12

SPORTS EDITOR

Lauren Scott '12

SENIOR COPY EDITOR

Alyssa Sweigart '12

CIRCULATION MANAGER

Jake King '11

SENIOR PHOTOGRAPHER

ONLINE MANAGER

Cody Shepp '12

BUSINESS MANAGER

Matthew Garber '11

ADVISER

Robert E. Vucic

La Vie Collegienne is published every Wednesday of the academic year. Meetings are held Mondays at 6 p.m. in our Mund office, activities room #3. We're always looking for new writers!

THE DRAMA MAMAS:

Dear Drama Mamas,

I met this guy in the beginning of August, when I was on summer break from school, and it seemed like we hit it off right away. We live about 40 minutes away from each other at home so we only got to hang out a few times, but we talked every day before I came back to school. As the semester progressed it seemed like he fell off the face of the earth, except for random text messages he sent to me. I am really confused because he says he wants a relationship but then sometimes won't respond to text messages after he initiated the conversation. He seems like a really nice guy, and he has a good job, but I don't want to seem like I am making the moves on him. Every time that I am home he asks to hang out, but once I leave to come back to school I rarely hear from him. We haven't had sex because I don't want our relationship to be just about hooking up – I want an actual relationship. I have met his friends, and he has even come over to my house, but I am still confused as to what he wants. I don't want to seem pessimistic and push him away, but I don't want to get my hopes up and be disappointed either. Should I continue talking to him or should I just ignore him and walk away?

Sincerely,

Lost in the Texts



S. BARKMAN
L. SCOTT

seb005@lvc.edu
lrs002@lvc.edu



Want Answers?

Need a problem solved? Do you have trouble with certain issues in your life? E-mail the Drama Mamas and see what they have to say! Email questions to seb005@lvc.edu and read *La Vie* to see your answer!

Dear Lost,

First of all, it seems that neither one of you know each other very well, so it would not be wise to jump to any conclusions. Second, realize that he might be just as confused as you are. The possibilities are endless: He might not want to deal with a long-distance relationship, he might think that you aren't that interested since he is always the one to initiate conversation, he might feel like he is bothering you at school, etc. If you *are* definitely interested in him then don't ignore his texts. Let him know that you enjoy talking to him (if you do), and wait and see how he acts the next time you go out with him. If both of you are actually interested in a relationship, then 'that' conversation will happen eventually -- but don't rush into things. The only way to find out if you are both on the same page is to talk about it. Know what you want, follow your instincts, and be upfront with him – the worst that can happen is he doesn't respond, which will certainly give you an answer.

Much Love,

Drama Mamas

SPORTS

SCOREBOARD

Field Hockey

@ Widener, 10/29 : W 7-1

Ice Hockey

vs. Kutztown, 10/29 : W 6-1

Men's Cross Country

@ MAC Championships,
10/30 : 6 of 15

Women's Cross Country

@ MAC Championships,
10/30 : 2 of 14

Women's Soccer

vs. Widener, 10/30 : W 1-0

Football

vs. Widener 10/30 : W 42-38

Men's Swimming

@ Arcadia : W 125-74

Women's Swimming

@ Arcadia : W 120-85

Men's Soccer

vs. Widener : W 2-0

ATHLETES OF THE WEEK

JENN CRONIN

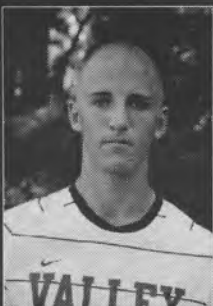
WOMEN'S CROSS COUNTRY

Senior Jenn Cronin took silver in the 8000 meter race with a time of 22:11.43, leading the women's cross country team to a second-place team finish at the 2010 Middle Atlantic Conference Cross Country Championships on Saturday, Oct. 30 at Delaware Valley College.



CHRIS HALL MEN'S SOCCER

Junior Chris Hall was named to the CoSIDA/ESPN The Magazine Academic All-District II Second Team. Hall leads the team with nine goals, 20 points, and 67 shots. He ranks third in the CC in points and goals. Hall maintains a 3.77 GPA.



Swimming secures second success

DAN CALLAHAN '14
LA VIE STAFF WRITER

The men's and women's swim teams won their first meets of the 2010 season against Arcadia on the eve of Halloween this past Saturday. The men's team won 125-74, and the women beat the Knights 120-85.

Leading the men were two double winners Jeff Bush '11 (50-free, 100-free) and John Denniston '14 (200-free, 500-free). Denniston became the newest Dutchmen MAC qualifier with a time of 5:27.27 in the 500-free.

Alicia Hain '14 was the only double winner for the women (200-IM, 500-free), although she did win with two MAC qualifying times. In both the men's and women's meets, the Dutchmen won all four relays.

Overall, Lebanon Valley picked up seven new MAC qualifiers. One of those qualifiers includes distance swimmer Ryan Humphries '12, who took home first place in the 1,000-free with a time of 11:53.82.

"Through our first couple of meets, we've looked really solid," Ryan said about the team so far.

"Taking a few races against an always tough Albright team, a win against Arcadia and amassing 26 MAC-qualifying times and two new program records throughout the first two meets is an awesome start to our season. We picked up a lot of really talented freshmen this year who have not only been vital to our success thus far [but] have also embraced the team spirit of our program. Our upperclassmen have continued to put out strong results, and we can only see ourselves improving over the course of the season and getting stronger and stronger. We're going to be a very competitive team in dual meets this season, and I think we have the ability to surprise a few people come time for MAC championships in February. So far, this team is shaping up to be one of the best I've seen in my time at LVC."

The Dutchmen will take on DeSales University in Annville this Saturday, Nov. 6 at 1 p.m.

D. CALLAHAN

dpc001@lvc.edu



Photo courtesy of GoDutchmen.com

Schedule

Wednesday, 11/3

Women's Soccer
@ Arcadia
3 p.m.

Field Hockey
vs. Elizabethtown
3:30 p.m.

Volleyball
vs. Messiah
7 p.m.

Friday 11/5

Ice Hockey
vs. Drexel,
7 p.m.

Saturday, 11/6

Football
@ Lycoming
1 p.m.

Men's and Women's Swimming
@ De Sales
1 p.m.

Field Hockey @ Commonwealth Conference Final, TBA

Five soccer players named All-Conference

Three women and two men soccer players named second team



Photos courtesy of GoDutchmen.com

SOCCER PLAYERS NAMED ON SECOND TEAMS Nicole Snyder '13, Dani Douglass '14, Heather Tran '14, Kelly Hess '13 and Justin Hutchinson '11

LAUREN SCOTT '12
SPORTS EDITOR

Five LVC soccer players were named second team honorees to the All-Commonwealth Conference team, announced Tuesday.

The announcement marked senior Justin Hutchinson's fourth time being announced to All-

Conference honors, his second time on the second team. He led the team with seven assists on the year, marking him second in assists in LVC's history.

Sophomore Kelly Hess recorded the honors for the first time. He started all 17 games this season, posting an assist and a goal.

Sophomore Nicole Snyder,

team leader in goals and points her first two seasons with the Dutchmen, earned the honor for the second year in a row. Snyder recorded seven goals and 16 points in her 19 starts this season. With five game winning goals this season, Snyder ranks second in game-winning goals this year.

Freshman Heather Tran ap-

peared in 17 games this season, tallying a goal and two assists on the year.

Freshman Dani Douglass started 16 of the team's 18 games this season and limited opponents to only 23 goals on 124 shots on the season.

L.SCOTT

lrs002@lvc.edu



SPORTS

Playoff galore for four teams

Men's soccer, women's soccer, field hockey and volleyball reach Commonwealth Conference playoffs

LAUREN SCOTT '12
SPORTS EDITOR

Fall sports proved a success for Lebanon Valley College as four fall sports teams have earned placement in the Commonwealth Conference playoffs in hopes of reaching the NCAA tournament.

Men's soccer marked a 9-7-1 record and went 3-3-1 in the Commonwealth Conference, earning their match up at Messiah (16-1, 7-0 CC) on Tuesday, Nov. 2. At press time, the game was undetermined.

The team's 2-0 victory over Widener on Saturday secured a playoff position for the Dutchmen as they grabbed three points, marking them in fourth. Senior George Andriko scored a penalty kick in the second half and junior Chris Hall scored later in the game. Sophomore James Clements made five saves in the game and marked his fourth shut-out of the year. Although this year marks the team's third straight time in playoffs, they will place the top ranked team in the country and defending champs, Messiah. The only Dutchmen victory over the Falcons occurred in 2008 when Andriko banked on a free kick late in the game.

Women's soccer completed the



Photo courtesy of GoDutchmen.com

regular season in third with a record of 10-7-2, 3-3-1 CC and will face number two Arcadia (14-3-1, 6-1 CC) on Wednesday, Nov. 3. The men's soccer team was not the only team who secured playoff position on Saturday, as the women's soccer team also secured their position on Saturday, defeating Widener 1-0. The points from the victory gave the Dutchmen 10 points and placed them in front of Alvernia's nine. Top scorer Nicole Snyder '13 scored

the only goal of the game while junior Sami Young blocked all seven shots on goal. The ranking places the Dutchmen in conference playoffs for the first time since the 2007 season.

No. 2 Field Hockey boasts a 17-1 record, 6-1 in the CC, marking their only loss in an overtime upset versus No. 1 Messiah. The team hosts Elizabethtown (14-4, 5-2 CC) on Wednesday, Nov. 3 at 3:30 p.m. Playing Elizabethtown in playoffs is

nothing new for the Dutchmen, as the team has hosted the Blue Jays the past two years. Last year, LVC defeated E-town 5-1 thanks to two goals a piece from Shelly Lobach '11 and Jocelyn Novak '12. This season, the Dutchmen marked a 4-2 victory over the Blue Jays thanks to goals from Allison Bicher '11. Novak and sophomore Caitlin Vasey lead not only the Dutchmen in their offensive success, but also the NCAA. Novak leads the nation with 35

goals and 76 points. In her nine postseason games in the previous two seasons, Novak's knocked in 15 goals, including three hat tricks, one of which was against Elizabethtown her freshman year. Vasey marked 23 assists in the regular season and 20 goals. Bicher has marked 19 goals and 11 assists on the season.

The team is ranked second in the nation, marking its 67th consecutive top-20 ranking and its 44th straight time ranking in the top 10.

No. 2 Volleyball (21-9, 6-1 CC) will host No. 3 Messiah (19-10, 5-2 CC) on Wednesday, Nov. 3 at 7 p.m. in the LVC Gymnasium. The LVC Volleyball team marks their tenth straight playoff appearance this year, this year in second as LVC fell to Elizabethtown last week, positioning themselves behind the E-town Blue Jays in the postseason. LVC marked conference titles in both the 2008 and 2009 seasons. LVC will host Messiah, who they defeated in straight sets earlier this season thanks to the offensive efforts of Emily Hopkins '11 (14 kills, .323 hitting percentage) and Joelle Snyder '11 (11 kills, .440 hitting percentage).

L.SCOTT

lrs002@lvc.edu

Continued success on ice for the Dutchmen

LAUREN SCOTT '12
SPORTS EDITOR

The Dutchmen Ice Hockey team recorded its fifth win on their undefeated season, marking a 6-1 victory over Kutztown on Friday, Oct. 29th.

Kutztown took the lead in the first period when Cody Ruff knocked one in, but the Dutchmen answered later in the period when freshman Tyler Skroski passed to classmate Shane Golden, who pushed the puck past Kutztown's goalie Billy Booth.

In the second period the Dutchmen had 28 shots on goal and scored

two thanks to Nicholas Schultz '12 and Matt Conroy '12, but the excitement grew for the Dutchmen in the third as they knocked in three in the last 4:50 of the game. Nick Averona '11 broke through on a powerplay to knock in the first of the period while Schultz added two goals less than a minute apart to secure the hat trick, his second of the season.

Rich Drazin '11 made 24 saves on the night to pick up his fifth win of the season.

When reflecting on their success this year Shaun Stamm '12 mentioned, "Being undefeated thus far is definitely something that feels great,

but we still take the season one game at a time and don't let ourselves think too far ahead. The attitudes of the players and coaching staff are the main contributors to our team's success this year. Plus every member of the team is dedicated to winning and being successful on as well as off the ice. I feel that the support and attendance has increased not only at the games, but also around campus. From other students to professors and staff, the support has definitely taken a turn for the better."

L.SCOTT

lrs002@lvc.edu



Religion at LVC: See what students are saying about the importance of religious studies in college curriculum

Check this out at <http://lavieonline.lvc.edu>



LEBANON VALLEY COLLEGE'S STUDENT NEWSPAPER

La Vie Collegienne

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THIS WEEK IN LA VIE

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A&E



Did *Paranormal Activity 2* live up to its expectations? Read our review

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Dangerous drinks banned on LVC campus

LAURA WALDRON '11
ALI MCFADDEN '12
LA VIE STAFF WRITERS

Lebanon Valley College has joined a growing list of colleges and universities across the country that have banned the controversial drink Four Loko.

"Due to the dangerous nature of this alcoholic beverage, we are instituting an immediate update to the college policy governing the consumption of alcohol on LVC property. Effective immediately, Four Loko is a prohibited beverage, regardless of age," Vice President for Student Affairs Gregory H. Krikorian said in a campus-wide e-mail last week.

"College campuses in the area and around the country — including LVC — are seeing significant numbers of

students who have required medical treatment as a result of consuming this alcoholic beverage. Drinking alcohol with energy drinks is dangerous, given the inherent risk in mixing alcohol, a depressant, with stimulants. Stimulants mask the depressant effects of the alcohol, allowing the person to consume even more alcohol and thus, delaying feelings of drunkenness," Krikorian's statement continued.

Four Loko is a drink that mixes alcohol and caffeine: A 23.5-ounce can contains the equivalent of six standard servings of alcohol and five cups of coffee. A malt beverage available in a variety of flavors, Four Loko combines alcohol with stimulants like caffeine, guarana and taurine.

Known as "blackout in a can" and "liquid cocaine," the con-



Photo courtesy of newsonline.com

sumption of Four Loko has led to students being hospitalized. Some suggest the drink can be lethal.

"I decided to ban Four Loko because it seems to me the drink is an inherently dangerous cocktail that's just begging to be abused by

young people," said LVC President Stephen C. MacDonald. "An overload of alcohol and caffeine squeezed into a flavored base: a shameless concoction. I'm not a Prohibitionist; I enjoy social
See **LOKO** | Page 2

"An Hero": The story behind the meme

ANDREW VEIRTZ '12
LA VIE STAFF WRITER

Readers of *La Vie* have probably seen or heard about last week's front page, specifically the picture of the late Tyler Clementi with the caption "An Hero."

Many are unaware that, in fact, the phrase is used to make fun of victims of suicide. It is what is known as an Internet "meme," which is basically a sort of cultural idea or catchphrase that spreads rapidly and is copied constantly via the Internet.

The truth is, the phrase has a tragic history of its own. It all began with the suicide of Mitchell Henderson, who was a seventh grader in Rochester, Minnesota, in 2006. The details surrounding his suicide were never disclosed, but his friends and family constructed a Myspace memorial page in his name.

In it, one comment read "He was such an hero, to take it all away. We miss him so, That you should know, And we honor him this day. He was an hero, to take that shot, to leave us all behind."

As is common in many areas of the Internet, certain users latched onto the poster's poor grammar and began using the term "an hero" to make fun of victims of suicide. The term now means "one who commits suicide over something trivial."

It is also used as a verb as a synonym for suicide, further emphasizing the grammatical error. This definition is due in part because of a rumor that Mitchell Henderson committed suicide because he lost his iPod. This rumor also began due to the false comments made by Internet bullies.

And thus the term, like so many other Internet memes, spread

across many parts of the Internet almost overnight. It survives because of the trend of "trolling," which is the act of saying something extremely absurd or offensive just to get a response. The trend has become so popular due to the anonymity allowed by the Internet, which allows users of some websites to make comments on articles or forums under complete anonymity.

It is unfortunate and sad how many individuals have chosen to make fun of things like committing suicide, and as the *La Vie* community now knows, it can have far reaching effects. The photo in last week's story, which contained a derogatory term with a sad history all its own, just serves another example of the tragic trend of cyber bullying.

A. VEIRTZ aov001@lvc.edu

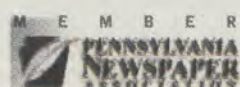
Important note from the editors:

Thank you to the LVC community for alerting us to the cultural meaning of "An Hero." On behalf of *La Vie*, we would like to apologize for the photo on the front page of the special report on social networking. We did not realize the term has a derogatory meaning.

If you care to comment, please submit a letter to the editor by e-mail to lavie@lvc.edu or hand deliver it to our Mund office. Again, we apologize for the photo.

Sincerely,

The *La Vie* Staff



WE WANT YOUR FEEDBACK

lavie@lvc.edu

LaVieLVC

x6169

FREE | TAKE ONE

NEWS

LOKO: Dangerous drink banned from campus

Continued from Page 1

drinking. But this is a particularly appalling case of the exploitation of a youthful market by reckless and irresponsible entrepreneurs."

The hospitalization of an LVC student played a role in the banning of Four Loko. "Given the recent information that has become available, there are some risky consequences that especially college aged students are seeing. We would rather not take that risk," Krikorian said.

Four Loko began as a party drink.

According to the company's website, "In 2005, three college friends from the Ohio State University had the entrepreneurial idea to start their own company. They took out a Small Business Administration loan and put their financial resources on the line to launch Chicago-based Phusion Projects, LLC. Over the past five years, Phusion Projects, LLC has become a successful alcoholic beverage company that sells its products – Four Loko, Four MaXed and Earthquake – in more than 45 states."

Four Loko got its name from its four drink ingredients: caffeine, taurine, guarana and alcohol. Introduced in 2008, the drink now comes in eight flavors: orange, fruit punch, lemonade, UVA (grape),

cranberry-lemonade, blue-raspberry or lemon-lime flavored alcohol.

Four Loko and similar drinks are being investigated to determine if caffeine and alcohol are a safe concoction.

Quoted on LancasterOnline.com, Dr. Mike Reihart, a Lancaster General Hospital emergency physician for the past 13 years, said he has never seen anything like Four Loko. "They're nearly comatose from alcohol poisoning," Reihart said of some of the patients he's treated.

Several states are also looking into the marketing practices that Phusion Projects uses. The company denies that it markets the product to people under the age of 21.

"We ID' is very clearly stated on the can. Not only is that in huge font, but the percentage of alcohol is as well," the company declares on its website.

Another reason the drink is dangerous, experts say, is because the caffeine in the drinks suppresses the feeling of inebriation. The caffeine makes you feel wide awake, which can make a person believe they have the ability to perform a task potentially dangerous to their health.

Quoting the Centers for Disease

Control and Prevention, the Boston Daily News reported that "drinkers who consume alcohol mixed with caffeinated energy drinks are three times more likely to binge drink, and twice as likely to report being taken advantage of sexually."

"It is an exponential relationship because of what it is configured with. It has a stimulant in it, which delays the effect and then affects you later. It's almost too late by the time you notice it," Krikorian said in an interview with *La Vie*.

"I think it is unreasonable," one student protested. "There are no illegal substances in Four Loko, so why can't students who are 21 or over have it?"

"You have to drink it in moderation," another explained. "There is a difference between drinking and overdrinking. When you are drinking Four Loko, you can ask yourself: How much of this drink have I had?" Reasons another student: "It all comes down to responsible drinking. Some people can handle it, some people can't."

"If kids would pace themselves and drink somewhat responsibly, it wouldn't have this impact," said another student. "Kids really go at it just

because it tastes so good; drinking three or four at a time. If they were smart about drinking, they'd have one and take a break or something. It's not Four Loko's fault in my opinion, it's the people who don't have enough common sense to handle it."

One student commented, "I have heard the horror stories of Four Loko, but people should know how to drink responsibly. The fact that it is being banned from campus is ridiculous in my opinion, but like other rules that the campus has, this one will probably be broken. I think kids will want to try it more just because they will want to know why it has been banned."

"A group of students who never thought twice about trying the drink are now interested in what this banned drink can do. Calling so much attention to the product and telling these students what it can do only makes them more determined to prove it won't happen to them," added another student.

LVC's amnesty policy comes into play when discussing alcohol consumption. "Student's health and safety is a major concern. We are always concerned that students may not seek out help as they should," says Dean Yuhas.

The LVC policy states, "Student seeking assistance from College personnel or medical treatment for another student will receive medical amnesty (will not be subject to judicial action for alcohol violations) unless they are found to have contributed to that student's condition." Dean Yuhas says, "It is important they we are our brother's keeper."

The general alcohol policy is listed in the handbook on pages 169 to 172. Krikorian describes the policy as "Pretty straightforward... If you are under the age of 21 you may not possess or be under the influence of alcohol. If you are of age, you could have in the privacy of your own room, a reasonable amount of alcohol."

"I will give you the exact same advice that I gave to my 17-year-old son yesterday when we talked about this. I hope you make good choices; this is one that if you are offered it, you should stay away from it. If you see a friend who is having it, stay away from it, encourage them not to consume it because the impact is significant," Krikorian says.

L. WALDRON llw001@lvc.edu
A. MCFADDEN alm006@lvc.edu

Director of Public Safety Al Yingst announces retirement

JUSTIN ROTH '14

LA VIE STAFF WRITER

After almost 23 years of service to the LVC community as the Director of Public Safety, Allen Yingst will be retiring after this year. Yingst first began his career here at LVC in 1988; however, he hasn't always been in the position of the Director of Public Safety. Starting out as a building and grounds supervisor, after only a short period of employment he was asked by then president, John Synodinos, to assume the position of Director of Safety and Security on campus.

"It's been an enjoyable experience working and being associated with the college from the early days when the college may have been perceived struggling to now one of the top small colleges in the country," said Yingst. "I am happy to be part of that and hope in a small way contributed to the college's success over the years."

Throughout his years at LVC, Yingst has seen many changes to the community here. Other than the ever-

changing student population, he has faced many changes to his position of director.

"The Director of PS is a 24/7 position. In the past, you could have some down time during the summer and breaks, but this has all changed due to the current expectations of the campus community of the PSO operations," said Yingst.

Yingst has formed many relationships on campus. Whether it be co-workers or students, they have made his experience here enjoyable. Yingst is a much respected figure on campus by both co-workers and students.

"I have worked for Al for almost 5 years," said Larry McLucas, Public Safety supervisor. "It was both a pleasure and an honor to work for him over the course of that time. I wish him happiness in his retirement."

Not only has Yingst seen many students pass through, he has also been blessed with the relationships formed with different LVC presidents.

"Al Yingst has done an outstanding job as Director of Public Safety at the

College over the past 20 years," said President Stephen MacDonald. "He has been a model of hard work, reliability, good judgment and common sense. Al has led his department very effectively, and he has been a dependable counselor to three LVC presidents. We will miss Al, and we all wish him well in his retirement."

"I think I speak for everyone in the Public Safety Office when I say that Director Yingst will be greatly missed. Dir. Yingst, over the years, has touched the lives of many students and faculty members. Although this is a special occasion for Dir. Yingst, a number of us, including me, have mixed emotions about it," said Brian Boyer, Public Safety supervisor. "I wish Dir. Yingst only the best in his future endeavors and hope that he makes regular appearances on campus to keep in touch with all of us in the LVC community. Dir. Yingst is a wonderful person and he has made me a better person by just being around him."

Yingst has left a lasting impact on the LVC community and will be

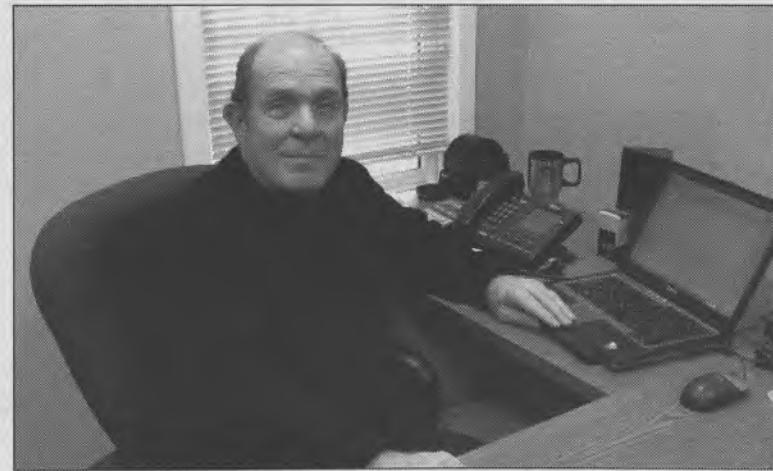


Photo by Justin Roth '14 / LA VIE

missed in the years to follow. On behalf of the *La Vie* staff and student body, we wish Yingst the greatest in his retirement, and we hope to see him around campus as he will always be welcome here.

When asked about leaving the campus, Yingst had many things to say; however, this is his message: "Enjoy your time at LVC, God Bless, thank you to all for your friendships."

J. ROTH

jlr007@lvc.edu

Corrections & Clarifications

It is our continuing goal to provide readers with complete and accurate information. To that end, we welcome and encourage notification of any mistakes. Readers who wish to submit corrections should send an email to lavie@lvc.edu, subject line: *Corrections*.

NEWS



CAMPUS CRIMEWATCH

All information courtesy of the LVC Department of Public Safety

11-1-10 | Campus

Harassment

Unauthorized attempts to access student email accounts occurred.

11-3-10 | Campus

Suspicious Persons

Guests intimidating residents were called in.

11-4-10 | UG

Incident Services

Students were asked to leave the UG.

11-4-10 | Campus

Drug Laws

A bong and questionable-substance smoking was called in.

11-4-10 | UG

Disturbance

A student was escorted from the UG.

Please report any suspicious activity to Public Safety at x6111.

Student Government Update 11.8.10

Hearts for Haiti event, senior portraits coming up

ABBY TOMLINSON '12

KEVIN GARRITY '13

LA VIE STAFF WRITERS

During Monday's SG meeting, President Stephen MacDonald discussed that approval has been given to the start of Mund renovations and that groundbreaking will be held tomorrow.

MacDonald invited the entire campus community to attend this important event. MacDonald anticipates the project being completed in the spring of 2012.

The annual Albright football game is being held this Saturday. As may be known, there is a standing tradition: If LVC beats Albright, no classes will be held on November 24, the half day before Thanksgiving. Come out and support the team.

Kayla Fulfer '12 and Caitlin Murphy '12 approached SG con-

cerning the Hearts for Haiti event this upcoming Sunday. This event starts at 5 p.m. and will include a speaker, a build challenge and the LVC's Best Dance Crew (to take place in the UG). The winners of each challenge will receive gift cards or a cash prize. To sign up, look for the Hearts for Haiti table in the lobby of Mund College Center during lunch hours. Teams must include five to 10 people and \$5 per person. All proceeds go straight to the Haiti Relief.

Seniors have the opportunity to get Senior Portraits November 16 to 19. If this time does not accommodate your schedule, a second chance will be available in February. Please look for signs in Mund College Center if you are interested.

A. TOMLINSON
K. GARRITY

art002@lvc.edu
kjg002@lvc.edu

From LVC to the Governor's Mansion

Graduate to be our next state governor

ANGELA DEON '11

SAM SHOEMAKER '12

LA VIE STAFF WRITERS

LVC's own Tom Corbett '71 was elected Tuesday, Nov. 2, as the 46th Governor of Pennsylvania. His wife, Susan Manbeck Corbett '72, will accompany her husband as Pennsylvania's next first lady.

The new Republican Governor-Elect Corbett and his future wife met in 1968 at LVC. Three years later, Corbett received his undergraduate degree in political science. The couple married the next year after Susan received her bachelor's degree in English.

During his time on campus, Corbett was a member of the lacrosse team, a lifeguard and a member of Phi Lambda Sigma—a

social fraternity founded in 1867. He also served in the Pennsylvania National Guard 28th Infantry Division from 1971 to 1984, advancing from private to captain.

Upon graduation, Corbett taught civics and history at Pine Grove Area High School in Schuylkill County, Pennsylvania. In 1975 he received his law degree from St. Mary's University School of Law in San Antonio, Texas.

Corbett's political career began in 1980 when he became an assistant U.S. attorney and was appointed to serve as U.S. Attorney by President George H.W. Bush from 1988 to 1992. Corbett was elected as Pennsylvania Attorney General in 1995 to 1997 and then re-elected in 2004.

Susan began her career teach-

ing senior English in Northern Lebanon School District. She then dedicated several years to raising their two children, Tom and Katherine (Kate). Tom is a graduate at Carnegie Mellon University. Kate is a prosecutor in the Philadelphia District Attorney's office.

Although their days at LVC have passed, Tom and Susan Corbett are still dedicated alumni of the College. Corbett received the 2008 Distinguished Alumnus Award from LVC and the couple still visits the campus. LVC is proud to have one of their own elected as the next Governor of Pennsylvania.

A. DEON

S. SHOEMAKER

amd006@lvc.edu

ses004@lvc.edu

Social justice institute accepting applications

NOELLE BARRETT '11

LA VIE STAFF WRITER

The Office of Multicultural Affairs is currently accepting applications for the Fourth Annual Social Justice Institute (SJI) which will be held Jan. 13 to 15, 2011.

The three-day leadership institute scheduled over winter break includes modules in many areas of social justice including ableism, sexism, racism, heterosexism and classism. By participating in the workshops, students will be more understanding of the meanings of discrimination, prejudice and oppression and will be able to explain the differences between them and celebration/appreciation of diversity.

Venus Ricks, director of Multicultural Affairs, says attending SJI, which is specific to LVC, is an eye-opener. "[SJI] is a wonderful oppor-

tunity...It's important for anyone to have this experience."

In the past, LVC students spent one day in New York City, where they were able to visit agencies that dealt with many social justice issues, including homeless shelters and Lesbian Gay Bi Transgender (LGBT) groups.

New to SJI is, instead of the NYC trip, the opportunity to not only visit agencies in Washington D.C. but also visit the Holocaust Museum.

Besides gaining awareness of diversity and the trip to Washington D.C., students who participate are also eligible for the campus-based social justice honor society, *Pallas Society*, will fulfill most requirements for the EDGE Certificate in Diversity and Social Justice and can use the institute as a resume enhancer.

Students can access applications

online or pick up applications at the College Center Desk. Applications are due to Deb Bishop at the College Center Desk by Monday, Nov. 29.

For more information and for an application, visit www.lvc.edu/multicultural-affairs/social-justice-institute.aspx or email Ricks at ricks@lvc.edu.

N. BARRETT

nb002@lvc.edu

Lebanon
FAMILY
HEALTH
Services

FREE STI TESTING!

Lebanon Family Health Services will provide FREE STI (Sexually Transmitted Infection) testing at Shroyer Health Center:

Wednesday, Nov 17th
&
Thursday, Dec 2nd

11:00 a.m. - 1:00 p.m.

Private & Confidential
(Results are property of LFHS & not shared with LVC)

615 Cumberland St. Lebanon

(717) 273-6741

www.lebanonfamilyhealth.org

Visit our Facebook & Myspace pages

LVC Live Event

9:00 PM November 12th at Leedy Theater

Magician The Hammer

For more information visit

<http://www.bass-schuler.com/mikehammer.php4>

Features

Hearts for Haiti team challenge night

Students will participate in fundraising event

CAITLIN MURPHY '12
FEATURES EDITOR

Hello, we are the Hearts for Haiti community service group here at LVC. We are a group of sophomore and junior women devoted to helping disaster-stricken Haiti. We work with our parent organization, Practical Compassion, out of Lebanon County, to raise funds with the hopes of building schools, medical facilities, clinics, wells, etc. Practical Compassion is currently working on adding more classrooms, a library and computer lab to a school they had built a few years back. With the recent spout of Cholera and news of a hurricane, Practical Compassion is focusing some of their efforts on getting water, medicine and money to as many Haitian people as possible. They are in dire need of our help.

We would like to welcome students, faculty and administration to our first fundraising event. This coming Sunday, Nov. 14, we will host a pair of speakers and challenges that will not only spread awareness about the

plight in Haiti but will also help raise money to benefit Practical Compassion's mission. At 5 p.m. in Leedy Theater, we will welcome Rachael Windholz, a board member of PC, who has been to Haiti over six times and is currently working with BuildA-Bridge International to help with relief efforts in Haiti. She plans to show video clips and photographs about her experiences.

Following the presentation, we will be running a Team-Build Challenge at 5:30 p.m. in Leedy. Teams of five to 10 students have signed up for the opportunity to take a random set of materials such as cardboard, tape, scissors, rope, etc. and construct a building. This challenge represents our goal of building schools, medical facilities and other necessary structures in Haiti.

After the team with the best "structure" wins the contest, there will be an hour intermission for dinner. At 7 p.m. on the same evening in the UG, we will host LVC's Best Dance Crew. This competition will host teams of five to 10 students as well, and they will put on a musical rou-

tine. LVC's Dance team has created a special routine to perform at the event as well! Admission for this challenge is \$1 but with this donation you will receive a ballot to cast a vote for your favorite team.

Throughout the evening, we will be running a Chinese Auction of raffle baskets in Mund College Center. We will be selling baked goods as well as offering individuals the opportunity to sponsor a child in Haiti. If you are interested, please stop by Mund on Sunday, Nov. 14 anytime between 5 p.m. and 8 p.m. to participate.

For more information on this event, please email House President Kayla Fulfer at kmf005@lvc.edu. You can also log onto Facebook and check out our Event to see what teams will be participating. We hope to see you there!

C. MURPHY crm003@lvc.edu

Fagbug showing in Chapel

Journey for awareness

NOELLE BARRETT '11
LA VIE STAFF WRITER

If a derogatory term such as "fag" was spray-painted on your car, how would you react? New Yorker Erin Davies decided to embrace the graffiti that was sprayed on her VW bug. Instead of removing it, she set out on a 58-day road trip through 41 states. Her objective: to start conversation, get reactions and raise awareness. Along the way, some people criticized what she was doing, while others praised it. Seven people tried to remove the graffiti, while numerous others vandalized the car further. Davies edited the footage from her trip into a film, titled *Fagbug*.

This evening, *Fagbug* will be showed in Chapel 101 at 6 p.m. The film, followed by a discussion lead by Dr. Stevie Falk, director of counseling, is sponsored by the Office of Multicultural Affairs (OMA), Counseling Service and Freedom Rings.

Christa Levko '12, president of Freedom Rings, says, "[*Fagbug*] represents one woman overcoming and showing that you can rise above [hate crimes]."

Venus Ricks, director of Multicultural Affairs, stresses that the film and discussion aren't just for people who identify themselves as part of the LGBT (lesbian gay bisexual transgender) community and for allies, but also for those who aren't supportive. "[The film] sheds light on something in our society. Homophobia is real and present."

Both Ricks and Falk cite the event as a response to Tyler Clementi's suicide and other recent teen suicides.

While no students have come

to Falk about hate crimes, she says, "[Some students] don't feel like LVC is a welcoming community because they're different. We were hoping that we could create a climate of acceptance."

Falk says the discussion will include ways to support the LGBT community, a distinction between tolerance and acceptance and what keeps students from talking, among other topics.

Similar events in the past have been held at LVC, including the showing of *Jim in Bold*, a documentary about Jim Wheeler from Lebanon, who committed suicide at age 19 due to harassment from other students because he was gay.

There are many resources available on campus for students who are victims of hate crimes or harassment, including the Bias Response Team, Counseling Services, OMA, Student Affairs and Public Safety (if you feel in danger).

Freedom Rings, a group for LGBT, questioning people and allies, has representatives available to talk on a confidential basis with students who are uncomfortable coming out.

Falk says, "[I] encourage students to pick out people they feel comfortable with [such as] professors, an RA, other students."

Campus resources are not available 24/7, so if you need help, please call one of these resources: The Trevor Project: 1-866-488-7386, Suicide Hopeline: 1-800-SUICIDE, National Hate Crime Hotline: 208-246-2292.

For coverage from the event, additional information, and more sources, visit <http://lavieonline.lvc.edu>.

N. BARRETT nb002@lvc.edu

LGBT safe zone training offered

Students discuss gender and sexuality

EMILY GERTENBACH '11
LA VIE STAFF WRITER

On Tuesday, Nov. 2 and Thursday, Nov. 4, "Safe Zone" training was offered to the faculty, staff and student leaders of LVC. Led by Louie Marven, Director of Education and Youth Services at the LGBT Community Center in Harrisburg, the hour-long sessions focused on creating a safe and welcoming environment for students who are grappling with issues of sexuality and gender identity or problems with others' insensitivity.

In the session for students, Marven explained that gen-

der and sexuality do not always "match up" with what meets the eye, but ought to be respected and recognized no matter what. He went over many terms used to describe gender and sexuality, explaining that all were valid terms, the usage of which depended on the preferences of the person(s) in question.

The students and Marven got into a discussion about the recent suicide of Rutgers freshman Tyler Clementi, whose sexual encounter with another male individual was allegedly streamed online by his roommate and another classmate. Several students contributed opinions on whether or not a sexual liaison between a man and

a woman, when streamed online without permission, would create the same sort of problems, emotional issues and backlash.

All attendees of the program, many of them Resident Assistants, have been offered the opportunity to receive and display a "safe zone" sign designed by Tiffany Hubble '11. The sign, displayed on a room or office door, will let students know that the space within is a confidential, safe space in which to discuss an array of matters. Signs are available to program attendees by contacting Venus Ricks, director of Multicultural Affairs.

E. GERTENBACH elg001@lvc.edu

Have you seen this gorilla around campus?

Do you want to find out more about him? Check out LVC's sixth annual Music Industry Conference on November 20 to discover more!



Arts & Entertainment

Second *Paranormal* encounter not the same

ROSEMARY BUCHER '14
LA VIE STAFF WRITER

I do not go to horror movies to be scared.

I go to horror movies to laugh.

I know this completely defeats the purpose of a scary movie, but the way I see it, if a horror movie is as scary as it sets out to be, I'm laughing because I'm surprised at how good it is as opposed to how corny and bad it is.

I still say that the \$8.50 I paid to go see *Paranormal Activity* last October was worth every cent. The movie itself was creepy and average all at once, but the infamous ending scene was truly the most memorable moment of the experience and one of my favorite movie moments of all time. I laughed at the fact that a movie had the skill to make me jump a little in my seat and at everyone else's reactions.

Needless to say, I was intrigued when I saw that *Paranormal Activity 2* was going to be released this year. I was even more interested when I saw how little information was being released about the sequel.

As the movie started, I had several questions in my mind: How were they going to make this movie as good as the first one? What was

going to change?

The answer? Add a baby to the mix. Instantly, the movie became predictable and boring. True, involving a child in the now expected *Paranormal Activity* plot of dragging someone out of a room, hearing weird noises and spontaneously burning objects makes the movie a little bit more complex than the first movie. But that's where the movie fails; the first movie was good because of its simplicity.

The problem with *Paranormal Activity 2* is not that it's necessarily a bad movie, but that it feels like

an afterthought or a cheap remake. It doesn't accomplish anything the first movie didn't do already. The first movie was scary because

it looked so realistic, and the effects were simple enough that people couldn't sleep after hear-

movie through camcorder or security footage still adds the whole idea that the movie is raw and un-

random and unexpected conclusion to the first movie.

I didn't laugh once. The overall production was well thought out, so it didn't have that bad horror movie "C'mon! Really?" feeling, but I wasn't impressed at all. I just doesn't couldn't sleep after viewing the first match up. movie, and as a girl who doesn't get

The most disappointing part of the movie was the ending, just because I expected

in true second movie fashion, the ending was

going to be bigger and better than the already spectacular ending of the first movie. I was saddened to find out that the ending,

they were mostly built off of sudden actions the audience didn't expect instead of the low-tech chills supplied by the first movie.

In the end, *Paranormal Activity 2*, while still a believable relation to the first film, just isn't scary enough to be a proper horror movie, and isn't bad enough to be considered a comedic failure. It just fails to impress, relying on the success of the first movie to drag in an audience, just like the movie depends on scary invisible ghosts dragging scared people out of their nice warm beds and into the unknown.

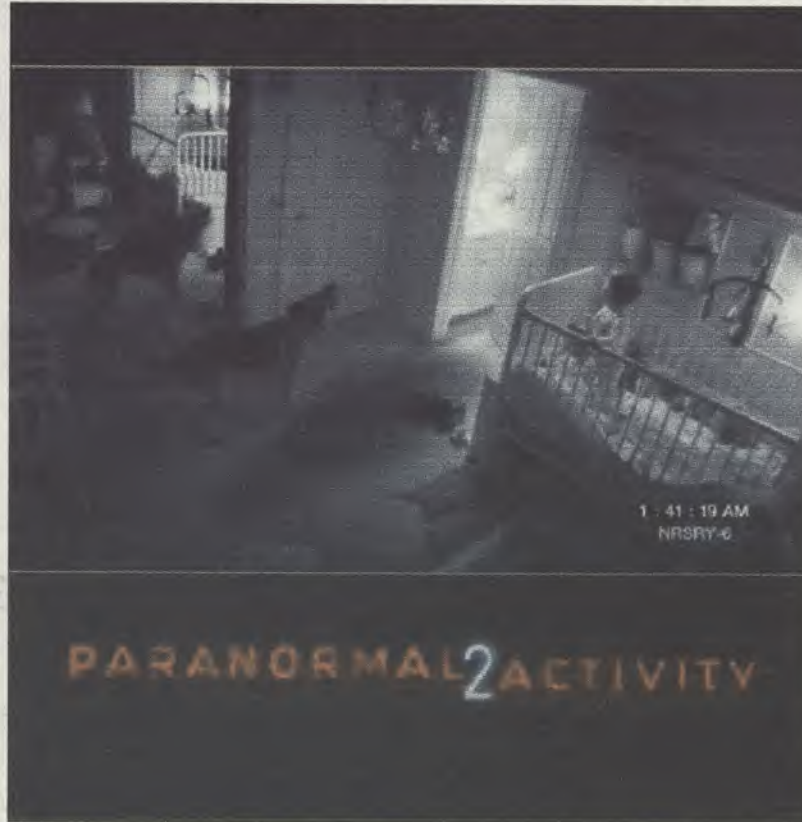


Image from Google Images

A PARANORMAL REPEAT? A teaser poster (above) tries to show-case some more of what made the first film installment so terrifying

ing everyday noises like the wind. By the time the second movie was released, the novelty of the whole thing had worn off. Watching a

while okay, just didn't stick with me the way I wanted it to. It seemed cliché and predictable, while I wanted something along the lines of the

R. BUCHER

rlb005@lvc.edu

Jump online and check out this week's viral videos

>Video 1



"People Are Awesome"

http://www.youtube.com/watch?v=Vo0Cazxj_yc

...or search the video title on YouTube

People are just really awesome. It's a five-minute video uploaded by user Hadoukentheband on YouTube, and it has circulated over five million views since its upload date on Oct. 25. Basically, it's just a compilation of clips from many different people doing truly amazing things to the tune of "Mecha Love" by Hadouken. Clips of amazing feats include trick basketball shots from the top of towers, people doing stunts and tricks on bikes, skateboards and even wheelchairs. In my opinion, the best clip is the one of a group of men who figured out how to run on water.

-compiled by Dan Callahan '14

>Video 2

"The Rent is Too Damn High Party's Jimmy McMillan"



<http://www.youtube.com/watch?v=x4o-TeMHys0>

...or search the video title on YouTube

With Election Day just last week, I thought it'd be perfect timing to mention the viral sensation Jimmy McMillan made of himself by speaking at the NY Governor Debate on Oct. 18. The video was uploaded that same day and since then, it's gained over four million views and great popularity. Although McMillan is a registered Democrat, he considers himself to be a part of the Rent Is Too Damn High Party.

PERSPECTIVES

Election Commentary

Leaders of campus groups weigh in on November 2nd election

College Democrats

College Conservatives

Letters to the Editor

La Vie Collegienne requires all submissions to contain the author's name, telephone number, address and/or e-mail address. No letters can be considered for publication unless the above criteria are met.

Telephone numbers and addresses will not be printed. Submissions will be strongly considered for publication if they contain the author's rank, major, or professional capacity.

Letters should be no longer than 200 words. All submissions to "Perspectives" become property of *La Vie Collegienne*. *La Vie* reserves the right to edit submissions for space or for content that is vague, repetitive, libelous, or profane. It is not *La Vie's* responsibility to check for factual inaccuracies within submissions. The editor will have the final determination concerning such matters.

Letters, columns, and opinion-based articles are not necessarily representative of *La Vie's* opinion or Lebanon Valley College.

Submissions may be e-mailed to lavie@lvc.edu or hand-delivered to our Mund office.

Oliver Lyons '11, President of Democrats

In November 2008, Americans voted for change from the eight years of the Bush Administration. In the two years since the 2008 election, President Obama and the Democratic Congress brought the economy back from the brink of disaster and pushed for job creation. Unfortunately, turning around the economy after eight years of failed policy takes time. The election last week showed that Americans had become impatient with the progress of the recovery. This impatience has allowed Republicans to gain control



of the House and pick up six Senate seats, resulting in a divided Congress for the next two years. Hopefully, the Republicans will realize that they must work with President Obama and the Democratic Senate to continue the fragile economic recovery. If Republicans fail to work with the President and Democratic Senate, they risk putting Americans out of work and increase the chance of a double-dip recession. For the sake of all Americans and the country, I hope the Republican House will work with President Obama and the Democratic Senate to continue the economic recovery.

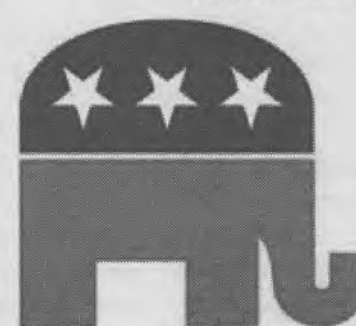
Katie Costolnick '12, President of Conservatives

Alex de la Torre '11, Secretary of Conservatives

On Nov. 2, voters across the nation went to the polls and made their voices heard, and their message was loud and clear: Enough is enough!

The American people are tired of the irresponsibility of our politicians in Washington and our state capitals. They are sick of the growing intrusion of big government into our private lives, their tax dollars being used to bail out corporations whose failure they had no part in and government taking over every aspect of the private sector.

John Boehner, soon to be Speaker of the House, made a clear but simple promise that he and the new majority will listen to the American people. We are well aware that they have promised this in the past,



but we will make it clear to Republicans that this is a probationary period, and if they can't listen to us,

they will be voted out as well. We hope that the Republicans will use this opportunity to undo the harm that has been done over the past decade. This means, at a minimum, stopping the deficit spending and repealing Obamacare. The American people have spoken loudly and clearly. Our prayer is that the new majority will listen.

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Recruit for your student organization. Sell your old junk... or that ugly sweater from your grandmother. Say hi to your lover. (maybe not that last part.)

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La Vie Collegienne

101 N. College Ave | Annville, PA 17003
Campus Extension 6169 or lavie@lvc.edu
Established 1924

CO-EDITORS

Katie Zwiebel '12
Alyssa Bender '11

FEATURES EDITOR

Caitlin Murphy '12

A&E EDITOR

Tony Gorick '11

PERSPECTIVES EDITOR

Sarah Barkman '12

SPORTS EDITOR

Lauren Scott '12

SENIOR COPY EDITOR

Alyssa Sweigart '12

CIRCULATION MANAGER

Jake King '11

SENIOR PHOTOGRAPHER

CO-EDITOR LA VIE ONLINE

Cody Shepp '12

BUSINESS MANAGER

Matthew Garber '11

ADVISER

Robert E. Vucic

La Vie Collegienne is published every Wednesday of the academic year. Meetings are held Mondays at 5:15 p.m. in our Mund office, activities room #3. We're always looking for new writers!

Letter to the Editors

To whom it may concern:

I just saw the newspaper and I have a bit of a concern about the picture chosen for the front page. Something I researched last year, the ideas behind "An Hero" slogans are NOT to be nice and call someone a martyr or something, but rather saying a big "Thank God you killed yourself" to the world. I think that perhaps this was a poor choice of picture in this tragic case, and ever at all. I just wanted to let you know about what this means, because I feel like you guys didn't realize it and thus I know it isn't your fault: Here's an article to show you what I mean: http://encyclopediadramatica.com/An_hero.

"An Hero" is also defined on Urban Dictionary as "Committing suicide over something really stupid." I'm sure you see why this "definition" is wrong and depressing from this popular gag site. I know an article within the paper talks about Trolling, which this certainly is, but I think the "An Hero" campaign should be noted somewhere. Unless I missed it, in which case sorry to mention it. I just wanted you to know about this so that perhaps you could address it in the future.

Thank you for taking the time to read this.

-Alison Reed '12

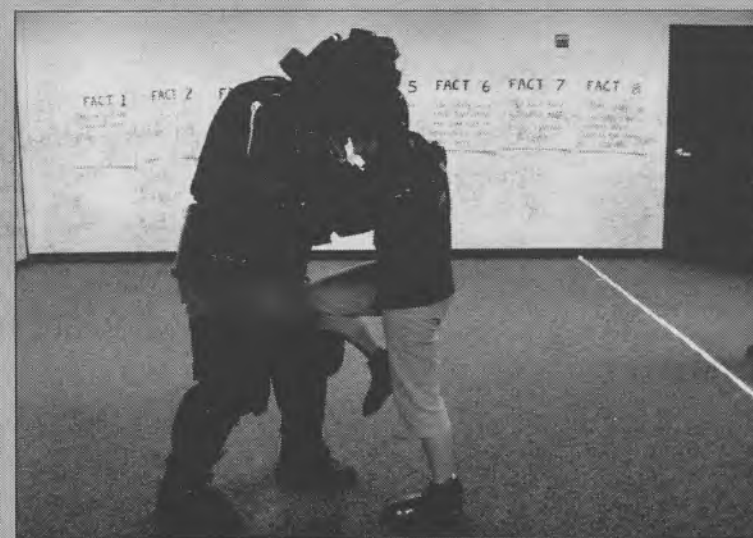


Photo by Justin Roth '14/ LA VIE

RAD TRAINING During the final class, female participants in the Rape Aggression Defense Training Program practiced their newly learned defense moves in a simulation attack. Above, Katie Zwiebel '12 (our very own co-editor) protects herself from an attacker. Look for more photos online at <http://lavieonline.lvc.edu>. This was the last course of the four-week series, but keep a look out for more classes next semester

SPORTS

SCOREBOARD

Men's Soccer

@ Messiah, 11/2 : L 0-2

Women's Soccer

@ Arcadia, 11/3 : L 0-1

Field Hockey

vs. Elizabethtown, 11/3 : W 4-2

Volleyball

vs. Messiah, 11/3 : W 3-2

Ice Hockey

vs. Drexel, 11/5 : L 3-4

Football

@ Lycoming, 11/6 : W 28-14

Field Hockey

@ Messiah, 11/6 : L 2-5

Men's Swimming

vs. DeSales, 11/6 : W 180-31

Women's Swimming

vs. DeSales, 11/6 : W 186-50

Volleyball

@ Elizabethtown, 11/6 : W 3-0

Men's and women's soccer fall in CC playoffs

ALYSSA WARGO '11
TABITHA BROBST '11
LA VIE STAFF WRITERS

After a strong season of regular series play, LVC Men's and Women's Soccer fell in the Commonwealth Conference playoffs. However, both teams are looking to further their play in the Eastern College Athletic Conference (ECAC), to begin this week.

On Wednesday, Nov. 3, the women's regular season ended with a win by Arcadia over the Dutchmen 1-0. The game was decided by a single goal in the second half, which was enough to give Arcadia the win. Junior Sami Young, biology major, had an impressive game as keeper. She had nine saves, which is one less than her season high. Sophomore Nicole Snyder, a physical therapy major, and freshman Lindi Crist, also a physical therapy major, each had two shots on goal to lead the team. The team ended their season with a record of 10-8-2.

Senior Julie Vonhauser, captain and a psychobiology major, said, "The loss at the playoff game was tough, but I know that we didn't give up, which is all that matters! This is the most talented group of girls that I have played with out of all four years I have been here, and I expect more successful seasons to come!"

On Tuesday, Nov. 2, men's soccer fell to No. 1 Messiah. LVC's defense was strong in the first half, allowing only one of Messiah's nine shots at goal to reach the back of the net. Graduate student Justin Hutchinson, junior Chris Hall and sophomore Andrew Cooper each had two shots for the Dutchmen, while sophomore Kelly Hess had one. The men ended their season with a record of 9-8-1.

On Monday, Nov. 8, both teams were notified about making the ECAC's.

The women's team earned a bid to the ECAC South Women's Soccer Championship as an eighth place team. On Wednesday, Nov.

17, the team will travel to Maryland to Frostburg State, who boasts a 15-4 record. It is LVC's fourth appearance in the game in program history.

The winner of the game will go on to play the winner of Alvernia versus Cabrini on Saturday at the highest remaining seed.

The men's team earned reached the ECAC South Men's Soccer Championship for the fourth time in program history. Lebanon Valley College Men's Soccer also appeared in the ECAC tournament in 2002, 2004, and 2009. The Dutchmen reached the semifinals in the 2002 and 2009 seasons.

This year, the fifth-ranked Flying Dutchmen travel to fourth-ranked Stevenson University in Maryland today for a 1:30 game.

The winner of that game will play the winner of Penn State Behrend and Bethany at the highest remaining seed on Saturday.

A. WARGO amw006@lvc.edu
T. BROBST tlb003@lvc.edu

Schedule

Wednesday, 11/3

Women's Soccer
@ Frostburg State, 5 p.m.

Friday 11/12

Men's and Women's Swimming
vs. King's, 6 p.m.

Ice Hockey
vs. Penn State Berks, 7 p.m.

Volleyball
vs. Ithaca at Frostburg,
12:30 p.m.

Saturday, 11/13

Football
vs. Albright, 1 p.m.

Ice Hockey
@ Scranton, 1 p.m.

Field Hockey
vs. Cortland State/UMass-
Dartmouth, 2 p.m.

Men's and Women's Cross
Country @ NCAA Regionals,
TBA

ATHLETES OF THE WEEK

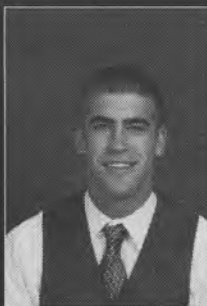
ANGELA KUPERAVAGE VOLLEYBALL

Junior Angela Kuperavage leads the volleyball team in defense with 528 digs. Kuperavage had 17 digs in the team's tournament vs. Elizabethtown in the Commonwealth Conference Championship match on Saturday, Nov. 6, naming her tournament MVP.



MATT LILLIS FOOTBALL

Senior corner-back Matt Lillis caught two interceptions at Lycoming on Saturday, Nov. 6, one of which he returned 90 yards for a touchdown. The team went on to defeat Lycoming 28-14, breaking the Warrior's undefeated home season.



Ice hockey suffers first loss late

Injuries play role in hockey loss

KEVIN GARRITY '12
LA VIE STAFF WRITER

In a very heated game on Friday evening, the Lebanon Valley ice hockey team suffered their first loss of the season to Drexel. Only a short 20 seconds after freshman Tyler Skroski tied the game with less than three minutes to go, Drexel scored the final goal to win the game 4-3.

The other two LVC goals are credited to Matthew Conroy '12 assisted by Matthew Kisiday '12 early in the first and the other to Nick Schultz '12 assisted by both Corey Conte '11 and Skroski halfway through the second.

While the first loss of the season is not their proudest moment for the ice hockey team, they know that they had a very tough challenge in the Drexel game. With Kyle Stewardson '12 and Tim Bodenheimer '12



Photo courtesy of Tim Flynn

STOPPABLE Senior goalie Rich Drazin made a season high 46 saves in the 4-3 loss to Drexel

out with shoulder injuries and Shane Golden '14 out with a concussion, the team was down a few men. On top of that, in the first period, Brad Surdam '11 had the back of his neck cut by a skate, leading to a trip to the

hospital.

With five stitches inside, 12 outside, and the first loss of the season, Surdam and the rest of the Dutchmen may have been a little shaken, but the game brought some good. Rich Dra-

zin '11 made 46 saves, his most in a game this season, and the fans were very into the game, especially after Drazin stopped all Dragon shots on their three powerplays as they lead in shots 17-7 over the Dutchmen.

When asked to comment on the game, one fan states, "Skroski's goal was great...Top shelf, like where mom hides the cookies."

The ice hockey team will host Penn State Berks this Friday in the Hershey Park Arena at 7 p.m. If this game is anything like their last, it will turn out to be a great one, considering LVC's 7-3 victory over Penn State Berks in October.

The ice hockey team also travels to the University of Scranton on Saturday, Nov. 13th for a one o'clock game.

K. GARRITY kjg002@lvc.edu



SPORTS

Swimming success

DAN CALLAHAN '14
LA VIE STAFF WRITER

The LVC swim team hosted the DeSales University club program this past Saturday, with both the men's and women's teams beating up on the Bulldogs. The men won 180-31, and the women won 186-50. Not only did the LVC welcome 17 more MAC-qualifying times, but three records were set by two freshmen women swimmers.

Alicia Hain '14 broke sophomore teammate Kristen Zartman's record for the 400-meter freestyle by two seconds, with a time of 5:02.94. Julia Mongeau '14 set two records on Saturday, one in the 200-meter breaststroke with a time of 2:58.04 and the other in the 200-IM, where she touched the wall in 2:39.90. Gina Fontana originally set this record in 1993, which was the longest standing meter record in all of the women's events.

When asked about her success so far this season, Mongeau replied, "Coming into swimming this year I just decided to take times on the record board and set them as my goal. The team really helps you get the time you want whether it's a record, a MAC championship qualifying time, or just a personal best, everyone cheers for everyone no matter what. They all watch the clock and your race and get just as excited as you do"

Overall, LVC received wins in all but two events. For the men, winners and qualifiers included Matt Dwyer '14, Tony Shipkowski '11, Devon Stutzman '13, Jeffrey Bush '11, John Denniston '14, Erik Brandt '13, John Heenan '12, Ryan Humphries '12 and Brett Wimmer '11. In the women's events, Julia Mongeau '14, Alicia Hain '14, Krysteena Koller '14, Kelsey Sherman '12 and Kristen Zartman '13 won their individual events and met MAC standards.

LVC will face MAC opponent King's College on Friday at 6 p.m.

D. CALLAHAN

dpc001@lvc.edu

Football wins fourth straight

LAUREN SCOTT '12
SPORTS EDITOR

The LVC football team improved its record to 5-4 after clinching its fourth victory in a row while playing Lycoming College on the road. The win also improved the team's MAC record to 4-2.

The game marked a match-up of the top two running backs in the MAC, LVC's Ben Guiles '12 and Lycoming's Josh Kleinfelter. Guiles had two touchdowns during the game and 110 yards, breaking the single-season rushing record at 1,143 and also completing his 10th career 100-yard game. Lycoming's Kleinfelter left the game due to injury on the Warrior's second drive.

The Warriors had been undefeated at home prior to the Dutchmen victory, in which LVC took a commanding 21-0 lead in the first half. Thanks to quick hands to collect Lycoming turnovers, touchdowns were made by Guiles, Tim Picerno '12 and Matt Lillis '11,



Photo courtesy of GoDutchmen.com

who returned a 90-yard interception, the second longest in school history.

LVC only turned the ball over once in the game, and Lyco was unable to catch up from the lead, only scoring two touchdowns in the game.

Freshman Sean Fakete was 4-for-4 on PATs. Alex Gilchrist '12 had 1.5 sacks on five tackles and classmate Jur'ey Fowlkes '11 led LVC with eight tackles, his career-high.

Senior Caleb Fick accumulated 186 passing yards and a touchdown in the game. With 5,659 career yards currently, Fick needs 276 yards to become LVC's all-time leading passer by yardage.

On Saturday, Nov. 13, Lebanon Valley College will host rival Albright (5-4) in a Middle Atlantic Conference contest in hopes of improving their record to 6-4, creating a possibility for an appearance in the ECAC Bowl.

L. SCOTT

lrs002@lvc.edu

Back to back to back for VB

SHERAE JONES '11
LA VIE STAFF WRITER

Tick-tack-toe, three in a row! Well, that's usually what is said for the game tic-tac-toe, but it now can be said for LVC Women's Volleyball Team. The Flying Dutchmen got their third straight Commonwealth Conference Championship on Saturday against Elizabethtown. However, the road to get there was challenging.

Last Wednesday (11/3) in the Commonwealth Conference semifinals, the team found themselves engaged in a very intense match with Messiah. The Falcons defeated LVC in the first two sets (20-25, 20-25). The Dutchmen then made a comeback in the third set, defeating Messiah 25-22 and



Photo courtesy of GoDutchmen.com

then winning the last two sets (25-12, 15-13). Seniors Joelle Snyder and Michelle Little led the team in hitting percentage with .319 and .289. LVC had 64 kills, 20 from Emily Hopkins '11, 18 from Snyder and 15 from Little. Senior Emily Perkins had 51 assists and junior Angela Kuperavage had 31 digs. The win helped the team advance to the Commonwealth Conference Championship Game

against Elizabethtown.

LVC defeated the Blue Jays 3-0 to take the conference title for the third year in a row. The scores were 26-24, 25-13 and 25-16. Kuperavage had 17 digs while Perkins had 10 digs with 42 assists. Snyder added 15 kills. Kuperavage was also named the tournament's Most Valuable Player.

S. JONES

slj002@lvc.edu

Field hockey falls to No. 1 Messiah

LAUREN SCOTT '12
SPORTS EDITOR

The Dutchmen field hockey team defeated Elizabethtown on Wednesday, Nov. 3.

Scorers of the game included two goals from Jocelyn Novak '12, who broke her record for goals in a season as she collected her 36th of the year. Caitlin Vasey '13 knocked in her 21st goal of the year and Shelly Lobach '11 knocked one in early in the second half.

E-town scored two in the second half, but Novak knocked in another, securing a 4-2 victory for the Dutchmen.

Junior Christine Poletti had three saves in the game. LVC led in shots (21-7) and corners (9-8).

The win led the Dutchmen to play Messiah on Saturday in the Commonwealth Conference championships, creating a competition of the top two teams in the nation. The game marked the sixth consecutive year the two teams faced each other for the CC title.

Prior to the game, the Dutchmen had only one loss this season, an overtime heartbreaker verses the Falcons on Oct. 20.

Messiah took a 2-0 lead early in the game, but things were started to turn around when sophomore Kelsey Miller cut the lead in half four minutes after the Falcons' second goal. After returning from a hit to the mouth, which resulted in 25 stitches, Novak added another goal from sophomore Vasey's assist at 44:19, which tied the game.

Unfortunately, Messiah took off in the second half, scoring three unanswered goals.

Messiah led 27-15 on shots and 10-7 on corners.

Although the team did not win the Commonwealth Conference bid, the team reached their sixth-straight NCAA berth via the bracket announced Monday.

L. SCOTT

lrs002@lvc.edu



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November 17, 2010

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(R)EVOLUTION

LA VIE
M.I.C.
EDITION

TO DO:

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BAND BIOGRAPHIES - PG. 8
FEATURE ON STEVE SMITH - PG. 9
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Music Industry Conference



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The Black Eyed Peas

9 Just Lose It
Eminem

8 On The Way Down
Ryan Cabrera

7 My Boo
Usher & Alicia Keys

6 My Happy Ending
Avril Lavigne

5 Lose My Breath
Destiny's Child

4 Goodies
Ciara

3 Breakaway
Kelly Clarkson

2 She Will Be Loved
Maroon 5

1 Over and Over
Nelly feat. Tim McGraw



Compiled By: E. Gertenbach '11
Images courtesy of Google Images



600 East Main Street
Palmyra, PA 17978
(717) 832-9855

Changes in the charts

How music has progressed since MIC

EMILY GERTENBACH '11
LA VIE STAFF WRITER

Now entering its sixth year, the annual music industry conference has brought year after year of insight and expertise to the campus. As with nearly all fields, technology and social cues cause the music industry to change and evolve regularly in the ways music is produced, appreciated and performed. While musicians may learn new techniques and music recording technology majors may get new equipment over the years, one aspect of the music industry affects almost everyone regardless of

major: what we listen to.

Taking a peek back into the past through Billboard magazine's archives—almost all issues are available for free through Billboard's site and Google Books—reveals lists of hits, some of which still persist today, and others that have been long forgotten.



Image courtesy of: www.lvcmic.com

The November 6, 2004 issue of Billboard, though, is of particular interest, as it shows what songs were topping the Top 40 charts when the music industry conference started on campus.

E. GERTENBACH elg001@lvc.edu

What is MIC?

Sixth annual MIC to be held

SARAH BARKMAN '12
PERSPECTIVES EDITOR

So what is this thing called MIC?

Lebanon Valley's sixth annual Music Industry Conference will be held in Blair Music Hall on Nov. 20, beginning at 8 a.m. and lasting until 3 p.m.

This unique conference, almost entirely organized by LVC students, provides attendees with a greater insight and knowledge of the music industry and its varied landscape.

The conference workshops throughout the day. Over twenty panelists—professionals in their field—are brought in from all over the country. This conference provides LVC students of all majors



Photo by: Justin Roth '14

with the opportunity to network and make connections, gain real-world experience, broaden their knowledge, obtain internships and get their music listened to if they are in a band. Overall, it is an excellent experience from which every student on this campus could benefit.

S. BARKMAN seb005@lvc.edu

MIC attracts students from all different majors

KARA RIEGEL '12
LA VIE STAFF WRITER

I'm not a music major, so what's the point?

*You say you want a revolution
We all want to change the world.
You tell me that it's evolution
We all want to change the world.*

Lines from a famous Beatle's song, "Revolution," can be applied to this year's Music Industry Conference, now in its sixth year.

Music is a part of everybody's day-to-day life. Yet you might be sitting on your bed reading these different articles thinking, "I'm not a music major so why should I go to a music industry conference?"

This year's theme for the conference is (R)evolution. The theme represents not only the change in music over time, but also the revolutionary changes the music industry has undergone. The conference brings in panelists, professionals in their field, who hold workshops on various aspects of the industry. Some of this year's workshops include: entertainment law, publishing, audio for video, drums, merchandising and concert/event production. There are over 20 panelists from all over the country

attending this year, including Jeremy Hummel, former drummer of Breaking Benjamin; Steve Smith, a 35-year veteran recording engineer; Bernard Resnick, an entertainment lawyer who has been in the business for over 20 years and whose clients include Lady Gaga; and Alex Eaves, the owner of STAY VOCAL, a reusable apparel brand.

These are workshops that apply to many various majors such as digital communications or business. Even anyone interested in law, technology or music journalism would benefit from this conference. If you have a band, you can have a table set up where people from the industry can listen to your demos. It provides expanded opportunities for students by allowing students to network and gain a broader insight into not only how the music industry works, but how numerous professional fields operate.

When Dr. David Rudd, chair of the business department, was asked if this conference was benefi-

cial to students of all majors, he answered, "Yes, how often do national leaders of a significant industry trot down here to Annville to meet the students? It is a spectacular opportunity for students to get a look at what working professionals in a highly competitive, extremely exciting and challenging global industry look like."



serving the dynamics of an industry are of value to all students. The music industry is a model of many industries that have undergone radical change recently or are about to. Virtually every student here will be in an industry or organization subject to radical change before they hit 30. Why not get a peek at one that has gone through the change already or is in the middle of it?" says Dr. Rudd.

Even if your major is not music related, chances are you will need

to communicate with professionals to pursue a career of your choice. According to Dr. Dale Erskine, chair of the biology department, "attending a professional conference can be a learning experience whether it is in the major or not. Any time you can bring students and professionals together to share ideas and information, it is important. We do not learn in complete isolation."

The Music Industry Conference brings many different professionals to the Lebanon Valley community. As students, we are given the opportunity to "pick" the minds of these professionals and take full advantage of the learning experience. This conference can evolve into internship possibilities for students and even record deals for different bands, or just the chance to get your band heard. Beyond these experiences, there are opportunities to meet professionals, gain real world perspective and practice marketing yourself to potential employers.

A final wise word from Dr. Rudd, "Think about what else you might do with that time and ask yourself if your other activities could pay as big of a benefit..."

K. RIEGEL krr001@lvc.edu

Music Industry Conference



Photos by Justin Roth '14

(R)evolution of student planning

Students share planning experiences, benefits of annual conference

SARAH BARKMAN '12
PERSPECTIVES EDITOR

Since Lebanon Valley's Music Industry Conference is primarily student-run, I thought it was important to talk with some of the students in charge: Phil Freeman '11 (president), John O'Neill '12 (vice president), Meghan Escobar '11 (treasurer), Jackie Massey '11 (advertising chair), Wade Fattori '11 (artist relations) and Alex Baver '11 (artist relations). Here's the Q&A with that group of students:

Q: In your opinion, has MIC changed since you first became involved in it?

A: In the past four years, LVC's Music Industry Conference has become much more organized. It is a perfect example of how we all learn from trial and error. Now, MIC is almost entirely run by groups of students. Each group has an elder, or experienced senior, who is in charge. Each year every elder takes detailed notes about what worked and what didn't and passes the information down to the students who run the conference the next year. This way, the conference improves every year. Compared to even four years ago, they have a much broader and more expanded network of panelists. Through this

expanded network, the conference is now able to provide greater opportunities for students, such as a higher chance of securing an internship. The schedule is also much busier than in years prior. The entire day is scheduled with workshops, with several workshops going on at the same time.

Q: Is there anything, in your opinion, particularly unique about this year's MIC?

A: Each and every Music Industry Conference held here at Lebanon Valley is unique in its own way. If you go to the conference one year, you will have a totally different experience if you go again the next. Even though some of the workshops might be the same, there are different panelists running them every year, creating an entirely different experience. This year we tried to steer the conference in the direction of the music industry. In recent years, the music industry has drastically changed and evolved. Everyone running the conference agreed that they wanted it to represent how the music industry is evolving instead of devolving. One of the most unique and significant factors of LVC's MIC is the fact that even in small rural areas such as Annville, the industry still exists. Because of the advent of cheap and accessible technology, anyone

can record their own songs and put their music on the internet.

Q: Describe the significance of the theme in your own words.

A: The theme this year is (R) evolution, representing the revolution that is currently occurring in the music industry. Because of our instant access to technology and how fast news can travel, the way we view the industry is now different. Everything is faster and more readily available than before, which definitely affects the job search. Big industries aren't hiring mass amounts of people anymore—so sometimes you have to be innovative to get a job. You have to search online and find a way to start your own business and think outside of the box in order to find a job. The revolution occurring in the industry is slightly different from the artist's standpoint. Freeman gave his opinion: "There seems to be a direction that is going towards live music, and even that is suffering. Evidence of the recession is definitely in the music industry. Now it seems that the 'little guy' has the advantage. You can record something on cheap equipment at your house and throw it on www.bandcamp.com and sell it for free, plus you get to keep all of the royalties. The major labels—EMI, Universal, Time Warner, Sony—are all

going downhill. They don't search for one really talented artist anymore; they buy a bunch of labels and just hope that something will blow up. In the fifties, artists had to drive miles and miles to reach an audition, and it was difficult to find talent. Now, there is more of an emphasis on musicians to promote themselves. Anyone can put their work on Myspace, Bandcamp or Youtube and have the chance of becoming a rockstar. If you're not on the Internet it's almost as if you don't exist. You won't get noticed. The industry has evolved drastically, and you just have to wonder where it is going next. One of the purposes of the conference at LVC is to give students the tools to get caught up."

Q: Which panelists are you most excited about?

A: Steve Smith, a 35-year veteran recording engineer and expert in his field, and Jeremy Hummel, former drummer for Breaking Benjamin and columnist for *Modern Drummer*.

Q: Why did you decide to become music business majors?

A: "You can create your own demand by creating your own business," stated Freeman, a senior music business major. "Music majors are looking for a way to really see the fruits of their labors. They want

to see the result of their hard work. The classes in the department provide us with great knowledge and give us a step up from people just in a band, because of all the information we get about the industry."

Everyone agreed that the difference in being a music business major rather than simply a music major was the interest in the business aspect of the industry, the fact that you have the chance to be in charge and accomplish a broader variety of goals.

Q: In your opinion, why should students who are not music majors come to MIC?

A: If there is any iota of music in your future career, you should go to the conference. If you even expect to hear music in your office you should go to the conference. Majors such as digital communications, business and law should definitely come because of the variety of workshops offered. There really is something for everyone. Plus, most of the people running huge music corporations don't play instruments or know anything about reading music. If you are at all interested in entertainment, you should attend the conference. You won't be disappointed.

S. BARKMAN

seb005@lvc.edu

Music Industry Conference

Three favorite albums of all-time
Interviews with students and teachers from LVC

Angie Richards

Freshman Music Education Major

1. X+Y- Coldplay
2. Be OK- Ingrid Michaelson
3. Far- Regina Spektor



Alex Bayer

Senior Music Business Major

1. The '59 Sound- The Gaslight Anthem
2. Definitely Maybe- Oasis
3. Mellon Collie and the Infinite Sadness- Smashing Pumpkins



Barry Smith

Assistant Professor of Mathematics

1. Countdown to Ecstasy- Steely Dan
2. The Bends- Radiohead
3. Nickel Creek- Nickel Creek

STEELY DAN
countdown to ecstasy



LEGEND



Mathew Samuel

Assistant Professor of Digital Communications

1. Legend- Bob Marley
2. The Low End Theory- A Tribe of Ethics
3. Ready to Die- Notorious B.I.G.



Dawn Davy

Lynch Coffee Bar Employee

1. Pyromania- Def Leppard
2. Houses of the Holy- Led Zeppelin
3. Boston- Boston



Rachel Lightner

Junior Music Business Major

1. Takk by Sigor Ros
2. O by Damien Rice
3. Grace by Jeff Buckley

Compiled by Nick Thrailkill '13



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Music Industry Conference

Musical "evolution" a fitting theme during times
MIC hits on the issues of an evolving industry and what happens

NICK THRAILKILL '14
LA VIE STAFF WRITER

For the music industry and its artists, the Internet has been both a blessing and a curse. Before the arrival of the World Wide Web, the best chance artists had to make themselves known was to sign onto a record label. Today, many unknown artists without record labels can present themselves to the public by using the Web, but these artists also have to face the demands of a public that may not be willing to pay for music it can get for free and whose quality has not been vindicated by a record label.

"The evolution is empowering musicians like never before, but it's also devaluing musicians because people might not be willing to pay for what they have to offer," Professor Jeffrey Snyder, associate professor of music and director of the Music Business program at LVC, explains.

Though Snyder says that social networking sites like Myspace have allowed musicians to get noticed, he also notes that the influence of these sites have made it much more difficult for an artist to be successful without the assistance of a record label. "Jimi Hendrix would not be discovered today," Snyder continues, "because it took the record label to filter, to help get him to the top...

Jimi Hendrix had to compete with only those on the record labels and not the whole world."

According to Snyder, one of the main difficulties an independent artist faces today is getting his or her work noticed amid the thousands upon thousands of other independent artists who are trying to achieve the same goal. In that way, having a record label "with marketing muscle" helps artists to establish themselves and begin the journey towards the top of the charts and the peak of popularity.

"The evolution is empowering musicians like never before, but it's also devaluing musicians because people might not be willing to pay for what they have to offer."

Prof. Jeff Snyder

her work noticed amid the thousands upon thousands of other independent artists who are trying to achieve the same goal. In that way, having a record label "with marketing muscle" helps artists to establish themselves and begin the journey towards the top of the charts and the peak of popularity.

Independent artists are not the only group facing new challenges with the advent of the Web. Recording companies must also adjust to the changing music scene through actions such as finding new ways

music away for free. A lot of people are starting to say, 'I'm not going to make any money off my music, so here's my music and buy my T-shirt,'" Snyder says as he explains how independent artists generally tend to make money. "That's the future—give it away and sell something else." Snyder notes that record companies may have a hard time convincing independent artists to get a record label if those artists can make just as much money by themselves as they can with the help of the record company.

In addition, record companies also need to find ways to appeal to listeners outside of the groups that will always be willing to purchase music—groups that Snyder identifies as teenage girls and persons interested in collecting music who have the money to purchase that music. So the challenges present in the new shape of the music industry affect independent artists and record companies alike.

Despite all the challenges, Snyder says that independent artists and the record companies can be successful in this evolved music industry. Artists have been given a chance that they have never had before and greatness will still triumph in the much larger musical scene. In addition, companies like Apple have found ways to appeal to listeners who are less willing to go out to stores and purchase music through their i-products.

The theme of this year's Music Industry Conference, "(R)evolution," reflects the complexities, ambiguities, triumphs and challenges present in the music industry today and addresses how artists and record companies are evolving to the changing music scene. Can artists and record companies adapt to the changing form? The decision is theirs alone.

N. THRAILKILL nat001@lvc.edu

Did you know?

Lebanon Valley College's music department was recently recognized in Billboard Magazine for its annual Music Industry Conference. It is a great honor to be mentioned in the popular music magazine and the MIC here at LVC continues to be a driving force in the music industry. The write-up in Billboard Magazine states the following:

"Music business students base their academic education in music theory, accounting and marketing and a crossover into recording. Students gain hands-on experience by putting on their own conferences. The Lebanon Valley College Music Industry Conference, held every fall, is now in its sixth year. In the Spring, students are invited to attend an annual songwriting conference to help improve their performance skills."

-From Billboard Magazine, page 23-24

October 30, 2010

Valley's Voices

-compiled by Sarah Barkman '12

How have you seen music evolve in your lifetime?



Cedric Sanchez '12
Music Recording Technology

"In general, I've seen a push for electronic music. In contrast, I've seen the mainstream music go from semi-cool to totally not cool."



Trish Harkins '12
English Secondary Ed.

"I grew up listening to oldies like Frank Sinatra and Patsy Kline. As I grew older I began listening to more hip-hop and rap—it's been a drastic change."



Jeff Zimmerman '13
Biology/Pre-med

"Music has gone from conservative to liberal. As it has become more liberal, musicians have pushed the limits of the freedom of speech, which has negatively influenced younger generations."



Taylor Luthy '13
Open major/undecided

"I grew up listening to everything—classic rock, alternative, 90's bands, etc. Music has evolved into hip-hop, rap and club music. I still listen to the old stuff—it's the memories, not the music."

Music Industry Conference

Welcome

It is my pleasure to welcome the attendees of the Sixth Annual Music Industry Conference to Lebanon Valley College. This is just one of many quality music events we offer to our students and the larger community. At this event, you will meet and hear from distinguished panelists



from all parts of the music industry and from across the country. We hope you find this to be

a stimulating learning environment for your music interests. My thanks and congratulations to the music department, to the faculty, and especially to the students of the music business and music recording technology programs for their hard work and effort with the organization of this conference. Again, welcome to the LVC campus and enjoy the weekend.

Dr. Michael Green

Vice President for Academic Affairs and Dean of the Faculty

As a child of the 60s, I take delight in welcoming you all to the (R)EVOLUTION that is MIC VI. To current students, who have worked hard and long to make this conference a reality, this is a day of networking with 26 professionals in the music industry. It is an opportunity to see how your experiences and developing skill set matches an industry that

is as volatile and changing as any in these challenging economic times.

For prospective students, it's a chance to check out the fit, to see if LVC's music industry programs speak to you and provides a way to experience how you can participate in the metamorphosis of a vital enterprise. Thanks to our music professionals, who are giving of their time and talents to inform process and practice. The workshops and panels will be informative, but take this opportunity to introduce yourselves one-on-one, to pose thoughtful questions and make suggestions. Enjoy the day and thank you for being our guests.



Mark Mecham

Chair, Department of Music

Official 2010 Conference Schedule

8:15-9:00 a.m.	Registration with coffee and donuts	
8:45-9:00 a.m.	Welcoming speeches MISA President Phil Freeman, AES Officer, College Official	
Panels		
	Choir Room	Band Room
9:00-10:00 a.m.	Publishing <i>A conversation about music/song publishing. Discussions will range from how to pitch songs, protect your music, collecting royalties, performance rights organizations, new revenue streams and the state of publishing.</i>	AES: LVC Graduate Panel <i>A discussion with recent graduates of LVC currently working in the music industry.</i>
10:15-11:15 a.m.	Entertainment Law <i>An in-depth discussion about current laws that concern copyrights, management, contracts and the profession of entertainment law.</i>	Drum Workshop <i>Jeremy Hummel, one of the founding members of Breaking Benjamin and one of the industry's most respected drummers & educators will give a drum workshop.</i>
11:30-12:30 p.m.	It Ain't Rock Music <i>A panel about the state of classical/traditional/jazz music industries and performance. Where are the gigs, what is the future, how to get gigs, etc. will be the topics of discussion.</i>	Green Merchandising Workshop <i>A presentation about combining entrepreneurship, merchandising and conservation in the industry.</i>
12:45-1:45 p.m.	Lunch, with entertainment sponsored by LVC student chapter of NSAI	
2:00-3:00 p.m.	Alternative Gigs in the Industry <i>Where the jobs are in a shrinking industry. A frank and open discussion about areas of the music industry that you may not have considered or are even aware of.</i>	Bringing Analog Back to your DAW Workshop <i>Kate Cardwell with Dangerous Music/MusicPro Marketing will demonstrate the Dangerous D-Box, focusing on the feature set of the analog summing amp, headphone amp and input.</i>
3:15-4:15 p.m.	Audio for Video <i>Engineers and producers who work in TV, movies and video games discuss the various states of these industries and the skills needed to be successful.</i>	Concert and Event Promotion <i>All parties involved in concerts and event production discuss their perspectives about booking bands, putting on shows, looking for talent, etc.</i>
4:15-5:00 p.m.	All admissions guests meet in the band room for a talk and tour.	

Music Industry Conference

The Panelists

For full bios, see www.lvcmic.com

Publishing

Robert Case

President of New Pants Publishing and a Music Career Consultant

Sherri Mullen

Owner of RockDiva & SugarDaddy Publishing

Paula Savastano

Director of Royalties at Spirit Music Group, Owner Savastano, Schmel & Associates, LLC

AES: LVC Graduates

Matthew Craig '10

Staff Engineer, Tech, and Manager, The Cutting Room Studios

David Nazario '09

Associate Audio Designer for Insomniac Games, Inc.

Michael Kudrak '09

Project Engineer/Manager C&R Audio Visuals L.L.C.

Entertainment Law

Chris Cabott

Certified Entertainment Attorney/ Cofounder of Zane Management Entertainment Workshops

Bernard M. Resnick, Esq., P.C.

Entertainment attorney, Bernard M. Resnick, Esq., P.C.

Priscilla Mattison, Esq.

Entertainment attorney, Bernard M. Resnick, Esq., P.C.

Drum Workshop

Jeremy Hummel

Professional drummer, cofounder of Breaking Benjamin

It Ain't Rock Music

Sue Buzzard

Windish Music Productions, Principal Owner and Founder/Lead Violinist at String Revolution

Erica Young '07

Lancaster Symphony Orchestra, Administrative Manager

Jen Payne '09

Lancaster Symphony Orchestra, Operations Manager/Music Librarian

Green Merchandising

Alex Eaves

Owner of Stay Vocal

Alternative Gigs

Alex Eaves

Owner of Stay Vocal

Fred Hermanson

DivX, Inc. LLC

Doug Gould

President of Worshipmd

Booker Raynor

Account Manager GC PRO for PA and NJ

Bringing Analog Back to your DAW

Kate Cardwell

Dangerous Music, MusicPro Marketing

Audio for Video

Kate Cardwell

Dangerous Music, MusicPro Marketing

Amanda Marsteller '06

Creative Sounds Studio, Post Audio

Helena Confer

Owner Creative Sounds Studio, Post Audio

Steve Smith

Creative director of Creatio, 35-year veteran recording engineer

Concert and Event Promotion

John Harris

John Harris Group

Michael Windish

Owner/Producer of Windish Music & Productions

Terry Selders

Susquehanna Entertainment Center

Product demonstrations by Dan Newell, manager of Guitar Center Harrisburg and part owner of the Green Room recording studio in Harrisburg, and Dom Troilo, of Lienau AV Associates. Genelec, Tascam, Presonus.

Music Industry Conference

A little unfamiliar with the performing bands?

Check out the
2010 MIC band bios!

Skip Town Matty

...is a Scranton based punk/reggae/ska band. Formed in 2006, the band started writing music together in a garage. A few years later, they released their first full-length album titled "Stories from D-Town." Next, STM started touring the east coast. With several tours taking them from Florida to Vermont and back, STM started to rally a team of avid fans. Their fan basis grew even larger when they started sharing the stage with long time greats such as Less Than Jake, Big D and the Kids Table, Streetlight Manifesto, Ill Scarlett and many others. Currently, the band is in the studio recording their second full-length album, which will hopefully be released late January. Skip Town Matty has proven that they can handle the rough lifestyle of being an independent band and manage to make great music through it all.

-Walter Pawelzik (vocals/bass), Danny Wilga (guitar), Brendan Smith '11 (drums)

A Fair Few

...is an indie folk act that was formed on the LVC campus around late 2009. It's a band that loves to play original music for as many people as possible. The band plays shows from Philly to Harrisburg and is currently planning a winter tour. Its influences include Neutral Milk Hotel, Bon Iver and Fleet Foxes as well as the traditional bands of the 1920s folk revival. Known for its use of an array of instruments, you'll hear everything from accordion, to banjo, to cello. Be sure to check out the band's live EP, "Live at Coop's" and listen to them on the Beard Party Summer Compilation.

-Madison Brown '13 (vocals/accordion/guitar); John Heenan '12 (guitar/banjo); Rachel Lightner '12 (vocals/banjo/guitar/mandolin); Chase Kealey '13 (bass); Roxy Kline '11 (cello); Judy Garcia '12 (violin); Jack Garber Gamber '13 (drums/iPhone)

Thomas and the Skank Engines

...is an eight-piece ska/reggae band put together by James Haraschak '12 and Thomas Fitzpatrick '12 at LVC during the winter of 2008. The band's only true goal is to make music that makes people happy, so they can dance, sing and have fun. They try to always have a positive message no matter what. They say they are influenced by every artist, song, and sound they've ever heard, every love they've ever had and lost, every friend they've made, loved, hated and that's died, their families through good and bad and everything that has gone through their mind and system. They say life is their only true influence.

-Thomas Fitzpatrick (Music Recording Technology '12) lead vocals, guitar, bass; Rachel Lightner (Music Business '12) guitar, alto sax; Blake Harrison-Lane (Music Recording Technology/Composition '12) bass, vocals; Keith Novak (Music Recording Technology '12) drums, vocals; "Yippie" Jamie Haraschak (Music Business '12) baritone/tenor saxophones, vocals; Scott Holman (Music Recording Technology '12) trumpet; Anna Reber (Music/Music Business '12) Alto/Tenor Saxophones; Andrew Veirtz (Physics/English '12) Trombone; Brian Kerns (Music Recording Technology '12) juggler/entertainer/auxiliary/percussion.

Dark Before Dawn

...is a true rock and roll band that got their start right here at LVC. They have been a band for around a year and a half. At a school where mainstream rock music is not very well liked by music majors, Dark Before Dawn just doesn't care. Founding members are Mark Barthel '12 and Jon O'Neill '12, who met last year at LVC and were relieved to discover that they both had similar musical tastes. After some searching for other members, some of which are not even students at LVC, Dark Before Dawn is confident in its ability to become a great rock n' roll band. Mark Barthel handles lead vocals as well as rhythm guitar. Jon O'Neill mans the drums. There are three new members: Dustin Kresge, who handles digitals, something that excites the band and will give them a more original sound that is different from many other rock bands; Eddie Roberts, who has been added as the new bass player and brings the live show to a whole new level; and LVC junior Ben Guiles, who is the final piece of the puzzle filling in as Dark Before Dawn's new lead guitar player. The band is excited for this year's ValleyFest Battle of the Bands, and the members say they are hungry for more success and want to be back up on ValleyFest's main stage for 2011. While this is the band's current primary focus, more shows are soon to be around the corner. Stay tuned!

-Mark Barthel '12 (lead vocals/rhythm guitar); Jon O'Neill '12 (drums); Dustin Kresge (digitals); Eddie Roberts (bass); Ben Guiles '12 (lead guitar)

The Lonewolf Project

...acts as the title for Phillip Nathaniel Freeman '11 and his constantly changing line up of talented friends. The 22-year-old singer/songwriter from York County, Pa. started playing harmonica at the age of three, marking the beginning of a long and eclectic musical journey. With his former bands including Double Entendre and Rich King Phil, Freeman has been featured on seven albums, won several contests and has performed with the following national and regional touring acts: Mae, The Casualties, Hit The Lights, Kingsfoil, Dana Alexandra, Captain of Compliments, PJ Bond and Trunks and Tales. Freeman is currently recording The Lonewolf Project's next full length album titled "Old Words, New Chapters," scheduled for release in the summer of 2011. He also performs frequently with Carmen Forte '10 and is the acting bassist for The Erica Lyn Everest Band.

-Phillip Freeman '11, Eric Deatrick (graduate student), Tyler Garrett '13, Thomas Price '13, Blake Harrison-Lane '12, Brian Kerns '12, Keith Novak '12

Against the Grain

...was first thought of when Bryn (or Duff as many call him) and Mark became roommates in '07. The two didn't actually start playing together until the fall of '08 and eventually they met up with Ben and Zach in the fall of '09. Between the songs that Bryn had already wrote and collaboration with Ben and his groovy material, the two write all the songs, both together and separately, while allowing Mark and Zach to add their ingredients. Some of the songs have a darker/heavier feel to them, some have a sense of energy and some are ballad-like. Bands which have influenced Against the Grain include: Breaking Benjamin, Staind, Seether, Smile Empty Soul and Deep Purple. New material is constantly being created and worked with and in the near future Against the Grain will be back into the studio.

-Bryn Duffield '11 (lead vocals and rhythm guitar); Mark Bowne '11 (drums); Ben Guiles '13 (lead guitar); Zach Rowe (bass)

Old Man Blanket

...is a funk, jazz and rock band comprised of senior music majors at Lebanon Valley College, and has been together for about two years. They pride themselves in being able to play a wide variety of music. This has allowed them to successfully play at many different venues including coffeehouses, country clubs, weddings, bars and shows on campus. No matter what the style or venue is, they enjoy the experience of playing music.

-Brad Snyder '11 (vocals, guitar); Kevin Nickles '11 (woodwinds, guitar, keys); Nick Terramoni '11 (bass); Clinton Cooper '11 (percussion, vocals)

Shoeless Grooves

...was formed during the band members' freshmen year and have been playing ever since. They formed because Ryan Frantz '11, Matt Houston '11 and Steve Hackett '11 were all neighbors in Mary Green, and they started jamming together. After a while, they decided they wanted a pianist, so they asked Aaron Trassatt '11 to start jamming with them. Their original music is a kind of Jazz Fusion. Their goal as a band is to just have fun.

-Ryan Frantz '11 (bass); Steve Hackett '11 (alto sax); Aaron Trassatt '11 (piano); Matt Houston '11 (drums)

Music Industry Conference

How to: Start a band

Do you play an instrument and want to start a band? Do you dream of becoming a rock star?

Step One: How to find people for your band

Go to websites like Craigslist under "musicians seeking other musicians," send Facebook messages or look in the classifieds in the newspaper. Know what kind of music you want to play and make sure that the people you are searching for want to play that music, too. Follow local bands and go to shows. There are always going to be musicians at shows, so network and get your name out there. If you want people from LVC's campus in your band, ask around and put flyers up around campus.

Step Two: Get on the same page

First, you need to decide and generally agree on the goal of your band. Basically, everyone needs to agree on how much effort is going to be put into this band. For example, if you want this to be your career, then you should make sure that the rest of the band is committed to that goal as well. Or, if this band is just for fun then everyone should agree to those terms. You next need to decide if you are going to play covers, original music or a mixture of both. The most important thing is that everyone in the band agrees on its direction.

Step Three: Practicing

Decide when, where and how often you are going to practice. If you don't practice you will not succeed. You can practice in someone's house, a basement or even Lutz recital hall in Blair. Have a list of goals you want to accomplish during your practice time and when that list is accomplished, set aside time to relax and jam. Practice time is also when you need to decide what songs you are going to play for gigs.

Step Four: Getting noticed

If you want to get your music "out there," then you need to buy some cheap equipment to record with, or befriend someone who already has the equipment and is willing to help you record. Go to websites such as Myspace, Youtube, Bandcamp or even Facebook to post your songs. Technology and internet presence is a key to success. Also, play as many gigs as possible, even if you are not getting paid. It is extremely hard to get signed by a huge record label today, but the beauty of the current revolution in the industry is that bands have the power to create their own name through the ease and access of technology.

Step Five: Where to find gigs

Ask other bands where they play. Go to bars and ask the owners if they are hiring or are looking for live music. Hand out your CDs. Make your music available. Even if you are not getting paid—and chances are you won't—keep playing because someone might notice you and ask you to play somewhere else. You have to network. On campus, sign up for the Battle of the Bands and play for the chance to be the opening band at Valleyfest. When booking gigs, start small, build a name for yourself and work your way up the ladder to success.

All information compiled by Sarah Barkman '12 and Timothy Davis '12

Panelist spotlight: Steve Smith

TIMOTHY DAVIS '12
La Vie Staff Writer

This year's Music Industry Conference features big names in the industry. Among them is Steve Smith, 35-year recording veteran and creative director of Creatio at Northwest University. Smith has won two Grammys for his recording work with artists D.C. Talk and Steven Curtis Chapman. He has worked in prominent studios such as Record Plant Recording Studios and Rusk Sound Studios in addition to creating his own studio, Take One Recording Studio. Smith also started Xtreme New Media Studios, a modern, mobile recording unit for recording live performances. His clients have included MTV, KISS, Pearl Jam and P. Diddy. Smith has also recorded and engineered scores for films like *Everest*, *Mysteries of Egypt*, *Wildfire* and *Wild California*, and for the *Medal of Honor* series of games, among others.

Using his vast experience in the music recording industry, Smith is now the creative director of The Creatio Project, a recording arts initiative at Northwest University. The project is designed to train students in the

most cutting-edge technology and give them the knowledge to grow and excel in their craft.

Discussing the theme of this year's MIC, (R)evolution, Smith says this of the changes in the industry: "Digital downloads make it easier to distribute recordings, but audio quality has suffered. Recording technology's ability to manipulate a performance, although convenient, is not always the best thing. A great performance is always better than a manipulated one." Smith also mentions a change in how record labels promote and develop artists. With internet sites like Bandcamp and social networking, distribution of an

artist's works and information is no longer tightly controlled by a label.

About the conference, Smith says, "I am excited about the sharing with others my passion for music as an art form and their interest in the process." Smith will be a panelist in the "Audio for Video" panel during MIC. The panel will focus on the state of the recording and producing industry in the context of television, movies and video games.

T. DAVIS

tdd002@lvc.edu



Photo from stevesmithrecording.com

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NEWS

Ground broken for Mund

McKENNA SNYDER '14
LA VIE STAFF WRITER

As students pour into Mund College Center for various purposes, some rushing to lunch, many scurrying to the Underground and a few socializing in the lounge, they will soon notice many changes.

The groundbreaking ceremony for the renovations to Mund College Center took place on Nov. 11. President MacDonald delivered the welcome and Mary Kent '11, vice president of Student Government, and James G. Whildin Jr., director of Spillman Farmer Architects, offered remarks.

Vice President of Student Affairs Greg Krikorian says the new Mund College Center would ideally be the "hub of student activity."

"I am really looking forward to what they change in the cafeteria," said John Denniston '14.

"As students, we really need a place to relax and socialize!" Trinda Goodman '14 agreed. "I am so excited to see all of the changes they are going to make. We spend a lot of time studying, so I can't wait to see what they improve in Mund to accommodate our need for a place to study and socialize!"

Krikorian says the renovations

will include improvements in the kitchen and food service areas, the introduction of a "living room" space and patio and minor improvements to Leedy Theater. In addition to these improvements, the bookstore will be revamped to provide greater accommodations for students' needs. The new bookstore will cover a whopping 5,000 square feet and be visible from both the inside and outside of the student center.

Among these renovations, two new elevators will be installed to provide better access for students with disabilities. Krikorian said this will be a major improvement, which truly considers all student

needs.

Lebanon Valley College is continuing to make progress in its strides to become more environmentally aware. Mund Renovations will dub the college center as LVC's first LEED (Leadership in Energy and Environmental Design) certified building.

The first phase of construction began this month and is expected to conclude in the spring of 2012. The \$13.3 million renovations are financed through a combination of institutional budget allocations, which support the renewal of facilities, long-term debt and campaign gifts.

M. SNYDER

ms010@lvc.edu



Photo by Cody Shepp '12 / LA VIE

Student Government Update 11.15.10

Extra day off before Thanksgiving confirmed

ABBY TOMLINSON '12
KEVIN GARRITY '12
LA VIE STAFF WRITERS

This week's Student Government meeting confirmed that the Wednesday before Thanksgiving break as an official day off for the 2010 school year thanks to the amazing win by the LVC football team. Thanks to everyone who marched and helped complete the process.

Three weeks ago, a group of college officials surveyed the sidewalk and lot lighting status. Spots including the gravel lot behind Stanson and behind the Mund College Center will both be receiving additional lighting due to safety concerns of the students. Public Safety will also be installing a "Blue Light"

between Mund and Mary Green to increase student safety.

Christmas at the Valley is just around the corner. The event takes place on Dec. 5 and will include music and festivities. Bring family and friends to help celebrate the holidays.

Another Winter Formal update was brought to the meeting tonight. Sign-ups will be available in the Mund College Center outside the cafeteria at lunch times this week. Also, tickets are available starting today in the LVC bookstore. Students cannot use their student accounts to purchase the tickets; debit cards or cash are accepted.

A. TOMLINSON
K. GARRITY

art002@lvc.edu
kjg002@lvc.edu

"Lend a meal, save a heart,
liberate a soul"

The girls of Friendship Hall will be hosting a Meal Exchange for Charity event. Simply sign up at the tables at Mund during lunch on Friday Nov. 19 or during lunch and dinner on Monday Nov. 22 to donate your Tuesday Nov. 23 dinner. Metz will give all proceeds to the Legacy Scholarship Fund of Invisible Children in Uganda.

With your help, your meal could save a child from hunger or even send another to school for an education!

Corrections & Clarifications

It is our continuing goal to provide readers with complete and accurate information. To that end, we welcome and encourage notification of any mistakes. Readers who wish to submit corrections should send an email to lavie@lvc.edu, subject line: Corrections.



CAMPUS CRIMEWATCH

All information courtesy of the LVC Department of Public Safety

11-10-10 | Campus

Traffic Accident

An alleged hit and run was reported.

11-12-10 | Campus

Suspicious person

A suspicious individual attempted to enter a residence without a proper swipe card.

11-12-10 | Campus

Theft/Drugs

An incident involving narcotic drug laws was reported.

11-13-10 | UG

Incident Services

A non-student attempted to use a LVC student ID to gain entrance to the UG.

11-14-10 | Campus

Assault

An intoxicated guest reported he was assaulted by an LVC student.

Please report any suspicious activity to Public Safety at x6111.

La Vie Collegienne

101 N. College Ave | Annville, PA 17003
Campus Extension 6169 or lavie@lvc.edu

Established 1924

CO-EDITORS
Katie Zwiebel '12
Alyssa Bender '11

FEATURES EDITOR
Caitlin Murphy '12

A&E EDITOR
Tony Gorick '11

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Jake King '11

SENIOR PHOTOGRAPHER
CO-EDITOR LA VIE ONLINE
Cody Shepp '12

BUSINESS MANAGER
Matthew Garber '11

ADVISER
Robert E. Vucic

La Vie Collegienne is published every Wednesday of the academic year. Meetings are held Mondays at 5:15 p.m. in our Mund office, activities room #3. We're always looking for new writers!

SPORTS

SCOREBOARD

Men's Soccer
@ Stevenson, 11/10 : L 1-3

Women's Soccer
@ Frostburg, 11/10 : L 0-3

Volleyball
vs. Ithaca, 11/12 : W 3-1
vs. Juniata, 11/13 : L 0-3

Men's Swimming
vs. King's, 11/12 : W 93-39

Women's Swimming
vs. King's, 11/12 : W 116-39

Ice Hockey
vs. Penn State-Berks, 11/12 :
W 14-2
@ Scranton, 11/13 : W 7-4

Football
vs. Albright, 11/13 : W 28-13

Field Hockey
vs. SUNY Cortland, 11/13 : W 5-4
@ Bowdin, 11/14 : L 3-4 (OT)

Men's Cross Country
@ NCAA Regionals, 11/13 : 20/47

Women's Cross Country
@ NCAA Regionals, 11/13 : 14/45

Schedule

Wednesday, 11/17

Women's Basketball
@ St. Mary's (MD), 6 p.m.

Friday 11/19

Men's Basketball (tournament)
vs. Del Val vs. Rich. Stock., 6 p.m.
vs. Penn State Harrisburg, 8 p.m.

Ice Hockey
vs. Villanova, 7 p.m.

Saturday, 11/20

Men's and Women's Swimming @
Cabrini/Marywood, 12 p.m.

Football
@ Johns Hopkins, 12 p.m.

Men's Basketball
vs. Consolation Game, 1 p.m.
vs. Championship Game, 3 p.m.

Women's Basketball
vs. Brooklyn, 6 p.m.
vs. Elmira vs. Penn State Altoona,
8 p.m.

Women's Cross Country
@ NCAA Championships, TBA

Men's and women's soccer fall in ECAC's

ALYSSA WARGO '11
TABITHA BROBST '11
LA VIE STAFF WRITERS

Both the Men's and Women's Soccer teams were denied a chance to play for the championship in the Eastern College Athletic Conference, when they both lost their games this past Wednesday.

Stevenson College ended the men's season, with a 3-1 score over the Dutchmen. In the first half, Justin Hutchinson '10, a business major, scored his first goal of the season, assisted by Kelly Hess '13, giving LVC a one-point lead over Stevenson. However, Stevenson responded with a goal one minute after Hutchinson's. The rest of the first half remained tied, with LVC having a 13-4 shot advantage over the Mustangs. However, it would be Stevenson who dominated the second half, having two more goals and stopping LVC's offense. The Dutchmen finished their season 9-9-1 overall.

Coach Grimes had this to say to his team, "We had a good 2010 season, making the Commonwealth Conference Playoffs for the third season in a row and the ECAC South Championship for the second season straight. Our team played quality soccer and worked hard in training, matches and in the classroom. LVC Men's Soccer would like to thank the four seniors (Justin Hutchinson, AJ Hull, George Andriko and Morgan Crouse) for their time, dedication and effort during their careers at LVC. They were part of rewriting the soccer history books in their time at LVC and have a lot to be proud of."

Frostburg State was responsible for the women's loss, with a 3-0 victory over the Dutchmen. The Bobcats dominated the field with two goals in the first half and another during the second to end the Dutchmen's season. Nicole Snyder '13, a physical therapy major, and Elle Kirkhoff '11, chemis-

try major, lead the team with four shots each, but could not seem to find the back of the net. Also, Sami Young '12, biology major, made three saves for the Dutchmen.

Commenting on the season, Coach Frankford mentioned, "This season was a great step in the progress that our program is making. We achieved many of our team goals, i.e. making the playoffs. The players bought into a new system, we incorporated new players, and achieved a lot of success which makes the future very bright. I am proud of my players, but I want them to continue to desire to achieve more each year. This is also a year that we will say good bye to our largest senior class, the graduation of their experience and leadership will leave big shoes to fill. Hopefully they have mentored the underclassmen to step up into bigger roles in 2011."

A. WARGO amw006@lvc.edu
T. BROBST tlb003@lvc.edu

Field hockey season ends

SHERAE JONES '11
LA VIE STAFF WRITER

After having a fantastic season, the LVC Field Hockey Team season came to an end in the NCCA quarterfinals for DIII. Despite being defeated by Messiah (5-2) in the Commonwealth Conference Championship on Nov. 6, the team still received an out-large bid to the NCAA Tournament in Maine. No. 2 LVC received a first round bye.

In the second round, LVC played SUNY Cortland. After a very competitive match, the Dutchmen managed to pull off a 5-4 victory. The hard-fought, heart-felt contest had four ties. However, with just 4:39 remaining in regulation, senior Marisa Maxwell scored a goal to break the 3-3 tie and give LVC the final lead. Other scorers for the game included Jocelyn Novak '12, and seniors Cait Eckenrode and Shelly Lobach. Junior goalkeeper, Christine Poletti, had 9 saves. The win helped the Dutchmen advance to the national quarterfinals.

In the quarterfinals, LVC played against host-school Bowdoin. Once again, the team found themselves in a competitive match, falling to the Polar Bears 4-3 in overtime. Bowdoin scored the winning goal with 11:30 remaining in overtime. Poletti had a career-high 15 saves, while senior Lauren Seidenstricker had her sixth defensive save of the season. Seidenstricker set a new single-season record for defensive saves at LVC. Junior Jocelyn Novak scored a goal, along with Eckenrode and Marisa Maxwell '11 also scored goals in the contest. This marks Novak's thirty-ninth goal on the season, and now makes her the second-highest assist leader in DIII history. Sophomore Kelsey Miller added two assists. Senior Shelly Lobach became LVC's all-time assists leader, contributing her forty-fifth career assist during the contest.

The Dutchmen finished with a 19-3 record overall. The team will also lose nine seniors. However, kudos to the team for a wonderful season. Eight players received All-Commonwealth Conference honors. Novak, Cait Vasey '13, and Lobach were all named to first team. Novak was also the co-player of the year for the Commonwealth Conference. Seniors Rachel Pantalone, Alison Bicher and Seidenstricker were named to second team, along with Junior Jenni Walker and sophomore Kelsey Miller.

S. JONES slj002@lvc.edu

Volleyball bested

KEVIN GARRITY '12
LA VIE STAFF WRITER

After a big 3-1 win on Friday over Ithaca, LVC Women's Volleyball was unfortunately bested in the second round by No. 3 Juniata, 3-0. Seniors Michelle Little and Joelle Snyder lead the team with nine kills each, and the Dutchmen did not let Juniata win without a fight. With sets of 15-25, 22-25 and 19-25, LVC kept it close throughout the match, even tying up the second set 20-20. Juniata was a forced to be reckoned with though, always pulling into the lead and going on long scoring streaks leading them to victory.

It was not an unsuccessful season by any means for our volleyball ladies. With a record of 24-10, the team recorded its third-straight Commonwealth Conference championship and the program's first NCAA victory, so they have a lot to be proud of. Thanks to our five seniors, Emily Hopkins, Michelle Little, Emily Perkins, Jess Raber and Joelle Snyder, and congratulations for a great season to all of the girls!

K. GARRITY kjg002@lvc.edu

Swimming wins

DAN CALLAHAN '14
LA VIE STAFF WRITER

The LVC swim team captured another win on Friday night against MAC opponent King's College. The men swam to victory by a score of 93-39, as the women also won, 116-87.

Julia's Mongeau '14 re-set her own 200-IM record by over 2 seconds, finishing in 2:37.66. For the rest of the women, Noelle Brossman '14, Charlie Robinson '13 and Gabbie Groff '14 covered the top three finishes in the 50-meter free. Robinson got first in the 100-fly, while Brossman grabbed first in the 100-back. Women's relays were able to win in the 200 free relay with a time of 2:04.94. The winning relay consisted of Robinson, Brossman, Mary Gardner '13 and Kelsey Sherman '12.

Jeffrey Bush '11 recorded first in the 50 free and 100 fly. Other winners from the men's meet were Ryan Humphries '12, John Denniston '14, John Heenan '12, Erik Brandt '13, Brett Wimmer '11 and Nate Heinly '11. The men's team won both the medley and freestyle relays. The medley combination of Wimmer, Heenan, Denniston and Heinly took first place, and the freestyle combo of Bush, Devon Stutzman '13, Matt Dwyer '14 and Heinly also won.

D. CALLAHAN dpc001@lvc.edu

Icers take two

KEVIN GARRITY '12
LA VIE STAFF WRITER

Starting with a huge 14-2 win on Friday over Penn State Berks, we got to see a side of hockey that LVC is not used to after the last few seasons. With both Matt Kisiday '12 and Shaun Stamm '12 scoring hat tricks and with points reaching 11 of the players on the team, it was a sight to behold. Matt Turner '13 made his debut as goaltender this Friday, making 28 saves in the game.

On Saturday, the team traveled to Scranton for a 1 p.m. game where they did more of the same, recording a 7-4 victory. Kyle Stewardson '12 and Brad Surdam '11 scored two goals a piece while Nick Averona '11 recorded two points in the game. Rich Drazin '11 made 37 saves in the game.

The hockey team, now 7-1, has seen a bit of a change in attendance this year. No one went last year because they didn't win any games, and now that they win nearly every game, people still do not go. If you haven't made it out to the Hershey Park Arena to see them play, come for the game this Friday, 7 p.m., against Villanova. Come on out and sit in the student section located in Section 9 along the glass. Enjoy the game, and hope to see you there!

K. GARRITY kjg002@lvc.edu



SPORTS

Albright crushed, students get day off

ALYSSA WARGO '11
TABITHA BROBST '11
LA VIE STAFF WRITERS

The stage was set: Senior Day game versus rival Albright with family, friends and the student body showing up in large numbers to see what the outcome would be. And as tradition has it, an extra day off for Thanksgiving break loomed in the air. The Dutchmen knew what was at stake and came out fighting.

LVC Football extended their four-game winning streak to five on Saturday with a win over rival Albright. This was the Dutchmen's first win over Albright since 2006, and only the second since 1994. LVC ends the season with a 6-4 record and stands tied for second in the Middle Atlantic Conference at 5-2.

LVC started out the first quarter with an interception by Dane Eichelberger '11 that set up the four-yard touchdown pass from Caleb Fick '11 to Brendan Riley '11. The first half rounded off with a touchdown by Albright, which only got them six points thanks to a blocked PAT by Zach Bleiler '11. Jake Zeigler '14 started off the



Photo by Cody Shepp '12 / LA VIE
wood '11 ended the game with a
midfield interception.

second half for LVC with a 54-yard kick return that led to the Ben Guiles '13 touchdown. Junior criminal justice major Clay Chaney recovered an Albright fumble that

led to another Guiles touchdown. The Dutchmen followed up with a 97-yard drive, which included a four-yard rushing touchdown by junior Blair Ransom. Tim Ride-

LVC had a strong showing by their seniors. Guiles ended the day with 142 yards and two touch-

downs, bringing his season total to a record breaking 1,285 yards and 17 touchdowns. Riley had an outstanding day, catching six passes for 68 yards and a touchdown. Senior Alex Gilchrist led the team with nine tackles and Bleiler contributed with three sacks. Kevin Purring '11 had his first career sack on Senior Day.

On Sunday it was announced that the team reached the ECACs and will play John Hopkins on Saturday at noon, but that wasn't the only good news after the game.

On Monday over 400 students, followed by local firetrucks and police cars, marched to Kreiderheim, the president's residence to demand classes be canceled in honor of the win. Representing President MacDonalds, Dean of Faculty Mike Green answered Student Government President Ashten O'Brien's request on behalf of the student body. After negotiation, it was decided. Students can enjoy the day off before Thanksgiving. This year, LVC will be thankful for the the Dutchmen victory over Albright.

A. WARGO amw006@lvc.edu
T. BROBST tlb003@lvc.edu

XC runner to NCAAs

LAUREN SCOTT '12
SPORTS EDITOR

On October 30, the Dutchmen Men's and Women's Cross Country Teams competed in the MAC Championships at Delaware Valley College, where the men placed sixth of fifteen and the women second of fourteen. The women improved from fourth in 2009, the best record in school history until this year's finish.

Cronin took silver in the meet, finishing in 22:11, six seconds behind Delaware Valley's Caitlin Dorgan. Long, who strained her calf in mid-season this year in her

second year of running, crossed in eighth place at 23:35, earning first-team all-MAC honors. Shoop finished 11th at 23:53 and Miller finished 18th at 24:17, each earning second-team honors. Freshman Cynthia Adams, who never ran cross country before this season, just missed all-conference finishing at 24:28, marking her in 24th place.

When commenting on the women's success at the MAC Championships, Coach O'Brien mentioned, "Jenn and Megan, our seniors, led the team and they set the tone, but the addition of Kristin, Alyssa and Cynthia has made such a huge impact to our program. Alyssa ran the race of her LVC career so far. I'm very thankful for the opportunity to work with these awesome young ladies—it was just a solid day all

around."

For the men's team, Wallace was the top finisher in 17th at 26:44, followed by Sweigart (27th, 27:17), D'Angelo (30th, 27:22), Nesmith (37th, 27:34) and Elliot Bonds (42nd, 27:49). Coach O'Brien, who graduated from LVC in 2007, was pleased with the men's performance. Noticing their improvements over the years, he commented, "In my eight years associated with LVC as an athlete and coach, I've never seen a MAC race this deep. On paper, it may look like we took a step back, but to be very clear, this is by far the best team I have coached on the men's side."

This past weekend the teams traveled to Cooper's Lake St. Park to compete at the NCAA Midwest Regional meet. Cronin, last year's regional champion, placed sixth

at 22:21.1, qualifying her for her second straight NCAA National Championship. Her success led the women's team to place 14th out of 45 while the men finished 20th out of 47.

Long (66th, 24:18), Shoop (75th, 24:28.2), Adams (122nd, 25:25.7) and Miller (150th, 25:46.7) rounded out the scorers for the women's team. Zelechowski (212nd, 27:02.7) and Frederick (234th, 27:36.6) also competed for LVC.

On the men's side, Wallace led the men's team (78th, 27:09.3) and was followed by scorers Sweigart (98th, 27:31.6), D'Angelo (126th, 27:54.8), Bonds (137th, 28:04.4) and Matt Nesmith '13 (144th, 28:12.4). Brian Sheehan '14 (196th, 29:18.3) and Patrick Tierney '13 (232nd, 30:18.7) also ran for the Dutchmen.

Reflecting on the weekend's meet, O'Brien commented, "Regionals was a solid day for us on the whole. The course was very difficult. Jenn didn't feel 100% but really hung tough to grab an automatic qualifying spot to nationals. Very few people could do that on an off day and that is a credit to her will power and determination. We were hoping for a slightly better finish on the women's side but this team is young and will continue to grow. All of our men's scorers moved up relative to where they finished in the conference two weeks earlier so that was a plus."

Next weekend Cronin will compete at Wartburg College in Iowa to contend in the NCAA finals.

L. SCOTT lrs002@lvc.edu

Good luck with finals and have a safe and happy
holiday season! See you in 2011!



LEBANON VALLEY COLLEGE'S STUDENT NEWSPAPER

La Vie Collegienne

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Remembering Lou Sorrentino '54,
1932-2010

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Happy Hanukkah! Learn the history behind this sacred Jewish holiday

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Second City coming to LVC

ALYSSA BENDER '11
Co-EDITOR

Keep your calendars open on Dec. 9: The Second City's *Fair & Unbalanced* comedy tour is coming to LVC.

The Second City's *Fair & Unbalanced* takes unbridled comic pleasure in the foibles of our politicians, celebrities and even our significant others. Ripped from the stages of The Second City's legendary theaters in Chicago and Toronto, the tour is a hilarious ride through present day America. They will perform in Arnold Sports Center on Thursday, Dec. 9 at 9 p.m. Admission is free and open to the public.

Delighting audiences for over 50 years, the comedy theaters

and improvisational schools in Chicago, Toronto and Hollywood perform and produce cutting edge sketch comedy that will leave any audience rolling with laughter.

The Second City has been the starting point for many loved and admired comedians and writers such as Steve Carrell, Stephen Colbert, Tina Fey, Dan Aykroyd and Catherine O'Hara. This is the final performance of the Friday Night Com-



Graphic courtesy of The Second City
edy Series at LVC this fall.

A.BENDER

aab003@lvc.edu

An LVC tradition: Christmas at the Valley

SARAH BARMAN '12
PERSPECTIVES EDITOR

On December 5 at 3 p.m. and 7 p.m., the 56th annual Christmas at the Valley will present a holiday program titled "A Festival of Nine Lessons and Carols" in Lebanon Valley's Miller Chapel. A post-concert holiday reception will be held in the West Dining Room of Mund College Center after the performances. Admission is free, however donations will benefit the organization Operation Santa Claus in Lebanon County, which provides food, clothing and toys for needy families during the holidays.

The prelude will include the College's handbell choir, student organists and this year's special guest, the marimba ensemble. Music professor Dr. Shelly Moorman-Stahlman will direct the handbell choir and adjunct assistant professor of music Robert

Nowak will direct the marimba ensemble.

After introductory remarks by the College Chaplain Rev. Paul Fullmer, *The Nine Lessons* will be read by students, faculty, staff and administrators - including President Stephen MacDonald.

Throughout the program, the various choirs of the college will perform, including the combined College, Chamber and Concert choirs performing *Singt ihr lieben Christen* all by Michael Praetorius and the *Hallelujah Chorus* from Handel's *Messiah*.

The College Choir, directed by Dr. Michael Wojdylak, adjunct assistant professor of music, will perform two movements from Antonio Vivaldi's *Gloria*, *For unto is a child is born* from Handel's *Messiah* and William Byrd's Renaissance motet, *O Magnum Mysterium*.

The Chamber Choir, directed by Dr. Mark Mecham, chair of the

department and Clark and Edna Carmean Distinguished Professor of Music, will perform Everett Reed's Basque carol arrangement *Gabriel's Message* and the English and Irish arrangement *Wexford Carol*. Also under the direction of Dr. Mecham, the Concert Choir will present Edvard Grieg's *Ave Maris Stella* and Egil Hovland's *The Glory of the Father*, a new setting of *The Lord is my Shepherd* by Robert C. Lau '65, *The Little Drummer Boy* by Katherine K. Davis, and *I Wonder as I Wander* by John Rutter.

The program will conclude with choirs and congregation singing *The First Noel* and *O Come, All ye Faithful* and following the benediction, *We Wish You a Merry Christmas*.

A post-concert holiday reception will be held in the West Dining Room of Mund College Center after the performances.

S. BARMAN

seb005@lvc.edu

MIC draws record-breaking crowd

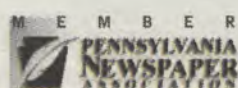
SARAH BARKMAN '12
PERSPECTIVES EDITOR
TIM DAVIS '12
STAFF WRITER

This year's Music Industry Conference was a great success. They had a record attendance of nearly 200 and made record revenue. Many panelists, including Jeremy Hummel and Steve Smith, plan to return next year. Throughout the day, all of the workshops were educational and entertaining and gave students the opportunity to gain valuable information about the industry.

One of the biggest messages to come out of MIC this year was networking. Networking has been a big theme in past years as well, but this year it was especially prevalent. When asked about the conference, Aaron Trasatt '11 stated, "I liked the LVC grad panel, their take on LVC and how it's helped their careers. A recurring theme every year is networking. The older I get, the more sense it makes."

The whole atmosphere of MIC was geared towards giving students a chance to meet the panelists and talk to them personally. To that effect, Music Industry Students Association (MISA) set up a mentoring table in which panelists sat after their panel and allowed students one-on-one access with panelists. Students could ask questions, get advice and network with established professionals in the industry. In the lobby, groups of students and professionals huddled around and chatted with one another. Panelists struck up

See MIC | Page 2



WE WANT YOUR FEEDBACK



lavie@lvc.edu



LaVieLVC



x6169

FREE | TAKE ONE

NEWS

MIC: Panelists and attendees agree conference was a success

Continued from Page 1

conversations with other panelists and plenty of business cards were exchanged. One student even received an internship offer from one of the panelists!

Another big positive was the time devoted to attendees' questions during the panel. About half of each panel was devoted to a question and answer session where audience members could shape the conversations with the panelists and ask specific questions. When asked about her impression of LVC-MIC, one of the panelists,

Sherri Mullen, owner of Rock-Diva and SugarDaddy Publishing, said, "I think the mentoring table is nice. A lot of networking is going on. Everything is very organized and very well-put together." The entire conference was run in a very professional manner. All panels ran smoothly, and attendees knew where panels were and how to get to them. The panels themselves were interesting and addressed several different topics and issues in the music industry. Attendees were pleased with

the shorter panel times and the time provided for questions. The theme of (R)evolution played a major role in the discussions of the panels. The evolution occurring within the industry truly does affect all aspects of music and music production, and the different panels reflected that. Whether it was evolution as a musician, evolution of technology in the music industry or revolution against the old ways of the industry, the music industry has changed drastically, even just in the past decade.

When asked about this year's conference, Vice President of MISA Jonathan O'Neill '12 stated, "I believe our conference this year was an overwhelming success. We just about doubled our attendance and easily doubled our income. Most comments I heard from others were generally positive. I think there is always room for improvement. We hope to get AES involved next year. We are also going to come with a better system for registration other than name tags. Stay tuned for next

year!"

Phil Freeman '11, president of MISA, remarked, "As a side-note, I talked to the Gorilla Man rampaging around campus. He said it was an evolutionary experience. So, with that said I have one word: Satisfaction!"

Be sure to check out lavieonline.lvc.edu for an exclusive Q&A with founding member of Breaking Benjamin, Jeremy Hummel.

S. BARKMAN
T. DAVIS

seb005@lvc.edu
tdd002@lvc.edu

Depression in college students an "epidemic"

La Vie takes a look at the mental state and treatment options on campus

ABBY TOMLINSON '12

KEVIN GARRITY '12

LA VIE STAFF WRITERS

Every year, students return to their colleges or universities, optimistic that this year will be better than the last. And every year, the stress and depression closes in once again.

Depression in college students is becoming an epidemic, resulting in lower grades, breakdowns and even suicide.

During a study by the National Mental Health Association in 2007, 45% of students surveyed admitted to feeling so depressed that it was difficult to function and around 63% felt hopeless at times.

But, why? Isn't the saying, "These are the best years of our lives"?

Among college students, there is a general feeling that they undergo as much stress in the safety of their four years as they do when they reach the real world, and sometimes more—with the pressures of getting to classes, finishing homework for five courses and still finding time to have a social life.

Students want to fill their time in college with relationships, academic success, parties and socialization. But sometimes this can be a fatal combination. How does one learn to balance work with play? Hanging out with friends but still getting that project done?

In another study conducted by the American College Health Association in 2004, 25% of students surveyed claim to have poor coping skills; they cannot manage their

stress and thus abandon and sacrifice activities that are important to them.

Seventy-one percent say that most of their anxiety and stress stems from the achievement and stability of good grades. If their grades are adequate by the student's standards, their stress is immediately relieved. But, if grades are falling or students just can't seem to keep the grades where they want them, the stress is overwhelming, often sending students into a downward spiral.

Dr. Stevie Falk, director of Counseling Services at LVC, agrees, stating, "Anxiety and depression are the No. 1 and No. 2 issues that we see here."

A Lebanon Valley College senior who wishes to remain anonymous states how he feels concerning his course load and school related stress: "The mix of Gen. Ed. classes, major classes and the pressures of finding a job definitely have a negative impact on the work I can complete and the amount of effort I put in. If there were more hours in a day, I think we'd all have an easier time."

But without those few extra hours, what is LVC doing to help their students survive the pressures of college life?

The Shroyer Health Center's second floor is dedicated to LVC Counseling Services. Monday through Friday, a licensed psychologist is made available to provide individual, couples and group therapy for anyone who is searching for help. The sessions offered are often 45 minutes long and include a holistic approach to solving depression and stress re-

lated issues.

Falk says, "We tend to use cognitive-behavioral therapy with depression, as it responds well to this most times and can be used with our short term model of treatment."

Cognitive-behavioral therapy is a goal-oriented, systematic approach, using a lack of medication. It is commonly used in the treatment of problems including mood, anxiety, personality, eating, substance abuse and psychotic disorders.

But sometimes the formality of seeing a therapist is a bit intimidating. Many people see it as having a negative connotation, implying mental illness or even a disability.

When approached about the negative implications of seeing a therapist, a junior stated, "I know a few people who have gone just to talk to someone about their feelings. It doesn't always have to be a big deal." It's up to the individual to make seeing a therapist a positive experience.

Along with private help, Lebanon Valley offers outreach programs throughout the year to bring in a wider audience. These programs are held on campus and often consist of a speaker discussing the topic at hand, such as dating awareness, date rape prevention, stress management, eating disorders, depression and the college student, anxiety and the college student and alcohol awareness. These programs have been selected specifically to help students understand the pressures and trials of college life. These programs are not solely discussion based; often the speakers give tips and ways to deal with stress or

provide strategies in managing time. Each program is looking to inform and help students better themselves and their mental health.

If you or someone you know is struggling with depression or anxiety issues, reach out; there are people who can help.

"We receive referrals from many different sources: students, deans, area coordinators and other adminis-

tration personnel. But it is up to the student to make the appointment and get here," explains Falk.

Take the first step: Call (717) 867-6696 to schedule an appointment with the school counselor or simply make it a point to attend the offered outreach programs. Remember, you are not alone.

A. TOMLINSON
K. GARRITY

art002@lvc.edu
kjd002@lvc.edu

*The Allen Theater and
MJ's Coffeehouse Presents:
First Thursday Jazz Series!*
Thursday December 2, 2010 8:00 PM

THE PETER PAULSON QUARTET

Featuring:
Peter Paulson: Bass/Composer
Mike Frank: Piano
Chris Hanning: Percussion
Chris Bacas: Sax

Free admission
for LVC
Students with
Student ID

PLUS: Special performance starting at 7:30 by
Student Musician of Excellence, Chris Costanza!

Corrections & Clarifications

It is our continuing goal to provide readers with complete and accurate information. To that end, we welcome and encourage notification of any mistakes. Readers who wish to submit corrections should send an email to lavie@lvc.edu, subject line: *Corrections*.

NEWS



CAMPUS CRIMEWATCH

All information courtesy of the LVC Department of Public Safety

11-16-10 | Campus

Theft

A theft of a drum pad valued \$70 was reported.

11-20-10 | Campus

Alcohol

An underage alcohol violation was reported.

11-21-10 | Campus

Incident Services

There was a visitor complaint about an LVC crowd cheering.

11-21-10 | Campus

Alcohol Violation

An underage student fled from the Annville police.

11-21-10 | Campus

Sexual Assault

A female reported that she was sexually assaulted.

11-22-10 | Campus

Narcotic Drug Laws

Possible marijuana smoking was called in.

Please report any suspicious activity to Public Safety at x6111.

Student Government Update 11.29.10

ABBY TOMLINSON '12

KEVIN GARRITY '12

LA VIE STAFF WRITERS

This week's SG meeting tops the charts for shortest meeting at 11 minutes! Because the end of the semester is approaching, students are buckling down to finish their work rather than sweat the small stuff.

The first topic was Christmas at the Valley. Come out this Sunday with family and friends and enjoy

the festivities of the holiday season LVC style.

Also happening this weekend is Winter Formal. The event starts at 6 p.m. at the Radisson Hotel and Convention Center in Camp Hill, PA. For more information on the background of the Winter Formal, (see page 4) Have a fun and safe time at the formal and a wonderful holiday season! Good luck on your finals!

A. TOMLINSON
K. GARRITY

art002@lvc.edu
kcg002@lvc.edu

Coffee House Series

9:30 PM December 1st at MJ's Coffehouse

Holiday show with Mark Rust!!

For more information visit
<http://www.markrust.com>

Seniors: Donate towards your class gift

SHERAE JONES '11

LA VIE STAFF WRITER

Remember "Chicken Tender Thursday?" How about Halloween at LVC? Or what about Christmas at the Valley? What about the NCAA tournaments that the field hockey team, volleyball team, and women's basketball team played in? Or the time during fall 2010 when the football team, along with Student Government and the rest of the student body, marched to Kreiderheim, home of LVC's president, Dr. Stephen MacDonald, to request an extra day before Thanksgiving break off, because the football team beat Albright? You may have enjoyed all of those moments, but LVC created those memories for you, in which you will remember after your departure from LVC. Isn't it only fair that because LVC gave you those memories, that you give back to LVC? You're probably thinking that it may not be possible to give back because of student

loans, apartment hunting or graduate or medical school costs. However, it is possible.

Every year at LVC, the senior class collectively as a whole makes a gift to The Valley Fund. The gift is given at the Commencement Ceremony held in May. The Valley Fund is a fund that provides scholarships, lab equipment, educational materials and other resources needed for campus improvements. Contributing to The Valley Fund also allows for the senior class to have a naming opportunity on campus. The Class of 2011 is the first class to be able to name something in Mund College Center. We have been given the opportunity to name a fireplace in the newly-renovated Mund. It will simply say "Class of 2011."

You have the opportunity to contribute to The Valley Fund without looking towards your bank account. Instead, you can use the \$200 admissions deposit you paid upon entering freshman year at LVC. You can either give partial or

all. You can make your contribution at a table during lunch and dinner until December 6, 2010. You can also make your contribution after the holiday break and until right before graduation, using the orange card that was mailed to you with the information letter you received in your inner-campus mail. You do not have to give, but are strongly-encouraged to do so, seeing that LVC has given so much to you. All contributions are greatly appreciated. Those who do not contribute their admissions deposit will have their admission deposit mailed to them at their home address.

Also keep in mind that Feb. 2, 2011, will be our annual Senior Send-Off in Faust lounge of the Mund College Center. This will provide information regarding cap and gowns, class rings, senior week information and other class of 2011 information. Mark it on your calendars because you don't want to miss out!

S. JONES

slj004@lvc.edu

Educators enrich youngsters Children's Book Activity Night educates local kids

CAITLIN MURPHY '12

FEATURES EDITOR

Students in the education department spent an evening reading to elementary students and participating in crafts, games and other activities last week in Faust Lounge. The students of Professor White's Evidence Based Effective Instruction class organized a program that would educate local children while encouraging them to interact with fun activities associated with the learning material.

Over twenty children, ranging from pre-k to fifth grade, participated in the event. The night began with a reading of *Owl Moon* by John Semanchik '14. The story discussed a girl and her grandfather on a special evening of "owling." After the reading, a series of twelve activities were crafted to have students actively participating and having fun. Caitlin Harmon '13 and Jen Koch '13 organized an owl-mask-making station where students could create their own mask to wear. Other activities included finger puppet shows organized by Caleb Wiley '13, journey maps by Jen

Rosenberger '14 and much more.

The second hour of the program shifted to the reading of *Stellaluna* by Emily Shinn '13. This story is about a fruit bat who under circumstances becomes lost and alone until it finds a group of birds to integrate and live with. Some of the activities for this story included making a batty fruit salad by Kris Roaten '13 and Bill Gardner '14, echolocation by Sheryl Klus '13 and batty sense of smell with a fruit guessing game by Alisha Foltz '13. Besides these activities, coloring pages, crayons and worksheets

were available for interested children who wanted to participate. Metz provided over 150 cookies for students and children to snack on throughout the night.

Program coordinator AJ Zercher '13 said, "The students that came to the event had such a blast."

Chloe Skylakon '13, another program coordinator added, "It would be nice to make Children's Book Activity Night an annual event."

C. MURPHY

crm003@lvc.edu



Photo courtesy of Kelly Palmquist '13

Features

Candylane offers a sweet holiday treat

TONY GORICK '11
A&E EDITOR

Ready to dive into the holiday season?

With Christmas not too far away, Hersheypark transforms into a holiday spectacular as Christmas Candylane opens to entertain guests of all ages. Beginning Nov. 19 and running all the way through Dec. 31 (with varying hours), Christmas Candylane is full of opportunities to delve into this festive time of year.

As for rides, the thrill-seekers may feel slighted while viewing the selection open for Candylane; due to the cold weather, roller coasters will not be operational. And, for obvious reasons, the water rides are closed as well. (Although riding down an icy Tidal Force does sound exhilarating.) Yet the park still boasts over 30 available rides—many of which are kiddie rides, however—for people to enjoy. Some family favorites include Skyview, Tilt-a-

Whirl, Carrousel and Scrambler. For someone looking for a more thrilling experience, The Claw is also open to ride. Or, to catch a view of the highly-decorated Candylane landscape, the Kissing Tower provides a wonderful ride experience where one can see Hersheypark in its entirety.

Candylane also boasts the second year of its new Nights of Extraordinary Lights (conveniently referred to as "N.O.E.L.") light show; the visual light show synchronizes music to glowing trees, strings of blinking lights, dancing colors over the water and much more. Hersheypark also unveiled a new show for the 2010 season titled "Home Sweet Home for

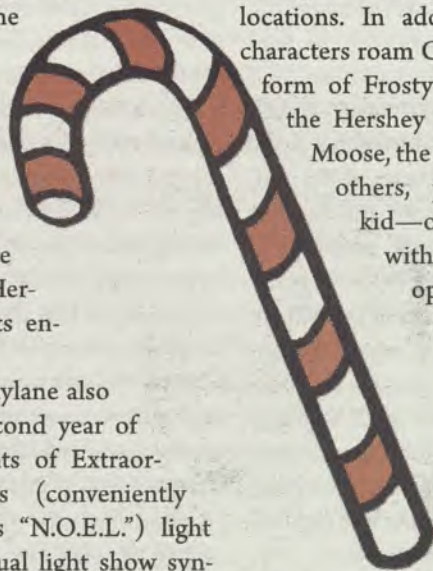
Christmas," which blends popular Christmas music and stories into one stage production. Plus, the strolling band "The Mistle-Tones" keep guests entertained all throughout the park in different locations. In addition, costume characters roam Candylane in the form of Frosty the Snowman, the Hershey Bar, Jingles the Moose, the Reese's Cup and others, providing each kid—or kid at heart—with a great photo opportunity. And of course, Santa Claus is available for photo ops as well (along with his numerous real reindeer).

The only serious downside of the Candylane experience is the pricing. Although the ticket for a single-day pass is only

\$10.95, the prices for food, drinks and souvenirs can be very high. It would be recommended to cut spending by eating before arrival at the park or delegating only a certain amount to extra expenses while there. It is really easy to spend a lot of money when the weather is cold and hot chocolate, s'mores and turkey legs are ready for the purchasing.

Overall, Candylane provides a great opportunity to enjoy the holiday season. Whether it is to walk around the park and appreciate the decorations, go on rides or watch a show, Hersheypark Christmas Candylane has the options. For more information on the hours, ticket prices and more, visit www.christmasinhershey.com and click on the "Hersheypark Christmas Candylane" tab on the left. You may find it's time to bundle up, grab some friends and start celebrating the holidays with a trip to Hershey.

T.GORICK apg001@lvc.edu



Celebrating Hanukkah

The history of the holiday

LAUREN SCOTT '12
SPORTS EDITOR

December 1 on the Gregorian calendar, the eve of the 25th day of Kislev according to the Hebrew calendar, marks the first day of Hanukkah, the eight-day Jewish festival of light.

In the second century BCE in Jerusalem, during the time of the Maccabean Revolt, the Holy Land was ruled by the Seleucids—the Syrian-Greeks—who forcefully attempted to Hellenize the people of Israel; however, a small band of faithful Jews defeated the strong army, pushing the Greeks off the land and reclaiming the Holy Temple in Jerusalem to rededicate it to the service of G-d.

When they tried to light the Temple's menorah, however, the Jews found only a small amount of olive oil which had been salvaged by the Greek raids. Astonishingly, the one-day oil supply lasted eight days.

To celebrate and expose these miracles, sages established the festival of Hanukkah. During the festival, a single flame on the menorah is lit on the first night, a second is added on the second evening, a third is added on the third night and so on until the eighth night, when all eight lights are illuminated. Hallel and the Al HaNissim prayer are also recited to offer praise and give thanks to G-d for "delivering the strong into the hands of the weak, the many into the hands of the few... the wicked into the hands of the righteous."

Customary foods during the celebration include latkes (potato pancakes) and sufganiot (doughnuts). Playing with the dreidel, a spinning top which has the Hebrew letters nun, gimme, hei and shin (an acronym of Nes Gadol Hayah Sham, or "a great miracle happened there"), is also a tradition during the celebration.

This year, Hanukkah ends on December 9.

L. SCOTT lrs002@lvc.edu



Winter Formal

Organizing this annual event is a team effort

ABBY TOMLINSON '12
KEVIN GARRITY '12
LA VIE STAFF WRITERS

It's that time of year again: finals, huge projects, all-nighters and the LVC Winter Formal on Friday, Dec. 1. Sure, it's a night full of dancing, good food and time with friends, but what actually goes into the annual Winter Formal? Who comes together to make the night so enjoyable?

Each year the current sophomore class is appointed to cover the ins and outs of the Winter Formal: the where, when, and what. The executive board of Student Government, consisting of Ashten O'Brien '11, Mary Kent '11, Katie Seigendall '12, Joe Jablonski '12 and Ryan Humphries '12, takes time to appoint a sophomore class chair to head the festivities and organization of each formal. This year, that individual is Mike Mellon '13. Mellon and his sophomore

team have been communicating, making decisions and developing the Winter Formal since the start of the fall semester.

Because the process can be new to the sophomores, Student Government has created an all-knowing binder over the years. This binder is given to the sophomore class when the planning begins. Inside, it's full of tips, information and contacts to help the newcomers make the process a little easier. This information ensures that major mistakes will not be made twice and the successes might be made again. However, information such as the venue, food and other specifics must be made by the team themselves.

The venue for the dance is usually chosen the previous year in order to ensure its availability. Last December, the committee chose the Radisson Penn Harris Hotel and Convention Center in Camp Hill. Over the past few months, the sophomore

team has worked with employees from the Radisson to choose the food, decorations and linens for the event. It is customary for the sophomores to choose the theme and buy decorations accordingly, however this year the team has chosen to use the decorations the hotel can provide, saving time and money for everyone involved.

The venue preparations begin the afternoon before the event takes place. The linens are ironed, the decorations are prepared, the silverware is set. If extra decorations purchased by the sophomore class are included (which has happened in past years), the organization team will often ask for the assistance of any Student Government member to help complete the process. Once the decorating process is finished, the representatives rush back to their dorms and homes to get "glammed" up and fabulous for the night.

The formal begins at 6 p.m.,

when students will begin arriving at the Radisson for a night of fun with their friends. Each year, between 200-250 students (including off-campus guests) participate in the festivities and enjoy the evening. But does all of this make the night a success? To Mary Kent '11, vice president of Student Government, success is more than numbers. "I see it as an event that is successful when it simply brings the campus community together, people have fun and everyone is safe. The goal is to provide an event that allows the LVC community to get a little dressed up and come together to have fun." In that case, every year is a success and there is no doubt that this year will follow in the same footsteps.

A. TOMLINSON art002@lvc.edu
K. GARRITY kjg002@lvc.edu

Arts & Entertainment

Wig and Buckle tries out some "Adult" humor with new play "An Adult Evening with Shel Silverstein" offers some mature hilarity in Leedy this weekend

NATOSHA KREAMER '13
LA VIE STAFF WRITER

Happen to see all of the provocative posters around campus lately? Wondering what it's all about?

They are for none other than Wig and Buckle's newest production, *An Adult Evening with Shel Silverstein*.

Cast member Adam Abruzzo '12 explains that Shel Silverstein was a commonly known children's poet who also wrote ten short poems for adults.

In short, the ten poems written by Silverstein have been converted to short plays that contain mature puns on adult topics. All of the short plays featured in this show are completely separate from one another in plot and characters and each one is in its own way an "adult" show. Director Brian Stefaniak '11 explains: "For example, 'One Tennis Shoe'

revolves around a husband calling an intervention on his wife, trying to keep her from turning into a bag lady, 'The Best Daddy' showcases a father celebrating his daughter's 13th birthday by giving her a truly unusual pres-

ent and 'Buy One, Get One Free' features a pair of prostitutes, Merrilee and Sherilee, pitching the 'deal of the century' to a potential client who could only be named Lee."

Stefaniak happened to also

be on the selection group that chose the show for the season. "I honestly could not stop laughing while reading it," he explains, "so when the season containing it was selected as the season for our 75th anniversary, I simply

had to throw my hat in the ring to direct it."

There are a total of eleven LVC students involved in the performance. "I have been simply blessed to direct such a uniquely talented group of actors who have taken what they read on the page and brought it to life with such a fast comedic [pace], exactly what the theater needs," says Stefaniak.

Show times are Dec. 2 and 4 at 8 p.m. and Dec. 3 at midnight in Leedy Theater. LVC students can get in free, while families, non-LVC students, faculty and locals pay a small fee for the performance.

Plan on a ton of laughter, but please, leave the kids at home.



Photos courtesy of Wig and Buckle

SHEL SHORTS SHINE Above, Nathan Campbell '11 ponders ways to make money with his talking dog, Jamie Latshaw '11. Right, Laura Gingerich '13 and Jenna Dutton '13 pitch their "specialties" to potential client Matt Smith '12



N. KREAMER

nlk003@lvc.edu

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PERSPECTIVES

Take it from a Tree Farmer:

How to get the most out of your Christmas tree

Jake King '11

Circulation Manager

Since Thanksgiving is not even a week dead and every large retailer in the United States has already set out the Christmas candy, the time has come once again to embrace the annual one-month countdown to Christmas and, as part of this, the opening of Christmas tree season. Some crazy German in years long past, for reasons I'll never understand, decided bringing a tree into his home was a great way to celebrate the birth of Jesus. Because of his actions and the tradition that spawned from it, my parents and, by association, I, ended up becoming Christmas tree farmers. And as this isn't exactly a common job, I felt it only appropriate that I try and pass along some of the knowledge I've gained over the years in the hopes that it will better aid you in improving your tree-buying experience, whether you're shopping for your own apartment or heading out with the family.

1. Know Your Ceiling Height

If you remember nothing else from this article, heed these words like grim death because if you don't, they will come back to haunt you. Before you head out to the tree farm, know where you are going to put the tree, and measure your ceilings so you know how tall you can go. Give yourself some room to spare because adding decorations at the top and a tree stand will add a few inches to the overall height. There is nothing more frustrating than cutting down a tree, dragging it back, paying for it, dragging it in the house, lifting it up... and having the top two feet pressed against your ceiling like a throng of shoppers against a Macy's front door on Black Friday.

2. Get a Tree You Can Live With

Picking a tree is like picking a roommate – they each have their own unique personalities, so get one that you can live with for at least a few weeks. A spruce looks great for its strong color, but the jaggy needles can make it a little antisocial, especially if you have younger siblings or very energetic pets. The pine is pretty mellow with its long, soft needles and plenty of ornament space, but the weak branches tend to get weighted down by heavier ornaments. The fir is an all-around winner because it looks great and has excellent needle retention. If you want a tree farmer's top picks, check out a Fraser Fir, Concolor (or White) Fir, Douglas Fir or a Blue Spruce. All hold their needles pretty well, and if you can find a good specimen, they all look fantastic. The Concolor Fir is also known for its unique citrus smell. The National Christmas Tree Association (www.christmastree.org) has a lot of information and some images of each.

3. Be Prepared

If you intend to do some shopping around at several farms this year, take along a tape measure and an appropriate saw if you have one. If you plan on bringing the family car (or something that's not a pickup truck), also bring some rope or straps to tie the tree down and some old blankets or rags to keep the tree from scratching your car or getting the inside of your trunk sappy. Most farms will tell you whether they provide any or all of the following things if you just call ahead and ask, but it never hurts to be ready.

4. Taking Care of Your Tree

There are a lot of misconceptions about live trees being fire hazards, and while such events have happened, as long as you take good care of your tree, you shouldn't have any problems. The key is to make sure it's getting water; if the tree is put in water within a few hours of the time it is cut and the water level is constantly kept above that cut, it will last for several weeks or even longer, depending on the species. If the cut is exposed to the air long enough, sap begins to cover the cut and harden, which prevents the tree from taking in water. That results in trees drying out and, under the right circumstances, becoming fire hazards. If you buy a pre-cut tree, try to get one that has been in water since the time it was cut, and if you buy one that has not been kept in water, ask how long ago it was felled. If it's more than a few days old, find a new one. And if you do buy a non-watered pre-cut, make sure that either the seller or you make a fresh cut an inch up the trunk to ensure that any hardened sap is removed and your tree can take in water. Lastly, be extra wary of bargain trees at the big retailers. It's not uncommon for them to have been cut a week or more prior and even shipped out of state. (Your tree could be from Michigan.) If you run your hand on several branches that have green needles and they start falling off, you've got a problem.

5. Use Common Sense

I feel like I shouldn't have to say this, but every year people manage to come up with new and innovative ways to disgrace our species. Here are just a few things that I didn't think I'd ever have to tell people not to do... 1.) Drive your car through a wet field, eventually becoming stuck and leaving a path of torn grass in your wake. 2.) Wear high heels into a snowy, muddy tree field. 3.) Try to cut down a tree with a jig saw. 4.) Ride on a cart that clearly says "No Riding." 5.) Cut a tree from a field marked with ribbon and signs that say "No Cutting."

J. King

jsk001@lvc.edu

Letter to the Editors • • • • •

It is with pride that I commend the students of La Vie who worked so hard and diligently in putting out a great LVC-MIC special edition of the paper again this year.

It is the hard work, creativity, initiative, passion, and accomplishments of the students of LVC that truly separates and elevates LVC from other institutions. It is the students involved

in the sports teams, La Vie, the orchestra, Wig and Buckle, the Music Industry Conference, and countless other recognized and unrecognized efforts, who make LVC great. LVC students

are simply the best.

Professor Jeff Snyder
Music Business Program

Letters to the Editor

La Vie Collegienne requires all submissions to contain the author's name, telephone number, address and/or e-mail address. No letters can be considered for publication unless the above criteria are met.

Telephone numbers and addresses will not be printed. Submissions will be strongly considered for publication if they contain the author's rank, major, or professional capacity.

Letters should be no longer than 200 words. All submissions to "Perspectives" become property of La Vie Collegienne. La Vie reserves the right to edit submissions for space or for content that is vague, repetitive, libelous, or profane. It is not La Vie's responsibility to check for factual inaccuracies within submissions. The editor will have the final determination concerning such matters.

Letters, columns, and opinion-based articles are not necessarily representative of La Vie's opinion or Lebanon Valley College.

Submissions may be e-mailed to lavie@lvc.edu or hand-delivered to our Mund office.

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La Vie Collegienne

101 N. College Ave | Annville, PA 17003
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La Vie Collegienne is published every Wednesday of the academic year. Meetings are held Mondays at 5:15 p.m. in our Mund office, activities room #3. We're always looking for new writers!

SPORTS

SCOREBOARD

Ice Hockey
vs. Villanova, 11/19 : W 6-2
@ Villanova, 11/21 : W 5-1

Women's Swimming
@ Cabrini, 11/20 : W 61-34
vs. Marywood, 11/20 : W 72-23
vs. Elizabethtown, 11/23 : L 87-118

Men's Swimming
@ Cabrini, 11/20 : L 47-48
vs. Marywood, 11/20 : W 59-36
vs. Elizabethtown, 11/23 : W 119-85

Men's Basketball
vs. Delaware Valley, 11/20 : W 78-73
vs. Wilkes, 11/23 : W 80-61
vs. McDaniel, 11/28 : W 68-56

Women's Basketball
vs. Brooklyn, 11/20 : W 79-46
vs. Elmira, 11/21 : W 86-35
vs. Medgar Evers, 11/27 : W 84-44
@ Gallaudet, 11/28 : L 69-80 OT

Football
@ John Hopkins, 11/20 : L 14-44

ATHLETES OF THE WEEK

ALICIA HAIN SWIMMING

Freshman Alicia Hain broke the program record in the 200-meter free with a time of 2:20.94. Teammate Kristen Zartman '13 previously held the record at 2:21.14. This marks the freshman's third record this year, already owning the 400-meter free and the relay 200 free.



JOE MEEHAN MEN'S BASKETBALL

Junior Joe Meehan was named the Rinso Marquette Tournament most valuable player after scoring 26 points in the first round and knocking in 20 in the Dutchmen 78-73 victory over Delaware Valley College. The men won the tournament for the first time since 2004-2005.



Women's basketball starts strong Women win first five before falling to Gallaudet

SHERAE JONES '11
LA VIE STAFF WRITER

The Women's Basketball Team started off their 2010-11 season nearly flawless. The Dutchmen went a perfect 5-0 until losing their first game in the Championship Game of the Gallaudet Tournament in Washington, D.C.

The women opened their season up at home on Nov. 15, defeating Misericordia University 62-52. Next, the team traveled to and defeated St. Mary's College of Maryland 66-49.

In the eighth annual Women's Rinso-Marquette Tournament, the team hosted Brooklyn College in the first round of the tournament. They defeated the Bulldogs 84-44, advancing to the championship game. In the second and final day of the tournament, the team matched up against Elmira College. LVC defeated Elmira

86-35 to clinch the championship title. Junior Caitlin Murphy was named Most Valuable Player of the tournament, while sophomore Liz Borgia was named to the all-tournament team.

Coming off the Thanksgiving break, the ladies traveled to Gallaudet University in Washington, D.C. for Gallaudet's holiday tournament. In the first match, the Dutchmen took on Medgar Evers College, defeating the Cougars 84-44. The team was led by sophomore Liz Borgia's 10 points, while classmates Lindsey Nies '13 and Renee Fritz '13 added nine and eight points. Murphy had seven rebounds, Caitlin Bach '14 added six rebounds and sophomore Tierney Hiltz had a team high of four steals. The win allowed the team to advance to the championship game of the tournament.

In the championship game, the women contested with the

home team, Gallaudet. The team battled in a very close contest until the last seconds of regulation. Tierney Hiltz '13 scored a lay-up to tie the game at 65 and send the teams into overtime. However, the Bisons scored eight straight points in the opening of overtime play. LVC scored only four points in overtime, and ended up falling to Gallaudet 80-69. Suzie Noyes '11 had a team-high 18 points, while Hiltz '13 added 15 points, senior Andrea Hoover had a 13 point, and freshman Lauren Ruhl added 10 points. Ruhl was also named to the all-tournament team.

The team will begin conference play Wednesday, Dec. 1, hosting Elizabethtown College at 6 p.m. The team will then travel to Alvernia University on Saturday, Dec. 4 and play at 1 p.m. Be sure to support the team.

S. JONES

slj002@lvc.edu

Schedule

Wednesday, 12/1

Women's Basketball
vs. Elizabethtown, 6 p.m.

Ice Hockey
vs. Lehigh, 7 p.m.

Men's Basketball
vs. Elizabethtown, 8 p.m.

Friday 12/3

Ice Hockey
@ University of Maryland
Baltimore County, 8 p.m.

Saturday, 12/4

Men's and Women's Swimming
@ Swarthmore Invitational,
9:30 a.m.

Ice Hockey
vs. Seton Hall, 3 p.m.

Men's and Women's Track
@ Ursinus Winter Invitational,
10 a.m.

Women's and Men's Basketball
@ Alvernia, 3 p.m.

Cronin places 41st in nationals Senior star improves 15 rankings from last year

ALYSSA WARGO '11
TABITHA BROBST '11
LA VIE STAFF WRITERS

Jenn Cronin '11, Lebanon Valley College's most decorated cross country runner, finished an amazing career at LVC with a 41st finish at the NCAA's Cross Country Championship in Waverly, Iowa, last Saturday.

"The actual race itself went well. She got out well and ran hard the entire time. This was actually the second fastest time of her career, which came on a course that is widely regarded as one of the fastest in the country," stated Coach James O'Brien.

Cronin, a Spanish secondary education major, is the only cross country runner for LVC to make it all the way to nationals and qualify twice. Last year she placed 56th, making this year an improvement of 15 places.

She ends her career at LVC with two national championship trips, three MAC medals (one sil-



Photo courtesy of Rodney Nesmith

ver and two bronze) and the 2009 NCAA Mid-east Regional Individual Championship.

"After college, in regards to running, I will probably eventually start running marathons. Ultimately, I want to run a qualifying

time for the Boston Marathon. I am really grateful to my coaches, parents and teammates for all of the support they have given me throughout my four years here. Without them, I never would have been able to get to nationals in the

first place. I am very fortunate that I was able to make it to nationals back to back years. It will be something that I have forever," said Cronin.

On coaching Cronin, O'Brien said, "Jenn had an incredible season. She has worked incredibly hard for every inch of athletic improvement over her four years as a student athlete at LVC. She's made all the right decisions and does all of the little things that can make the difference from being a good athlete to being a great athlete. She's progressed each year and remained healthy due to her drive and determination. Jenn's season, career and impact on her teammates will leave a lasting mark here at LVC. I'm very proud to have had the opportunity to work with this fantastic young lady and even more excited to get her on the track this winter and spring."

A. WARGO
T. BROBST

amw006@lvc.edu
tlb003@lvc.edu



SPORTS

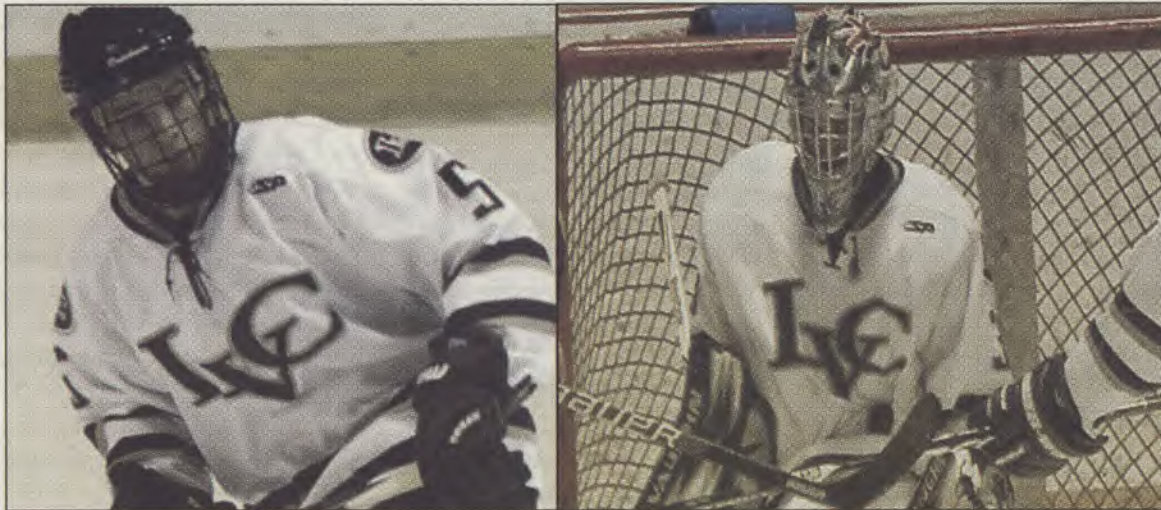
Lou Sorrentino '54
1932-2010



Ice hockey tops Villanova...twice

KEVIN GARRITY '12
LA VIE STAFF WRITER

The weekend before we all retired to our lovely abodes for Thanksgiving break, the men of LVC Hockey pulled out two huge wins over a big team that you may have heard of: Villanova. The first game on Friday, Nov. 19 at our own Hershey Park Arena started off as a lucky one for Villanova. On a routine dump pass into LVC's defensive zone, goalie Rich Drazin '10 moved behind the net to take control over the puck. For the second time of the season, the puck took a strange bounce off the glass, sliding right into the net for the first goal of the game. Just over a minute later, Matt Kisiday '12 evened up the score before Nick Schultz '12 scored on a power play to give LVC their first lead of the game, which would last the remainder of the game. Matt Conroy '12



Photos courtesy of GoDutchmen.com

WEEKEND WINS Matt Kisiday '12 (left) scored his second hat trick of the season over Villanova on Friday, while Matt Turner '13 (right) played in the net Sunday for the second time this year, collecting 34

scored twice in the remainder of the game, and Kisiday proceeded to score two more times, once on a breakaway from Colin Thompson '11, giving him his second hat trick of the season. With a final score of 6-2, the Dutchmen would head to

Villanova for the second game of the series.

The Dutchmen continued their success on the road on Sunday. In the first period, Kyle Stewardson '12 and Shaun Stamm '12 each scored to give LVC a lead that

would last throughout the game. In the second period, Nova made a run with 20 shots and one goal but with Matt Turner '13 in net for the second time of the season and no funky bounces off the glass, that would be all the scoring they did.

In the final period, Stewardson and Stamm each got their second goal, and Schultz also scored his first, finalizing the score at 5-1.

When commenting on the team's success and support this year, senior Cody Conte mentioned, "from going to a team that never won to a team that can't stop winning, it is an amazing feeling. I'm excited to play home games and see all our fans come and support our team when we use to have such little support."

LVC Ice Hockey is now 9-1 and is looking ahead to potentially their most difficult week this year. With Lehigh tonight, University of Maryland Baltimore County on Friday and then Seton Hall on Saturday, the team has some work to do. If you have a chance, come out to the game tonight at 7 p.m. or Saturday at 3 p.m.; they are guaranteed to be great games!

K. GARRITY

kjg002@lvc.edu

Lebanon Valley College loses campus legend

LVC student athlete, coach and athletic director passes after nearly 60 years of involvement

LAUREN SCOTT '12
SPORTS EDITOR

Last month, a legendary member of Lebanon Valley College's community passed away after nearly 60 years of involvement as a student athlete, coach and athletic director. Lou Sorrentino '54 passed away at the age of 78 after a brief illness.

Sorrentino was a star three-sport athlete, finding success in football, basketball and baseball, earning his placement as a member of LVC, Central Pennsylvania and Pennsylvania athletic halls of fame. At the Valley, he mentored thousands of student athletes and fellow coaches as the athletic director and coach of four different sports. Today, the top male performer each year is granted the Lou Sorrentino Outstanding Athlete award by the College.

The Sharon Hill, PA native began his freshmen year in 1950 and earned 12 varsity letters while starring in the three sports. He was



Photos courtesy of GoDutchmen.com and lvc.edu

named first team All-State and second team Little All-America in football and later had his No. 21 jersey retired. In the Blue-Grey Senior All-Star game in Alabama, he earned game MVP honors at quarterback. In basketball, he started in the legendary "Seven Dwarfs" team which advanced to the Sweet Sixteen after upsetting Fordham.

For two years after graduation, Sorrentino served in the Army's 101st Airborne at Fort Meade,

Md. After being discharged, he signed a baseball contract with the Baltimore Orioles and a football contract with the Philadelphia Eagles, but left the pros to coach at Shamokin Area High School. He moved on to coach at Woodrow Wilson High School in Bucks County after earning a master's degree from Bucknell University in 1961. He later returned to the Valley and served as the football team's head coach for 14 years and

became LVC's all-time leader in wins at 47 games.

Leading the LVC's football, men's basketball and baseball programs in 1972, Sorrentino was one of the nation's few three-sport coaches.

In his first season coaching men's basketball, the team won an MAC Championship.

Sorrentino was the director of athletics from 1981 until his retirement in 2000, and for the past 22

seasons served as the Dutchmen golf team's coach, producing multiple NCAA qualifiers.

Commenting on the loss, President Stephen MacDonald mentioned, "We are all terribly saddened by the death of Lou Sorrentino. It is an irreparable loss to the Lebanon Valley College community. Lou was a rock of this community. He spent almost sixty years here. He was arguably the most talented athlete this college ever produced. But he was much more than that. After his playing days in football and basketball and baseball were over, he stayed here for the rest of his life as coach and athletic director, as teacher and friend and counselor to generations of LVC students who trusted and loved this good man. We won't see the likes of him again."

Sorrentino is survived by his wife of 56 years, Rosie Hollinger Sorrentino '54, and their children Louis, Linda and Jay.

L. SCOTT

lrs002@lvc.edu